





*Wake Up!!!*

**Search for the  
Truth**

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## **Dedications and Thanks**

With a special dedication to my husband Antoni and my children Anna, José Luis, Ferran and Valeria. As well as to my grandchildren, María, Júlia, Clara, Daniel and Àlex.

I also dedicate this book to all truth seekers. May they also find their way “home”.

I appreciate the big help my project manager Carmen Marques, holistic therapist Adolfo Peregrina and Noelia Zueco, Physiotherapy in the Poyet method, all provided me.



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# INTRODUCTION

## Why have I written this book?

From childhood, the spiritual aspect was very strongly integrated into me, based on my parents' beliefs.

I found that if I prayed my small problems were acknowledged.

I had repetitive dreams of well-being and happiness, among them was one of a very big being with white clothes who took me by the arms and walked me through the universe. I never saw its face, but I sensed its kindness.

In adolescence these dreams disappeared, but I continued with my devotion, my prayers, masses, sacraments ... without questioning anything. However, the years passed and the adversities came, such as the death of my mother, when I was 27 years old, and months later my son's illness -celiac disease- with his later improvement at 3 years old. As I approached the age of 40, my brother and sister died within a year-and-a-half of each other. I spent the years remaining "asleep". I mean, I did not evolve. But the trigger came, Fibromyalgia disease, which put me against the ropes and I began to investigate in all fields until I arrived, after changing "everything", to Health. I started writing the first book "Let's talk about Fibromyalgia. I beat it, so can you".

It was then that I had this experience in 2 consecutive meditations:

Seven beings dressed in white and seven in black sang "Exhalpoke, Exhalpoke, Exhalpoke ...". It took me a long time to find out the meaning, both of the beings and of the word. At last I understood that they showed me the **duality** (white - black, good - bad ...) and the word "exhale" was an abbreviation of exhalation, emission, breath, words ...

in short, verbal communication. And "Poke" means to attract attention. I understood that it was to awaken consciousness.

The direction of my life was to move from duality to unity. Not to judge is to transcend duality. When we judge we use the awareness of duality, because we qualify everything as good or bad.

The dichotomy is to stay with one part and exclude the other. This is the basis of the trial. We must not judge.

We live in a duality, opposites are excluded. We must integrate the opposite as a similar, we must dissolve it and include it emotionally, not mentally.

Escape from duality is only achieved here and now, because after death, in the Astral of the Earth, which is like a purgatory, there are entities that are interested in our reincarnation because they maintain the chain of suffering, their food.

Currently the Earth astral is already dissolving, because we are changing this duality.

The Exhalpoke communicated with me at the time he had written the first book. Therefore, writing was not enough, I had to communicate it verbally and for many years I began to give my message of hope to people with this disease, during which I took the opportunity to write four more books.

Another experience that struck me happened on July 7, 2014 (7- 7-7). For those who have studied numerology, I clarify that I am a 7 of life number. That day a lightning bolt struck our house, 20 meters from where my husband and I were. It caused 4 palm trees to burn together and there are 4 members in our nuclear family. It seemed to me that this carried a message because it impacted my conscious. I interpreted that "the powerful light of the ray forced me to close my external eyes to open other internal ones". This is how I continued my inner work with more determination and decided to write this book to answer my questions and, if possible, help you to reflect.

**This book moves away from all the structures of the current system in all its aspects, political, social, economic and religious to show a new humanity with Christ Consciousness that lives in peace, without conflicts, with solidarity to reach God with inner work without depending on any institution.**

### **How to ascend to the Christ Consciousness?**

Through our thoughts, emotions and actions as a Christ, moving away from the current consciousness, through the expansion of Love. From this election our quality of present and future life will be developed.

Jesus, Christ, declared that everything he did, we would do, and even greater things, because in his Great Wisdom he knew that we all carry this Christ essence that returned him to the Father's home and that will help us when we recognize him and we call it to action to make the right decision in every moment.

The time has come to act as a Christ and sorrow, affliction and lack of love will no longer be on earth.

In this book some texts may surprise you because it is the knowledge of beings that are not like us in the third 3D dimension, but are in a higher dimension and are here to help us in our Ascension.

### **Who is the target audience?**

This book is aimed at all people, mainly those who have some kind of concern and nonconformity with the established. Those who ask questions that have no answer.

The intention is to awaken consciousness through the **knowledge of truth**. Also to talk about the eternal questions that the humankind has asked itself since ancient times: Who are we? Where do we come from? Why did we come to this world? What is our mission? Where do we go when we die? What's the point of everything? ...

What the human being loses is not sin, as we have been told, it is ignorance. She is the cause of all our misfortunes. It does not matter that the human being possesses knowledge. Many have been persecuted to death and thousands of texts that offered the truth have been destroyed, hidden or burned. There is interest in keeping us dominated and dormant by fear in order to control us. However, the moment of truth has arrived. It has lit a light that illuminates everything false and dark and there is no going back.

After such a long sleep there are many truths to unveil in order to awaken in us the critical sense and the discernment between the false, which is practically everything learned since childhood, and the truth that has been coming to light for a few years. In darkness one can find abuse of women and children, gender violence and widespread corruption in politics - spoliation of public money.

We must seek the truth, because it will set us free.

In this book you will also find several practical tools that can help you. I have practiced all of them and I can affirm, from my own experience, that they help.

- Different yoga practices such as the quiet breathing of Nadi Sodhana and Kriya Talabya.
- The Mer-Ka-Ba meditation makes us aware of our internal prana and external geometric light body. Restores the flow of Prana energy that goes through the spine, connecting it with the pineal gland. Prana is the same as ether and the same as tachyon energy.
- Meditation as a union and connection with the Source: the only God
- The activation of the pineal gland, in the center of our brain, considered since ancient times the seat of the soul and its connection to the body.
- The meditation in the heart.

- The practice of Egyptian sacred sexuality with the Ankh technique and / or with the sexual magic of Isis or that of Horus.

In this book many doors are opened so that the reader can expand knowledge on their own. I have written a synthesis of several scientific investigations so that the reader can study them.

Some human beings have known how to unite their scientific preparation with their spiritual restlessness. When science and spirit come together is when we understand and progress in knowledge and evolution.

## **The origin of our subconscious**

**13,000 years ago humanity fell from a great level of consciousness** through many dimensions to reach our 3rd dimension, the most dense of creation, the world in which we live. In this fall we lost fundamental capacities, leaving us with a level of consciousness that was practically asleep.

This awareness makes us see that we are inside a body looking outwards, separated from the internal. And this is not reality, it is an illusion and it is not the truth.

Now the time has come when part of humanity begins to awaken thanks mainly to the inner work and the help of the Ascended Masters.

### **1. Respiration**

What affected us the most, due to its consequences, was **breathing first**.

Until the end of Atlantean times we breathed through the absorption of Prana, thanks to the electromagnetic fields that surrounded our body, and the pranic tube. The human being has several electromagnetic fields. If it were not for them, electroencephalograms or electrocardiograms, etc. could not be performed. Apart from our physical body, other bodies also behave like magnetic fields.

These fields have a geometric shape; they are three tetrahedral stars, each one formed by two intertwined tetrahedrons and the pranic tube that crosses them.

The three tetrahedral stars are the same size and overlap to form a single star, but they are of a different nature.

- The first tetrahedral star is masculine (sun), mind.
- The second tetrahedral star is feminine (earth), emotion.
- The third tetrahedral star is neutral and is anchored to the physical body, at the sacrococcygeal level.

Before the fall of Atlantis we absorbed the flow of prana simultaneously from the top and bottom vertex of the tetrahedral stars to go to the main chakra of the heart, and then distribute the prana to all the chakras -the body's main energy centers-.

We have the Mer-Ka-Ba meditation, which will help us recover the pranic breath in **chapter 5**.

## **2. Pineal Gland**

In the **second** place the **pineal gland** also changed, contributing to the decrease of our level of consciousness. Its size was like a ping-pong ball and it became the size of a small pea. This decrease in size was caused because we forgot how to use it.

The pineal gland is round and looks like an eye with an opening and a lens to focus the light. Its field of vision is 90° in the direction of the sky. It is a very important gland because it contains all the sacred geometry and the understanding of how reality was created.

Without the memory of how to use the pineal, we began to breathe through the nose and mouth and our consciousness was polarized between good-evil, love-hate, masculine-feminine, light-darkness, etc.

When the left hemisphere and the right hemisphere are balanced, the pineal gland opens, allowing the prana to energize our chakras and from them to all the cells in our body.

The activation of the pineal gland described in this book will help us.

The pineal gland has been compared to a photoreceptor, the so-called third parietal eye, also present in the hypothalamus of some animal species. It is also called pineal eye.

René Descartes believes that the pineal gland is the main seat of the soul and saw it as the third eye.

Thus, the spirit is in the heart and the soul in the brain. We have the activation of the pineal gland in **chapter 7**.

### **3. DNA**

Something serious also happened to us, in **third** place we had a mutation, a **chromosome breakage**. We went from 12 braids to only 2.

Due to the situation of humanity for 13,000 years, many beings from all over the Universe with a high level of consciousness have worked so that we can recover the DNA we had previously.

Activating the Mer-Ka-Ba (**chapter 5**) will help us awaken the awareness of what we were and could be again, because it will give us

an expanded consciousness, connecting us with the memories of the infinite possibilities of our being.

The Mer-Ka-Ba comes from ancient Egypt, during the eighteenth dynasty, and came to other cultures with the name of merkahah, merkaba and merkavah.

"Mer" means a special type of light. "Ka" means the individual spirit. "Ba" means the physical body in our reality.

But there is another factor more important than the Mer-Ka-Ba and it is what precedes it: realize, understand and live the love of God together with unconditional love for all life. Without divine love the Mer-Ka-Ba is just a machine that does not allow us to reach the level of higher consciousness or return home.

#### **4. Polarization**

In **fourth place, the left brain and the right brain.**

In the fall we polarized into diverse divisions, whose main components are male and female.

The **right** brain or hemisphere, which controls the left part of the body, is our **feminine** component, which corresponds to the **emotional** aspect that knows the truth, knows that there is a God and that is truth.

The **left** brain or hemisphere controls the right part of our body, it is our **masculine** component, which corresponds to the **mental** aspect. He does not experience unity, for him everything is division and separation. Including our sacred books like the Koran, the Hebrew Bible, and the Christian Bible are polarized in good and evil. This hemisphere can experiment with God's existence, but also the devil, that is, light and darkness. Until the left brain knows unity without any doubt, it will slow down our spiritual evolution. But when the left brain realizes the absolute unity of our brain, the left and right sides are



integrated. Thus the antahkarana bridge that unites them, allows information to circulate between both sides. This helps the pineal gland to begin to activate and, **through Mer-Ka-Ba meditation**, the regeneration of our levels of consciousness towards an evolutionary growth begins, towards the belief that there is only one Source, God.

All four of these themes will be described throughout the book along with many more.

*"God is within me and around me, protecting me, therefore, I will discard from me the shadow of fear, which obstructs its guiding light and causes me to stumble and fall into the furrows of error"*

P. Yogananda

Paramahansa Yogananda was born in India in 1893. He dedicated his life to helping people of all races and creeds to become fully aware. He lived in the West for 30 years, spreading the ancient spiritual wisdom of the East.

*"Nothing disturbs you, nothing frightens you, everything passes, God does not move. The patience reaches everything; He who has Good needs for nothing: God alone is sufficient"*

Teresa of Jesus



# CHAPTER 1

## WAKE UP!!! SEARCH FOR THE TRUTH

*"Let the one who seeks the truth continue searching until he finds it. When he finds, he will be troubled, when he becomes disturbed, he will be amazed and rule over all things"*

- The TRUTH sets us free and unites us.
- Do not believe what they tell you; doubt, question.
- Open your mind.
- Use the HEART!

### Can we open our minds?

- You must be willing to modify your identity every day. Do not defend your "I", who knows that it is temporary.
- Observe without judging. You can replace the rooted ideas to which you go automatically.
- All points of view are valid, all valuable experiences and all discoveries are a moment of freedom.

There are many truths to look for. I invite the reader to become another search engine. This book is for all those who wish to know the **truth**, so that they open their hearts, who is the only one who knows them. However, "the truth" must be experimenting with to make it one's own.

*"In a time of universal deception, telling the truth is a revolutionary act." "The truth always bothers someone" George Orwell*

*"A lie repeated 1000 times becomes truth", but it continues to be a lie.*

The truth is not easy to accept, because it shows us the world of horror in which we live, but it is our authority and this is our goal. The authority is not outside, it is inside us. The most powerful word is "NO". If we do not say "no", the Heart dies and we do not want it to happen. If we do not leave this control system, we will enter another. Resuscitating the heart we get out of control.

## **The world we live in**

When we are children we assume that everything that is written in the school books and everything the teacher says is true.

We repeat what our parents, siblings, and friends, tell us...

We are educated if we have the resources in different formations: universities, doctorates, masters, focused on future job development.

But already within the work, busy day after day, mired in constant stress, we are not critical enough to ask anything. This is the case if no event happens that disturbs us and removes our conscience.

In general, consciousness is totally ill with intellect, separated from wisdom and from caring for oneself and the environment. Out of control we can dominate our lives. "*Those who want to leave will be set free.*" This is the message of hope.

In the real world, who leaves control? The answer is you.

Retirement comes, for the majority with a miserable pension, until the end of our days, to be relieved by our children and we have not lived. We question ourselves: Why? Because we are subjected to hypnosis by the system.

From the year 1776, with the creation of the Illuminati, until the foundation of the (NWO) New World Order in 1966, conspiracy theories have changed their names but their power continues acting above society.

Currently, a philosophy of slavery is being implemented in relation to technology through Artificial Intelligence. Humanity remains "idiotized" as is already happening with certain mobile games, in which people see the world literally through technology.

Those who are outside of this line are beings of level 6D -sixth dimension-, upwards, as is the case of the most etheric beings or of the elevated astral plane (see chapter "Who are we"). They do not vibrate anymore in this proposal of power. They are out of the power disputes between the Galactic Alliance, the Secret Power Groups and the Illuminati, which control 3D or 4D beings.

We live under the power of the new world order (NWO), a plan designed to impose a single world government for conspiracy, which aims to control humanity. His favorite method is the manipulation of energy through **fear**. They know all the great cycles to which the planet is subject, they know everything about sacred geometry, the energy fields. They know that consciousness it about to transform, to evolve, and they want to control this evolution. They know that humanity, in reality, is a single consciousness.

- The elite tells us what we have to **eat**: transgenic -OGM, toxic additives, processed foods, etc., that is, poisoned food.
- It tells us what we have to **drink**: fluoridated water from the tap and also bottled with fluorine -fluorine salts are industrial waste that profit as profits-, sweetened beverages, industrialized juices, and alcoholic beverages of different grades.  
**By controlling food and drinks, you control the world.**
- They said that they would reduce the population by 80% and that they would do so through food.

WHO World Health Organization + FAO Food and Agriculture Organization = are the fathers of the Codex Alimentarius, a mixed international commission dealing with food safety standards, ignoring growing conditions, transgenic foods and foods with dangerous substances such as Monosodium glutamate, aspartame and fluorine. In

the Food Codex, WHO and FAO establish that they must administer antibiotics and exogenous growth hormones to animals.

The alternative to get out of this type of food from large firms such as those found in supermarkets is organic food, which we find easily today. The lifestyle to restore health involves **following an ecological diet**.

As for the water we drink, it is full of toxic particles. We have an example with the added fluoride that, according to what we are told, improves dental health. But we know that fluoride is neurotoxic.

The Nazis used fluoride in extermination camps to control Jews.

Spain promotes the fluoridation of water and the world forbids it.

*"Fluoridation is the greatest case of scientific fraud of this century"*  
Robert Carlton - Nobel Prize in Medicine 2000-

*"In point of fact, fluoride causes more human cancer death, and causes it faster, than any other chemical"* Dr. Dean Burk

The brain-inhibiting toxins like fluorides separate us from critical and objective thinking, separating us from our abilities. A Harvard study confirmed that the **effects of fluoride on the brain cause damage**:

Reduction in nicotinic acetyl-choline receptors	Damage to the hippocampus	Formation of beta amyloid plaques (classic abnormality of Alzheimer's disease)
Reduction in lipid content	Damage to Purkinje cells	Exacerbation of injuries induced by iodine deficiency
Deterioration of the antioxidant defense system	Increase in aluminum consumption	Accumulation of fluoride in the pineal gland

Table extracted from Dr.Mercola <https://bit.ly/214jkpS>

Another study from the Laboratory of Psychobiology and Laboratory of Biomedical Applications of the University of Guadalajara confirms the harmful effects of fluoride on the Central Nervous System. You can read the study here: <https://bit.ly/2trTgAr>.

The main diseases produced by fluoride are:

- Dental fluorosis, which manifests with spots and stretch marks on the teeth.
- Alterations of the Nervous System: it affects the morphology and biochemistry of the brain, as well as cognitive development, generating deficits in memory and learning. **It affects the functioning of the pineal gland.**
- Irritation of the gastrointestinal tract, accompanied by nausea and diarrhea.
- Bone or skeletal fluorosis: the accumulation of fluoride in the bones generates rigidity, pain and loss of mobility.
- Anemias
- Perioral and contact dermatitis

In addition to water, fluoride contains vaccines, non-stick pans, toothpaste, medicines such as Prozac, prepared foods, etc.

The strategy for not consuming fluorinated water is the distillation of water through a domestic appliance, to which we will add a few drops of seawater.

- The system, besides telling us what we have to eat and drink, tells us what we should **think, read, leisure, cinema**, ... especially Hollywood, with catastrophe movies that are a mixture of truth and lies to generate fear, it also tells us **what to buy, where to go**, ...

We nearly all allow ourselves to be slaves of the system. There are very few people who could survive outside of it.

We have to take the reins of our lives, otherwise we will be mentally tamed and physically poisoned slowly.

**Being responsible** means having our own garden on balconies, terraces... our own energy support (solar energy plates, water reuse and other self-supply systems).

We are living in a situation that could potentially destroy the entire food chain of the planet - modified seeds, chemically treated vegetables, medicalized animals and without freedom of movement, poisoned water. And all this happens because **we are allowing it to happen.**

This is possible if we do not become aware of the TRUTH. Living in the system is comfortable, it gives me everything, even if it enslaves me.

Continuing with the new world order (NWO), there are other aspects:

- They control **the energy**: If you wanted to use solar energy at home, they forced you to pay a tax on the sun. Currently it is no longer valid. If you want an electric car or similar, it is much more expensive.
- They control **the air** we breathe: they fumigate us through the "chain trail" or chemical wake that leave some planes flying low, to disperse aluminum, barium and strontium, as well as bacteria.

It is necessary to differentiate between the contrails (traces left by regular planes and disappear after a few seconds or minutes) and the chain trails, which last for hours and widen, are usually crossed by others when passing airplanes in simultaneous flight, forming a mesh.



The first report prepared in the Monthly Weather Review dates back to 1921 and the US Air Force has proof of its presence since 1953.

- They control the **media**: Television is the most effective way to deceive the population. It is a continuous bombardment of repetitive news of catastrophes, insecurity, uncertainty and potential hopelessness.
- They control the **official health system** with multinationals from the pharmaceutical industry, who handle a large amount of money and articulate their messages through doctors and scientific journals.
- They control the **politicians**.
- They control the number of **inhabitants** of the planet, trying to reach 1 billion inhabitants.
- They control **migrations**. Those who have exploited poor countries now do not know how to manage the massive movement of people seeking to survive.
- They control the **economy**. The end of the banking pyramid system is being manifested as a global financial crisis. Each of us is a number that enters money into the government.

The NWO (New World Order) is made up of the elite of the big international banks, with the IMF International Monetary Fund, big corporations and international corporations, oil magnates, the UN, WHO, NATO, prominent families, some characters from the European nobility...

They have been designing the story for more than 100 years: great wars, political disturbances, economic recessions... In this way they are acquiring greater wealth and greater total political power.

We have given them the world in exchange for the salary we receive from our work, but most receive less and less money. They want to

eliminate the middle class and increase poverty on the planet, hunger, slavery, diseases, pollution...

Its intention is to spread FEAR by designing all kinds of crises to create cuts in all areas. They create the problem to produce a reaction and get the solution that translates into more benefits and power for them. They create doubts that engender fear and this leads to violence.

Currently there are many people who wake up every day with FEAR and thus we create a worse world.

The reason for so much fear in the world is because it has been designed to make us feel **vulnerable**, and thus direct us more easily.

To all this, most people react with disbelief and skepticism, because it is difficult to believe that a group controls all of humanity, since they do not realize the brainwashing of the media, the effect produced by toxicity of food and beverages, which lead us to a state of conformity and acceptance. They do not realize that power and money is all that is needed.

The new digital aristocracy is added to the mentioned group, called the capitalism of digital platforms or surveillance, which in addition to the control of our life, collaborates in the transfer of more money and power to less hands. The digital exploiters refuse to reveal their algorithms, because it would reveal that they exploit us. We do not know how they transform user data into money.

Also added to all of this is groups like the Vatican and the Kabbalah, who manage big capital and seek to encapsulate our conscience in sin, guilt and fear.

The secret group Kabbalah - Vatican is present in all countries through religion and the economic structures of banks and industries. It altered the truth during the compilation of the ancient books of the Torah and the Apocrypha (not recognized by the Church to consider that they were not inspired by God) to invent the current Bible. This has various extracts that are inspired by different eras of the ancient humanities

since the arrival of Enki to Earth more than 450,000 years ago. With this action, most of humanity was deprived of the truth of the existence of extraterrestrials and that God was not the one that appears in the Old Testament.

## **10 strategies for meditative manipulation by Noam Chomsky**

1. Distraction
2. Create problems
3. Gradualness: gradual law of neoliberalism - unemployment, low wages ... -.
4. Strategy to defer. It is easier to accept a future sacrifice.
5. Address the public as if it were children, infantilizing. The consequence is that there is no criticism.
6. Emotional aspect: they open the door to the unconscious to produce fear.
7. Keep the public in ignorance, especially the lower classes so as not to reach the superiors.
8. Encourage the audience to be completely mediocre.
9. Reinforce self-blame → depression → inhibition of action → there is no revolution.
10. Knowing individuals better than they know themselves → the system exercises control over individuals.

## Is humanity completely dormant?

No. For more than 20 years a large part of humanity has been awakening **consciousness**, remembering **who we are** and that we have **infinite potential**. We are still on time!

Our society is not doing well, but we can not blame only these groups that conspire against humanity.

**The world is submerged more and more.** We are allowing the planet to be destroyed.

Human beings continue to destroy the ecosystem without realizing that they are destroying their own system of being.

The world is a global network that connects us all.

## How can one change the present situation?

It is about disconnecting with the dysfunctional state of the world by doing the **right thing**. Be responsible for your thoughts, emotions, your actions, your intentions, to understand the magnitude of your own potential and the connection with others.

Knowledge and wisdom are inside the **heart**. And you have to know what energy you draw towards you and what you are creating with the projection of this energy, because it returns to you.

Both science and religions are institutions that have been established to restrict us. Each institution insists on compartmentalizing knowledge, limiting its understanding and its relationship.

## Beliefs

There is a **belief system** of the past that is based on the fear inherited from our parents, grandparents ... And the fear of humans is what has destroyed the knowledge of our **ancestors**.

The beliefs that divide us in the areas of politics, religion, prejudice, the idea of "us against them", the arbitrary mental borders of fear and hatred. **The world is my family**.

Current science rediscovers what was known for millions of years, for example, ignores quarks, which allows us to understand that with only your eyes the object or the person observed in its essence is modified. **Quarks** are the smallest particles of matter that have been discovered.

The vast majority of scientists do not recognize spirituality. But the human being, to create, is based on the balance and alignment between his thoughts, emotions and actions.

The thought that comes from our higher energetic centers is what originates the powerful emotions. With the power of **thoughts** plus that of **emotions** we create **feelings**, which manifest the reality that comes from the heart chakra, which we use to communicate, unite and perform all actions.

Feelings are the language of the heart for prayer, meditation, and communication with the Source - God.

Religions externalize God as a benefactor who looks at us from above. **Spirituality** suggests that God is outside and inside you. We are spiritual beings who inhabit this multiuniverse.

Man as a species has been dislodged from its center and true reality. We have been trained to need the system and create everything that is shown to us through the media, so that it becomes the need and meaning of our lives.

## Thoughts and emotions

All our thoughts and emotions, with the energy they emanate, create our reality and affect the world around us.

Each of us has 5 external senses and 105 internal high senses that we can access.

We do not know that the human brain is a very powerful tool that can process infinite information per second.

We perceive 400,000 million bits of information per second. Only with the 5 senses we can also perceive 2000 of them.

The way to unblock these **higher senses** is the understanding of the singular law that changes everything and is the **law of unconditional love**.

The discord, the evil, the dissonance, is what happens due to the toxics we receive (electromagnetic radiation, TV radiation ...) because we are numbed by conscience. It is a battle against the conscious. The human being awakens and realizes and knows its potential to create a new reality that embraces all people and the Creator, or it succumbs.

The choice is in our hands. They keep us distracted by design and most of the population has not heard about it.

Free yourself from distraction! And you will notice.

This stage in which we find ourselves can take us to a new day. The first step is to free ourselves from the mechanisms of physical control through the thoughts, emotions and feelings that arise through the free will that allows us to stand up and claim our birth and living rights. Everything that is happening today is not normal. The continuous illegal invasions, manipulation of rights, creation of legislation of laws used by our governments, etc. This situation could not continue without the collaboration and acceptance of society. Stop your self-conformity and **say no to all this**.

The security agents we have created to protect us have stopped protecting the people and keeping the peace to become "hired thugs" by the government, serving it and not the people. All this because we have allowed it. It is about using **free will**.

If you decide not to use TV and use empathy, say no, get away from them and spread the word. That is when people realize their power. We are not numbers, we are **sovereign people** and governments are our elected servants, they must serve the people. **The people should not serve the government.**

With **public opinion** we can act peacefully and reverse the situation. I am practicing this through my books, blog and social networks.

The whole world is completely corrupted, it is corrupt in any analysis. Entire nations are decimated by corporate interest. Meanwhile, we are shown trash in magazines and TV.

Instead of looking at what unites us, they show us the differences by creating divisions. Each one of us, in essence, is all the same.

Our emotional state alters our energy system making us vulnerable. What disturbs us most is fear, but it can be blocked by connecting with our consciousness of light. Other debilitating factors are dependent love, anger, guilt, low self-esteem, pain, suffering, hatred, false beliefs, etc.

If we are strong we can reject these disharmonic emotions and practice **free will** and the **sky-earth connection**. We have to work emotions through the **Heart System**, which is the Source of energy.

Beware of spiritual pride. Knowledge is to be used with love, because sometimes the more knowledge the easier it is to believe yourself superior to others. Some command and others obey. This is a mistake because it is an individual working by using free will.

The **Heart System** has 3 levels:

1. Dependent love

2. Compassionate or generous love

3. The helpful love.

We come to unconditional love by working through these three levels.

In the word "love" there is no polarity, but unification, unity.

### **Sky-ground connection**

To raise the vibration of our chakra system we breathe the prana, from the soles of the feet and from the crown chakra to the heart chakra. They are the two heaven-earth sources that fill our golden central sun and the energy of our heart expands inside and outside our body (*view Heart Meditation*)

### **Politics**

For the first time almost all of humanity is politically awakened and the main powers of the elite face a new reality that is unprecedented and that, while the lethality of their power is greater than ever, the capacity for control is lower.

It is now easier to kill (wars, terrorism, famine, disease, homeless people) than to control people. They are no longer our owners.

### **Climatological problems**

The media tries to blame man for climate change, global warming, etc., but the end of this lie has come because valuable scientific evidence says otherwise. "Climate change in the last 10,000 years are not caused mainly by human action but cyclically is produced by solar activity" *scientists from the IADO-Argentine Institute of Oceanography.*



Currently there is a great solar activity (solar wind), such as solar flares, projections of large masses of solar plasma, etc. There are belts that protect us from solar radiation, but in these belts there are cracks and we see the increase of earthquakes, volcanic eruptions, floods and climatic alterations of all kinds, unprecedented snowfalls, droughts, etc. The average temperature increases and Antarctica thaws.

All this is due to the sun, which is evolving, mutating so that it is dying to be reborn together with the earth and with us. But changes also occur at the level of the entire solar system, on all its planets.

At present, solar storms are already occurring. If its magnitude increases, depending on its power, we would be several days without technology, because the systems would be damaged and affect phones, electricity, water, and we would not see the sun due to the ashes caused by volcanic eruptions and earthquakes

This solar activity causes problems in our fields, which are added to those produced by the electromagnetic fields of internet, Wi-Fi, computers, etc.

This transmutation of the sun goes hand in hand with that of the human being, who has already initiated an internal war between sleep and awakening, between evolution and regression, between prison and liberation, which develops in our conscience, which has to be awakened

A great energy is coming and the powers of this planet that want to keep it locked up are now dead with fear because they can not do anything to prevent it. They want to paralyze us, but we are increasingly aware that change is coming and the future belongs to the light. That is why they generate wars, crises ... The sun, with its transmuting capacity, is collaborating in the cellular mutation of the human being, which will give rise to new men.

Upon awakening our consciousness we see our shadow. We have to ask ourselves:

What bothers me? It's what I have inside. "The tongue goes where the molar hurts". Each of us knows better than anyone what hurts him and what suits him.

And what bothers me externally? Humanity pollutes, contaminates, leaves waste of all kinds, destroys, and dirties. All this awaits the awakening of consciousness. We're still on time! Think of our children, grandchildren,...

With all we know, the tendency is for the phrase "the earth will be water and the water will be earth" to happen. We have discovered a planet similar to Earth and very close to it, will this be our destiny?

## **What is poorly viewed by the system?**

- **UFOs:** they are looked down upon because they are out of the system, but there are declarations from astronauts that tell us that alien spaceships are much larger and technologically more advanced. There are also statements by pilots and some politicians such as former Canadian defense minister Paul Hellyer. On this subject it is known that governments have UFOs captured, but they hide everything related to them.

It is known that there are ships around the rings of Saturn and that, in general, have increased their activity on Earth because they have been seen above cities like New York, Moscow, Tokyo, etc., about 20 cities across the planet.

Even today we believe that we are the only living planet in the universe, but this is not true.

The administrator of NASA until 2018, Charles Bolden, admitted that he believed in the existence of extraterrestrial life. At the same time he confirmed that area 51 exists; it is a research site, a military base in Nevada about UFOs.

- **Crop circles:** In the beginning these designs were formed by 2 or 3 simple geometric shapes, but over time they have been increasing their complexity, such as certain messages in binary code, a drawing of the Mayan calendar, etc. And starting in the 90s, more complicated structures are created such as the golden ratio (sacred geometry), the Mandelbrot set (fractal sets) or the Koch curve (fractal continuous curve). Due to its complexity and size it makes us suppose that they are not works of the human being but of UFOs leaving us messages.

- In addition to the crop circles, for many years it has also been observed on the ice "**crop ice circles**", in ponds, lakes and rivers. It started in Canada, the USA and England. They were shown in the Scientific America magazine in 1895 and in 1930 they were shown in Illustrated London News. His designs are of great beauty.

- **Spirituality** because it departs from religions: Jesus Christ opened the door, but his followers perverted his message. (*This topic will be developed in later chapters*).

- **Psychic powers:** among those born today are super psychic children. These children will change our world. What they think, happens!

In China, in 1974, the first child who perplexed everyone was the one who could see with his ears, among other faculties.

At present, the Chinese government declares there already are about 100,000 of these children. They, being blindfolded, can see with their nose, mouth, tongue, armpits, hands and feet, among other kinds of skills. Many tests have been done to make sure they do not cheat.

In 1985, these experiences were published in prestigious scientific journals such as Nature.

The scientific community and the Chinese government simply had to admit that it was true.

In Mexico City, 1,000 children were counted and there are special schools for these psychic children.

It is also happening in Russia. Thousands of Russian children are showing these psychic abilities.

All of these sounds like it are a DNA mutation and that these children already belong to the 4th dimension. There is a book published in 1997 entitled "The super psychics of China." On this subject, Dr. Diane Powell has developed several projects together with other scientists. You can find out more on their website:  
<http://dianehennacypowell.com>

In this context, several world companies in the pharmaceutical and biotechnology sector developed medicines and vaccines for children with genetic markers of nanotechnology from the vaccines themselves since 1970 with the intention of creating mutations in order to activate some genes and their amino acid chains through specific biochemical stimulants and thus get children with medium abilities and above average sensitivity. What barbarism!

- It is frowned upon by the system that there are human beings who have such a level of consciousness that they do not even need to eat or drink or sleep for more than an hour and a half. They only live by the spiritual connection and the light. This demonstrates our true essence as beings of light and of the existence of energy in all beings. More than 20,000 people have been documented in Australia -Jasmuheen-, China and Germany, who commented that after almost a year without eating they began to have a lot of energy and little sleep, they only slept an hour and a half a day.
- That we do not accept **vaccines** because they are another mechanism of toxicity: the nervous system suffers hyperexcitability after 40 vaccines per what has been studied in the US. They tell us that vaccinated people become healthier people, but this is not true, because health is due to good nutrition, respect for the environment and exercise. However, this does not produce profitability for pharmaceutical companies, multinationals and political-economic interests.

We are playing with the future of our children and our species. Some serious pathologies such as autism -produced by mercury-, hyperactivity and even sudden death are caused by the administration of vaccines in some cases.

## **Freeing yourself from fear**

Fear is a vibration in which the intentions that are intended to project only destroy our interior. Life stops when fear takes over.

To get rid of fear helps us to think that one is everything, we are them, and the other is a reflection of oneself. Feel and embrace the other until you understand that you can change this society for a more liberated one. Fear, doubt and beliefs have to be abandoned.

The option to overcome fear is a unique opportunity to join the human family, to understand our connection and to be able to embrace a unity of consciousness. All this is possible.

Many people are capturing this and the more you join, the more the "unified field" will change and expand exponentially. The rulers know that we are changing and that we can use the energy of the Heart, the most powerful.

All the challenges that are presented to us are offering humanity a wonderful opportunity when we free ourselves of fear.

This opportunity is unique because we have realized that uniting with all humanity makes us understand that with this connection we have with each one of us we can embrace a single consciousness that leads us to freedom.

We are liberated when we feel neither hatred nor anger. The powers want the revolution, but it has to be with the non-reaction, in a peaceful way.

**Fear** does not allow us to see the other as oneself. Racism is a clear example produced by fear. Fear is a vibration that when projected only destroys, changes the neuroplasticity of our brain.

A life under fear stops and they know this. They try to manipulate us with the repetition on the media of misfortunes morning, afternoon and night.

When fear is overcome there is a transformation in thought "we are them", "the other is the reflection of oneself", "collectively everything is one". To feel and embrace the other is to understand that this society can be transformed by a more liberated one.

Many people are grasping this notion and **waking up**, and changing the matrix that unites us because it changes the energy. It is an extension that becomes **exponential** as it advances.

The rulers know all this and know that the world is changing because we can use the **energy of the heart**, which connects us through the **matrix** to the unified field. Our body wants to change if we change our way of thinking.

## **The unified field of Consciousness according to the Vedic rishis (India)**

We need to know that we are all connected by the same field of consciousness here and now:

1. The field works as a whole.
2. The field relates distant events instantaneously.
3. The field remembers all events.
4. The field exists beyond time and space.
5. The field creates and its creations grow and expand in an evolutionary direction.
6. The field is conscious.

"We need to see that we are all caught up in the same reality. Isolation has been overcome on all fronts, from ecology to the internet. We need to remember our common "Source". The human spirit degrades when we confine ourselves to the space of a life and to the imprisonment of a physical body. We are first mind and spirit, and that makes our home beyond the stars." *Deepak Chopra - doctor and spiritual master-*

## Connections between quantum elements

Maurice Raymond Poyet (1928 - 1996) was born in Vichy, was a physiotherapist and osteopath in Lyon. Poyet talks to us about Quantum Reality:

- Each element is connected with others and with the whole; they are part of the same system or quantum universe. A universe completely linked within itself, where all things are parts of the same being.
- The particles, although seemingly separate, are actually together in a holographic universe. There is no real distance between them.
- The separation and distance between the components of the universe is an illusion.
- **In the human body the same happens.** All layers of information are holographically folded into the whole. All are present at all times. What we will perceive at each moment depends on where we direct the ATTENTION and where the system of each person resonates.

## Planet Earth and human beings

The Earth is reaching the end of a very long cycle. The frequency of the planet is rising and with it everything that is in it rises. **Everything is energy in different states of vibration.**

The resonance of magnetic quality (Schuman quality) ascends following the Fibonacci sequence (see Chapter on Sacred Geometry), that is, exponentially.

This happened 13,000 years ago and now it is happening again. In 1896 this change began.

The Earth generates electromagnetism like all living beings, in the same way that it has a magnetic field. The **real evolution** is not Darwin's (the missing link has not yet been found), the true evolution is the transformation of consciousness. The evolutionary changes of each cycle come when the magnetic resonance of the planet increases and the time-space accelerates at the end of each cycle. This cycle lasts about 26,000 years and our solar system runs through each of the zodiacal constellations. This generates a lot of energy factors.

The Earth is a living and self-aware being that is evolving and the human species is doing it together with it. But evolution also occurs in the solar system or in the galaxy, it is the same consciousness in itself.

The conscious is about to create a new reality and humanity is the vector, the gateway between the superior and the inferior. "As it is above, it is below" and humanity is the mind of the matrix, of the alpha and the omega, the mind of the field itself.

The changes that will happen are in our hands, in each one of us. It is energy, free will and the choice between love and fear.

Free will no longer exists when you work the conscious, the path of the most harmonious. If you need to work hard for economic needs there is no time to work the conscious. If you have money, you have time to work the conscience. Thus, time is increasingly expensive.



Human beings are a very powerful tool in the order of choice. We can desire and manifest balance, which will completely affect our DNA.

The study of our DNA will also allow us to know what diseases we can develop.

Some dates like 11/11/11 or 12/12/12 do not open any portal, but they suppose an impulse in the conscious of humanity with a change in our DNA (badly called by our ignorance "trash") when grasping the energy of the masters according to the parallel realities that each one has. This supposes a psychic awakening in humanity and diminishes the socioeconomic effects because it is already written that it will happen.

Humanity is called to its psychic order and from the Heart.

"Collectively, among humans, variety leads to segregation and competition. Competition leads to fear and greed. **Greed** leads to lies and immorality, it is the breeding ground for disease, waging war on our planet "Ben Stewart

For more than 20 years the hidden knowledge of freemasons, Gnostics and other secret societies no longer is. We are free to have the hidden knowledge or not to have it.

The media and the Hollywood film industry (has been used to influence people's beliefs, it shows us truths with lies to create a distorted vision of reality with terrifying visions of the future) are the tools used by power to control minds and conscience.

There are changes in the earth, but we should not fear them. They have to be **welcomed as a new beginning**. Not with fear, but focused on our heart and the heart of the earth to be above the events that are coming and perceive them with total harmony.

The universe in which we live is and has been created by a conscious and intelligent mind and the bases of everything created (will be seen in the next chapter) is **sacred geometry and mathematics**. Everything

manifests through them, there is no exception. They exist within the mineral, vegetable, animal life, our body and in all creation.

This transformation that is to come has been expected for a long time. We must be thankful to be able to experience it, since this evolution follows the mathematical steps of the Fibonacci sequence, in the same way as in all nature. Through this sequence the present is connected with the past from where the future manifests itself at a higher frequency level.

Modern man must embrace tradition urgently and learn from the knowledge of our ancestors.

This information of the tradition is known in all shamanic cultures, on all continents. Without this knowledge, the future will be strange and unpredictable. What is it for? To awaken, access and understand the true and authentic structure of reality, the nature of light and sound that constitutes this universe in its totality with all of us and everything contained in it. Nature is the best place for the connection with God.

This knowledge is sustained both by ancient traditions and by modern science because everything that exists in this reality is pure conscious energy that is made of pure **unconditional love**.

## **“Everything is perfect here and now”**

Once you have realized your connection with all people - all body, whether brown, white, olive, yellow, coppery or black is my own body - and all things, focus on the heart and follow the path of the only universal law, the law of love.

Then you will see that there is nothing to fear or hate or judge. We just need to stay focused on the energy of the heart.

We have chosen to be here right now and the body keeps reminding us that we are not alone, that all the pain of humanity is only an illusion, it is a sacred experience.

We are alive! And we are eternal.

## **Kali - Yuga**

Kali yuga means "dark age". It is the period that we have had to live for years and that is about to end. We are on the border between 2 times.

A part of humanity is awakening and raising consciousness. It is improving thoughts, emotions, feelings and actions.

- The ascension consists in this elevation of the vibratory level and consciousness to enter a new life.
- This transformation will be for the earth and for the cosmos as a whole.
- The material will be refined so as to perfect it and debug it.
- The hearts will be released from the anguish coming out of the current oppressive slavery and ignorance. The Source is love.
- Where there is land there will be water, where there is water, there is earth.
- This will be the sixth race, the race of fraternity, the law of love that will give rise to the new man with a new culture that will be based on:
  - The elevation of women.
  - The elevation of the humble.
  - The elevation of the rights of humanity.
  - Love, light and justice transform us.
  - Love and fraternity will be the basis of all belief.

- The earth will be swept by the waves of cosmic electricity to purify it.
- The beings of the sixth race will feed on the vegetable world.
- The water and the air will become pure.
- The parasites will disappear.
- Men will remember the past incarnations.
- The earth will be benign.
- The new order will replace the old one.
- The yoke of love will consume everything that is not true.
- And the sleeping ones will not be able to inhabit it.

Prophecies of Peter Deunov - *The arrival of new humanity*

## CHAPTER 2

# SACRED GEOMETRY

Like other teachings, sacred geometry has remained hidden, from initiation to initiation in secret societies. Now it comes to light as a consequence of the evolution of human consciousness.

Sacred geometry is the pattern used for the genesis of all the forms of the universe that make up our reality. It is a mathematical discipline dedicated to interpret the symbolism hidden behind the various forms present in nature.

It is a universal language that constitutes the basis or the "bricks" of the construction of life, figures and forms that create the very fabric of the universes. From an atom to a galaxy everything follows a pattern, a geometrical archetype.

Sacred geometry shows us the geometrical patterns of creation. It helps us to understand the basis of creation.

Creation is the nothing plus the spirit. Movement comes out of the spirit and light comes from the movement.

How is it possible that something that does not have dimensions contains infinity? For the ancient Egypt, origin of the sacred geometry, the movements of the creation begin in a conceptual central point: the eye of Horus, from where the "flower of life" derives whose fruit is the universe.

**Each point of the space** contains the potential to enclose all the information in it. The point is the reference of the movement, in it the sacred geometry begins.

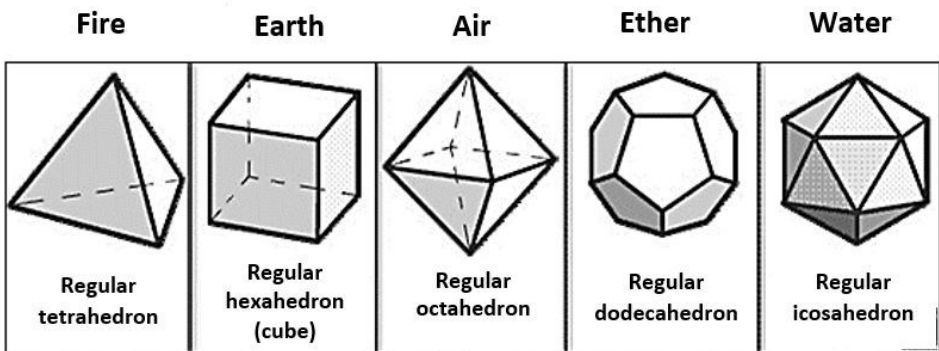
The **equilateral triangle** is the first space, the primary masculine form, of everything created. And it is the base of the tetrahedron, which is

the first solid made of information and consciousness. When the equilateral triangle begins to rotate in all directions, around the central point, the feminine principle arises: the **sphere**, which contains everything. None of its points is more important and all are met in the same way from its center of strength and energy that all originate from. Therefore it is a space without tensions.

The sphere contains everything, all the planetary and life volumes and forms. It is an expression of unity, wholeness and integrity. The atoms, the cells, the planets and beings, all reproduce this circular form of unity and potentiality. Then **the spirit, from the center, makes its first movement and moves to the limits of the sphere.**

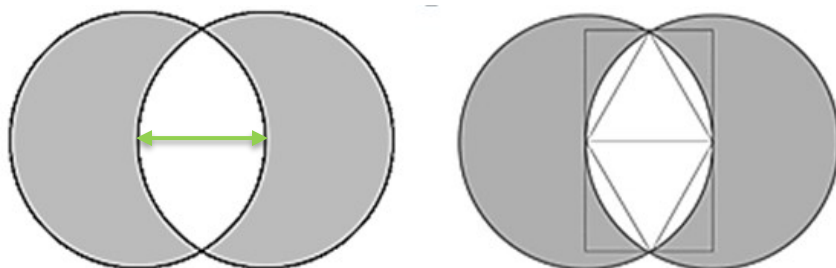
Each sphere has the same capacity to develop as the first. Each sphere contains the masculine and feminine principle, the line and the curve, contains the 5 Platonic solids, that is, it contains the geometric matrix that will form all that exists.

The **first sphere** contains the 5 models of regular polyhedrons, which are the so-called Platonic solids. Plato learned sacred geometry from the Egyptians. Platonic solids have all equal sides and angles and each vertex belongs to the sphere.



These polyhedrons are the base, the bricks, on which the universe is contained.

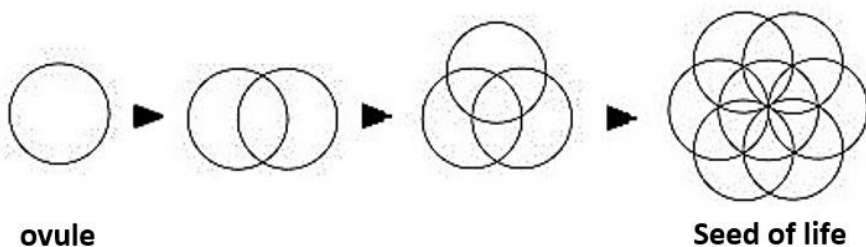
## Vesica piscis



Vesica piscis

The Egyptians said that from the eye formed by the intersection of the two spheres -Vesica piscis- came the numbers, the letters, the 7 fundamental sounds and all the wisdom of creation. This oval form contains 2 equilateral triangles that when contained by a rectangle are the basis of the golden ratio, the divine proportion that they used in all their temples to relate the 3 dimensions to each other and to these with nature. Hence all the fundamental mathematical relationships and the most important numbers are derived, such as the number Phi  $\Phi$  golden number = 1.6 "the divine proportion" and the number Pi  $\pi$ , which is the relation between the length of the circumference and its diameter.

Then it contains the movement along the first sphere and other movements to create new spheres, which, like the first two, interlace, creating new sounds, new colors, etc., until reaching the 7th sphere the first cycle is completed and the "seed of life" is formed.



ovule

Seed of life

If we observe the moment of conception we will see that it begins with a perfect sphere that is the ovule, and then this ovule is divided into two and then four, becoming a perfect geometric tetrahedron.

When it is divided into eight, it is transformed into the **original 8 cells**, it is the tetrahedral star. It's the cube. These geometric shapes continue to progress until they reach 512 cells that then form their radial field, similar to an apple or the magnetic field of the earth. It is the shape of the **toroid**.

Our 8 original cells are identical, they remain alive from the moment they are generated. They are immortal in relation to our physical body. The rest of cells die every 5-7 years and are replaced by new ones, except these 8 original cells.

These cells are in the precise geometric center of your body, slightly above the perineum. For women it is between the anus and the vagina, in men between the anus and the scrotum. At this point there is an energetic opening through which the central pranic tube passes, running through your body, exiting above through the crown chakra, at the top of the head. The babies pulsate through this upper part and through the lower part with the same pulsation. The baby breathes in the right way and these 2 flows come together. This is the basic understanding of MER-KA-BA (see chapter 5).

If it continues, this radial field transforms into the human heart. There is a space-time in the conception, before the fetus is formed, in which you and I are nothing but the heart.

Nothing else! There are no arms or legs or brain. Doctors and scientists are trying to understand how the heart can beat if there is no intelligence, if there is no brain, but it has been discovered that there is a "brain" inside the heart. It is small and only has 40,000 cells. The human body emerges from the heart, arms, legs, brain, head, feet, etc. And the heart is located in the chest.

But what is the first thing that emerges from the heart? The tip of the tongue. So, there is a direct relationship between the tip of the tongue



and a sacred place in the heart. (See the Kriya Talabya of chapter 4 "Meditation")

Once you learn to return to the heart, as we knew to do it thousands of years ago, and connect the tip of the tongue with the heart and reconnect with the brain, what happens is that you create from the heart and the brain and it will do what you say. The brain -duality- becomes the servant of the heart - unity - and this is the **ascension**.

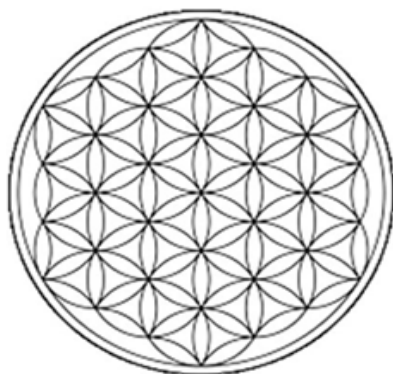
Many people think that the ascension is going to another dimension or traveling with a spaceship to another place, but in reality it consists of going back to where we were before. We lived in the heart and, when we get back to it, the mind will do what we ask, we can create without our creation containing a dark side. It's the way we used to do things in the past. Almost everyone has forgotten it. It is the real purpose of life.

The geometric pattern of the sphere is repeated to infinity creating everything that exists. Nature, following this sphere, makes a flower; the cellular division of the zygote, the fertilized egg cell that will form the human body. This pattern also constitutes galaxies.

The **seed of life**, continuing to expand in a spiral, creates new spheres and in the 3rd round of turns the 19 spheres that make up the "**flower of life**" are completed, containing the musical scales, the colors of the spectrum of the light, the growth patterns of living tissues. **The flower of life is the sacred pattern that generates all forms of life.**

## The Flower of Life

The "flower of life" is a geometric figure composed of multiple, evenly spaced, superimposed circles that are arranged so that they form a flower, with a symmetry pattern multiplied by 6, like a hexagon. In other words, the center of each circle is on the circumference with



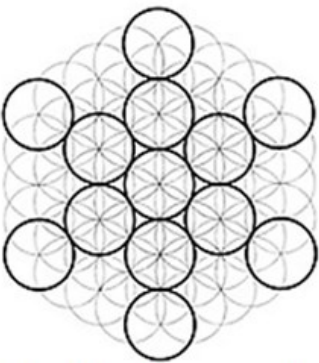
**Flower of Life**

6 surrounding circles of the same diameter. The temple of Osiris in Abydos, Egypt, contains the oldest example to date of the flower of life. It is carved in granite and could represent the Eye of Ra (the Sun), a symbol of Pharaoh's authority.

It is not a drawing, but an engraving on a hard stone made by something similar to the laser, which we have known for a few years. Archaeologists have hidden, until now, this "flower of life" and it does not appear in the books because they can not understand how the technique used could exist 6000 years ago. More have been found in many countries such as Mexico, India, Israel, Japan, Libya, Sumeria, Turkey, Spain (in the mosque of Cordoba), among many other places such as Phoenician art, Assyrian, Indian, Asian, Middle East and in medieval art. Also in the crop circles of England.

The "flower of life" contains within its proportions every aspect of life that exists, each mathematical formula, each law of physics, each musical harmony, each biological life form, including our body, each dimensional level in the form of wave.

The flower of life reveals to us that everything is connected, that is inseparable and that it is unity. It reminds us of our relationship with the universe as part of it.



**Fruit of life. Metatron cube.**

### **Metatron's Cube**

The **Metatron cube** is the three-dimensional proportion of the "flower of life". The concept that the universe emerged from 1 point is not so strange. Science tells us that we all have 1 point millions of times smaller than an atom, which is the length of Planck (quantum physics). The Metatron cube is a call to awaken consciousness.

## Tree of Life

The **tree of life** is a structure of sacred geometry formed by the center of the circles of the "flower of life".

All points arising from the first point are replicas of this, are interconnected and all contain the capacity of a universe in itself and pose all information.



**Tree of Life**



**Fractal tree**

The mathematician Benoit Mandelbrot calls the dynamics of this geometry: **fractal**.

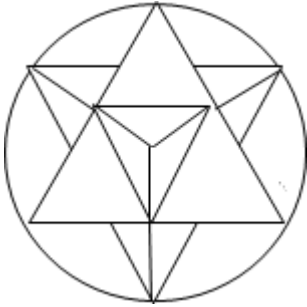
**Fractals** describe the geometry of nature as repetition of similar forms at different scales of observation. Thus, a part of a cloud represents the entire cloud, a rock recalls the shape of the mountain.

We have a clear example in cauliflower or broccoli, whose parts are exactly identical to the image of the whole.

The universe is made of fractals, from galaxies to bacteria, our neurons, the circulatory system, etc., are like the Russian dolls "matrioshka" that one is inside the other but they are the same, the smallest is a copy of the larger.

The mathematical discovery of fractals took place in 1872, but in the Renaissance fractal patterns were already used in stained glass, architecture, painting,...

## The finite can contain the infinite



This statement can be verified geometrically.

In 2 D (2 dimensions) the circle contains the triangle. If we add another triangle, but one that's inverted, we obtain the 6-point star of David and we could subdivide these 2 triangles to infinity. It is a mathematical fact and without leaving the sphere.

In 3 D we see a sphere that contains a tetrahedron inside it and we add another tetrahedron to the sphere, inverted from the first, and subdivide them to infinity without leaving the sphere.

This is an example that the infinite can fit in the finite, within its limits.

When we think of infinity we imagine it outside of ourselves, when in reality our infinite nature is within us, within each atom, of each cell.

Atoms are 99.9999% empty. This is the teaching that is repeated since ancient times and it is to find our essence, our infinite nature, we have to look inside ourselves through meditation.

If we open the mind we perceive the structure of reality in another way and also our nature and our potential. The secret is inside each one of us. "There is an infinite power within us" Excerpt from Mariano Giacobone.

"The book of nature is written with mathematical characters" *Galileo*

Mathematics is the loom with which God wove the fabric of the Universe. Triangles, circles and squares can be recognized in nature.

- Triangular trees
- Circular moons and suns.
- With the microscope we see a world of floating geometry, from microbes to man, everything contains a geometric structure.
- The atoms are replaced, but the body retains the geometric structure. We are pure mathematics.

## Mathematics

**The Fibonacci sequence** is an infinite sequence of natural numbers that begins with 0, 1 and from there each element is the sum of the previous two: 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, 55, 89, 144 ... is an infinite series.

The growth of plants almost always corresponds to the Fibonacci sequence. The Fibonacci rose, based on this sequence, explains that equilateral triangles generate a double spiral. The Mayans already knew this mathematics and considered it the center of all things, the origin of life and of the galaxy.

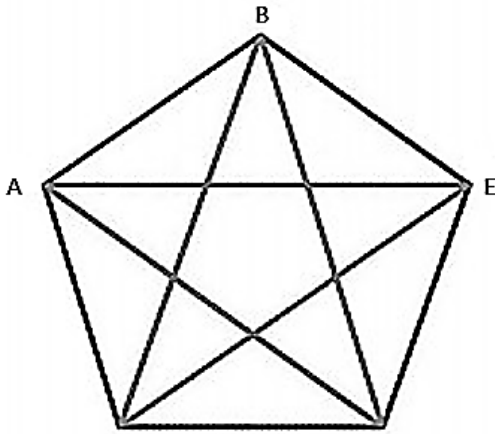
The DNA and the HUN AB KU -Maya- and the galactic spiral have the same geometric and mathematical relationship.

So, the sum of our world comes out with the sum of  $X$  and  $X + 1$ . An equation that gives beautiful shapes.

After the succession of Fibonacci, **another number** is hidden with a value that idealizes the beauty of everything that surrounds us. Going as far back as ancient times, humans have associated it with the most perfect and harmonious proportions.

Euclid, in the third century BC, defined the **Golden Ratio** as a proportion: The ratio of the entire major segment is the same as the

ratio of the largest to the smallest. The Golden Section was designated "Fi" in honor of Phidias (V BC), Greek sculptor and architect. The discovery of Fi is attributed to the Egyptians, but it came to us linked to a Greek symbol: the pentalfa or 5-pointed star, which was the symbol of the Pythagorean community, founded by Pythagoras (580-500 BC) on Samos, an island in the Aegean Sea. The Pythagoreans, who used the pentagonal star as a symbol of their School, found the Golden Number, which describes the relationship between the side of the pentagon and its diagonal.

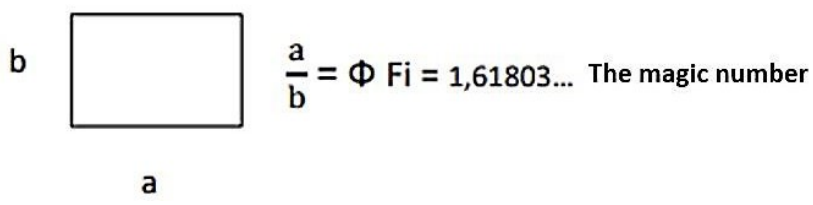


$$\frac{AE}{AB} = \text{Fi } \Phi$$

The number Fi is obtained by dividing the diagonal by one of the sides of the pentagon.

Fi arises by dividing the 2 sides of a rectangle, whose sides are **a** and **b**.

$\frac{a}{b} = 1.61803 \dots$  the magic number. If the result is 1.61803 then the rectangle is said to be golden.



Many measures of nature keep the proportion of the Phi number. For example, if we divide our height by the height where our navel is, it will be a number close to 1.6.

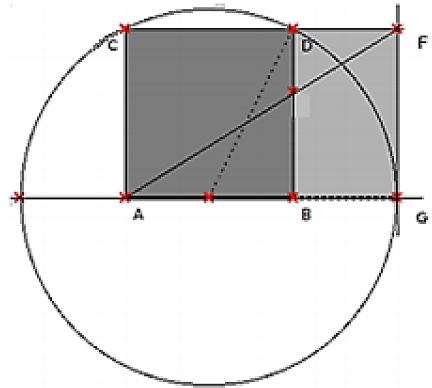
$\Phi$  is an irrational number, therefore it has infinite non-periodic decimal figures. Its exact value is:

$$\Phi = \frac{1 + \sqrt{5}}{2}$$

The golden ratio also has interesting mathematical properties and is behind many of the geometric proportions present in nature and in art. Mathematically everything is part of this very special number.

### How to obtain the golden rectangle

Draw a square and mark the midpoint (between A and B). Draw the circumference with center at the midpoint, passing through the top 2 vertices. We extend the bottom line of the square to the point that touches the circumference G and extend the upper line (C D) to the vertical line of G. The rectangle CFAG is of golden proportion.



Phi = 1.6 "the divine proportion", also called "golden number". It is given this name because it is found throughout nature: minerals -gems and metals-, vegetables, animals, in the human being and in all the universes.

The gold number was rediscovered in the Renaissance, a period in which it became popular, as painters and architects used it.

## In nature

Our world is loaded with geometry and symmetrical shapes at all scales, at all levels of organization, from the tiniest molecule to the most colossal cluster of galaxies and forms that can be explained with mathematical language, the language of beauty .

Other common patterns in nature emerge from  $F_i$ , such as the **golden angle**, which arises from representing the golden ratio in a circle. Its result is  $\alpha = 137.5^\circ$ . In this way  $F_i$  writes the order of the leaves of the palm tree, of the scales of the pineapple, of the seeds of a sunflower, of the flower of the daisy, etc.



## The spiral

The spiral that appears a lot in nature is constructed from the golden rectangle.

The Fibonacci spiral is a kind of curve that is equiangular, logarithmic and grows at an incredible speed, rather than a geometric progression, it is exponential.

One of the most perfect forms of nature is the shell of the Nautilus, which is formed with an equation. If you take a series of squares whose sides follow the Fibonacci sequence, you can create a

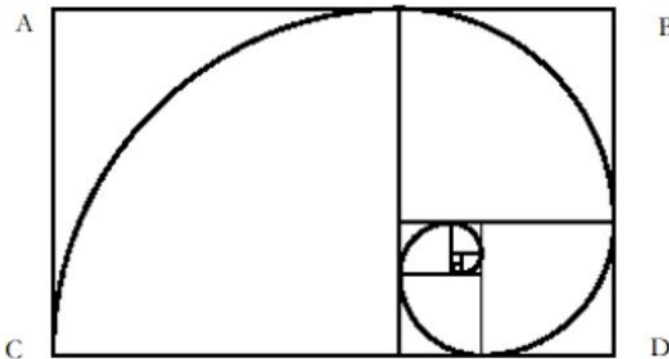


logarithmic spiral. A curve that corresponds to the shape of the shell of the Nautilus male. Another form would be that of the ear canal or embryos, in which all the elements are immersed in the growth cycle.

This spiral form is found in nature with mathematical regularity. The waves of the sea, the stems of the plants, the petals of the flowers, the star of the sea, plants and snails. They are efficient and useful forms. Snails maintain their basic form as they grow, are compact and save energy.

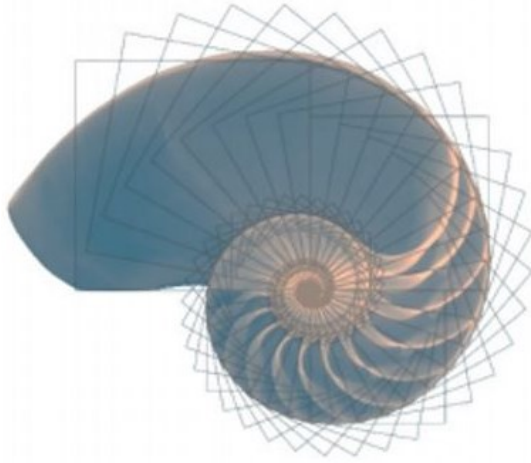
$\frac{AB}{BD} = \text{Fi } \Phi$  It exists in nature in the shape of the cocoon of the Tuna flower.

The Fibonacci spiral, called **spiral of growth** shows the exponential geometric proportion.



**The Fibonacci Spiral or Growth Spiral**

This is the spiral of creation, a perfect mathematical structure that can be observed in all nature.

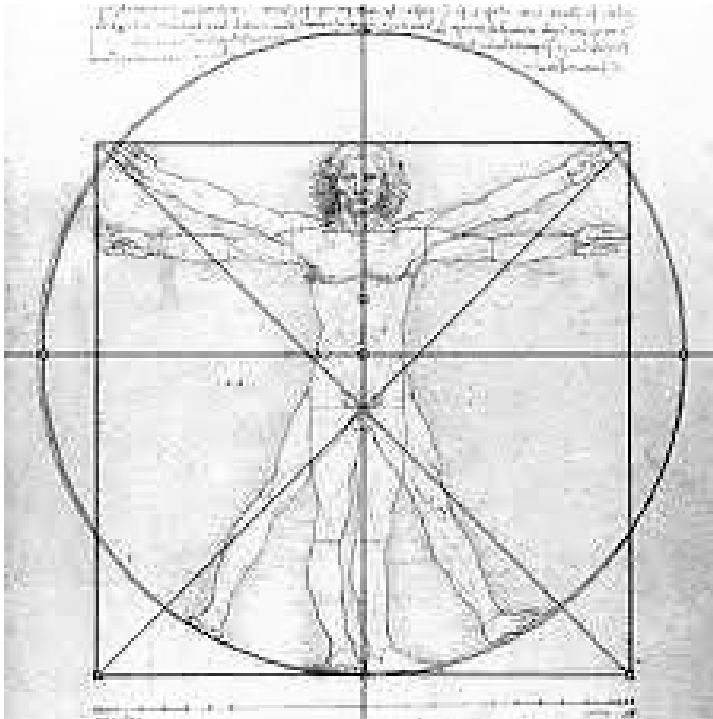


**The Nautilus shell**

### **The smell**

The rose does not smell for its atoms but for their combination in molecules. Mathematics explains that the smell of a rose is the combination of oxygen, hydrogen and carbon.

## We are numbers



**Vitruvian Man**

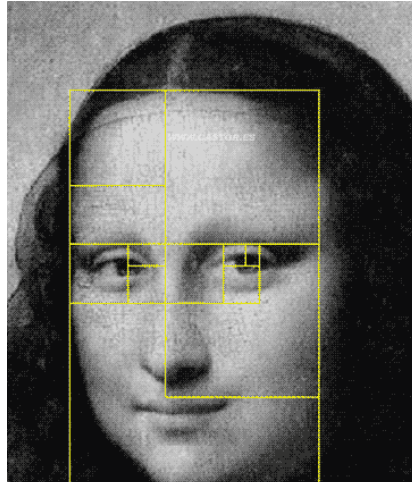
We are numbers that belong to the Fibonacci sequence.

We have 4 tips with 5 fingers. The number 5 is a constant in the human body:

- 5 extremities of the torso: 1 head, 2 arms and 2 legs.
- 5 fingers of each hand and 5 of each foot.
- 5 senses: sight, hearing, taste, touch and smell.

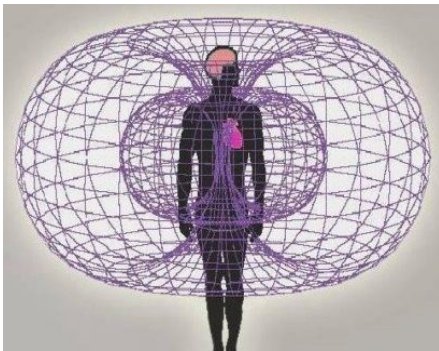
We have joints: 2 ankles, 2 knees, 2 hips, 2 wrists, 2 elbows, 2 shoulders and 1 neck, which add up to 13. They are all numbers of the Fibonacci sequence.

In this frequency we have the cosmology of 7 and 13. The 144 (see chapter 10) is the 13th term.



**The face of the Mona Lisa with the golden ratio**

The human body contains the golden ratio between its parts.



### **The human heart**

Our heart has a toroidal electromagnetic field, which includes a smaller one inside it. Both are centered on the same axis and have a vortex at both ends. The toroid or bull pipe is shaped like an apple. It is a geometric figure constructed with spirals

circumscribed to a sphere that unfold downwards and upwards until they meet.

Atoms, photons and every minimal unit have a toroidal shape.

In the toroid we find gathered all the principles of sacred geometry.

## **Music**

We see that 5 is the fifth number, 8 is the sixth, and 13 is the seventh. Musically we see that 5 creates the pentatonic scale, which is the most universal and basic. And from it the others have been created.

There are 3 which are triple, which with 5 and 8 creates the diatonic octave: do, re, my, fa, sun, the, yes, do.

Examples:

Mozart, in the sonata for piano in C Major and in the first movement of the Symphony n°5 of Beethoven.

Stradivarius' violin is considered the best in the world, its orifices are located according to the golden ratio.

## **Architecture**

Throughout the history of man there are samples of golden proportions, such as the pyramids of Egypt, the Parthenon of Athens, the Taj Mahal, and the Notre Dame cathedral in Paris, among many more. We also find it in Mies Van der Rohe and Le Corbusier's works.

## **Painting**

Also in the painting are many examples of the golden ratio, as in the birth of Botticelli's Venus and in all of Leonardo da Vinci's paintings.

## **Sculpture**

In the Egyptian and Greek sculpture they also reflect this proportion.

## **Chromatic scale**

The pentatonic scale plus the diatonic scale creates the chromatic scale with the chromatic circle.

## **Shape and sound**

So we see that the numbers 5, 8, 13 of the Fibonacci sequence create the pentatonic, the octave and the chromatic. That is to say, that the logarithmic spiral expresses all the three-dimensional form, all the music and the whole spectrum of the sound audible to us. We have shape and sound.

## **Time**

If we observe the fractal form of universal time, we will see that there is also the logarithmic spiral, since every 13 days we create the first 7 factors of the logarithmic spiral and with it we have shape, sound, color and time.

Therefore, all our acts follow a function of mathematical order that is intrinsic to our nature, which is intrinsic to existence.

By understanding numbers in their simplest form we are exercising the higher mind, because it is the **language of creation**.

A fantastic video to delve into this theme is "De Fibonacci" by Cristóbal Vila. You will find information at [etereaestudios.com](http://etereaestudios.com)

## CHAPTER 3

### WHO ARE WE?

- We are **beings of radiant light**, eternal children of the maximum power of continuous creation, experiencing life from the temple of our body.
- We are **matter, energy and consciousness**. And when we die we are only substance. Matter can be considered solidified light. First of all we are consciousness and energy that is based on the world of matter. By awakening consciousness we become aware of the intelligence of the energy that lies within matter.
- We are **multidimensional beings** free of institutions and dogmas. We, as citizens of a multidimensional universe, are multidimensional, with multiple realities and multiple parallel lives.
- **We are love beings**. The two most powerful emotions we have are fear and love and they are antagonistic. When there is fear there is no love and when we love fear disappears. Who do we have to love? God or Source of Everything and our brothers as a great family. The brothers are not alone in the family, it is all of humanity.
- We are **Christic beings**, we all have an "inner Christ". The word "Christ" means anointed, messiah. Christ is not a person but a state of consciousness. Every person can find Christ in his interior, which develops through love. It is a personal responsibility. We can affirm that we are an expression of the Christ Consciousness.
- We are not the body or the thoughts or the emotions or the energy that surrounds us. We are the **immortal soul**, the only real thing that illuminates all our vehicles and that remains unchanged despite all the changes we experience and are **fractals of the same soul**.
- We are **eternal**, we are **spirit**, and we are a **spark of infinity**, the authentic Source of life.

- We are **vibration, sound and resonance** (law of affinity).
- We are **geometry and mathematics**, like everything in nature.
- We are the **cosmic consciousness** that has adopted individual forms. We are all one. We are the "I am immortal".
- We are a **quantum reality**: universe - human being.

The planet earth travels a space, it is as if it were a gigantic interplanetary ship carrying billions of passengers, people incarnated. The human being on planet earth is nothing more than a tenant of his own body. Physical life is a task of perfection for the spirit. He is reborn in the flesh as many times as is necessary for his ethical growth and it is in the hardness of the trials that he will be called to face. It is faith that sustains us, be it man swept from the face of the earth by devastating wars or for other reasons in times of peace.

## **We are beings of radiant light**

We are beings of radiant light, light is our essence, the medicine of the future is light, because light in its different gradients is the raw material of the spirit. But we also have light in our physical body, which science has also verified.

Fortunately, science is getting closer to the spirit in its investigations and has proven that our nature is: physics-chemistry → electric-light.

Quantum physics tells us that light is the basic component of the electromagnetic field. Electromagnetic energy is transferred to all our biological systems. Energy produces light.

You can see reality as particles or as vibration -when- but if you try to superimpose both systems, none will work.



The influence of physic-chemical phenomena on the transfer of electromagnetic energy was studied in 1968 by chemistry and biologist Dr Esther del Río, who tells us: "Light runs through the veins".

She discovered that our bodies are formed by an intricate network of magnetites in the form of magnets, which form magnetic microfields. All our blood is full of pyramids with resonance, vibration and electromagnetic energy. The iron in the **hemoglobin** molecule is three-dimensional, pyramidal, and has helical electromagnetic energy at the tip of the pyramid.

Something similar happens in plants. **Chlorophyll** has magnesium as a conductor of electromagnetic phenomena.

We absorb in the visible spectrum the **red color** - red blood cells - and the **green colored**-plants. From the sum of these colors the absorption gives a **purple-violet color**, the color of **blood**.

Dr. Esther del Río tells us that we are authentic parabolic antennas because of the magnetic field that occurs around our body, and that covers about 50 centimeters, forming what is called aura. We have a very powerful auric field with different layers. Our vibrations affect our surroundings and vice versa. We are also literally luminous. We are formed of a system of macromolecules that form a network outside the cells. It is a network of magnets in the form of ferrous oxide and ferric oxide, which has electrical and electromagnetic current.

We calculate that the body has about 100 million of these particles, forming an electromagnetic body. When these magnets become disoriented or destroyed, disease occurs. In a tumor, the network breaks, lack of luminosity. Exposing the body to any radiation affects the electromagnetic system, causing damage to the body.

With modified X-ray apparatus with magnets, Dr. E.Rios could observe that the magnetic centers emanate small blue-fluorescent points, which are concentrated in certain regions of the body, which coincide perfectly with the Hindu Chakras, which are supposed to be accumulators of energy.

In 1993, Dr. Kirschviar also found magnetite throughout the body and especially in the brain, noting that one of the functions of magnetite is to facilitate ion exchange at the cellular level.

*"We are light - careful not to be robbed - within a prison of matter that looks like an opaque body, but according to science each cell and the interstitial space contain light.*

*This condensation of light is held in a healthy body. When we get sick, there is a disconnection.*

*The medicine of the future is light, because it is our essence.*

*In pregnancy, the mother gives shape to that new light that is her child."*

*Dr. Mario Moncayo*

All parts of our body and everything that exists are intimately related - Unified Field Theory. Beyond cells, atoms, etc., there is an underlying order to which all life responds in harmony. The most important thing is the understanding of consciousness. We are made in the image of God because we have an eternal conscience, wrapped in **light energy** by inheritance. Only by meditation can we recognize this inheritance.

We are part of the **stellar beings**, waking up to a new reality of spiritual and stellar energy. When we get it we can **cancel the old contracts of past lives** that imprison us in situations that are no longer part of us, to ascend.

## **We are matter, energy and conscience**

### **Matter**

*"There is no matter as such. All matter originates and exists only by virtue of a force that carries the particle of an atom to vibration and keeps this tiny solar system of the atom together.*

*We must assume behind this force the existence of a conscious and intelligent mind. This mind is the Matrix of all matter.*

*Reality is an illusion"*

Albert Einstein

### **Energy**

Everything is energy, what you perceive with the five minor senses is the solid world that surrounds you, but in reality it is not at all. They are simply different frequencies of energy acting in harmony to form what our 5 senses perceive as matter.

All matter is in fact a symphony of light and sound. There is nothing else. There are only different vibrational frequencies of light and sound.

In the Heart of every atom, just as in the heart of every cell and in the heart of every living being, lies an energy so potent and mysterious that it has remained undefined for modern science.

Dr. William Tiller, professor emeritus at Stanford University says: what is contained within this energy is consciousness and the form it takes is that of a black hole. This is extremely significant because this knowledge suggests that within each atom of our body also lies another universe without end and that the universe in which we live also exists within the nucleus of an atom. This means that everything that exists within creation is conscious. Consciousness composed of only pure energy.

## Awareness

Through science, we are getting to know many ancient spiritual texts. Consciousness is the source and basis of thought and it is also the source of matter.

Everything is energy and everything is consciousness. Each soul within this reality is simply a frequency of this consciousness and an expression of this frequency. "As it is above it is below" and so it continues to infinity.

This information is not new, it was known before constructing the pyramids, and it is known since eons throughout the history of man, that we will see in the next chapters of the book.

Humanity is hundreds of thousands of years old and possibly up to millions of years old, very contrary to what history books tell us. "*History is written by the victorious*" G. Orwell. It is because of the suppression of the truth that we are now living within societies so fractured and dysfunctional. **With any real investigation we can find that all educational and religious systems are wrong, distorted, forced and even invented.**

Through institutions we are told that we are small, insignificant people, but it is a lie, because each one of us literally contains the key to the Universe in their hands if we seek and recognize that we are not mere spectators here. Thus we will find that humanity and the global experience in which we are involved right now on this earth is the main event.

The tools with which we are internally provided are our thoughts, emotions and feelings, while the most powerful tool of all is our **free will** because it is the key we have been looking for in choosing to create the world we experience every day.

The choice is what decides what energy we are choosing to focus on it. Our beliefs are our individual perceptions, which in turn are perceived by the collective consciousness. We are all part. Many scientists have

realized that only when we reach spiritual understanding and apply it to science do we find the real answers.

So far we know that the real truth is that the world we live in is purely illusory, it is a quantum hologram, it is nothing more than the construction of your beliefs, your perceptions and your intentions. These are the ones that confuse you so that you believe that what you perceive in the mirror is who and what you are and that controls what you think you can or can not achieve.

## **The unified field**

We return again to the unified field:

Your consciousness and the conscious energy field called matrix, the mind of God, nature, the quantum hologram or simply the field, is the intangible substance that connects all things and binds them in a one. It is to this field that each one of us is connected to create and mold the reality of each singular moment, of each singular day, because the things that happen inside you are literally a non-spoken language that is very real. Its importance has been known for the different ancient times, for many societies in the past, because they created the old structures.

## **We are energy**

### **The energy body**

We have 84,000 channels, of which 12,000 are subtle channels. There is a central channel in the spine, through the spine, and 2 channels, the right and the left, which join with the central in different points forming knots (chakras). Other channels are split radially from the chakras.

## The Chakras

The chakras are vortex energy that goes from bottom to top like the snake of the caduceus, whose balance represented eternal health, and they coincide with the most important glands of the body, which in turn, through the hormones, regulate the functioning of the organs to achieve health.

Medicine lacks the incorporation of the study and treatment of the energy body or electromagnetic body.

The system of 8 chakras is the one indicated in Hinduism and the TAO.

A chakra is a point of energy within the body and, sometimes, outside or close to it.

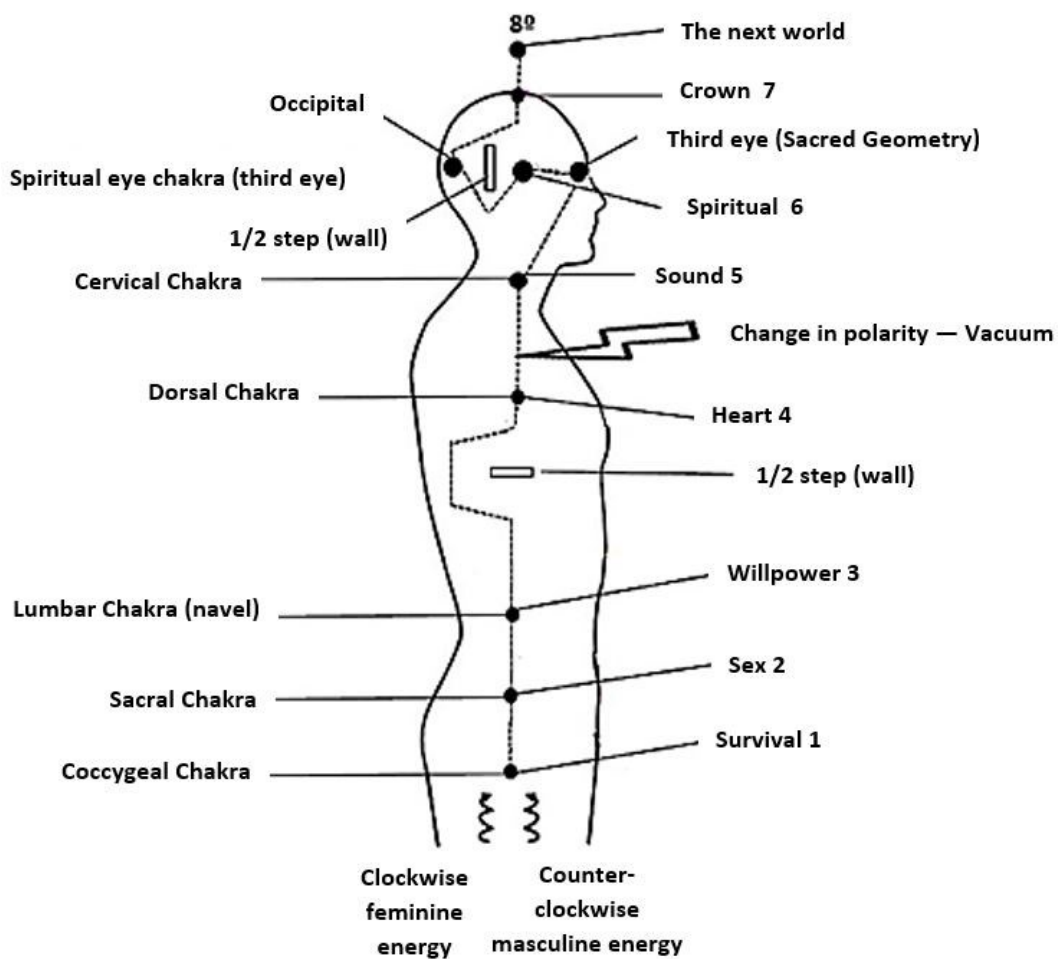
There is an energy flowing through the chakra system and connecting them, which is fundamental. It is the flow of energy that goes up the spine.

The geometric source of the 8-chakra system is based on the structure of the "**Egg of life**". It is the same energy pattern of the **8 original cells** of the human body (seen in the chapter on "Sacred Geometry").

Energy always spirals. The masculine one turns towards the left, in opposite sense to the hands of the clock in relation to the body. The female turns in the opposite direction.

Sometimes the roles of masculine and feminine energy change.

From bottom to top we have **the 7 main centers or chakras** plus the 8th, which belongs to the next world.



The 1st, 2nd and 3rd chakra are the source of the powerful sexual energy.

The **first chakra** (Survival) is at the base of the spine. The coccygeal chakra is located at the base of the spine. It is the center where the kundalini is incarcerated, called coiled snake, which is a reserve of energy that we must raise.

**The second -chakra sacral-** (Sex) is, on average for all humans, 7.23 cm above the first.

The **third -lumbar chakra-** (force of will) is 7.23 cm from the second. The third chakra is in the absolute geometric center of the navel. They tried to make it secret because they knew that this chakra was a very important place and distorted the information (it is not two fingers below the navel). The distortions in science and in spiritual matters, in the last 2000 years, have been unbridled.

After the third chakra there is a change of direction because there is a "horizontal wall" called **half step**. For the spirit this half step is hidden, it is not evident. The spirit will see it when the time is right. When the half step has been found, the energy flows to the Heart.

The **fourth chakra - dorsal chakra** - is the Heart or emotional. In the 4th, the upper chakras, the realm of spiritual energy, begin. In this Chakra is creativity, compassion, appreciation of beauty and art.

The **fifth** is the Throat or Sound; it is the cervical Chakra, at the base of the neck. In it are skills such as communication and singing.

The **sixth** Chakra is that of the spiritual eye, located at the top of the spinal cord at the height of the eyebrow. It is the Sacred Geometry of Creation.

Then there is another vertical wall, half step that again stops the flow of energy. It is located between the pituitary and the back of the head. Once this wall is overcome, the next chakra is found.

The **seventh** is the Corona chakra, the superior center, representative of the Father, located above the brain. In this center we can merge with emptiness.

The **eighth chakra** is out of the head, one hand above (next world of existence).

The half steps hide the spirit from the higher chakras until wisdom shows the way to higher understanding.



Much of the world is still living in the first three chakras - the lower part - but a very rapid change is taking place for the earth and for the human being.

People, when they begin to meditate, begin to enter the 4 upper chakras.

In addition to the 7 main chakras there are many other smaller chakras scattered throughout the body. The soul descended through the 7 chakras and through the process of meditation we can ascend through these centers towards the Cosmic Consciousness.

We have 954 chakras or energy centers scattered throughout the body, which absorb energy. Its normal state is absorption, but it has a double direction, that of receiving and that of giving.

We have 3 systems:

1. The primary: our 7 master chakras, which are related to our endocrine glands.
2. The secondary, which are more than 23.
3. The tertiary, which is organized with meridians and acupuncture vessels where there are microchakras.

The aura has the chakras of each layer. The chakras are like trumpets or vortices that have the ability to block, activate, and overactivate energy. We are the ones who move this energy according to whether we are harmonic or disharmonic. If we are strong, we prevent them from stealing it from us.

**The aura** is the magnetic field that surrounds our physical body with an oval shape. Change color according to our thoughts and emotions. It has all the colors of the rainbow (red, orange, yellow, green, blue, and violet, indigo, white). They are added to these, 3 colors: gold, bronze and silver. The purest is white, which shows us that the person is healthy with full harmony in his interior and with the Higher Cosmic Energy.

This energy intersects with the physical body in our organs through channels of light covered by a tissue called plasma. Plasma is a manifestation of matter other than solid, liquid or gaseous, it can be restored.

### **The system of 13 Egyptian chakras**

This system tells us that the entry points are located on the surface of the body, evenly spaced, but the true chakras inside the tube are not.

The distance between them is the same as between the tip of the nose and the tip of the chin (if there is overweight it does not work).

From the first chakra, located in the perineum -between the anus and vagina in women and between the anus and scrotum in men-, placing the measurement is the second chakra, just above the pubic bone, and so on.

1st chakra: of survival. Another measure and we go to the 2nd chakra.

2nd chakra: sexual. We continue and go to the 3rd chakra.

3rd chakra: willpower. Repeat the same operation and match the navel and continue.

4th chakra: mouth of the solar plexus.

5th chakra: Christic chakra, the first Heart chakra. It is unconditional universal love for all life. This is love for God. Located slightly above the sternum bone. Another measurement and we go to the 6th chakra.

6th chakra: second chakra Upper heart. It is Love to a part of life, personal love for someone or something.

The half step between the 5th and 6th chakra is located in the system of 13 chakras. We measure and go to the 7th.

7th chakra: sound and throat. We measure again.

8th chakra: chin. It is one of the most important chakras. 9th chakra: nose. We measure

10th chakra: The third eye. We measure

11th chakra: It is called the 45 degree chakra. It is located just above the top of the forehead. With another measure we go to the 12th.

12th chakra: crown chakra. If we put one hand on the head we will have the 13th.

13th chakra: it is located free of the head, in the vertical of the crown chakra.

The 10th, 11th and 12th chakras are connected to the pineal gland. When the pineal "looks" or projects energy to the pituitary gland, perception of the third eye occurs.

There is a contradiction between the system of 8 chakras and that of 13. The system of 8 chakras sees the pineal gland as the chakra from which one moves towards the next world. However, in the 13 chakras, this has three access points and has ways of working with these energies, which are different from the simple 8 system.

## **The opening of spiritual centers or Chakras**

The human body is the temple where we meet the spiritual centers. Normally some of these centers are closed.

### **Biblical theory of the apostle John**

The apostle John experienced the awakening of the Kundalini in his own body. The pattern to open the centers is the Christ Consciousness.

The Christ Consciousness of John instructed him on the meaning of the experience and asked him to assume the knowledge that had been revealed to him.

In the apocalypse text he tells us about the 7 churches and the 7 seals. The 7 churches are the 7 glands of the endocrine system and the 7 seals are the spiritual centers or chakras. The instructions that Juan received go beyond the endocrine system and also explain how to become the owner of this system.

Within the 7 chakras there are the higher centers and the lower centers, the Heart center is the intermediate center between the higher and lower centers.

The spiritual seals or centers open when the beasts of our lower nature calm down and enter into harmony with the higher consciousness, when the central nervous system (the 4 and 20 elders) or cranial nerves become quiet and the 5 senses cease. The Christ Consciousness directs it.

In the Gospel of Matthew it is written that Jesus gave a prayer, Our Father. This prayer was the model for the opening of the 7 centers and the circulation of the energies in the body. It converts higher centers as responsible for the opening of the entire system. The Our Father prayer is aimed at creating a serene mental state, based on voluntary surrender to a higher power. Abba is the Aramaic name with which Jesus addresses God the Father.

The following table shows the correspondence of the chakras with the endocrine glands, with the Churches of the Apocalypse and with the specific verses for each of them in the sentence.

<b>Chakra</b>	<b>Glands</b>	<b>Apocalypse Churches</b>	<b>Verses of Our Father</b>
1st Base	Gonads	Ephesus	"Give us this day our daily bread"
2nd Sex - Water	Leydig cells (center of creativity)	Izmir	"Do not let us fall into temptation"
3rd Solar Plexus	Adrenal glands (calm anxiety and fear)	Pergamum	"Forgive us our debts"
4th Heart	Thymus (harmony of higher and lower centers)	Thyatira	So it is on earth" like in the sky" "Deliver us from evil"
5th Throat	Thyroid (center of the will / our individual will)	Sardis	"Come to us your kingdom" "Thy will be done"
6th Third Eye	Pineal	Philadelphia	"Hallowed be thy name" "Well yours is the power"
7th Coronary	Pituitary (is the master gland that influences the others).	Laodicea	Our Father, who are in heaven " "Be glory for ever and ever"

## **We are multidimensional beings**

We are beings of multidimensional light, free of institutions and dogmas.

We are currently living between 2 dimensions, the 3rd and the 4th, and we have 2 options, or we identify with the fear and illusion of a great catastrophe or raise our consciousness and continue with the light. Jesus told us, "You will reap what you sow."

Man is made up of many bodies, among them are **20 main bodies or vehicles**:

1. Cryogenic body or original body. It's antimatter
2. Physical
3. Etheric Double
4. Astral
5. Superior Astral
6. Morontia
7. Higher Self = Internal Master
8. Inferior Emotional
9. Superior Emotional
10. Mental Inferior
11. Mental Superior
12. Intuition
13. Causal or by will
14. Fractal of the Soul
15. Soul
16. I Am = the Self
17. Monad
18. Supramonad
19. The spirit
20. The paradisiacal sons or Mentors

### **The cryogenic body**

The origin and why of a cryogenic body:

1 year of cryogenics equals 26,000 years of land. The normal thing is to go from 25 to 30 incarnations on earth.

Keep in mind that there are 32 levels of energy frequency, between the I am, the soul and our physical body. We are a physical body with 2 astral bodies.

In what dimension is the cryogenic body? It depends on the race of this person. It is not a material body.

When we die, to reach the cryogenic body, we have to be freed from the attachments, the guilt, the fear, etc., that keep us imprisoned here, that trap us in the womb of the earth and make us come back to incarnate.

Now we are an energy soul that has been coupled to the biological body. Before we came we had our cryogenic body.

When we die we can reactivate the cryogenic body and return to the earth or go somewhere else.

Synthesizing, the cryogenic body is our original body.

A soul or conscience has the ability to fragment into different characters. The being can use several vehicles at a time.

The **Morontia body** is an energetic body that can or can travel wherever it wants. It is similar to the astral but more subtle. Human beings have to constitute their Morontial body through meditation and their thoughts, emotions and actions according to the Christ Consciousness.

Consciousness travels through ascending and descending bodies.

### **Subtle bodies**

Physics has already discovered more than 10 subtle bodies, which are bodies at atomic levels between 10 and -15 and between 10 to -30. This for exists for science. We, on the other hand, give subtle bodies a

name like: mental superior, etheric body, astral, etc. Quantum physics is thus an esoteric way of explaining the cosmos without the fanaticism that people place in the context of religion.

## **The power of the human species**

But the true power of the human being is in the Heart, not in the mind, not in the brain.

The Heart is the creator of an electromagnetic field of 5.48 meters in diameter.

We are eternal children of the maximum power of continuous creation in eternity, without beginning or end. There is an infinite power within us.

The human being has a lot of potential, but also flaws, defects, cruelties ... while we are not aware.

We are all a living eternal soul, an expansion of God and an expression of conscience. Each soul is both masculine and feminine in nature, even if we have lived as men or as women.

**Great variety of souls. Soul and fractal soul** (according to Rodrigo Romo)

### **Rodrigo Romo**

Rodrigo Romo was born in 1966 in Chile, but lives in Brazil since childhood. He is a chemical engineer who in 1981 began writing more than 40 books and lecturing on metaphysics and spirituality. He is currently a professor of Rometrics and Stellar Quantum Cure.

Rodrigo Romo is not a messiah or a guru, he is a person who helps others have an awakening so they can follow their path. Tells us: "*If I*



*could develop this awareness, you can too. If I was given the opportunity to travel by ship, you can also, it's not my thing. If I am a citizen of the cosmos, you are also a citizen. Jesus said that we are all equal before God. If I developed it, you can do it too. Each being has to look for the truth and look for the way Home."*

*"Learn to have peace in the heart, because without peace we do not connect with our brothers up there"*

## **Great variety of souls**

Life has been developing on Earth for some 4.2 to 5 billion years, starting with bacteria until reaching the human species, with souls of different levels of consciousness, some more subtle, some purer, others more warlike, ... because they come from different planets like Chapel, Sirius, Xaola, Argos, Scorpio Tail, Arturo IV, Mars, Venus, and other places. Some of them are now destroyed planets. They came to earth 3.6 billion to live in the physical or in the etheric or in the astral or threshold in parallel lives. The Earth has 18 parallel realities. This great variety of souls generated duality in the last 14,000 years.

The current social situation of the Earth is the reflection of the psychic aspects of the cellular memory of these souls that came to war, to fight, to generate conflicts, disputes, and now we relive it with the loss of the matrix of knowledge.

## **Quantum concept of who we are**

We are on the earth and in other places at the same time.

Who are we, our **soul fractals, our twin souls**? We are soul fractals, we are part of a consciousness that is the fractal of the soul. You are part of a consciousness, of something greater that is your soul, that has co-created your "I am". An example is the drops of water, who are sisters,

twin souls, fractals, and all are from a cloud, which would be the "I am."

The "I am" can produce 12 to 144 soul fractals. These fractals of souls enter the world of matter, in the biological process of incarnational life.

The soul fractal occurs because the entire soul would have too much energy for the human being to work. It is a way to reduce it. Thus begins a new reincarnation within the wheel of Samsara. It can be a human, but also a humanoid, a zeta, a gray, a reptilian, an amphibian, an insectoid, bird beings, there are billions of races in the galaxy or in the entire cosmos.

He who inhabits this biological structure is specifically the fractal of the soul.

Through meditation or yoga you can connect with yourself and start listening to the other "drops of water" in the cloud. Then your level grows enormously. As one wakes up the others evolve. When they ascend we stay here and they come back to pull you, rescue you, to go up, because your level of perception has gone up. When you go up with them, you enter the galactic reality of the federation, they do the rescue of the galaxy and they return to the "I am", to be pure energy.

Ascending sometimes is not going to live on another planet, it is developing a perception to go to the beyond, and it is your everything that brings you to God, along with your Akashic records. The Cosmic Library is God, it is the Source of All is.

The **Akashic Records** are the universal memory of existence, a multidimensional space where all the experiences of this life are stored, including the knowledge and experiences of past lives, the potentialities that the soul has for the evolution of this life and future potentialities. In Egypt they are known as the "Tables of Thoth" and for the Maya they are known as "Psi Bank".

We are the actors of the great Cosmic stage theater. We are controlled to make the role like a great movie. It's like the Avatar movie. The protagonist leaves the body in cryogenics and occupies a body. When the protagonist dies he returns to the cryogenic body.

To evolve is to become aware of what one is. The Pleadians are our future and the earth is the threshold.

We currently have 35 interdimensional races on this planet, acting as colonizers. These beings came in principle to extract natural resources such as gold, uranium, among others. These Nibiruan settlers found Neanderthal man on earth, 235,000 years ago, and genetically modified him to become Homo sapiens.

The Neanderthal was already a human who had developed from generations of ancient nuclear wars of older peoples who came from Pleiades.

The Sirius, who came with the original Nordic races of Aldebaran, Aria and Vega, emerged 450,000 years ago.

The biological history of the planet goes against the astrological history, there is even a book in Brazil with many photographs, called "Forbidden Archeology", which shows that there is evidence of a fossil from a hammer 250 million years ago and a fossil found in the US with traces of large shoes with the footprint of having stepped on insects more than 450 million years ago. Therefore, we have scientific evidence of technologically developed human forms at a time when there should be no human form, perhaps dinosaurs. That is to say, it does not agree with our archaeological history.

On Lake Titikaka, below the lake, there are constructions of more than 30,000 years. In Sumeria there are construction records of 400 thousand years. The story they tell us is not true.

## What are we humans?

We are like Terrans temporarily. The terrestrial human species is an artificial genetic mutation developed by the Nibiruans at the request of a Sirius command. We are a genetic mixture between the primordial human race of the house of Creator or of Asion of Lira, of Pleiades, Aldebaran, of Sirius, adapted to the genome of this planet plus the genetic material of the Anunnaki in general. Therefore, we are a genetic mix.

The difference between the Homo sapiens that we are and the homo adamic is that we have in the brain 2 parts of the brain divided by the corpus callosum in the center, which makes our brain system cross, crossed. The primordial adamic human of the house of Jesus does not have the corpus callosum, only a single mass with an intellectual power 20 times greater than we have.

What they did to us was for fear of us, it is what is said in the Bible with the Tower of Babel. When man revolted to the gods and the gods punished us by cutting the DNA of 12 threads in 2 threads. The junk DNA that is called today because they do not know what it is for, are the 10 threads that were lost of multidimensional connection, that developed the physical, psychic, spiritual and lost capacities. Thus, we are disconnected. We have them but we are disconnected.

How can we connect again? The connection is being developed, but not at the physical level because it incurs very painful modifications. All that are genetic mutations generated by the meditations reach the higher mental, they do not happen there because if they went to the physical level we would have to activate the 64 amino acids that we do not have. We only work with 20.

## Space travels

In the societies of the **Galactic Federation** (it is a stellar council), when a society like ours begins to have technology to make space travel, the first thing that is needed is natural resources such as water, gold, platinum, uranium, plutonium, radium, petroleum, ... mineral

resources that are essential for our technology at a cost that is profitable for the technological development of this civilization.

By doing these space trips we do what Europeans did when they colonized the Americas, seeking resources on other planets.

There are 3 possibilities:

1. That they make friendship, change technology, change culture and create a new society, which is the most sensible option.
2. The second possibility is that they enter into conflict and there is war.
3. The third is that each one respects their territory and each one makes its way and the trading houses are established, which are independent groups that develop transport routes of natural resources. These groups, after extracting the material, market it here on earth.

## **The solar system**

The central sun of our Solar System is ill-defined because it is not central. It is 47,825 light years away. Alzione 457 light years from here, is the operational center of the federation of the 49 orders. The central sun of ours is the sun that we see. The central sun of Venus is Kumara. The central sun of the federation is Alzione. Each one has its corresponding sun. The star Alzione is the alpha and the omega of the Pleiades constellation. Sometimes it is confused by many people with Sirius.

Our Solar System had at the beginning 5 or 6 planets like Earth. After several geological processes the earth came from Venus. There were 4 planets - Venus, Earth, Mars and Maldek - with biological life in all of them and they exchanged a lot of genetic material, also plants and animals. **Venus was the most developed.** There were 4 planets coexisting in perfect treaties. The problem came when other peoples of the federation arrived, fleeing their conflicts.

The **second was Maldek**, who were of Germanic Aryan race, blond, light eyes, tall, 3 meters tall, with rational mind and a lot of technology.

Venus, by the line Kumara and Sirius, followed the spiritual line, of love, ascending to other more subtle levels.

Mars was a system of technological and mercantile exchange.

The Earth had everything, water, gold, uranium ... It had all the elements for technology. That's why they came here in different levels of time.

However, they also arrived on Earth for other reasons as we will see.

## **Stellar families**

We have to connect with our stellar family, which is our real family home where we come from. It is the family of memories that, incarnation after incarnation, we repeat in order learn or experience. The supramonad one enters in this way in a maximum knowledge of itself.

They have programmed us to have the false perception that we are nothing, that we are limited. They have manipulated us.

- They have undermined our self-esteem.
- They have manipulated perception.
- They have broken the union to the original creative Principle, usurping its identity.
- They have joined a belief system based on a false God who demands sacrifices and even kills another to demonstrate fidelity.
- They have made us believe that we are nothing, that we are limited.
- They have programmed us.

## How to get out of the loop?

We must recover our divine essence, which beats within us. Films like Matrix help us a lot, they teach us that there are other beings that are using us as a battery - energetic squeezes - because we are numbed by the media. If we want to be free, we will get it with:

- The self-esteem
- Self-confidence
- Access to internal power
- Rediscover who we are and what we are capable of doing.
- Knowing that we are infinite, we are luminous beings capable of transforming everything.
- We are co-creatures of the original Source that is within us with the supreme knowledge.
- Free us from fear.
- Full confidence in our potential.
- The recovery of our divine essence.
- Uniting within us the purest masculine energy with the purest feminine energy, which is the same as saying to unite "the strongest male warrior" with the "wisdom and intuition of the female goddess". All in one person.
- To join the body with the soul, the earth with the sky, the darkness with the light.
- We are able to unite the maximum power with the maximum wisdom because they are within the human spirit.
- We are trained to integrate the hidden knowledge that we have inside but that we have not felt or rationalized.
- It is time to come to life to change the thought and for the opening of the conscience, to connect with the internal master that we all have.
- If I change, it changes my environment.

*"Listen to the whisper, live your dream"* Andreas Moritz

## The potential of the human being

- We have **infinite potential** here and now.
- When we try to make changes, we inevitably make mistakes because they are an important part of learning. Actually mistakes do not exist.
- When we criticize others, what we do is criticize ourselves and judge ourselves.
- Now I know that the difficulties of life are disguised blessings that constitute unique opportunities to advance. By understanding it I open the doors of an abundance of love, freedom, health, joy and unlimited possibilities.
- If we want to learn to set in motion unconditional love, patience, forgiveness, compassion, service to others and acceptance. We are presented with a whole series of adverse situations, until we fully master these wonderful values.
- Each one of us creates his own reality. We are the ones who direct our destiny. Therefore, every moment of our life is a transcendental opportunity to develop, learn and discover a new world full of possibilities.
- I am an unlimited body of creative power, who is ready to create heaven on earth and enjoy it. The tools of this power are my thoughts and my emotions. Since no one can think or feel for me, I am the only creator of my reality.
- I focus my attention on perfect health, abundant energy, renewed creativity and spiritual maturity, so I spontaneously manifest these qualities in my life. There are no more influences on my body or my mind than what I allow and believe through my conscience. Everything that happens in my head is destined to materialize at one time or another of my life.
- I speak to the cells of my body and treat them as if they were my best friends. Since I am in close contact with all of them, they send me



waves of wonderful well-being that make me feel loved, whole and healthy.

- The disease is a sign of fragmentation and separation. Health is the manifestation of the integrity or unity of all parties. The vibration of thanking the cells of my body for their incessant work connects what has been separated.

- I am perfectly capable of blessing all things with my spiritual essence. My task is not to solve the problems of the world, but to let my love, my compassion and my joy, shine in them. My purpose in life is to have more happiness and allow it to radiate. This is my mission.

## **We are the immortal soul**

From Hinduism we can expose that the reality of the human being is the soul, a hidden ray of Spirit that we do not see because it is surrounded by 3 bodies.

First it is surrounded by the **Physical Body**, with which we totally identify, but who feeds this body? Where are the charger and the energy for an intelligent and self-conscious being? "Not only of bread lives the man". It is the second and third bodies that feed it.

The second body is the **Astral Body**, which is fed in turn by the causal one. The radiant astral body gives energy and strength to the physical body and is constituted by **lifetronic**, which are energetic units that form the essence of the human being.

The third is the **Causal Body of Consciousness**, which holds the physical body and the astral body to interact with the creation of God.

The three bodies are totally linked together and work as one because of the union between the vital force and consciousness in the 8 spiritual brain centers or chakras. In short, we have a physical body, driven by the vital force of the astral body and by the consciousness of the causal body.

And the soul resides in this triune body with the limitations of union with these bodies.

The vital force and consciousness descend first through the **causal body of consciousness** through its own centers called centers of the causal spine or magnetized consciousness and then to the spinal centers of the astral body of light and energy; and from the astral body it goes to the **physical body** through the brain and the spine to feed the nervous system, the organs and the senses and make it possible for the human being to perceive the world of matter.

The vital force and consciousness direct attention, through the 5 senses, only to the world of matter.

When the human being begins to realize that there is something else and begins to ask questions caused by the multiple experiences of life, he searches and experiments in different ways until finally finding the one that best adapts to his own evolution.

We are eternal children of the maximum power of continuous creation in eternity, without beginning or end.

## **We are the multiplicity in unity**

All souls are connected, humanity forms a being and each one of us is an aspect of the whole. The matrix of the souls forms a level of subtle energy that surrounds the earth and binds human beings. Human beings are already saved.

The **soul** resembles a neutrino - antiparticle of the neutron, antimatter - that does not react with matter, since we are pierced by neutrinos and nothing happens. A positron going into shock is like a lightning bolt, it is also antimatter.

The soul thus has the frequency of a neutrino, it is very subtle its interaction with the other particles is minimal, so it passes through

ordinary matter without hardly disturbing it. The soul has knowledge, can learn to co-create and be a son of God.

The **spirit** would be a particle more complex than the neutrino of the soul and would be beyond, but they are exchanged energetically.

### **What is the difference between the soul and the spirit?**

The soul is an energetic fractal of the "I am." The spirit is an electromagnetic radiation of the highest degree that comes from antimatter and supplies the supramonad, the monad, "I am" and the soul. It is like a tachyon, a supertachyon that maintains the energetic connection between the "Source of All is" (God) and the ramification of consciousness of the fractals of the soul until reaching the physical body.

At what moment is the soul introduced? The soul is attached 90 days after fertilization, but before it is in the electromagnetic field of the mother preparing the astral body.

### **Spiritually we are all one**

We are all one because we are immortal children of our Father and we are united by the eternal bonds of brotherhood.

We are all able to eliminate hatred and selfishness from our hearts to achieve a new world of peace.

We are eternal, we are spirit, and we are a spark of the infinite, the authentic source of life.

Why do we need the body? We need the body because it is our vehicle, to live, to relate, to interact with other people, to be able to fulfill all that we come to do, which is our mission of life. Some are aware of it, others are not.

We think we are the body because it is what we see, what we feel and care for, but it is ephemeral, it only fulfills the function of living for a certain time and disappears.

Although the body is not our reality, it has to meet many needs and its perfection and wisdom is so much that we still do not know it at present.

Ancient cultures like the oriental ones, spiritually more evolved than the West, have given us their knowledge, although most of us have not accepted or understood it. Now it seems that they begin to help us to understand that the physical body is also energy.

**We are vibration, sound and resonance (affinity law)** (see M.R.P Primary Respiratory Movement - Poyet Method - in chapter 16)

The whole universe and we are in **vibration** and movement that pulsate continuously. Every person vibrates in their specific frequency.

**Resonance** is the frequency in which we vibrate with the ability to respond to any external vibration.

Depending on our movement and vibration we have our sound, which contributes to the unity of the whole, creating forms.

*"If you want to understand the Universe, think in terms of frequency, energy and vibration"* Nikola Tesla

Example of fundamental sound: you hear "OM" in our right hemisphere (see "OM, the cosmic sound" in chapter 4).

Considering that our body possesses vibrational energy, we see that a great number of vibrational therapies for health arise, accepted by a part of the population with abundant successes.

## **We are geometry and mathematics**

Developed in Chapter 2.

## **We are the Cosmic Consciousness**

We are the Cosmic Consciousness that has adopted individual forms. We are all one. We are the immortal "I Am".

Beyond the body, our thoughts, our actions, our Being dwells. We are infinite, unlimited, and indefatigable. We are eternal bliss.

Synthesizing, we are only consciousness, which is part of a single consciousness that is God. Man is, then, a prison of matter that imprisons a spark of divinity. Only those who know that this spark is the soul, walk the way back.

Gnosis means "knowledge". Through knowledge you know that in this lower world everything is transient except this divine spark, which connects you with the higher world, with the unique God. After our death, this divine spark is released in the bosom of the higher world.

If you do not have this knowledge, the spark is vague, lost ... "Only those who know themselves learn the knowledge of everything".

## **God or the Source of Everything is**

God the Father is the Absolute, Unmanifested, existing beyond the creative vibration. God the Son is the Christ Consciousness, existing in the vibratory creation. The manifestation of the Christ Consciousness, its "Witness" [Revelation 3:14] is Om (Aum), the Word or the Holy Spirit, Divine Mother, the divine invisible power, the sole doer, the only causal and activating force that structures all creation through the

**vibration Om**, the blessed Comforter, is heard in meditation and reveals to the meditator the Supreme Truth.

"By becoming fully aware of my unity with God, I will recover my condition as his son, without asking I will receive all prosperity, health and wisdom.

I dreamed that I was a mortal being, but now I am awake. The dream that my soul is imprisoned in a body cage has vanished. I am all that is my Father".

**"And he will remind you of everything I have told you"** Paramahansa Yogananda

Humanity thinks that **God** is a human being and they are wrong, because it is a consciousness, an **interdimensional cosmic** radiation called **Cosmic Consciousness**.

We are a particle of God. Talking about God is difficult for us, but we have experienced in meditation that he is peace, love, unification. Until we understand it, there will be wars, confrontations, tensions.

We share God at the moment we make the connection with our **"higher self"** = internal Master over the astral.

To have a quantum consciousness is to exist in several planes in parallel. To have a metaphysical consciousness is to exist in other galaxies.

## **The origin**

*"The primordial origin of all material objects and vibrations is found in the Cosmic Consciousness. Matter is condensed physical energy, physical energy is condensed astral energy and this in turn is the condensed force of God's original thought. Therefore, the Cosmic Consciousness is hidden both in the interior of matter, physical energy, astral energy and thought or consciousness"* Paramahansa Yogananda.

The infinite Cosmic Consciousness has created human consciousness and is within it. The human consciousness was clothed in two layers, the causal magnetic forces that engendered the astral body of luminous vital energy and the physical body.

In this way the **Kingdom of God is not separated from matter, but it is within it** because it is its origin and it is also beyond the limits of the Cosmos.

*"... the Kingdom of the Father is spread over the earth and men do not see it"* Thomas, v. 113.

It is believed that the Kingdom of God is a physical place beyond the stars but we should not look for it outside, we should look for it in our interior, in the transcendental states of the perceptions of the soul, in the inner stillness with a great sense of peace, first state of the interior Kingdom of God.

The peace that is experienced in meditation is the soul itself and through deepening, the immense peace is God and with the love that arises is experienced the joy that is never extinguished being much superior to peace.

The yogi begins with the breathing exercises by inhaling and tensing the whole body to then exhale and relax until reaching a corporal stillness. Continue with the practices of concentration to achieve mental stillness. Through the stillness of the body and mental stillness, the peace of the soul is achieved. Expanding this peace, the consciousness expands through the universe to enter the Cosmic Consciousness, achieving the joy that never extinguishes and satisfies the longing of the human heart.

This joy is a birthright of the soul. The human being does not know this truth because his conscience is conditioned by the voluble mind, but this mind can be quieted to come face to face with the infinite in divine communion.

Today's meditation has to be deeper than yesterday's meditation. And it is that the Kingdom of God is within you, in the thoughts, emotions, actions, because they are powers that you have received from God. In constant breathing, in the heartbeat, in the strength of your body, in your will, in your wisdom, etc.

Everyone who perseveres in meditation will enter the Kingdom of God in this life and will be free for all eternity.

In prayer and in meditation. *"Ask and it will be given to you; seek and you will find; knock and it will be opened to you. Because everyone who asks receives; he who seeks finds; and for the one who calls it will be opened"* Matthew 7: 7-8

**We are manifestations of our only Father-Mother.**



# CHAPTER 4

## MEDITATION

The power of the churches and temples will disappear and the temples of sincere souls, united to God, will arise. The beings that meditate with devotion and act according to the teachings of the masters will receive the Christ Consciousness in their heart.

### Pre-meditative practices

- **Nadi Sodhana** or Tranquil breathing or Breathing by alternating nostrils.
- **Kriya Talabya** or elevation of the tongue.

These practices are not essential to meditate, but they are recommended.

### **Nadi Sodhana Pranayama or quiet breathing or alternate nostril breathing:**

This breath is used to clean the nostrils and the subtle astral channels for the practice of meditation.

Benefits: It calms the body and mind and helps you become aware of the energy that flows up and down the spine.

Nadi Sodhana practice:

It's a seated position



Contract the index and middle fingers. Keep your ring, pinky and thumb fingers extended.

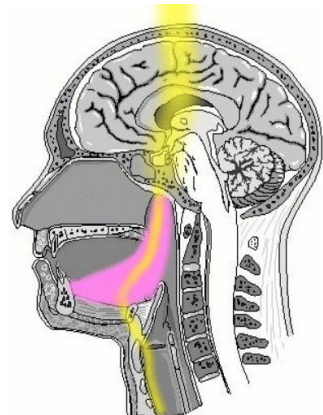
1. Gently close the right nostril with your thumb. Keep the left nostril open.
2. Inhale through the left nostril for approximately 7 seconds. Then pause for 3 seconds.
3. Close the left nostril with the ring and the little finger. This is achieved with a slight wrist movement.
4. Exhale through the right nostril. Keep your hand in the same position and inhale through the right nostril. Wait 3 seconds and then exhale on the right to start inhaling again with the right.
5. Close the right nostril and open the left nostril, turning the wrist, and exhale completely through the left nostril.

Steps from 1 to 5 are a complete cycle that must be repeated a minimum of 3 times to a maximum of 12 times. Then return to normal breathing.

**Kriya Talabya** - The tip of the tongue and the upper part of the palate

"All the ancient techniques of meditation speak of how the tip of the tongue and the upper part of the palate are the key to the opening of consciousness."

There is a specific point in the soft part of the upper palate. When the tip of the tongue touches this point, it opens a connection that goes up to the brain to the thalamus (2 huge oval glands in the back of the head) and the pituitary. The alpha waves are triggered and the **pineal gland** is put into operation, in the center of the head, also called the third eye.



When the pineal gland opens and starts, it can access the Akashic Archives and all the old memories. This is achieved through the heart and tip of the tongue.

What is the relationship between the two? If we observe the moment of conception, the ovule is subdivided, and when it reaches the division into 512 cells a radial field is formed, similar to an apple or to the magnetic field of the Earth. When this radial field continues to grow it becomes the human heart. In this moment, before the fetus is formed, we are only heart. There are no arms, no legs, and no brain. Doctors and scientists are trying to understand how the heart can develop if there is no intelligence, there is no brain, there are only 40,000 cells, but they are brain cells, they are neurons. Thus, yes we can affirm that there is intelligence within the heart.

The human body emerges from the heart; arms, legs, brain, feet, etc., and the heart is located in the chest. But what is the first thing that emerges from the heart? The tip of the tongue. So there is a direct relationship between the tip of the tongue and a sacred place in the heart.

Thousands of years ago we knew how to connect the tip of the tongue with the brain and reconnect with the heart. The **truth is that you create from the heart and the brain obeys**, it will do what you say. The brain is a function of the heart and when we get back to the heart and the mind does what we ask, we can create in the light, there is no dark side, and this is the **Ascension**.

Kriya Talabya practice:

Close your eyes and mouth while sitting in the meditation posture. First the tip of the relaxed tongue touches the back of the teeth of the upper jaw before pressing against the upper palate. Bring the tongue up and back to place the tip on the soft palate. Without forcing, bring the part of the tongue as far back as you can. It is practiced by breathing slowly and deeply through the nose.

Second, tighten your teeth. Benefits:

- It is stimulating the brain and the endocrine glands.
- It helps to regulate the vital functions of the organism.
- Activates the throat chakras and the eyebrow or third eye chakra.
- Preserve a deeper state of consciousness.
- Induces the state of meditation.

This practice can be experienced anywhere and any time but it is recommended before meditation.

## Meditation

Daily meditation leads to well-being during your practice and to improving your relationships with others. At work, by increasing our attention, concentration and the ability to improve the relationship with others. This practice has been studied within the company and it has been verified that it reduces casualties and conflicts and increases resilience and generosity.

With meditation it is a matter of returning where the Spirit came. The soul descended by a straight path, the spine, and must travel back this way. It is necessary to know how to meditate, how to disconnect the attention of the senses and maintain the consciousness in the "**spiritual eye**" that is in the eyebrow, it is the omniscient (it is the absolute knowledge) light that manifests the spiritual center of Christ Consciousness.

This **eye of light and consciousness is perceived** in a golden halo. The spiritual eye is triple. The external golden ring is the vibratory light of the Holy Spirit and the representation of creation. The blue circle inside the golden ring is the light of the Christ Consciousness. The bright white 5-pointed star in the center of the blue circle is the Absolute, the only true substance, the portal that leads to the light of the Cosmic Consciousness of the spirit through which one ascends to God the Father.



Attention and awareness cease to be directed to the external world and begin to orient themselves to the inner world to free themselves from restlessness and focus on God. The 5 senses are closed to focus on the center of divine perception, located in the eyebrow (6th chakra).

By withdrawing from the senses, the vital force and consciousness reveal the light of the spiritual eye, through which one reaches the domains of divine consciousness. It is an effective way to get promoted as prodigal children to the Father.

When the eyes are focused immovably on the eyebrows, the breath and the mind are calm, the tricolor light of the spiritual eye is formed. Consciousness takes us into this light into another world. The first manifestation of being in contact with God is a sense of peace and well-being. Once you have connected with this peace we will be concentrated with the sound "OM" Oooooooooooooommmmmmmmm to reach deeper stages of peace and consciousness. In addition to the eyebrows, keep looking up at the top of the head (7th chakra), for another point to fix the view. The feeling of peace and well-being also extends to the external world, to all beings and in all circumstances.

Looking at the spiritual eye produces peace and purity and is the representation of a dove.

It does not matter where we were born or what religion we're affiliated with, we just have to know that what we need to ascend to the Divinity is **inside us** and that we are all children of God. This is the message of Christ. Fraternity with others and sonship with God. We all form the same family.

- We will meditate regularly to maintain a true balance

- With the comforting veil of peace of the Divine Mother (feminine aspect of God), I will cleanse my conscience of the frightening nightmares of sickness, sadness and ignorance.

## **Meditation: scientific opinion**

Why do changes happen in meditation? Scientists tell us that the brain is neuroplastic. Meditation transforms neural circuits creating new neurobiological circuits.

Meditation on pregnant women is also being studied, because it is believed they can also improve the circuits of the embryo, especially during the formation of the brain, which occurs in the first 16 weeks of gestation and thus increases the capabilities of the child.

According to the writer and engineer Félix Torán, meditation increases the connection of the left hemisphere with the right hemisphere and more connections are established with the different areas of the brain. During our youth, we have great potential to discover because the mind is quantum, we are energy-light-matter and consciousness.

## **How to meditate**

To meditate you must first take land that is, put your feet on the ground and your head in the sky. The grounding defends us from entities along with our anchoring with our master: "I anchor with ..." If we are sitting and we cover the chair with a silk cloth that reaches under the feet, we will isolate ourselves from the magnetic currents of the earth.

At important times of the day like when we wake up in the morning, before going to bed and before meditations, it is essential that we anchor.

To anchor is to open our perception with our mind and our heart to contact our internal hierarchies as the "**Higher Self**" or Internal Master, seeking within ourselves humility, unconditional love, serenity and peace. We also anchor with our master or external masters such as Buddha, Jesus, Yogananda, Gandhi, Enki, etc., beings that are in the light.

We begin the meditation by closing our eyes and raising the internal gaze, without forcing it, towards the eyebrows, approximately 1 cm higher than the level of the eyebrows, because it is the seat of the spiritual eye or third eye, where the divine perception is situated. The point where the Christ Consciousness manifests. It is also the center of concentration and will.

If we look at this point with intention, we can see a light, which can be different colors. If you see it, look at the center of it. This is the spiritual eye or the cave of stillness, also called the cave of God. Then we can speak to this divine light sincerely, from the heart. Ask God to manifest, to respond to us. The first response of God is a great sense of peace that spreads throughout the being.

Then we feel that there is a lot of power and strength in our soul. We feel that we are not alone, we have help, because there is a power superior that we can go to, and besides, we are also part of Him.

In meditation we are like a wave of the great ocean of God. The wave is sustained, it is not alone, because it has all the sea below it.

The more we connect with God, the more inner happiness we receive. It is inner joy or bliss, which radiates towards others with understanding and compassion, trying to make them happy.

There is also **active meditation**, which consists in concentrating attention on the here and now, with a concrete activity. It is to be with us, silencing the mind by describing the action we take-I'll take this to do this and then I'll do this ...-. We are only focused on the action with full attention.

With this description of actions and concentration we managed to focus our attention without mental noise, with silence, with peace, that awakens the conscience and the soul asleep.

## **When to meditate**

It is fantastic to meditate before the day begins. It is a moment of great tranquility, of mental stillness, because the memories of yesterday are blurred. We are with the attitude of receiving the day and there are no fears. There is hope that the day will pass and we are strong and prepared for what happens, whether it is pleasant or conflictive, it does not matter because we are in peace, harmony, creativity and illusion.

## **Where to meditate**

We have to establish a quiet place with uninterrupted silence. We can use earplugs as temporary help, and then they will not be necessary. In addition to a quiet place we must find enough time to meditate. 20 minutes is enough to begin with.

To meditate, it is better to look to the east and the half-lotus posture or lotus position is appropriate. If none of these positions allows you to feel comfortable, better to sit on a stool or chair without arms. You can meditate sitting, lying, standing, walking, eating.

The thighs will be parallel to the floor and the back free of contact with the back of the chair. We will put our hands with crossed fingers on the lap to maintain the energy of the body or on the thighs. If we notice a tendency to lean forward, we can place a small pillow on the back of the seat.

When we are in the meditation posture, we will start with the breathing of the alternate nostrils, called Nadi Sodhana. This breathing



is recommended to be a habit because it calms the body and the mind, and helps us to become aware of the energetic currents that flow up and down the spine.

Later you can add another breathing technique called Pranayama Ujjayi, which is practiced to strengthen the diaphragm. Calm the breath and help the flow of prana or vital energy.

The most advanced practitioners of Kriya yoga experience the OM vibration - sound of many waters - and the light of the Spirit by the "straight path" of the spine towards the light of the spiritual eye, to perceive the Cosmic energy and the Consciousness of God in the infinite Bliss of the spirit, the Samadhi or ecstasy, the vibrations of light. The vibration of the OM sound and the vibration of light are the only reality of creation.

## **Meditation in the West**

It is not by chance that meditation and yoga in their various forms are nowadays written and practiced in multiple centers. The time has come for us to uncover the spiritual aspect in the West to stay with its essence, with the most important thing in the life of the human being, its communion with God, as a son would do with his father. Directly, without intermediaries, as Jesus Christ did, who did not go to the temple to pray but retired only to speak with his Father in nature.

When possible, it is better to practice meditation in contact with nature as He did.

In the West we tend to meditate sitting, with our hands on our thighs or crossed in our laps to maintain our energy. We can meditate sitting on a chair or stool. The seat should be hard, without quilting and you should sit on the edge with the soles of the feet completely flat on the floor and spaced shoulder-width apart, parallel in the case of men and at a 45° angle in the women's case. The back should be straight from the crown to the coccyx.

In meditation it is essential to keep the back and neck erect. A spine that is not upright misaligns the vertebrae and causes pressure on the nerves, so that it maintains the vital force in its state of bodily consciousness and maintains the mental restlessness. An upright spine and awareness focused on the spiritual eye allow the Christ Consciousness to be received.

In meditation, the chin should be parallel to the ground, in addition to keeping the back, neck and head erect. You close your eyes and concentrate on your eyebrows, which is the center of calm and concentration. The erect back so that the vital energy flows through the spine and the concentration in the eyebrows, to get to visualize the spiritual eye.

**If we have back pain, we can meditate lying down.**

## **Benefits of meditation on the physical body**

If all the benefits were known, there would still be many more people practicing it. According to the statistics of some health insurers, those who practice meditation have:

- 87% less heart disease.
- 55% fewer benign and malignant tumors.
- 30% less infectious diseases.
- 50% fewer visits to doctors.

Meditation reduces blood pressure, relieves chronic pain, reduces insomnia, lowers blood sugar levels in diabetics, rejuvenates and helps in case of addictions. Meditation improves health, work and our relationships with others. It helps us in the day to day to concentrate more on the here and now. It also helps us to relax more quickly, reduces stress, gives us mental calm, benefits our immune system, gives us energy, reduces worries, helps us increase memory and creativity.

Synthesizing, we are happier because we increase our self-esteem and esteem others.

However, the most remarkable benefit of meditation is that it raises awareness towards God.

## **Meditation on God**

The essential purpose of meditation is that concentration in which, freed from restlessness, we focus only on God, in its two aspects: as the Divine Father in the masculine aspect and as the Divine Mother in the feminine aspect.

The first manifestation of his presence is the feeling of peace that then transforms into an ineffable joy.

When we find God within us, we also find him around us, in all beings and in all circumstances.

As children of God, we are a channel through which flows all the divine creative power and all its infinite riches.

Meditation on God is a source of information to keep moving forward.

*"Ask and it will be given to you, seek and you will find, knock and it will be opened to you. For everyone who asks receives, the one who seeks finds, and the one who knocks will be opened"*

Matthew 7: 7-8

## **OM, the cosmic sound**

In meditation or in any silent space and with practice in the murmur of life, we can hear the cosmic sound OM (Oooooooooommmmm). It is the murmur of the infinite atoms. We can hear it on the right side of our

head. This sound is the voice of God, which expands through our brain, down our spine and into our heart. It resonates throughout our body, in every nerve fiber, in every cell.

Meditate like this cosmic sound, which spreads throughout the earth, throughout the solar system, through all the universes ... and penetrates the cosmic rays of light and merges into the fire of the cosmic energy so that both merge in the ocean of consciousness and cosmic joy. And now this sound merges into the light that penetrates into the bosom of infinite bliss.

The continuous "noise" in which we are immersed, the restlessness of the mind and the rest of the senses, impede us to feel Om. When we practice meditation the sounds of the chakras appear and later, with daily practice for some time, you can also hear the various sounds of Om during daily activities.

Om is radiant light, it is the sound of the Cosmos and its creation that manifests itself in different Oms. Om is something more than sound and light, because it leads us to experience peace, power, love, beauty, wisdom and perfect joy.

Om sounds that we can tune in the first 6 chakras are:

- The sound of the first chakra resembles a bumblebee.
- The sound of the second chakra resembles a flute.
- The sound of the third chakra resembles a harp.
- The sound of the fourth chakra looks like a gong.
- The sound of the fifth chakra resembles a roar of an ocean.
- The sound of the sixth chakra resembles the sound of a bubbling stream in the forest or the sound of a strong wind.

### **How to meditate for the first time?**

For people who have never meditated, I would recommend the Vipassana meditation of India, which is more than 2500 years old and was born as a remedy to the universal evils. Its goal is to free the mind

to achieve inner peace. It is a process of self-purification through self-observation of the breath. Observation of the entrance and exit of air through the nose, without modifying it, to later observe the changing nature of the body, any physical sensation that you feel in the body (itching, pain...). Observe without judging.

## **Yoga**

Yoga is the path that unifies all seekers of different beliefs as they finally approach God.

The highway to God passes through the spine, where the consciousness of the body is transcended to reach the Christ Consciousness and one enters the infinite kingdom of God.

*"True union with God dwells within us, in the cave of stillness, in the cave of serene intuitive wisdom, in the cave of the spiritual eye"*  
Paramahansa Yogananda

The soul is imprisoned to the body through the bars of Karma - path - and whole lives of desires, search for materialistic habits.

Moving the vital energy can destroy the millions of karmic records so that the soul becomes liberated and identifies with the Spirit and begins to realize the wonderful omnipresence of God.

Yoga was discovered in ancient times by the rishis of India to know God as a true personal experience.

Yoga means union. It is the union of the individual consciousness with the Universal consciousness or Spirit. Nothing we can achieve fully satisfies our longing. "Be quiet and know that I am God." Only in stillness can the state of joy be acquired.

The ancient spiritual and universal science of yoga is the means to calm the mental and bodily agitation, which prevents us from knowing

ourselves. Yoga achieves the divine union of the soul with the spirit, man with his maker.

**Yoga has different branches** and all of them are oriented towards the same goal, reaching union with God.

**Hatha yoga:** It is a set of physical postures, called asanas that lead to purify the body internally to perform meditation.

**Karma yoga:** it is the way of helping others, in a disinterested way, to consider them part of our being, following the will of God.

**Mantra yoga:** it consists in putting the conscience inside us through words and sounds that are part of the spirit.

**Bhakti yoga:** It is the path of devotion and adoration, seeing God in all beings and all things.

**Guiana yoga:** It is the search for wisdom and discernment to reach spiritual liberation.

**Raja yoga:** It is the most complete and elevated system. Integrates the essentials of the previous ones. It was structured by a wise man from India, **Pantajali**, in the 2nd century BC to go towards conscious union with the infinite bliss of the Spirit. It is the fastest and most effective procedure to achieve the goal of yoga, because it uses meditation methods that act directly on energy and consciousness.

Raja yoga, after getting lost in the Ancient Age, was rediscovered in the 19th century by Babaji, who gave it the new name of Kriya yoga.

**Kriya yoga** is the same science that Krishna gave his disciple Arjuna thousands of years ago. This knowledge was later received by Pantajali, Jesus Christ, Saint John and other disciples.

Through the technique of Kriya Yoga, man can reach the Christ Consciousness, transcend the subconscious to reach superconsciousness in the ecstasy of God. This is the transformation

needed to be born again. That is, again in the Spirit, with the ability to see the kingdom of God and enter it in this life.

When you have an intense desire to know the Truth, God gives a master who implanted his love in your heart to get the second birth.

Normally the human being has a very materialistic mind, focused especially on food, sex and money. He tries to improve his earthly existence and has forgotten his spiritual inheritance as a son of God that is, his birthright. When someone wants to share with them subjects such as the mystery of life, about God or the hereafter, they react with amazement, treating this person as if he was not in his right mind.

Sooner or later, after painful incarnations with materialistic desires, the soul of each being will feel an intense longing to know the Truth.

After Jesus spoke with Nicodemus about the second Birth, he also told him that everyone can achieve what he achieved and in this way he said: *"And just as Moses raised the serpent in the desert, so the Son of Man must be lifted up, so that everyone who believes may have eternal life in him and not perish."*

Jesus Christ shows that each son of man must rise from the plane of the senses to the astral realm, reversing the vital energy that is directed to the world of matter to elevate it in the same way that Moses raised the serpent in the desert. The desert means the silence of meditation, where all desires cease and the soul rises through the same path through which it had descended. From the consciousness of the body to the divine consciousness.

The serpent means the spiral of energy or serpentine force - Kundalini - that remains coiled in an astral knot at the base of the spine, waiting to be consciously ascended to open in its ascending path the astral cerebral-spinal spiritual centers until reaching the center of the divine consciousness located in the brain and, from there, to the omnipresent Spirit.

In each meditation we automatically realize the inversion of the vital flow and the consciousness that leaves the matter and rises towards God. When we raise the current that starts from the base of the spine by means of right thinking, right feeling, right acting and meditation, we move away from the materialistic and egoistic world. In order to enter into a gradual change of the Consciousness of the "Son of Man" until reaching the Christ Consciousness of the "Son of God". Jesus said that all souls, whatever their different creeds, can release their continuous consciousness of matter and submerge it in the vastness of Omnipresence by attuning oneself to the Christ Consciousness through the science of meditation, in order to achieve ascension with it.

When the human being gets the Christ Consciousness, he can reach his maximum spiritual aspiration, the **Ascension of the Spirit at the moment of death.**

Free souls, like Jesus, dwell simultaneously on the physical plane and in the astral and causal realms. It is the highest state of ecstasy of the divine consciousness, defined by yogis, advanced practitioners of yoga, as "nirvikalpa samadhi", a state without difference between external consciousness and internal communion with God.

The life of the earth is like living in heaven despite external circumstances.

Humanity has not wanted to understand that **there is only one God, as Jesus taught, for all religions.** Centuries and centuries of misinterpretations have instigated hatreds, intolerances, inquisitions, sentencing trials, wars, terrorism, fear...

For all humanity there is the possibility of leaving behind the obscure materialism of ignorance to reach the light of spiritual understanding full of hope, which frees us from the repeated cycles of birth and death, and from so much unnecessary suffering.

**The truths that Jesus taught went far beyond belief.** Belief leads us to dogma and narrow-mindedness and slows the evolution of being. There is no longer a search for truth or spiritual progress.



The spiritual progress is worked through personal experience, in the temple without walls of conscience, through the search of God in meditation and in the ethical behavior of the individual.

*"And the condemnation is that light came into the world, but men loved darkness rather than light, because their deeds were evil. For everyone who does wrong hates the light and does not approach it, so that no one censures his works. But the one who works the truth approaches the light, so that it becomes clear that he acts as God wants"(John 3: 19-21)*

But in each being there is the light of awakening, of the soul, which, exhausted from having suffered the consequences of its acts, seeks consolation towards the light of wisdom and Truth to experience the inner peace and joy resulting from the established changes.

**It is never too late to go on the spiritual quest** by changing habits to be born again. After the beginning of this new life, the spiritual eye of intuition is opened, that then becomes a guide to the Omnipresent Consciousness.

## **Creation - Spiritual Centers - Paramahansa Yogananda**

Before the creation there was only the unmanifested Spirit and in its creative activity it diversified into **God the Father, Christ Consciousness and Holy Spirit or Divine Mother**, feminine aspect of God.

God the Father is the Transcendental Intelligence, independent and conscious Cosmic Consciousness, although it is obvious that we can not define it.

The Holy Spirit is the Cosmic Vibration, the word Om or Amen. This Cosmic Vibration condensed to constitute the necessary elements: thermal, electric, magnetic and the whole range of rays to give rise to

gases, liquids and solids, because the word has a vibrating sound with the power to materialize.

The Cosmic Vibration creates and sustains the cosmos thanks to the Divine Intelligence present in all creation, which is the Christ Consciousness, according to the divine purpose.

The name that indicates the Holy Spirit is Om or Amen, which contains 3 aspects, the **creative** vibration, the **conservative** vibration and the vibratory force of **dissolution** to give renewal to life and forms according to the cosmic dream of God.

Thus the word Om or Amen is the witness of the Divine Presence manifested in all creation.

It is necessary to make a distinction between Jesus and the Son of the Trinity. **Jesus** said it very clearly, **he never said it was God**. When he refers to his body he says that he is the "son of man" and as for his soul, he says that he is "son of God", one with the Christ Consciousness.

According to the teachings of Jesus all those who were capable of the purification of Consciousness and of receiving the power of God through the Christ Consciousness could become "children of God" and ascend to the Father, the supreme Cosmic Consciousness.

The sage Patanjali, the highest of India in the science of yoga, describes God the Creator as the Cosmic Sovereign and his symbol is Om. By chanting Om in a respectful and repeated way and meditating on its meaning, the consciousness is directed inwardly away from the external senses.

### **Spiritual centers**

The human being has spiritual centers, in the brain and spinal cord within. The yogis know these centers and also Jesus and some of his disciples like John, who describe them in the book of Revelation as the

7 seals or 7 stars or 7 churches, with their 7 angels and 7 golden locks. (Seen previously in the Biblical Theory of the Apostle John)

Yoga explains how the Spirit descends from the Cosmic Consciousness to matter and manifests itself in all beings and how it must ascend through these centers to reach union with Him.

The soul descended through the spiritual centers or chakras and through the process of meditation we can ascend to the Cosmic Consciousness going up through the 7 centers.

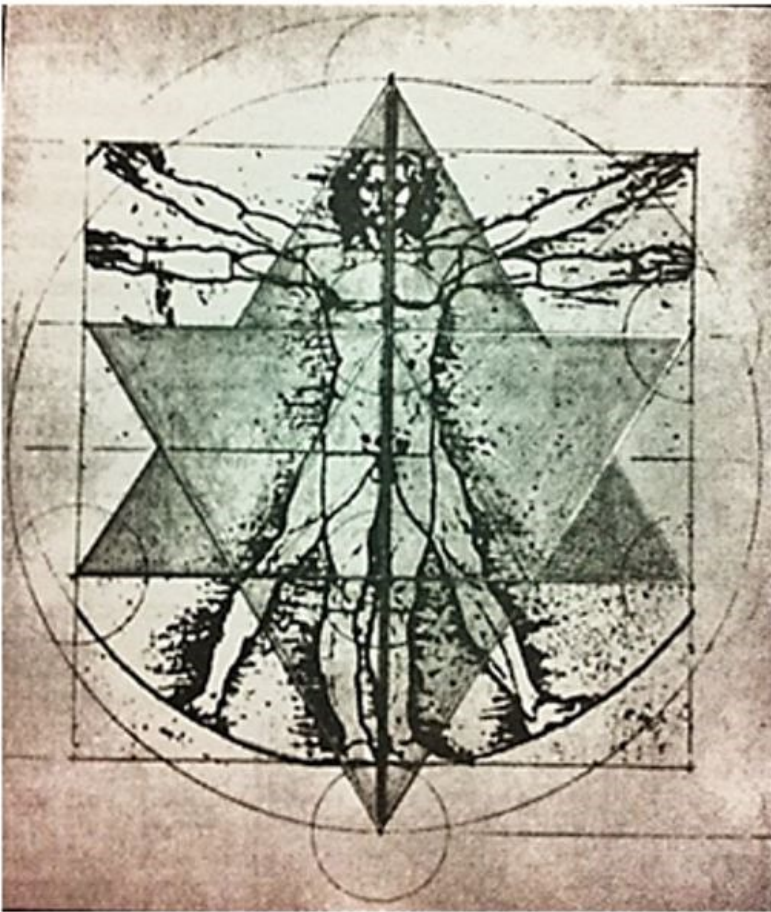
There is some confusion about the situation of the main chakras. Actually the 6 lower chakras are all inside the tube of the spine. This tube is called Sushumna and is the main energy channel or also called Nadi. This tube begins at the base of the spine and reaches the top of the spinal cord, where it bifurcates anterior and posterior of the head to meet again at the top of the head. There are two other nadis outside the central Sushumna canal, which are parallel to the central one and are activated through breathing. Pingala is on the right and Ida is on the left.



## CHAPTER 5

### THE MER-KA-BA AND THE MER-KA-BA MEDITATION

There are many kinds of meditation, but this is fundamental because it makes us aware of our body of light, in and around the body. The external form is a ship with a flying saucer. Internally it has electromagnetic fields with thousands of geometric relationships with the center of the sphere.



**Leonardo's Canon with tetra-star Mer-Ka-Ba. On the vertical axis, the central prana tube.**

By knowing the sacred geometry and who we are it is easier to understand our Mer-Ka-Ba as a body of light, spirit and matter.

With the pattern of sacred geometry and with the form known as Mer-Ka-Ba, the spirit of God was introduced into his own creation and he began to experience what he had created.

The Mer-Ka-Ba is part of the human consciousness, of the body that is surrounding. Anyone can do it, but it must be created from the heart, because the mind polarizes and the original creations were in the heart, not in the brain.

The Mer-Ka-Ba - sacred geometry - was discovered in Egypt and in many other countries of antiquity. In Egypt Mer-Ka-Ba means "a light that rotates and that can take the spirit and body of one world to another". In Africa the complete Zulu tribe came from another dimension to the earth using the Mer-Ka-Ba.

In antiquity they used the Mer-Ka-Ba the ancient Mystery Schools of Lemuria, Atlantis, Egypt,...

In today's world there are many masters who dedicate themselves to teaching it.

There is talk of Mer-Ka-Ba in biblical, apocalyptic and esoteric literature. It was the source of knowledge of the first Jewish mystics of the first and second centuries of our era. Many of its keys are found in the Book of Enoch, in the experiences of the prophet Elijah leading to heaven in a chariot of fire, in the vision of Ezekiel (1: 4-26) and in other manuscripts. Ezekiel ascended to heaven with the Mer-Ka-Ba. In the Torah Mer-Ka-Ba means "chariot" and "the throne of God."

The mystics, with their Mer-Ka-Ba, tried to reach the throne of divinity through a series of meditations and rituals, including sacred geometry.

Currently there are many people interested in accessing this knowledge to reach higher levels of consciousness expansion; to synchronize the two cerebral hemispheres and achieve mental and emotional balance; reactivate the pineal gland; integrate the masculine

and feminine aspect of the personality; and especially for the expansion of the DNA spirals, going from the double spiral to the 12 braids of the past.

## **Energy flow and energy fields that surround the human body**

**Prana or Chi:** It is the vital energy, a subtle and floating intelligence that maintains the physical body. This energy exists throughout the universe in large quantities. It is represented by the **icosahedral or pentagonal dodecahedron** as in the cover image of my book "Cancer approach from a global perspective" "Actuar en el Cáncer desde una visión global". It is also the right side of the Earth's brain.

**Energy flow:** The Prana is introduced through the crown and through the first chakra - the lower one - and runs through a flowing tube, through the 13 main centers known as the Egyptian Chakras - rotating wheels-. From the Chakras come energetic lines called meridians, which reach each cell.

## **Energy fields of the human being**

The fields have geometric shapes.

- The **Prana Field** surrounds the meridians and the flow of Prana. Prana is the same as ether and tachyon energy.

The Prana Field is the tetrahedral star, the Star of David but three-dimensional. The human being is able to rotate 2 of the 3 tetrahedral fields in opposite directions when using the ancient breathing technique Prana. Thus we create a huge energy field of 15-18 meters in diameter, our light.

- The oval field of aura is the one that surrounds our body and changes color according to our thoughts, emotions and feelings.
- Electromagnetic fields. We have hundreds of electromagnetic fields, which have geometric shapes. Each of them has 3 identical fields with the same size and shape.

The human being is surrounded by numerous geometric fields of energy, which are electromagnetic in nature.

But not only is the human being surrounded by geometric fields. Derald Lamgham (American agricultural geneticist) studied the sesame seed and found the tetrahedral star around this seed, which led him to discover that all the seeds possessed it.

## **What is the Mer-Ka-Ba technically?**

It is an electromagnetic field of 4<sup>o</sup> Kelvin, which in the 3rd dimension is in the microwave beam, of sacred geometric nature, which defines the patterns of creation and is found in everything created.

It can change its electromagnetic nature to any other appropriate one. It is believed that it extends through all dimensions and **parallel universes**.

### **Parallel universes**

David Deutsch was born in 1953 in Haifa, Israel. He is a quantum physicist and writer at the University of Oxford, a member of the Royal Society. He is one of the defenders of the existence of parallel universes, coexistence of several apparently independent realities. It is difficult to understand, but it can be demonstrated mathematically. The universe has a tree structure.



There are parallel universes just as there are parallel planets (the Earth has a parallel planet that is close to it). All human beings have parallel lives.

The geometry of the Mer-Ka-Ba involves the 5 Platonic solids and other sacred polyhedral.

The "computer" that guides the Mer-Ka-Ba is first the Heart and second the Mind.

The Mer-Ka-Ba is known by the **most powerful governments**. In 1943 the USA used it in the Philadelphia experiment and in 1983 in the Montauk experiment. They were two failures, since evidently they did not use either the heart or the unconditional love.

As in ancient Sumer, Egypt and the Indus Valley civilizations, the human race is now reminding it all over the world, giving rise to a great leap in consciousness, which could be the great shift towards ascension toward the 4th dimension.

The Mer-Ka-Ba meditation technique - light and protection vehicle - is recommended to be practiced for 5 or 6 months to integrate it.

This knowledge is open to all those who seek the truth, with a pure heart - Unconditional Love - and a humble spirit.

## **Science - Spirit**

Modern quantum physics, quantum theory with superstring theory, membrane theory and others are the ancient mystics who have succeeded mathematically in the logical basis of theories to explain the existence of the cosmos and the existence of a supra-dimensional consciousness.

The difference is that the physicist has mathematical bases, has logical laws that he uses as a basis and the esoteric one does not have laws,

he simply has the intuition but he does not have scientific data that gives him credibility.

## **String Theory**

In current physics, the complexity of string theory is such that great modern scientists such as Paul Davies and Ervin Laszlo say that the universe or the universes could not exist without an intelligent order, without an omnipotent constructor or God.

Universes are not just random vibrational forces between solids, liquids, gases and subatomic particles. It takes an intelligence that governs these forces to bring them to a continuous evolution. This intelligence is called Christ Consciousness manifested in Jesus, Krishna and all the Ascended Masters. Jesus said that this Christ Consciousness could also be manifested in our own consciousness.

All the vibratory force of the universes is an external manifestation of the Omnipresent Spirit that expresses itself from the consciousness of minerals and precious stones with its magnetism and its chemistry to that of plants with its beauty and its vital force, also in animals with its movement, beauty, variety and power, in the human being as expanding power to reach the superman where his spirit joins the Omnipresent Spirit, becoming a Christ and becoming sons of God.

String theory is a physical model that relates matter to forces: gravity, electromagnetism and the 2 weak and strong nuclear forces. From this theory everything is composed of strings or filaments vibrating on multiple dimensions.

The universe is expanding rapidly. Dark energy grows continuously and today accounts for 70% of the entire universe. The more the universe grows, the more dark energy there is.

The Theory of Multiverses or String Theory proposed by physicists and other scientists states that there are 11 spatial dimensions.

The Vedic theory thousands of years ago in India states that there are 3 physical dimensions plus 4 astral plus 5 causal, which are 11 spatial dimensions plus 1 multiverse dimension.

The first reference about multiple universes comes from the Vedic literature, between 800 BC and 200 BC, specifically of the Bahavagata-Purana, written by Viasa.

Consciousness is created first and then reality manifests itself outside of it, as one's desire in the state of evolution. The complexity of consciousness in its expression is found in the universe or universes and in all its dimensions.

The theory of the multiverses has created controversy in the current scientific community, but science is always slower than the spirit. There would have to be scientists who considered the binomial science - spirit.

In 2013, Laura Mersini (cosmologist and theoretical physicist at the University of North Carolina) and Richard Holman (professor at Carnegie Mellon University) said they had discovered conclusive evidence of the existence of "multiverses", other universes outside of ours.

## **The Mer-Ka-Ba – A Vehicle of Ascension**

Every plane of existence has a body that is connected to the Mer-Ka-Ba. One of the keys to accelerate evolution is to anchor, activate and update our bodies that are connected through DNA recoding, aided by balance and inner peace.

## **The light body or spiritual DNA**

It is the blueprint of the purpose of our life and the divine potentialities is the "Divine" blueprint of humanity.

In the "plan of creation" each race of beings was graced with their own DNA pattern. Codified in these original patterns includes the destiny and mission of each Being / Soul. This is the last expression of us as individuals.

DNA recoding is the way to achieve Ascension.

## **Ascension**

The Ascension is not only to ascend to live the Higher Self, but eventually to return to "everything that is" or "God" as prodigal sons. **It is to stop embodying in this earthly life.**

To ascend is to activate the level of consciousness. You have to be careful with the spiritual path because there are gurus who manipulate and vampirize people.

For evolution - Ascension - the path of love is the fastest.

Our spiritual DNA is an image of natural physical DNA and resembles a rosary of specific unique patterns.

The process of activation and development of the light body is exclusively an energy quantum experience. This process involves the transmutation of the double human braid (now known as the dorsal DNA spiral) to reach a 12-stranded helix of human DNA updated with your light body or Mer-Ka-Ba.

Our current double DNA braid can not handle multidimensional experiences. It is unable to process data simultaneously with the understanding of the information of the supraconsciousness.

DNA activation brings to life the other 10 braids (5 pairs). This new DNA is designed to stack on top of the present DNA in most human beings.

Each one of us must seek an internal change and the awakening of the Higher Consciousness to create the natural path of Ascension and leave the 3D / 4D material plane to enter into his superior astral body and make the connection with the higher levels of the astral plane and its civilizations. In this way, the path begins to return to the cryogenic body, leave the Earth, stop being an exile and enter the stellar society towards our higher abodes. But this change is personal and non-transferable and consists of an internal work and leaving the power groups that have us trapped.

However, we must accept a position of non-aggression such as Buddhism, which has a frequency of internal peace and balance. We need a personal change to get out of the "control matrix" that is inserted in religions.

Remember that we are not from Earth, we are all here to awaken little by little and help other people to wake up, plant a seed and run away as awareness to follow the evolution, because there is much to live after being here.

**To ascend is equal to not reincarnating.**

## **Operation rescue to Ascend**

The Ascension is not for everyone, only the pure of heart, those who have a consciousness above average. Two aspects are necessary:

1. The inner work
2. Prepare the following lessons:
  - Forget about guilt
  - Do not be afraid of death
  - Not having religion
  - Be a person of peace in the heart

For negative forces it is interesting to have human beings with fear.

We have many beings who give us their example of life-unconditional love, humility, unity, serenity, with a character that follows right thinking, right living and in peace consciousness, high vibration, change of frequency and evolution- as Yogananda be loving with the teachings of Kriya Yoga; Gandhi; Jesus,...

## **Ascension Method Vorondadek - Melchizedek - Nanonandek - Lanonandek**

- The **contracts of past lives** must be eliminated.
- Completely eliminate suffering and all our perverse energies.
- Erase fear, guilt, suffering, as they are feelings that are stored in diseases.
- With the anchor we protect ourselves and we clean everything slowly. We will do the anchoring before meditations, before leaving home, during the day and before going to sleep.
- The Mer-Ka-Ba serves to erase the toxic memories of the past.

## **Development of the body of light and DNA**

The secret of DNA activation lies in understanding some functions and relationships of certain glands associated with the production of special hormones.

The **Thymus gland**: Located in the 4th Chakra (6<sup>th</sup> Egyptian chakra), its function is to produce stronger hormones that stimulate and improve our immune system to have the strongest **mental and physical body**.

The **Hyper-Thymus gland**: located in the center of the brain, is responsible for the connection and interaction of two other glands, the **pineal and the pituitary**.

The correct activation of these glands and their consequent integration allows the production of SOMA. SOMA is known as the "divine hormone" or "spiritual hormone". This hormone develops an internal power for the transmutation of the double helix of the DNA to the original that we had, designed for humans of 12 braids.

Science still does not recognize the true DNA of 12 braids of human potential. The DNA discarded by science is part of the inheritance that will one day take us back to the totality of our identity.

Activating and completing the light body will allow the higher being the possibility of acquiring and permanently anchoring the complete DNA / RNA grid. The DNA / RNA grid is composed of 64 different seals, which are located within each grid of the 8 chakras (it will be the complete pattern of the chakras present). This process is assisted by the Superior Beings of each individual and with the help of the Ascended Masters through the law of the ONE - attraction of the desired.

All this activation will make it possible for the Soul to have permanently anchored the Bio-stratum, which is the pattern of super DNA, also called the "Super-Helix-Spiritual Genetics of DNA", lost by humans when the "Fall" happened.

This pattern can be completely reconstructed because it has been preserved in the "Divine Matrix" as part of the original design for the evolution of the human race and for cosmic development.

The original DNA pattern vibrates at higher frequencies like the energies of the planet. We are able to evolve and change progressively, awakening the power that was recently asleep.

This process is necessary to realign the soul with its purpose.

LET YOUR HEART OPEN! "We are one with the Cosmos, whether we realize it or not."

We are more than just limited physical bodies living a life.

Mer-Ka-Ba is the divine vehicle of light that the Ascended Masters declared to have used to reach the higher realms.

**"Mer" means a special type of light.**

**"Ka" means individual spirit.**

**"Ba" means physical body in our reality.**

Mer-Ka-Ba means the body / spirit surrounded by two fields of light rotating in the opposite direction and a fixed field anchored in the sacrum-coccyx.

Wheels within wheels transport the body / spirit from one dimension to another. Spirals of DNA energy.

Mer-Ka-Ba is an interdimensional vehicle of light, consisting of 3 interconnected tetrahedral stars of equal size intertwined with a common center: Female tetrahedral star, masculine and neutral - the neutral does not rotate.

The researchers describe them as the tetrahedral star, which can be seen as the dimensional tree of the Star of David.

Once activated, this field acquires, through the turns, the flying saucer shape and is capable of bringing our consciousness directly to higher dimensions, like a non-permanent passer-by.

The Mer-Ka-Ba can be described as a ball of golden light surrounded by a golden plate.

The Mer-Ka-Ba is the "vehicle of escape", as the Kabbalah says, which allows us to communicate with the "Source of All is", the transport mechanism for when we reach the level of Ascension.

With him, at the moment of our last breath, we can leave our physical body with consciousness to continue our evolution.



The Mer-Ka-Ba vehicle is a structure intertwined in energy spirals that exist as an integral part of the creation of Everything.

Activation of the Mer-Ka-Ba vehicle is required to reach eternal life, travel through time and cross stellar portals. This process consists of connecting with the nature of the Universe and awakening an experience of **Truth** and the connection to all life.

Mer-Ka-Ba helps us to move, but in reality it is to expand, in the dimensional fields of existence, and to realize the progressive ascent.

When operating our microscopic field Mer-Ka-Ba, it interconnects with the planetary, galactic, universal Mer-Ka-Ba macroscopic and the cosmic Mer-Ka-Ba.

The **Mer-Ka-Ba meditation** is accompanied by the following requirements:

- Unconditional love to all life
- Constant forgiveness
- Christ Consciousness
- Not judge
- Move away from fear, doubt, guilt and insecurity.
- Healthy thoughts

The purpose of this tool is to ascend from the 3rd dimension to the 5th, and to achieve this we have to transform our behavior and the concept of non-reality that we perceive with the 5 senses and the world of duality that has created the amnesia of our **Akasic records**, that is, **who we are**.

The world of **duality** refers to the positive-negative, good-evil, feminine-masculine, day-night, yin-yang.

## Who we are - sacred geometry

We are vast and multidimensional beings. If we look at ourselves through an X-ray machine, our body looks like a cloud of ions. Our body is our lowest platform, it is made of light gravitationally contained in geometric shapes.

Our lower bodies tend to inertia, leading us inexorably to the disintegration and degeneration of matter. But if the human being learns to move these geometric shapes (Sacred Geometry - Mer-Ka-Ba) connects with their higher bodies and learns to energize their physical body. It will abandon duality and become the true being of light that it is.

Human beings do not know that we live within 3 tetrahedral stars, that is, 3 intertwined tetrahedral, called Mer-Ka-Ba.

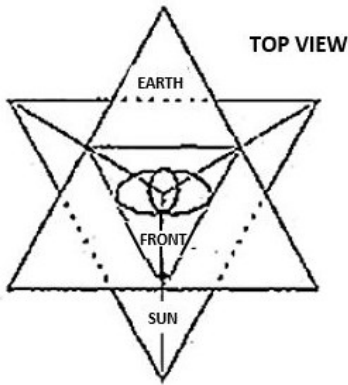
The Mer-Ka-Ba is an interdimensional vehicle of light, spirit and body, it is an energy field that surrounds our physical body and allows us to transform it into a body of light.

The activation of the fields of our Mer-Ka-Ba is done through Sacred Geometry, through the projection of thought, to rise from the low vibrations that exist around the Earth.

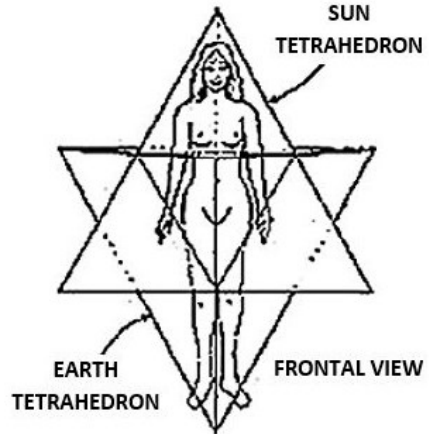
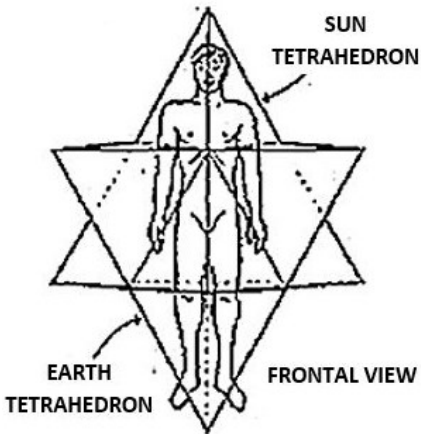
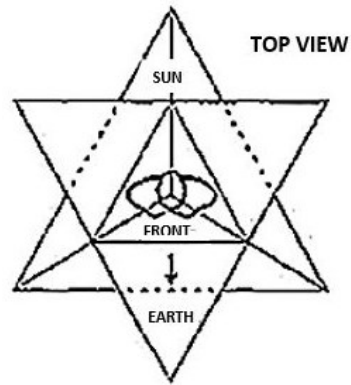
### Mer-Ka-Ba activation

Each tetrahedron is formed by 4 equal equilateral triangles, is geometrically perfect. It is called **triple pyramid**, but it also has 3 sides plus the base.

## MASCULINE



## FEMENINE



When we activate the Mer-Ka-Ba and expand our energy field, the geometry described to leave the 3rd dimension has a spiral shape.

These formulas respond to the Fibonacci spiral or spiral of growth, which responds to an equation of the mathematician Fibonacci, described in chapter 2.

Everything in nature follows the Fibonacci sequence, so does the Mer-Ka-Ba.

When the geometric formulas are activated (3D tetrahedral star) they begin to rotate and, when they rotate at a higher speed, they take

positions within the coordinates that make up the Fibonacci spiral. As the speed increases, they are superimposed on the original star plus pyramidal shapes, generating different platonic solids.

The geometrical forms superimposed on our energy field increase their vibration and form the "flower of life", which is the geometric form that contains all the Platonic solids.

But the real key to this ancient Sacred Science, which is Mer-Ka-Ba, is **Unconditional Love**. This form of love, beyond all human conditioning, puts us in contact with our Divine Presence, which allows us to activate the energy fields that are around our body, allowing us to access our Light Body (Extract from Brinda Mair, writer, teacher and researcher-Mer- Ka-Ba OM).

**Tetrahedron:** The structure of the Mer-Ka-Ba was not revealed in 3 dimensions to the inhabitants of Atlantis, but was made in 2 dimensions, from which the Star of David subsequently emerged.

## Remembering the Mer-Ka-Ba meditation

The reactivation of Mer-Ka-Ba breathing consists of 3 tetrahedral stars surrounding our body, although we only see 1 because they are superimposed.

- The male tetrahedral star turns to the left
- The female tetrahedral star turns to the right
- The neutral tetrahedral Star does not move

The Mer-Ka-Ba is generated by specific breathing patterns with 17 breaths plus 1 to activate it, and by energy codes.

Each breath consists of inhaling for 7 seconds and exhaling for another 7 in one followed movement.

- **The first 6 breaths:** they clean and balance the 8 electrical circuits of our Mer-Ka-Ba tetrahedral stars that are found around our physical body.
- **The next 7 breaths** re-establish the Spherical Christ Breath and the Pranic Flow within our physical body, which leads us to absorb the Prana (universal energy) in the correct way.
- The **fourteenth breath** changes the balance of Prana within our body and also focuses on the opening of our Heart Chakra, which in turn will transform our Mer-Ka-Ba experience and the perception of the 3rd and 4th dimensional consciousnesses.
- The **last 3 breaths** are those that really activate the Mer-Ka-Ba by recreating the counter-rotating fields around our body.

**Position:** sitting. During the entire meditation you must be sitting down to get the desired result.

Each breath, in this text, is divided into several sections to facilitate this process.

**Heart:** open it to Unconditional Love.

**Mudra:** position of the hands that change with each breath according to the corresponding electrical circuit. There are 8 main electrical circuits in our body, which come from the original 8 cells, described in chapter 2.

**Body:** small movements.

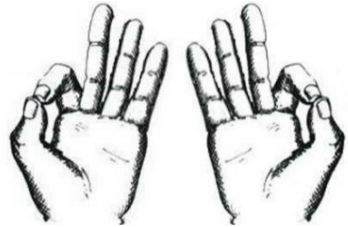
**Mind:** we need the mind to think and visualize.

**Breathing:** You must breathe through your nose, inhale constantly. First you fill the lower part of the lungs, which is achieved by activating the diaphragm - you will put pressure on the abdominal organs - and the abdomen swells. Then fill the middle part of the lungs, widening the lower ribs. Then fill the upper part of the lungs, lifting the chest, the upper part of the ribs and the clavicles.

As a preparation for meditation we will consider that it is our "**higher self**" or inner master who helps and supervises us according to what is appropriate for this moment.

## 1st BREATH

### Inhalation



- **Heart:** feel love for all life. This is the most important.

- **Mind:** become aware of the male sun tetrahedron (the one from the vertex upwards), the edge facing forward for the men and the face facing forward for the women. Visualize the tetrahedron filled with bright white light around you.

- **Mudra:** palms up and thumb and index finger touching at the tips. The other fingers should not touch or be touched by anything.

- **Inhalation breathing:** with empty lungs it begins to inhale through your nostrils in a deep and slow way for 7 seconds.

### Exhalation

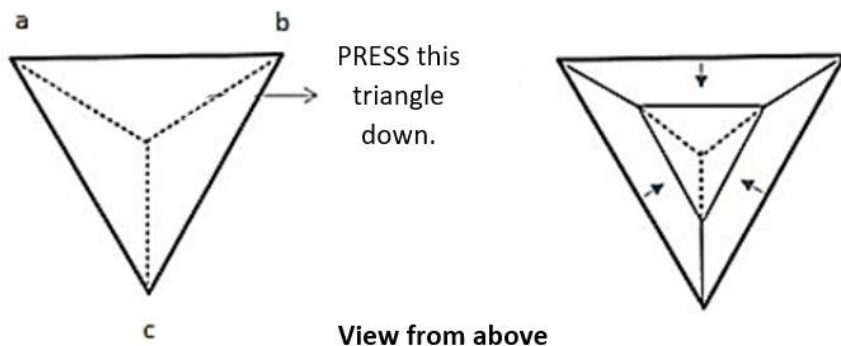
- **Heart:** same as in inhalation

- **Mudra:** same as in inhalation

- **Mind:** Become aware of the female earth tetrahedron (the one that has the vertex down). The face facing forward for the men and the edge facing forward for the women. Visualize the tetrahedron filled with bright white light around you.

When you finish inhaling you begin to exhale without pausing. It is exhaled through the nostrils, deeply, for 7 seconds.

For the exhalation you have to contract the chest and then contract the abdomen. In total 7 seconds. Then relax chest and abdomen and hold your breath for 5 seconds.



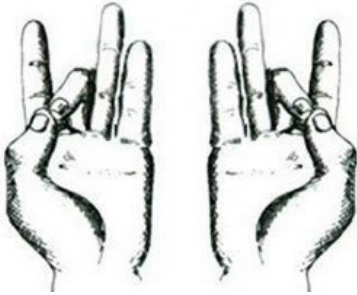
**Mind:** Become aware of the equilateral triangle "abc" plane of the earth tetrahedron that is located at the height of the base of your sternum. After 5 seconds, press. **Press on the first 6 breaths.**

**Press:** Visualize that in an impulse this triangular plane "abc" goes down and will become smaller as it goes down, because it adjusts to the measure of the female tetrahedron and pushes all the dense and negative energy according to the mudra. When it empties through the vertex of the earth tetrahedron towards the center of the earth, a light appears. The negative energy released does not stick to any person or cause damage to the earth.

This energy shot is made with the help of your eyes and your visualization with your eyes closed. First cross your eyes and raise them, without force, and lower them by pressing. Take them down, at the same time that your mind sees the triangular plane of the earth tetrahedron moving towards its lower vertex.

This exercise cleanses the emotions and dense thoughts that have entered your electrical system over the years. Clean the electrical system associated with each different mudra you use in each of the first 6 breaths. In the next 5 breaths the breathing is equal to the first but with different **mudras**:

Same **Heart** from 1<sup>st</sup> to 6<sup>th</sup> breathes.



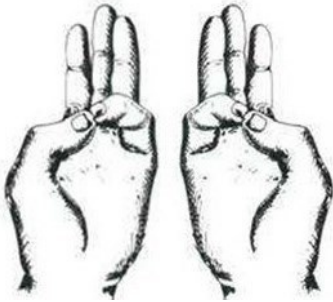
### 2nd BREATH

Same as the FIRST but with **mudra** change: the thumb + the 2nd finger (middle finger) together.



### 3rd BREATH

Same as the FIRST but with **mudra** change: thumb + ring finger together.



### 4th BREATH

Same as the FIRST but with **mudra** change: thumb + little finger together.

### 5th BREATH

Same **mudra** as the FIRST BREATH.

### 6th BREATH

Same mudra as the SECOND BREATH.



It is enough to work the 6 first circuits so that the 8 total circuits are balanced.

## **THE FOLLOWING 7 BREATHS**

### **SPHERICAL BREATHING**

Visualize the pranic respiratory tube in the spine, which crosses the 3 tetrahedral stars from the apex of the female tetrahedron (Earth), below the feet, to the apex of the male tetrahedron (Sun), above the head. The tube extends 1 hand above the head and up to 1 hand below the feet.

The color of the prana, before the transformation, is bluish electric white.

The diameter of the tube will be the one that results from joining the thumb with the middle finger of your hand. It is a fluorescent tube with a crystalline tip that fits with the two vertices above and below.



During the 7 breaths, use the same mudra: thumb + index + middle finger touching. And the palms of the hands up.

In the 7 breaths the continuous flow of prana will not stop, neither after death, resurrection or ascension.

### **7th BREATH: LOVE**

The prana enters the tube by means of an infinitely small hole at the point of the vertices, above and below. In the inhalation they control the simultaneous entry from above and from below. It is instantaneous and the 2 rays are at the level of the navel.

At the time in which **inhalation begins**: A sphere the size of a large orange is formed in the chakra of the navel. While you inspire, it grows and gets a little bigger.

The sphere of prana in the center of the navel continues to grow. In full exhalation, it will reach approximately 20cm in diameter. In the exhalation, it is not necessary to force the exit of the air.

### **8th BREATH: TRUE**

The sphere of prana continues to grow (we put the longest finger in the navel and the distance to the wrist is the radius of the sphere). In the exhalation the sphere reaches the maximum size, approximately 40 cm in diameter.

### **9th BREATH: BEAUTY**

The sphere becomes brighter as we inhale and on exhale the sphere becomes brighter and brighter.

### **10th BREATH: TRUST**

**Inhalation:** the sphere will reach its maximum concentration and in the middle of this inhalation the sphere will ignite and change color and quality. The electric white color with a slight bluish tone of the prana becomes **golden in light and as bright as the sun**. It will be ready to transform at the end of the inhalation.

**Exhalation:** the sphere of golden light of 2 palms (approximately 40 cm in diameter) bulges to expand to a size that reaches the tip of the fingers, with arms outstretched like the Vitruvian Man of Leonardo da Vinci that we have seen in chapter 2. Our body is now covered by a huge sphere of brilliant golden light. You have returned to the old form of spherical breathing and now you must breathe to stabilize the golden sphere. In the exhalation you make a small hole with your lips and blow the air, pressing with the muscles of the stomach, which contract, and the throat to open. The sphere bulges and in 1 or 2 seconds relaxes and releases the remaining air through your lips. At this moment the sphere expands like Leonardo's. The original small

sphere of 40cm in diameter is maintained. There are 2 golden spheres, one inside the other.

**11, 12 and 13 BREATHS:** These 3 breaths serve to give stability to the greater sphere. Without forcing the exhalation.

### **11th BREATH**

**HEART:** Harmony

**MUDRA:** same as the 7th breath.

**INHALATION:** fills the large sphere of harmony to stabilize it.

**EXHALATION:** fills the sphere of harmony.

**BREATHING:** deep and rhythmic yoga.

### **12th BREATH**

**HEART:** Peace

**MUDRA:** same as the 7th breath.

**INHALATION:** fill the sphere of peace.

**EXHALATION:** fill the sphere of peace.

**BREATHING:** deep and rhythmic yoga.

### **13th BREATHING**

**HEART:** Reverence to God

**MUDRA:** same as the 7th breath.

**INHALATION:** fills the sphere of reverence to God

**EXHALATION:** fills the sphere of reverence for God. Feel the flow of prana flowing through the two poles, meeting at the navel and expanding into the great sphere.

**BREATHING:** deep and rhythmic yoga.

At the end of the 13th breath the large sphere will be stabilized. The small sphere continues inside the large sphere and is brighter and more concentrated than the large sphere. The prana of the small sphere is used for healing, among other needs.

## 14th BREATH

**Inhalation:** Here we will change mudra.

- **Heart:** Love
- **Mind:** In this breath we will move the point where the 2 rays of prana come together. From your navel to 2 or 3 fingers above the lower edge of the sternum, which is the 4th Dimension heart chakra or Christ Consciousness. The 2 spheres move up to this point of the tube.

Breathing from this new point of the tube changes the consciousness of the 3rd to the 4th Dimension, or of the consciousness of the Earth to the Christ Consciousness.

- **Mudra (Mudra Cup):** The women will put the right palm on the left and the men in reverse. The thumbs touch gently. It is a relaxing mudra.



Mudra Cup

- **Breathing:** The breathing is smooth and rhythmic yoga. Later on, when you contact the "higher self", the breathing will be deep. We pay attention to the flow of energy moving from the top down and from the bottom up the tube to the sternum, which expands through the large sphere.

The **Christ Breath** consists in feeling your connection with all life, your intimate relationship with God and the energy within you.

## THE 3 LAST BREATHS

### Creating the Ascension vehicle

If you have the permission of your Higher Self, be aware that the energies that will come in and around your body and spirit have tremendous power.

The counter-rotating tetrahedral stars, along with prana breathing techniques, eye movements and certain mudras, now allow us to activate a non-visible "saucer" in the form of an energy field, around the human body, which is anchored at the base of the spine dorsal.

### 15th BREATH

- **Heart:** Love to all life.
- **Mind:** Become aware of the tetrahedral star in its entirety (3 tetrahedral stars). Each one is made up of 1 Sun-masculine tetrahedron interconnected with an Earth-female tetrahedron. These 2 stars, together with the neutral tetrahedral star, form the complete tetrahedral star (the three-dimensional Star of David). Now make yourself aware that there are 3 tetrahedral stars superimposed on one another, 3 complete tetrahedral star groups, which are exactly the same size and look like one, but in reality they are separate.

Each of them has its own polarity, be it masculine, feminine or neutral. The 2 stars, male and female, will rotate on the same axis. The neutral will not move.

- **The 1st tetrahedral star** is neutral in nature, is the body itself, and is anchored at the base of the spine. It is located around the body according to the sex of the person and does not rotate or move.
- **The 2nd tetrahedral star** is masculine and electric in nature. It is literally the **human mind**. Turn left starting at a point in front of you.
- **The 3rd tetrahedral star** is feminine and magnetic in nature. It is literally the human **emotional body** and it turns to your right, starting at a point in front of you.

**Breathing:** deep and rhythmic yoga with forced exhalation.

**Inhalation:** you say internally, in your mind, the **code** words: "**Equal velocity**". This will cause the 2 tetrahedral stars - male and female - to rotate in opposite directions at the same speed. Therefore, if one orbits 10 times, the other will also do it but in the opposite direction.

**Mudra:** We continue with the Mudra Cup.

**Exhalation:** the 2 tetrahedral stars accelerate and move instantly. Mentally you say the **code:** "**One third of the speed of light**". We have lit the "engine" of the Mer-Ka-Ba. We make a small hole with your mouth, blow and feel how the 2 tetrahedral stars accelerate.

## 16th BREATH

**Heart:** Love to all life.

**Breathing:** deep and rhythmic yoga with **forced exhalation**.

**Inhalation:** while inhaling you mentally say the **code:** "**34/21**" so that the 2 tetrahedral stars rotate in a ratio of 34 between 21. Therefore,

the male mental tetrahedral star will turn to the left 34 times, while the female emotional star will turn to the right 21 times. While both accelerate, the proportion will remain constant.

**Exhalation:** as you exhale, blowing through a small hole with your mouth, you mentally say the **code: "Two thirds of the speed of light"**. A phenomenon occurs: a double plane rapidly expands from the original 8 cells, from within the body (at the level of the base of the spine) to a size, depending on the stature of your physical body, from 16 to 18 meters in diameter. And the energy sphere centered around the 3 tetrahedral stars creates, with the disk, a shape that looks like a flying saucer around the body. This energy matrix is called Mer-Ka-Ba. However, this field is not stable until the end of this exhalation.



**Spheres of light, stars and body**

### **17th BREATH**

**Heart:** love to all life.

**Breathing:** deep and rhythmic yoga breathing with forced exhalation.

**Inhalation:** while you inhale you say the **code: "9/10 of the speed of light"**, which stabilizes the rotating field of energy and something else will happen. The three-dimensional universe where we live is tuned to 9/10 of the speed of light. That is why this speed is selected, which allows us to work with the Mer-Ka-Ba in the 3rd dimension without having experiences of 4th dimension or higher.

**Exhalation:** Make a small hole with your lips and blow with pressure and while you exhale you say the **code: "9/10 of the speed of light"**. When you notice that the speed increases, release all the air with force. Now you are in your stable 3rd dimension Mer-Ka-Ba. With the help of your "Higher Self" you will understand its meaning.

Once finished, try to remember the pranic breath and the flow through your body as often as you can until you realize that life is an open-eyed meditation and everything is sacred. If you can, stay still for a few minutes. This is a great moment for positive affirmations and to speak with your "Higher Self", to discover your possibilities.

## **18th BREATH**

In the future it is received from the "Higher Self".

Once the Mer-Ka-Ba meditation is finished, we can complete it with the **unity phase**.

## **UNIT PHASE**

- **Connection with Mother Earth:** Become aware of the pranic tube, of the energy that comes from above and below, being in your heart. Form with the inhalation a sphere of energy, love and gratitude to the Earth, and send it down with an exhalation to Mother Earth.
- **Connection with Father Sky:** Let's form another sphere of energy, love and gratitude in the heart, and send it with an exhalation



upwards, to Father Sky. The Christ Consciousness of the Earth is about 96 km from its surface.

• **Connection with God-Life Creation:** With each breath open the doors of your pranic tube, letting in the presence of God-Life Creation, so that it fills you fully. With inhalation the greater sphere of love and infinite gratitude is filled. We send it, with the exhalation, to the ends of the universe. Finally all this energy, love and gratitude, will return to you by the law of cause and effect.

## **Properties of Mer-Ka-Ba**

The Mer-Ka-Ba is an instrument of protection and physical, emotional, mental and spiritual healing. Restores the flow of Prana energy through the pineal gland, in the center of our brain; revives the activity of the 2 cerebral hemispheres; develops unconditional love; it connects us with our "higher self"; it is a vehicle of ascension; it helps us detect non-harmonic energy such as fear, anger, doubt, hatred ... to act and eliminate.

Meditation of Mer-Ka-Ba also takes away stress, gives us mental clarity, harmonizes both cerebral hemispheres, regulates sleep, harmonizes thoughts and emotions, takes away anxieties and leads us to recover health.

We and the earth have an electric field (vital energy) and a magnetic field. The earth rebalances its fields but the human being currently needs to activate his Mer-Ka-Ba to increase and balance the vital energy (Prana or Chi) and the field of the aura.

## **Abbreviated instructions for MER-KA-BA meditation**

As a support to practice this meditation, you can follow the following video: <https://bit.ly/2MoYQKE> although the video mentions an altar

and a candle as a preparation for the environment, this is not necessary if you do not think it appropriate.

### **1st BREATH**

**HEART:** Love to all life

**MUDRA:** thumb - index and palm of the hands up.

**INHALATION:** visualize tetrahedron sun (that of the vertex upwards) with white light. 7 seconds of yogic inhalation.

**EXHALATION:** visualize tetrahedron earth (that of the lower vertex) with white light. 7 seconds of yogic exhalation. Hold your breath for 5 seconds and press, which consists of: put your eyes in the eyebrows and take them up to go down, visualizing the triangular plane of the tetrahedron earth down, to clean the electrical circuit corresponding to the first mudra.

**2nd, 3rd, 4th, 5th and 6th BREATH:** Same as 1st, changing from MUDRA

**MUDRA:** thumb - with the following fingers

**5th and 6th BREATH** equal mudra than the 1st and 2nd breaths.

### **7th BREATH**

**HEART:** Love

**MUDRA:** thumb - index - medium. Palm of the hands up.

**INHALATION:** visualize the pranic tube from the apex sun to the vertex earth, passing through the head, the column and feet. In the inhalation, the prana enters through the two vertices and gathers in the navel, forming a sphere the size of an orange at this point.

**EXHALATION:** the sphere grows to about 20cm in diameter.  
The exhalation will be done without force

### **8th BREATH**

**HEART:** True

**MUDRA:** same as the 7th breath.

**INHALATION:** the sphere continues to grow.

**EXHALATION:** the sphere grows to the maximum (approximate diameter of 40 cm).

### **9th BREATH**

**HEART:** Beauty

**MUDRA:** same as the 7th breath.

**INHALATION:** the sphere becomes brighter.

**EXHALATION:** the sphere becomes even brighter.

### **10th BREATH**

**HEART:** Trust

**MUDRA:** same as the 7th breath.

**INHALATION:** the sphere reaches its maximum concentration and ignites, changes color and quality, it becomes a golden sun.

**EXHALATION:** by the lips and forced. The sphere expands to the extent of the fingertips of our outstretched arms like the figure of Leonardo da Vinci. Our body is surrounded by a huge shiny golden sphere and we recover the spherical breathing that we once had. The 40cm sphere is maintained, so we will have 2 golden spheres.

**11th, 12th and 13th BREATH:** They are to stabilize the large sphere.

**11th HEART-HARMONY, 12TH HEART- PEACE, 13TH HEART-REVERENCE TO GOD**

Feel the flow of prana flowing through the two poles and being in the navel to then expand into the great sphere. We do the 3 deep and rhythmic yoga breaths so that at the end of the 13th breath the large sphere has stabilized. The small sphere continues inside the large sphere and is brighter and more concentrated than the large one. It is from this inner sphere that prana is taken for different purposes, including that of healing.

**14th BREATH**

**HEART:** Love

**MUDRA:** Cup: for women, the right hand on the left and the thumbs touching gently. For men it will be the other way around, the right hand below the left and the thumbs the same.

**INHALATION and EXHALATION:** deep and rhythmic yoga. Move the 2 spheres from the center of the navel upwards, about 3cm above the base of the sternum, which is the center of the Universal Heart or Christ Consciousness. The exhalation will be done without forcing.

**15th BREATH:**

**HEART:** Love to all life

**MUDRA:** Cup: we become aware of the 3 tetrahedral stars (male, female and neutral).

**BREATHING:** deep yoga.

**INHALATION:** "equal speed" code.

**FORCED EXHALATION:** code "one third of the speed of light".  
The exhalation is forced by the lips.

**16th BREATH:**

**HEART:** Love to all life

**MUDRA:** Cup

**BREATHING:** deep and rhythmic yoga.

**INHALATION:** code "34/21" with deep and rhythmic yoga breathing.

**Forced EXHALATION:** Make a small hole with your lips and blow with pressure and force. Say the code "2/3 of the speed of light". At the beginning of 2/3 a phenomenon occurs: From the original 8 cells at the level of the base of the spine, a flat disk expands and its diameter is between 15-18m in diameter, depending on the stature. A flying saucer shape is created.

**17th BREATH:**

**HEART:** Love to all life

**MUDRA:** Cup

**BREATHING:** deep and rhythmic yoga.

**INHALATION:** code "9/10 of the speed of light" (the universe is tuned to 9/10).

**FORCED EXHALATION:** code "9/10 of the speed of light" by the lips, releasing all the breath with force. Now you are in your 3rd-dimensional stable MER-KA-BA.

**18th BREATH:** in the future

It is received from the Higher Self.

Then, continue with the **Unity Phase**, described previously.



## CHAPTER 6

### WHAT IS OUR MISSION IN LIFE AND WHY WE COME

#### What is our mission in life?

The cells of our body have intelligence, wisdom and conscience. They know their specific mission and perform it in harmony with the other cells as in an act of love.

The cells cooperate, communicate, exchange functions, perform acts of their own will, maintain balance, are aware of their environment, adapt to change and know that they survive by being part of a broader whole.

The cause of the disharmony in each one of us and in all humanity is the lack of love, and can only be resolved by loving, because love is the basis of progress in all areas of life.

How is love put into practice? Thinking with more love, feeling with more love. It is practiced by giving, not receiving. Do not pretend that you understand or that others have compassion for you, but that you have to understand the other to evolve. Synthesizing, we do not expect that they want us and we do not react in front of all the attacks that come to us from the outside. This leads us to develop our consciousness. If we are love beings this energy goes outwards and to the world, and also inwards. The cells also find out and our whole body appreciates it with greater health. **Pain is transformed into love by forgiving and understanding.**

We complain about how the world is, but the world is the reflection of our interior.

## Why do we come?

Our successive incarnations are due to ignorance of who we are, to seek happiness in the material, where it really does not exist, and the longing we feel as prodigal sons for not knowing how to get to the Father.

*"We are here to observe the tragedies and comedies of this changing life, with an attitude of unalterable happiness.*

*Also to contemplate wisdom in ignorance, joy in sorrow and health in weakness, since we know that the perception of God is the only reality that sustains us as the first and last objective of this life. We will strive to enrich our lives and the lives of others with the presence of God"*

Paramahansa Yogananda

The whole life is a constant struggle to achieve happiness, which is only helping others and finding balance and peace.

For centuries we have believed that we are fragile human beings, now we begin to glimpse the light that lies in the glow of divine wisdom, which tells us that we are immortal beings.

We are a channel through which all the divine creative power flows. Our conscience is sustained in the sea of the cosmic consciousness.

Let us free ourselves from identification with our limitations, born of suggestions from others and our own thoughts of weakness. Let us take full consciousness, as sons of the same Father, that we are owners of infinite values.

A true Being feels in all hearts, the beat of his own heart, in all minds his mind, in every proceeding his own acts.

You have to question yourself:

- Who I am?
- What are my talents?
- Who am I going to address with my talents?



If we do not do anything new, nothing new will happen. Things do not happen magically. Experiencing enriches us in all aspects.

When we are born we are bearers of the talents we have developed in all our existences.

I wish for me and for all of us to learn and practice what we lack, so that this life becomes the life of synthesis and so we do not have to incarnate again, since our yearning to ascend is greater every day in many of us. We are spirit!

Whatever tests appear throughout life, we must accept them, understanding that they are the program we admit before coming into the world. When we manage to grow with them and overcome them, we will have achieved our **mission in life**. This entails contributing and giving to evolve and be able to ascend.

Contribute, because we are creators, and give because we are all one.

Consciousness is what creates through objectives that lead us to experience new challenges.

Consciousness is full of potential. When the experience is so powerful that it changes the way we live, it becomes the **revelation**, which makes us feel more free because it has broken the barrier of limits.

Nothing that happens to us is uncontrolled, everything is in the cosmic plan and within many dimensions, and we follow our own path, our freedom to be oneself, according to the will of this cosmic plan, with total confidence.

Until we become aware that we project outwards, towards the world, everything that we have inside darkness, we will continue involving. All the current conflicts of wars, corruptions and injustices are our projections. First we create them inside with our thoughts, emotions and acts, and then they appear on the outside. We are the only ones responsible for what is happening and we run the risk, if we descend further, to reach the point of no return. Fortunately the level of consciousness, of more and more people who are awakening, makes

the truth and the light show up in the midst of darkness and chaos so that our conscious planet and we can evolve.

The moment of spiritual transformation has arrived, a quantum leap in consciousness that manifests itself through:

- Continuous awareness: being aware of ourselves all the time.
- Cognition: have answers to all the questions that are presented to us.
- Appreciate life: feel the vital force in all of creation.
- Absence of violence: peace, quiet, not opposition.
- Absence of fear: Be yourself.
- Integrity: Include everything, do not exclude anything. It is the whole without beginning or end.

We live to overcome all obstacles and understanding and self-knowledge help us. We come to learn to deepen ourselves and serve without expecting anything in return. We are designed to survive in all circumstances, strength comes from experience, comes with spirituality.

We come to exist, to create, to be conscious. You and I are one. You and I and the universes are one.

We come to create the world at all times. In summary, we come because:

- We need to experiment in order to evolve.
- We have to perfect our bodies or vehicles.
- Solve pending issues from previous lives that we're not resolved.
- To develop superior mind, will power, intuition and unconditional love.
- Expand consciousness.

- To learn, teach, give and serve other human beings without distinction of sex, race or beliefs.
- We have to become new men and women if we do not want to reincarnate again.

I want this life to be for me and for those who also want the life of synthesis, and thus be able to choose our next destination. We have already done too many laps on the wheel of Samsara!



## CHAPTER 7

### COMPLETE ACTIVATION OF THE PINEAL GLAND

#### Pineal Gland

The pineal gland is located in the central base of the brain and its functions are not yet very clear for science. Since ancient times this gland has been associated with the connection of body and soul; the matter and the spirit.

Galen and René Descartes identified the pineal gland as the "seat" of the soul, the place where all our thoughts are formed.

The pineal gland should be the same size as the eyeball, only more rounded. The pineal gland is literally and scientifically an eye. It is hollow, has color receptors inside and has a lens to receive light. This is what shows the work of Jacob Liberman "Light, the medicine of the future". He is one of the scientists who knows the most about the eyes and the light in the world.

Our pineal gland is about the size of a pea. Its cells resemble the photoreceptor cells of the retina. In antiquity its size was like that of a ping pong ball. This atrophy exists because we have not used it. If we activate it, it will grow like a muscle and it will get stronger.

But the point is that the lens points upwards, it looks just through the pranic tube (entrance of Prana energy through the top of the head). It is designed to receive light from above, while the eyes are designed to look 90 degrees to the front.

According to Liberman, the path of light once enters the eyes, goes to the pineal gland and goes to each of the cells of the body. That is, "each cell in your body sees what you are looking at".

## Benefits of pineal gland activation

- Production of melatonin. When there is darkness, melatonin is secreted from serotonin, triggered by the absence of light. Melatonin affects wakefulness / sleep patterns and circadian rhythms. It is recommended to sleep in absolute darkness.
- Production of a compound DMT (Dimethyltryptamina). This substance, secreted by the pineal gland naturally, is responsible for visualization in meditation and dreams.
- What one knows manifests: "I know". The inner knowledge is absolute = "I know". Knowledge is the door that opens the kingdom of heaven within the "I". You know everything you want to know. The thoughts are unlimited:
  - I know now
  - I am absolute, I am complete, I am a part of God, I am, I know, I know that I am happy, I know that I am, ...

If you say "I do not know" "I can not", you never will.

- The activation of the pineal gland will help the third eye or 6th chakra - see chapter 3 "Who are we?" - To act as a stargate, which can see beyond space and time. It also includes telepathy, perception beyond the three-dimensional world.
- The rays of light connect the brain with the heart by activating the pineal gland.

There are **3 crystals in the pineal gland**, which are: apatite, calcite and magnetite, which create a cosmic antenna.

Specifically, **sodium fluoride**, already named in Chapter 1, is the only one that can attack our pineal gland in the brain. The objective of this poisoning is "to become slaves of power societies and shadow organizations".

Fluorine greatly calcifies the pineal gland, converts it into stone.

The pineal gland is called the third eye, the eye of Horus for the Egyptians.

In our society, from the age of 7 the pineal gland is degenerating.

The **pineal gland's calcification** is related to the following diseases:

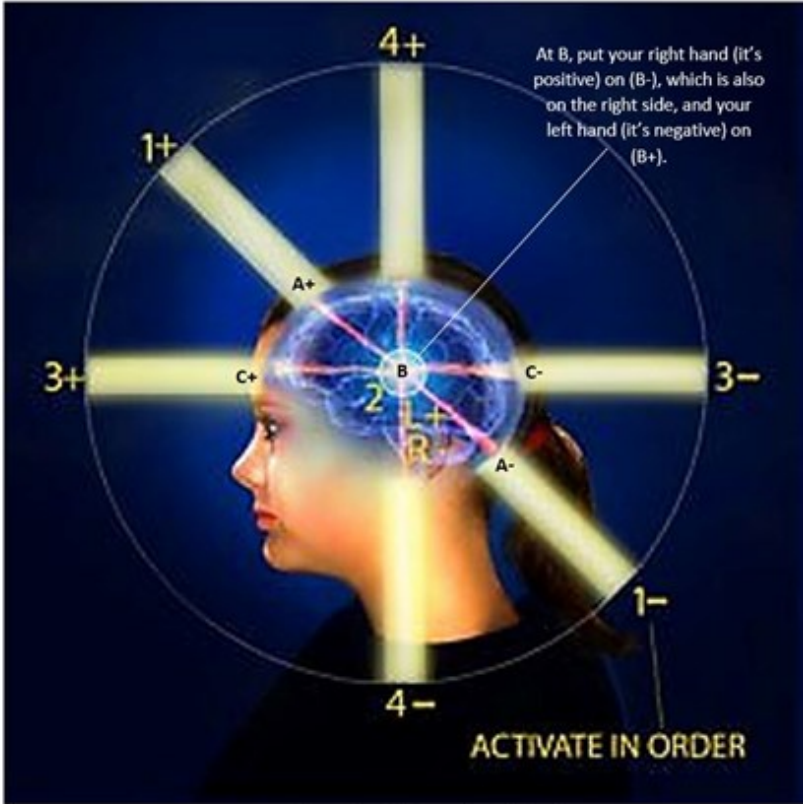
- Alzheimer's
- Bipolar disorder
- Circadian dysregulation
- Low melatonin: insomnia, sleep disorders
- Low back pain
- Parkinson
- Schizophrenia

To stimulate the pineal gland and maintain its health:

- No television, exercise, nutritional care, contact with nature, trees and forests.
- Practice meditation in the dark (you can not see your fingers with open eyes). The pineal gland is also stimulated by altered states of consciousness and the practice of its activation.

## **Activation of the Pineal Gland**

It is practiced for 2 weeks in a row, approximately. Source: The Mayans, Kahunas tribe of Hawaii.



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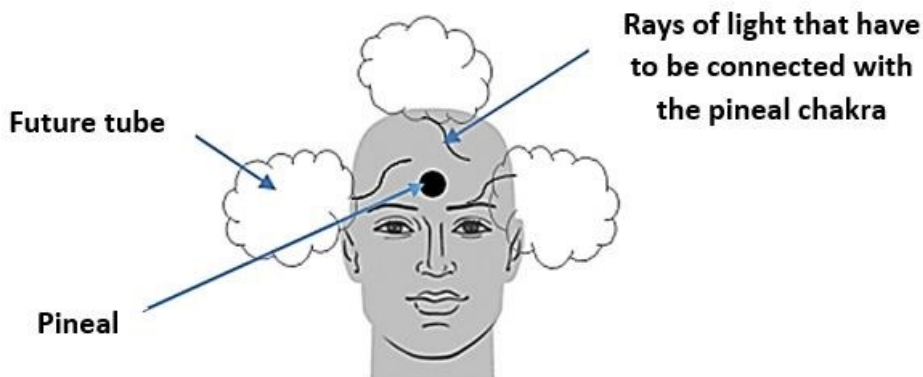
**Here you can see connected inner rays and the outer rays extending out the sphere.**

- The pineal gland works perfectly through intention.
- All spiraling rays of light point to the center of the head.
- The pineal gland is somewhat posterior to the pineal chakra.
- The length of the rays is like the length of the hand and form a sphere. Since our head is not spherical, some rays are longer than others. They connect with the pineal chakra not with the gland, which is somewhat later.

The rays have an associated polarity, positive (+) or negative (-).



**Light rays:** they are light channels, like a very straight fluorescent tube. They are easier to perceive than the aura. We have not used them for more than 13000 years. Currently they are diffuse.



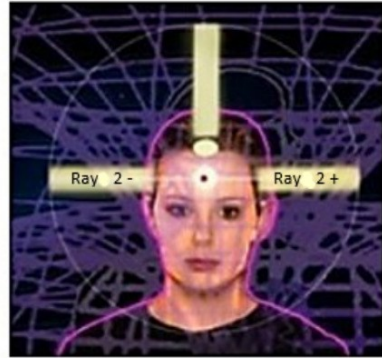
**Current person, the rays avoid the pineal**

These rays of light or currents do not touch the pineal gland. They are antennas that receive images of the heart. They are the link between the heart and the brain. If you do not have these rays working, you do not have a connection between the heart and the brain. That is the so-called "fall". You can see this "fall" as a descent through the dimensional levels, but a more accurate way of seeing it is that the consciousness was anchored in the heart and we moved towards the brain and the essential thing is to return to the heart.

We can create whatever we want. We can modify this reality as we wish. The current problem is that we do not know that and all of our creation is unconscious, we do not realize it clearly.

There is a strict order in which these rays must be "reconstructed".

The rays light up from the **pineal chakra** outwards. But there is also an inward flow, so the flow moves in both directions. The **light enters in the form of a spiral** -spirated- rotating like the "light channel" that lowers rotating and another rises rotating in the opposite direction. All energies are rotating, since the same light does.



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When the heart is completely connected to the brain as it was 13,000 years ago, the sphere appears. This sphere is perfect, but it does not appear until we do the whole process. The practice is very easy, many easier to achieve than the Mer-Ka-Ba.

When you learn to make one of the connections, the others are the same.

At puberty, some of the children with psychic abilities grow a shell of calcium in the pineal gland, blocking the ability of the pineal to do its job. Calcium is like that of osteoarthritis and almost everyone nowadays has these "antennae" without functioning.

Our job now is to develop these tubes and reconnect them to the pineal and with this we reestablish the potential to reconnect to the heart.

The **pineal gland** is only a source of energy for the **pineal chakra**. It is like in the heart, the heart chakra is here and here near the organ. There is a direct connection between the two, but they are very different.

The **organ is the source of the chakra**. There are some activities that are done with the chakra and others with the gland.

In this activation the rays are illuminated from the pineal chakra.

The sphere of light (*see image 1*) surrounds the ends of the rays, which are formed by the activation of the pineal gland and its light tubes. This sphere is intimately connected with the large sphere of Mer-Ka-Ba that of the end of Vitruvian Man's arms. There is a direct relationship between these two fields at the top point of ray 4 of the polarity (+). The 2 spheres are played at this point.

To find the situation of the rays on our head, we do the following procedure:

- We place the thumb on the tip of the chin and the index finger on the tip of the nose to have the measure we need for all points.
- With the same fingers and the same measure X, we place the thumb on the tip of the nose and the index finger will mark the 3 (+) horizontal tube (the third eye); then we repeat the measurement and obtain the tube 1 (+) - the "unicorn" - and then the tube 4 (+) and so on. We only need to activate 3 rays, 1, 2 and 3.

**The right hand has a positive charge (+) and the left hand has a negative charge (-).**

When the energy is projected out of the head, they are rays of light, they are a pure, clean and crystalline energy. But inside the head the energy of these currents curves and is very organic, as if it were electricity and it moves all the time, they look like plasma lamps, constantly moving and changing.

The pineal gland is usually sealed by a calcium shell, but **we work with the chakra**. This work consists of transforming these antennas or currents into tubular rays and reconnect them to the pineal chakra. If you succeed, you will re-establish the potential to reconnect with the heart again.

There are therapists who know the practice of pineal gland activation.

## **Pineal activation practice**

As we said, it is practiced for 2 weeks

### **Unicorn rays 1**

1. We place our hands as if we were taking the handlebars of a bicycle in points A. The left hand (-) in A (+). The right hand (+) in the opposite (-). (See image 1)

2. The beam has to go to the end of the fists.

Next, we tell them to become a beam of energy.

We grab them and tell them to become a beam of energy and they will remain like short tubes, where you can feel the ray that corresponds to one of the **strongest** hands and the other **weakest** ray.

Then we go to the weaker one and we tell only this one that draws more energy and extends. Only with thought, the body listens perfectly and will do what we say.

Normally it will come out just a little bit and we will have to insist asking for more, but at the moment we will not take it all out, we have to try to make it as long as our hand with curved fingers (bicycle handlebars). You just have to say more, more, more ... until you get through the hand. There we will stop. At this point we take the other end, the strongest, and repeat the process. You may have to repeat 10 times "more, more, more ...". It does not have to be perfect or super precise, only until they reach a little beyond your fists.

3. Loosen your hands and place them with the chakras of the hands (the center point of the palm of your hand) directly on these 2 points A + A- (the flat hand, its center with the point). When you do the activation for yourself you can do it without your hands. You can sit

down and communicate with your body and do this very clearly, but there are people who need to use their hands (I find it easier with my hands).

4. The next thing is to close your eyes. We can all see inside our body with our eyes closed. If we open them, we can see the surface but not inside the body, inside it. With the intention you can see the pineal chakra. Usually, most see it red or black, although it can also be turquoise.

5. After seeing the chakra we forget all the rest and we can see these two internal rays moving in there. So we see the point of the chakra and two rays moving. And by putting your hands and your intention, you will have to make these rays connect to the center of the pineal chakra, and they will not want to. You have to keep trying. The first times they will do it for 2 seconds and they will be separated again. You must continue until they are connected and then you will keep them there at least one minute, better two, until you see that they are not going to disconnect from the center.

6. Your open hands are at points A +, A-. Now move them out of the head to a little over 20cm. With your intention the rays will follow the palms of your hands and grow.

The hands at the two ends towards the sphere and continues beyond, a few centimeters beyond the drawn sphere, because when they reach the sphere they will stop. You will only see the two tubes. Pay attention to the ends of these tubes and you will see that they are pulsating in your hands, we feel them in the center of the palms of our hands. You will notice that they are pulsing, now one and then the other, like a ping pong game ... pols, polspols, pols-pols, pols, pols. With our intention we must get them to press at the same time, telling them to "press at the same time".

It can take 30 seconds without anything changing and then there is a moment of chaos, after which they will alternate pressing to press synchronously, that is, pressing at the same time.

7. You have to count the pulses from the moment they are synchronized, 1, 2, 3, 4 ... to 20 or better 25, to make sure.

You can get your hands out and those tubes of light will be connected and stored there.

### **Lateral rays 2: we activate the side tubes**

These tubes are on the sides, but are not in the temporary, we must place them on the ear and a little to the forehead (slightly above your eyes, pointing to the center of your head). So we repeat the previous process.

- We see the diffuse energy, we hold it with our hands and align it with the intention.
- We feel which is weakest and we say that it extends out of hand and we do the same with the other.
- We put our hands on our heads: The right hand in point B-, which is almost in the right temporal, and the left hand in point B+, which is almost in the left temporal.
- We look inside and visualize the pineal chakra.
- We close our eyes and look inside our head and see the pineal chakra and the small rays. We try to connect them.
- Once connected, we will extend the tubes on each side and they pulse, as they go from one side to the other.
- We synchronize the pulses with our intention so that they pulse at the same time.
- We count 20 pulses or more and we go to the third ray.

### **Rays 3: the third eye (horizontal) C + and C-**

We do the same as before in the other 2 rays (1 and 2).

### **Rays 4 (vertical)**

It is not necessary to do it in these rays 4. Remember that the pineal chakra is in the center of your pranic respiratory tube. It's a bit uncomfortable because you have to do it between the head and the perineum, there's no other way to get there. Through the body, because the point opposite to the 4+ ray is in the middle of the throat and we do not accede.

Many times the light rays are working 10 or 15 minutes and then they collapse. Normally the second time they will stay. To permanently fix this system you have to do it daily for two weeks. You may not notice how it works, but the migraines will disappear.





## CHAPTER 8

### GREAT MYSTERIES

#### Research by independent scientists

##### **The history of human civilization**

The truth has upset all our beliefs. We know that our ancestors knew more about the mysteries of life than we do.

In their search for answers, scientists have stored evidence and created theories based on what they observe, but as they progress, contradictions appear.

In **Texas**, the footprint of a human foot was discovered next to the footprint of a dinosaur. Does it mean that there were human beings millions of years ago? Since this discovery in the eighteenth century, dinosaurs have fascinated the world. Tyrannosaurus rex had a height above 30 feet that is more than 9 meters, and was a fierce predator. The Brontosaurus reached a length of three coaches and weighed more than 90 tons. The dinosaurs may have ended when a giant meteorite crashed into Earth.

About 100 million years ago, the limestone bed of the Pulaski River in Texas was a muddy plain where numerous dinosaurs left their tracks, which would be preserved forever along with the human footprints (a footprint of 16 inches -40 cm -) along with other 11, with a sequence of right-left-right taking steps. It was said that it was a joke, but layers are still being removed and all of them contain the same footprints under the rock. In the same place a fossilized human finger was found. The studied limestone layer is 135 million years old, but older remains have been found.

In **Peru** there are blocks of 70 tons in the temple of the Peruvian mountain of Ollantaytambo. Who transported them? The only source of red granite is more than 8 km, on top of another mountain.

Ancient maps have been found that clearly describe Antarctica, centuries before its discovery by Europeans.

There is evidence that there was a technologically advanced culture, much earlier than the history we have been told recognizes. Scientific scholars of this subject tell us that the history of man and of the earth is completely different from history accepted today.

Before the nineteenth century Western man sought in the Bible the explanation of its origins. According to Genesis, God created man from clay 6000 years ago, but when archaeologists dug the earth, they realized that this was not true.

In 1859 Charles Darwin published his work "The Origin of Species". This book caused a great revolution with the idea that life on earth could be explained by the work of nature with accidental changes governed by the process of natural selection. The survival of the fittest.

For 2 centuries archaeologists have found bones and utensils that suggest a sequence from the monkey to man. The first ancestors would be ape-like beings that appeared 25 million years ago. A process that would place man 100,000 years ago.

Archaeologists determine the age of what they find according to the level of the stratum in which they are found. But there are anomalous objects, such as when a human skeleton is found much lower than our oldest ancestors. And hundreds of them have been found without explanation. Scientists say it shows that **man already lived on earth many millions of years ago.**

In **California**, in 1830, the geologist J.D. Whitney made a discovery: At 91 meters below a plateau, while searching for gold, miners unearthed a variety of stone tools such as arrowheads and mortars. The stratum of rock of this finding was dated to 55 million years old. Whitney came

to a conclusion, man could be millions of years old. However, many people, including the scientific community, are unaware of these findings. Why did they not know?

During the past 150 years these archaeologists and anthropologists have hidden these evidences. This is a **filter to the knowledge** characteristic of science, which does not accept what contradicts its way of thinking, its paradigms, and eliminates it.

Students in scientific knowledge can not learn it because it has been hidden.

The **conventional theory** is that man appeared in southern Africa 100,000 years ago, and then migrated to northern Europe and Asia. It continued after crossing the Bering Strait into the new world, 30,000 years ago, it went down through North America and arrived in South America 15,000 years ago.

However, numerous objects found in America are so old that they completely threaten conventional theory.

In **Mexico**, the geologist Virginia Steen was silenced because she wanted to tell the truth: In 1966 a collection of stone tools and a spear were found in Hueyatlaco, Mexico. A team of US experts did the study with uranium and zircon and it was dated in 250,000 years. This was not accepted and all professional opportunities were closed. This happens automatically in the scientific community and the finding is not published.

In **South Africa**, in Clerk Sroke, miners found hundreds of metallic spheres in the Precambrian stratum (4567 million years ago, 2.8 billion years ago). The spheres are a mystery because of their grooves, difficult to make at that time.

This vast amount of evidence requires a review of theories about the origin of man, the theory of evolution. **Darwin's theory** is still valid, but according to Richard Milton, researcher and scientist, Darwin's theory raises questions.

The evidence of the ancestor between the monkey and the man is much discussed, that is why it is still called the "**missing link**" and has not been found, so this theory has collapsed, **Darwinism is wrong**.

In **Bolivia**, the mysterious city of Tiahuanaco, built at 3810 meters high and with 150-ton streets, could be the oldest city in the world. It was built by a civilization that we do not know. It is traditionally said that Jericho is the oldest city in the world - the old world - and its antiquity dates back to 8000 BC. However, in South America it is called New World to the city of Tiahuanaco.

Arthur Posnansky studied the ruins of Tiahuanaco for 50 years, based on astronomy, and came to the conclusion that it was built more than 17,000 years ago. The study of several engineers corroborated it. Therefore, it was built very much before any other known civilization, and called it "**the cradle of civilization**". But its conclusions have never been accepted. Also Nell 'Steady, a Mesoamerican archaeologist reopened this investigation studying the remains of the pyramid of this city and along with Dr. Oswaldo Rivera, director of archeology of Bolivia, they realized that the stones of more than 100 tons had no mortar and a needle was not inserted between the stones, the cut was perfect. The construction was done with great precision and the architecture was perfectly aligned with the cardinal points. There was also a relationship between the construction of the temple and the movement of the sun, it was like a giant clock. The astronomical alignments can be used to know the date of the construction and he considered that the angle of inclination of the earth was slightly different from the current one.

When the Spaniards first arrived in South America this city was thousands of years old and the current point of view is that man had arrived in South America 15,000 years ago, being a hunter and gatherer.

The evidence tells us that this city was designed by an advanced civilization. Near the mines of Tiahuanaco is Puma Punka, whose stones were assembled with large staples of molten metal in situ, with a technological level beyond its time and in Egypt also exist.

The question the scientists asked themselves was: **What are the origins of civilization? Was there an advanced civilization thousands of years ago?**

In **England**, the journalist and researcher Graham Hancock considers it very real. He has spent 9 years looking for evidence to confirm it. While walking around Stonehenge, in England, he says there's always:

- First huge stones.
- Second: very precise astronomical alignments according to the cardinal points, with extremely fine joints.
- Third, the greatest mystery of all: We do not know who made these monuments.

**Egypt and America** used headdresses of similar styles, a unique style of construction with beveled corners, the same kind of metal staples to hold the stones in place, and both cultures used the process of mummification for their dead. This suggests that a sophisticated group of sailors crossed the Atlantic thousands of years before Columbus (or arrived with ships).

### **Peru, Egypt, Mexico, South America, England...**

Hancock points out numerous places around the world that present gigantic stone constructions, called "megalithic architecture".

The immense Sacsayhuaman fortress in **Peru** is composed of granite stones, some weighing 360 tons. In Osorio, **Egypt**, it is made of red granite from Aswan and some weigh more than 100 tons. In his opinion there is a common influence that marked all these places long before the history we know. There was a remote third civilization not identified by historians in Mexico, South America, Egypt and elsewhere, which left us a legacy of knowledge.

## Perfect maps

In **Turkey**, in 1929, a collection of more than 20 maps was found that suggests that its authors should have a knowledge of the world that has never been matched by its accuracy. These maps are dated from thousands of years BC.

On one of these maps, a surprising discovery was made. In the southern hemisphere was Antarctica, under the ice, long before it was supposedly discovered, showing it not as it is today, covered by almost 2 km of ice, but as seen under the ice. And we discovered it in 1958 through seismic studies. When the old maps overlapped those of 1958, the similarity was surprising.

The deduction is that those who made these maps had a much superior technology and had explored the whole earth. This is another testimony to the existence of an advanced and not yet identified civilization in remote prehistory.

A woolly mammoth froze so fast that his last meal remained fresh in his stomach for thousands of years. This sudden drop in temperature may be a clue to what happened to a plateau civilization, still unidentified, called "**Atlantis**".

## The lost continent: Atlantis

Among the lost continents to mention include the land of Mu, Hyperborea, Lemuria and Atlantis. Therefore, the Sumerians would not be the oldest cultures in the world.

The Greek philosopher Plato describes an advanced civilization whose legend was preserved by an Egyptian priest. According to the story, Atlantis was a great empire of engineers and scientists, who were more technologically advanced than we are today. This was destroyed thousands of years ago by floods and earthquakes, which forced the survivors to seek refuge around the world. For centuries, scientists and

explorers have sought, in vain, a continent that agrees with Plato's description of Atlantis. Some say it sank in the Atlantic Ocean, others say it was destroyed by the volcanic eruption of Thyra. However, researcher Raud Flomath believes he has found the location of this empire where no one had thought. It is buried at 19 km under our eyes, in the middle of the ocean, right in the middle, and this is where we believe that the earth was cartographed. It is in Antarctica, in an icy desert, for 2 million years.

According to Plato, Atlantis disappeared in a day and a night.

Although the Atlanteans knew in advance that this would happen, not everyone could escape. The survivors went to the surviving Atlantean colonies.

Atlantis predates the arrival of the Anunnaki. The Anunnaki are 400,000 years old. Atlantis was a colony of different races with a center of coexistence and different laboratories.

The Hopi still remember Atlantis. They are the oldest living Native American people on the continent. They are peaceful and credible of a millenary culture. Respect all living beings and nature. And the knowledge of the Maya was inherited from Atlantis.

Lemuria and Atlantis will be the lost continents that we will develop in this book.

## **Cortical Displacement Theory**

In **Siberia** a perfectly frozen woolly mammoth was discovered in 1977, and around the northern hemisphere, north of Siberia and Canada, the remains of hundreds of thousands of mammals were found, mainly mammoths, but also woolly rhinoceroses and other similar animals. All of them were grazing in a warm climate vegetation, and yet they were near the North Pole. The only theory that could explain this mystery is the Theory of Cortical Displacement. The Earth, where she was, was

pushed to an icy climate, suddenly. Entire continents could be displaced from their position on the planet, a displacement of more than 32,000 km, which affected the entire planet. When this displacement occurred, Antarctica was encapsulated by the polar zone and North America was liberated from the Arctic Circle and became more temperate. When Professor Hapgood postulated this theory there was silence from the scientific community, except Albert Einstein, who found this hypothesis correct. This is possible because the outer crust of the earth floats on a semi-liquid layer and this allowed the entire earth's crust to move in one piece. Hapgood documented 3 displacements in the last 100,000 years. However, it is now known that Atlantis was submerged in the Ocean and its last island to disappear was the island of Udal, which contained the Tree of Life.

## **Human ignorance**

We are a species with amnesia and ignorance, we have forgotten a lesson of great importance in our past, when we recover it we will realize that our civilization is not the apex of creation. A civilization can reach a very high level of advancement and then it can be erased. Humanity could be millions of years old and, calling into question the evolution of the apes, ancient maps and megalithic architecture suggest that there may have been an advanced culture thousands of years ago and that it was erased by a cataclysm, changing the face of the land. Man moves in cycles and the planet also.

## **The mystery of the Egyptian Sphinx**

After 17 years of research by independent American scientists, the possible history of the life of the Egyptian Sphinx is as follows:

Long ago, before Egypt became a desert, the Giza Plateau was a fertile savannah. On the edge of this plateau there was a huge ledge of



natural rock. A group of sculptors carved a huge face into it. In its origin this face could have been the face of a lion.

To carve the body of the lion limestone blocks were extracted, creating an enclosure around the sphinx. These pieces were used to build the temple of the sphinx and the temple of the valley and time passed, and climatic changes occurred that brought torrential rain in the area, marking the end of the Ice Age. The rains eroded the sphinx to practically leave it as it is today. This event could have been the flood described in the Bible or earlier.

The sphinx is a lion because it is oriented towards the constellation of Leo, as seen from Egypt when the cataclysm of Atlantis occurred. So that, in the future, the date of its construction -10.500 BC- could be discovered, because the catastrophe had happened in Leo's earth-zodiacal age.

When the rains stopped, the one that was a vast and fertile savannah became the Sahara desert. The sands dragged by the wind filled the eroded enclosure and buried the statue up to the neck. This thick layer of sand protected the sphinx from erosion for thousands of years.

Under the reign of Pharaoh Khafre, the sphinx was discovered and the first series of restorations began.

Time passed and the desert again took over the Sphinx. A thousand years later Tutmosis IV rediscovered and restored the great sculpture. This cycle was repeated several times over the next 3500 years.

Who built the Sphinx? The investigations show the success of the theories of Dr. Schoch and John West from different points of view:

1. Objective and conclusive data regarding the degree and type of erosion of the limestone surrounding the Sphinx.
2. The discovery of several large cavities around and under the Sphinx, of a size of about 9x12 meters that is at a depth of 5 meters. The rectangle shape they have is not consistent with

the cavities formed by nature, so they suggest that it could be something made by man.

Edgar Cayce became popular in the mid-40s of the twentieth century, when he predicted that a camera would be found under the front legs of the Sphinx. According to Cayce, the right leg of the Sphinx is the opening to the hall of the Akashic Records with physical objects that will prove the existence of those advanced cultures that go back to 5.5 million years ago according to Thoth. Thoth, in the next incarnation was Hermes Trismegistus, author of the Emerald Table and the Kybalion.

According to E. Cayce, this chamber of the Sphinx contains records of the civilization that inspired the entire Egyptian culture. He called this civilization "Atlantis". For him the Atlanteans were a technologically advanced society that fled to Egypt when its continent, Atlantis, sank in the ocean to disappear forever. These cameras were precisely where Cayce had said they would be, under the legs of the Sphinx. A seismograph corroborated it. If the Egyptians inspired the Greeks and the Atlanteans inspired the Egyptians, then who inspired the Atlanteans?

Under the right leg of the sphinx, very deep, there is the archives room, some saved from Atlantis.

The researchers Robert Bauval and Graham Hancock, through a computer program that recreates the astronomical landscape of the past, discovered that the Giza complex was positioned towards the constellation of Orion, about 10,500 BC, as seen from Earth in Egypt.

These monuments were communications with other worlds, like the Nazca lines and the mounds of North America and Europe, but they were not dimensional doors, nor were they transporting souls to their stars of origin.

## Connection between the Sphinx and the planet Mars

In 1976, NASA sent two unmanned Viking ships to the planet Mars to photograph this planet and see what was in it. Two of these photographs showed a huge human face accompanied by a gigantic 5-sided pyramid. Some called the face "the Martian sphinx".

These discoveries were presented at the UN before an audience of scientists and journalists. This is a fragment of that presentation by Richard C. Hoagland, writer and scientist who won the Armstrong medal for scientific excellence for his research on Mars.

*"In 1976, during an unmanned mission to Mars, the Viking mission, in photographs 35-72 taken during an afternoon on Mars, in a northern desert called Cydonia, we, the human race, NASA, USA, located and we register an enigmatic artifact that should not be there. One face on Mars. Now, many things have happened in the following years. When these photos are presented to the media and to the world, the official response was that it was an optical illusion of light and shadow, and from that arose an investigation, books, videos, many debates. Now, 42 years later I show the photos. Look at the amount of detail, the ear, the teeth, the deep eyes. NASA said other data were needed. It was another frame taken 35 days after the first and two space engineers in 1979-80 reviewed the 60,000 images of the Viking mission and realized the 95% symmetry of the face and that the face is as if it were looking at you in a kind of cosmic mirror, as the true purpose of this object. For when we can do space travel maybe we can go to Mars and see how this face looks back at us. Time will tell"*

The key to the successful solution to the enigma of Cydonia, was not only the face but the pyramid 3.2 km long and 800 meters high and five sides located a few kilometers.

It was Errol Torent, a member of the cartography group of the defense department who solved the enigma. By measuring the internal geometry of the pyramid, it contained an incredible geometric structure, fundamental mathematical constants that in the universe

are the key that indicates the presence of intelligence and the Sacred Geometry.

The Sphinx of Egypt is a work of great magnitude, which supposedly no one on planet Earth was capable of building.

Something ineffable swept an earlier part of the history of mankind. This cross between lion and man that we do not understand. We have begun to think seriously about the possibility that there was something more than a transient connection.

Between this wonderful statue of the Sphinx and the monuments of Mars, we see that the face of Mars has a simian or proto-human aspect. Cutting this image in half and superimposing it on the opposite side, the symmetry is exact, as if it were a reflection. You can clearly see a primitive hominid and it may be because of the antiquity we attribute to it, about half a million years.

Then we go back to the original and, then, taking the right side we do the same thing, we fold it and we overlap it and the face of a lion appears, it is the fusion of a hominid and a feline. After this they realized that it was the physical manifestation of sphinxes, of two worlds linked by the fundamental constants of Cydonia.

Dr. Edgar Mitchell was a navy astronaut, he is one of the few men who has stepped on the moon, and he invites us to open and change the mind, to observe new evidence.

If geological and dating evidence suggests that the Sphinx is much older than we thought, this raises serious questions about our concept of how humanity evolved over the past 100,000 years. The questions are: What kind of sophisticated civilization could have existed to create these monuments?

In Egypt it is not contemplated, nor any scholar of the subject suggests, that an advanced culture existed before the pre-dynastic period. Now is the time when archaeologists and Egyptologists who have

tenaciously rejected this idea, reassess their theories about the origin of civilization according to scientific methods.

This shakes the foundations of the paradigm, with new and different answers with which science is not comfortable. You have to rewrite history with what has been discovered, because the studies are correct. We have a heritage that is neither hunters nor collectors, but great artists, architects and scientists. A civilization with technology mastery that we do not yet understand. Maybe there were already Egyptians before the flood? Some believe they were Atlanteans, but whoever they were, the Sphinx is a witness to their existence.

## **Stonehenge**

Another mystery without any rational explanation is the construction of Stonehenge, which according to some interpretations such as that of Geoffrey Monmouth (1136) was the creation of the druid Merlin, who magically carried the stones from Ireland. Since then there have been many studies and opinions about the origin of the stones, orientation, symbolism, use, etc.

Another interpretation of how the stones moved through great distances are the "batons of command" or "power sticks", which were used to build and destroy. They were the two scepters that the pharaohs possessed as symbols of power. The aliens and the Atlanteans used them to build and also as weapons to destroy. With two of them they transported the stone blocks, one on each side, in a horizontal position, transverse to the block. The canes emitted an inaudible sound for the human being, they issued ultrasounds, but they were able to lift and transport these blocks. The blocks were cut, they were shaped and polished with a kind of laser beams more developed than the current ones. The survivors of Atlantis also used them on Easter Island and in Mexico.

Current research has studied the power of sound and has conducted experiments such as the powerful marine sonars of the US Navy,

related to the stranding and death of whales and other marine mammals.

It seems that they were also used to build huge-heads sculptures such as the Moai-Easter Island, the 17 Olmec heads south of Veracruz and north of Tabasco, in the Gulf of Mexico area. These stones weigh around 50 tons, are sculpted in basalt stones and measure 2.7 meters high and curiously the quarries are more than 200 km away. In Guatemala, an Olmec head was also found. The Olmec, the mother culture of Mesoamerica, predates Mayan and Aztec (1200 BC). They were characterized by slanted eyes, flat nose ... Where did these traits come from? Perhaps from Africa, from the Atlanteans, ... it's a mystery.

It would be probable that the authors were the Atlantes, who were extraterrestrials and stayed on Earth when the other "gods" went to their respective planets.

So, the extraterrestrial "gods" and / or the survivors of Atlantis are supposed to build the pyramids of Egypt. Most likely, the Sphinx was built by the Atlanteans, arrived after the cataclysm and oriented so that in the future the date of its construction -10,500 BC- could be discovered.

All these mysteries are answered in the following chapters.

## CHAPTER 9

### THE HISTORY OF HUMAN CIVILIZATION

#### Independent scientific and spiritual research

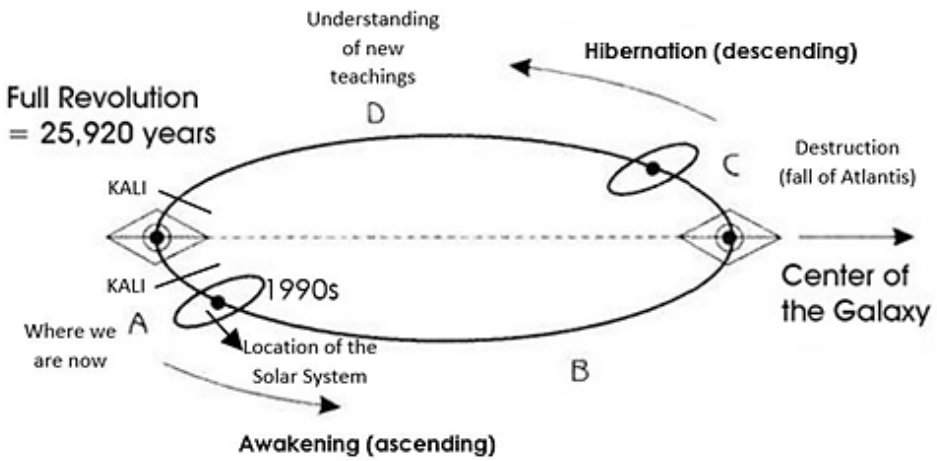
##### **Earth's magnetic field and the precession of the equinoxes**

The magnetic field of the Earth is undergoing alterations. As examples we have: it is affected by the **precession of the equinoxes** (the slow and gradual change in the orientation of the axis of rotation of the earth); the solar explosions, the slower rotation, the climatological changes...

Precession affects all of us in patterns of behavior, thoughts, behavior, etc. It affects us in different physical symptoms -electricity in the body, tingling, headaches, bones, fatigue, tachycardia, changes in body temperature-.

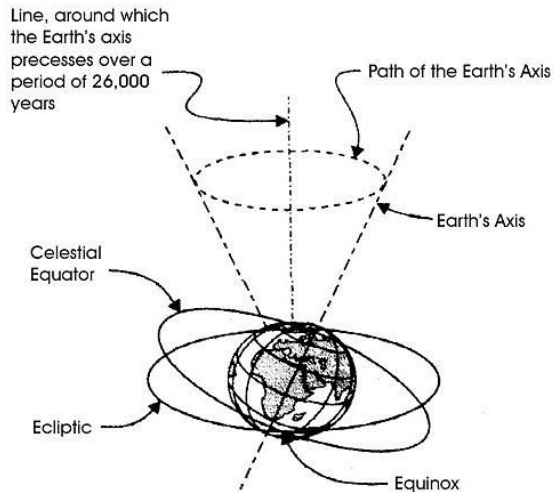
In the psychological factor causes fear, depression, lack of meaning of life, irritability, confusion, feeling that time passes faster.

Both the Earth and we have an electric field (vital energy) and a magnetic field. The Earth reorders its electric and magnetic field by itself. To us, at this time, the practice of Mer-Ka-Ba meditation with its 18 specific breaths can help us, generating a deep contact with our "inner wisdom". It restores our physical and psychological health.



### Precession of the equinoxes – Drunvalo Melchizedek

The Earth, in addition to the movements of rotation and translation, makes a third movement called precession. This movement consists of the rotation of the Earth's axis around the vertical of the elliptical, producing the rotation of the North Pole around the Polar Star, with a period of approximately 26,000 years. Hipparchus of Nicaea, considered the first scientific astronomer in the second century BC, was the first to give the value of the Earth's precession with an extraordinary approximation for the time. The precession movement is common to all bodies that revolve around themselves and move at the same time in the presence of a gravitational field, as in the case of a spinning top.





The following video will help you better understand the precession of the equinoxes: <https://youtu.be/dpcnbcF3dSA>

## The history of human civilization

Now we will place ourselves 450,000 years ago, in the true origin of humanity.

The books of the history of human civilization go back only 6000 years ago and now we need to go back 450,000.

The **Sumerian records** are the oldest on the planet, 5800 years describing events that occurred 450,000 ago.

We have been here for more than 200,000 years, but civilizations existed on earth long before us. They left without a trace.

The ancient Sumerians tell us a story that is very difficult to accept, it has become the "**Sumerian problem**" because we believe that what we now know about the past is true and it is not.

The Sumerians knew how the planets looked when approaching our solar system, their sizes and characteristics. They left us the oldest source. However, before talking about them we are going to talk about the Dogon because they also know about all the outer planets.

The **Dogons** existed before Sumeria and still exist today. They are a primitive African tribe located in Mali, near Timbuktu. Not only do they have advanced astronomical knowledge, but they also know the history of Sumeria, the oldest culture in the world.

The Dogons know the precession of the equinoxes, they knew that the earth was tilted on its 23rd axis and that it rotated on a circle that lasted 25,920 years.

Robert Temple, a specialist in Eastern cultures, studied the Dogon who had incredible information from his current vision. Your information

reveals that we are not alone. The Dogons have a cave in their land, in some mountains, and in this cave there are drawings on the wall of more than 7000 years. The holy man of the tribe sits at the entrance of the cave to protect it. In this cave there are drawings and information of great value, such as Sirius, the brightest star in the sky, currently called **Sirius A**, which has another star nearby, **Sirius B**, which is very old and very small and takes about 50 years in spinning around Sirius B. It's a white dwarf that astronomers validated about 20 years ago. The Dogon tell us that this white dwarf has the heaviest matter in the universe, 91,000 million tons per cubic meter. Science investigated and corroborated it. Apart from the black holes, it would be the heaviest matter in the Universe.

Sirius A and Sirius B are the names given to them by current astronomers.

According to the scientists the stars are alive, they have stages of growth, of maturity, when they merge, and the final stage of their life, in which they can do two things, or explode and become a supernova, which will be the womb of hundreds of new baby stars, or expand into a red giant to slowly collapse and become a white dwarf.

The scientists found a white dwarf revolving around Sirius, which corresponds to what the Dogons say, but only 15 years ago scientists discovered it.

How can it be that an ancient primitive tribe has such precise information about a star that was measured at the end of the last century?

They also know the white and red blood cells and the physiology of the human body.

There are still Dogons and a scientific team asked them where they had learned this knowledge. They replied that they had been shown the drawings of the caves. These drawings showed a flying saucer reaching from the sky, then the beings of the ship making a hole in the earth and filling it with water to enter it. These beings resemble

dolphins. It was they who gave them all the information. The scientists did not know how to react to this discovery, as is logical.

In **Peru**, many kilometers away from Africa, there are drawings of beings half in and half out of water, mammals that breathe air and their tails are horizontal, not vertical like fish. The only ones with these tails that we know are cetaceans, dolphins and whales.

In **Bolivia**, the indigenous Uros tell that a flying saucer arrived from the sky and landed on Lake Titicaca, on Isla del Sol. These dolphin-like creatures jumped into the water to tell them where they came from and had established a relationship with the pre-Inca peoples.

In **Australia**, articles on this topic were also published. After an investigation they discovered that several cultures around the world, 12 only in the Mediterranean, tell the same story. It was concluded that dolphins played an enormous role in the development of our planet's consciousness.

## **Planet Earth's origin in its current state and the asteroid belt**

The story begins several billion years ago, when the earth was very young. His name was **Tiamat** and he revolved around the sun between Mars and Jupiter. It had a very large moon, destined to become a planet in the future.

According to Sumerian records there was one more planet in our solar system. The Babylonians called him **Marduk**, but the Sumerian name was **Nibiru**. It was a huge planet that turned upside down from the other planets and did it also between Mars and Jupiter, like Earth.

NASA has discovered this planet, although the Sumerians already knew it thousands of years ago.

Nibiru was inhabited by sentient beings called Nephilim in the Bible. They were very tall, they were giants, and women were between 3 and 3.5 meters and men between 4 and 4.5 meters. They were not immortal but lived about 360,000 Earth years, according to Sumerian records.

Nibiru came so close to the Earth that one of his moons hit Tiamat and tore off near his half. This piece of the Earth, along with its main moon, moved until reaching an orbit between Venus and Mars, to become the Earth as it is now. The other part broke into a thousand pieces and became what the Sumerians call the "cocked bracelet". We call it the "asteroid belt". How did you know that the asteroid belt exists? This one can not be seen with the naked eye.

## The Great War

In one of the Sumerian records it is described that the inhabitants of **Nibiru**, the **Anunnaki** or **Nibirians**, after a great war **against the fleet of reptilian ships** from the star Thuban of the constellation Draco, the constellation of Orion and the star Rigel, they lost the atmospheric outer part of Nibiru, which was destroyed along with Mars. The Anunnaki, unable to live externally, became "intraterrestrial", in underground bases. Other clashes of the Great War against Nibiru, made them fall into an orbit of the solar system, and were trapped in the magnetic field of our sun. Because of this they discovered the Earth and in it a large amount of gold, uranium, plutonium, titanium and water, and other products that they needed to rebuild the atmosphere of Nibiru. Nibiru's problem was atmospheric - similar to what we currently have with the ozone layer - and they decided to put gold particles in their upper atmosphere to reflect sunlight and lower the temperature.

Our solar system is called **Monmantia** or **Velatropa24**, because we are the 24th solar system since Alzione up to here. Monmantia has 2 dwarf stars: **Ors** is a dwarf star that is next to our Sun and **Hercobulus**

is the second dwarf star of our solar system or binary solar system. Monmantia means binary.

Nibiru orbits every 3,600 years. Hercobulus, which has a brown color, orbits every 54,000 years.

The aim of the Anunnaki, beings of 4th dimension, was to extract metals from the earth, especially gold, since it is a very special metal. Gold has the ability to block cosmic radiation and they, the Anunnaki, needed it for their damaged atmospheric field. They extracted gold and uranium, and transported it in their ships to Nibiru.

When the Anunnaki came to Earth, other aliens were already here, like the Torank, Shon-Thor Ashirion, the Intraterrestrials, ... All of them also came from a process of the great war with the reptilians and they all took refuge in that moment intra-terrestrial level.

The Anunnaki, the family of Anu, are originally from Vega-Lyra and Pleiades. They developed colonies on Earth and, with their technology, extracted minerals and lived here with beings from Orion, Andromeda, Aldebaran and other star systems. Each group divided the Earth as if they were countries.

## **Genetic modifications**

In principle, the only genetic projects that existed were those directed by Commander Torank, of the star of Aldebaran of the constellation of Taurus. Genetic projects with humans and humanoids began in the continent of Mu and in what currently corresponds to Australia, New Zealand, Easter Island, Micronesia and Polynesia, plus the Chilean and Peruvian Andes.

It was then that the **Sirian Empire** began to operate -one of the largest of the Milky Way in our galaxy-, with more than 1263 stellar systems under its management domain, and with almost 13,000 planets under the Sirian colonial structure within the Milky Way.

Sirius acted in this way: took a planet, for example the Earth, and studied its energy structure, geological, environmental, etc., and examined the races that were developing and took the most advanced race to modify it genetically and, thus take it to be abducted, colonized and use it as a slave to the interests of the Sirian Empire. In those times Sirius maintained a group of souls that had the function of incarnating repeatedly in 100 different colonial projects, so that the earth worked for Sirius and thus the world was property of Sirius.

However, later a group of souls refused to incarnate and Mirza's Sirian Command put these rebellious souls in freezing - **cryogenic bodies** - and left them in a gravitational field, prey for 180,000 to 215,000 years, approximately, of our planet's time.

The **Galactic Council**, which governs a galaxy, drew attention to Sirius Mirza's empire so that the souls that held prisoners would leave them free and thus reincarnate again to evolve and reach their original level of consciousness, extinguishing their memory previously.

The Council of Sirius Mirza contacted **Anu** de Nibirú to inform him that the inhabitants of the Earth, who at that time were primates Humanoids, had to be genetically perfected so that the souls kept in captivity could be incarnated. These souls were clones - the Sirians have the ability to clone souls. And the 600 million imprisoned souls were transferred from Sirius to Earth.

Anu - Anunnakis - returned to Earth about 185,000 years ago. He called his sons Enki and Enlil to tell them that the Galactic Council - a confederate union of positive civilizations within the galaxy such as Pleiadians, Sirians, and Arcturians - wanted to recover these souls, which were to incarnate in a more evolved structure to be absorbed by the **Galactic Confederation**. . Therefore, these primates hominids would be corrected in their genetic deficiencies to make us their children as **true humans**.

Enlil protested, saying that they were warriors, miners and not creator gods. After some time **Enki** accepted the proposal of his father Anu, since he had knowledge in Genetics and together with his wife Nintu

and his niece Inanna-Ishtar, also geneticists, they began to study the DNA of these humanoid hominids and found in them human DNA Michaelical from Vega-Lyra and Aldebaran.

To create this new way of life, they used the DNA of primates - hominids that walked erect - and their own DNA. We were created to extract gold as "helpers". They were first transferred to an island in southern Africa, called Gondwana, so that they would not leave and, when they evolved enough for the work, they were transported to the area of gold extraction. This happened for about 55,000 years.

In the first 8 incarnational cycles these beings could not reproduce because they were hybrids, they did not evolve and could live 1500 years and died without having children. So that they could reproduce they were missing the Pleiadian DNA and then Enki, his wife Nintu and Inanna-Ishtar and other Anunnaki geneticists, requested to the Galactic Confederation, the authorization to be able to have sexual relations with these hominids or through artificial insemination. And in this way generate the genetic mutation in the short term. And so it was done. These beings definitely became Human Sapiens.

When we heard that the gods had sex with humans on Earth, it was simply to get the Humana Sapiens species.

When the first genetically more stable Human Sapiens groups emerged, they could already reproduce sexually. These were placed with charges of "priest and priestesses" in order to create structures within the movement of Melchizedek and Energy of Lanonandek to instruct humans with knowledge: language, mathematics, geometry, geography and in this way form a Human Society Sapiens.

These priests and priestesses were professors, connected some to the energy of Melchizedek and others to that of Lanonandek.

Thanks to the order of Lanonandek and Melchizedek, the children of Canopus (is the brightest star of the constellation Carina) reached a high gradient of light without clashes and within a support for the jump of consciousness.

Most of these masters were Anunnakis temporarily incarnated in a human body. They made maps of the Earth and verified its telluric lines: Hartmann, Curry and other structures. They marked the whole electromagnetic field of the Earth, also called Christic Mesh. The Anunnaki checked the telluric lines and later they defined specific points of the Earth where there was a greater use of energy so that the ships could attach and descend the new souls of Sirius to incarnate in the earth.

In these places where the ships with the souls of Sirius descended, pyramids and temples were built, as it is the case of the pyramids of Egypt, the pyramids of Yucatan and Stonehenge in England, etc. And it is in these places where the priestesses maintained their rituals with the energy of the Sun and the Moon. And they had sexual relations with the priests, being able to obtain the fertilized ovum of Ascended Beings, which once born improved the human race and potentiated the rest of humanity.

This is how the religion of the sun and the moon was created. The religion of bringing the gods to earth through sexual energy.

Many of us sign these contracts to be priests or priestesses. Those who made us sign to improve the human species were in the first place Isis, Inanna-Ishtar, Thot, Osiris, Vishnu, Brahma and Horus. Several of these extraterrestrials were on earth developing the colonial process, the process of perfecting the human species.

In the last 150,000 years, when they begin to embody the first human forms of Homo-Sapiens, after the manipulation of Enki and his wife Nintu, there are many who signed these contracts to have children to improve the human species for a long time.

## **Sumerian civilization: the Anunnaki**

Now historians know that the Sumerian civilization flourished in what is now Iraq, **almost 1000 years before the start of the Pharaonic Era in**



**Egypt.** And both were followed by the Indus Valley civilization (Indian sub-continent).

The Sumerians were the first to write the stories of gods and men, of which all other peoples, especially the Hebrews, obtained the stories of creation: Adam and Eve, Cain and Abel, the Universal Flood, the Tower of Babel, etc. They were an advanced civilization that came from another planet.

**The protagonists of the Sumerian history are 3 siblings:**

- **Enki**, god of Earth, of fresh water and beneficence, stepbrother of Enlil. His son Marduk - also called Molok - would end up having the power of Egypt.
- **Enlil**, god of the Wind, Lord of Mandate, to whom the "mission of the Earth" is assigned.
- **Ninki**, their sister.

They are the 3 sons of Anu, sovereign of Nibiru -his planet-. Anu in Akkadian or An in Sumerian. Anu or An is Yahweh or Jehovah. In the **Old Testament** we find that God is called "Jehovah" and in Catholic Bibles he is called "Yahweh". Yahweh is the Lord, is equal to "I am who I am". Yahweh or Jehovah is not the primary creator, Source of All Is or God.

They are the so-called Anunnaki, sons of Anu, the first to come from heaven to earth.

When NASA sent a space probe to pass through the planets, they realized that the Sumerian and Dogon descriptions were completely true.

The Sumerians knew about the precession of the equinoxes from its beginning. They knew that the Earth was tilted on its 23rd axis and that it was turning in a circle that took about 25,920 years.

We know that Moses wrote Genesis around 1250 BC, 3268 years ago, but there are Sumerian tablets that were written 2000 years before

Moses was born, and they have the same story as the first chapter of the Bible. These tablets describe Adam and Eve and the names of their sons and daughters ... all genesis.

It follows that Moses was not the author of Genesis. This truth is difficult to accept by the Christian community, but it is the truth.

Sumer is a historical region of the Middle East, southern part of ancient Mesopotamia, between the Tigris and Euphrates rivers. **The Sumerian civilization is considered as the first and oldest civilization in the world.**

The origin of the Sumerians is unknown and for that reason it has been described as the "Sumerian problem".

The Sumerians invented pictorial hieroglyphs that later gave rise to cuneiform writing. Most of the Sumerian texts were found on clay tablets, cylindrical seals and statues. The content includes business texts, lexicon, laws, religion, about gods, hymns, prayers, magic, also scientific texts of mathematics, astronomy, medicine, etc.

In the tens of thousands of tablets it is shown:

- Everyday aspects, labor or commercial aspects, real annals, sacred literature, canonical texts, paleontology, anthropology, geology, astrophysics, astronomy, ... very much before they were discovered by our scientists and that ended up giving them reason.
- There are also tablets that describe the creation of the current land, other of the 10 antediluvian sovereigns with 432,000 years of reign and the first Eridu city.

The text that most draws attention is the description of the Flood, whose tablet is in the British Museum. In this text the god An, Enlil and Ninursag decide the destruction of royalty, the centers of worship, of everything. After the Flood had swept the earth for 7 days and 7 nights and the great boat had been wobbled over the vast waters by the storms, Utu - the sun god - came out, illuminating the sky and the

earth. Ziusudra opened a window of his huge boat and Utu made his rays penetrate inside the gigantic boat. King Ziusudra prostrated himself before Utu, the king immolated him a great number of oxen and rams "*you will call upon heaven and earth (...)*. An and Enlil invoked by the sky and by the earth and made appear the animals that arose from the earth. King Ziusudra prostrated before An and Enlil. An and Enlil took care of Ziusudra, gave him life like that of a god, made descend for him an eternal breath like that of a god. Then King Ziusudra, who saved from destruction the seed of humanity beyond the seas, in the East, in Dilmun, made him live.

## **Sumerian and Akkadian myths**

In the year 5,800 BC there was the first settlement of Sumerians. The Akkadians arrived later and made another writing easier.

The El Obeid period of the Sumerian settlement is a protohistoric period of Mesopotamia. The texts are anonymous because they were all one, they had values.

### **Sumerian pantheon or list of gods**

Many texts are repeated in multiple copies transcribed by scribes. Among the main gods of Sumerian mythology or Sumerian Pantheon include:

- Ki: god of the earth, female
- An is the god of gods, the father of the gods, the ruler, god of heaven, male. It is called Anu in the Akkadian period.
- Enlil is the god of the wind.
- Enki is the god of the earth, of fresh water and of beneficence.
- U or Nanna is the god of the moon.
- Utu is the sun god.
- Ainana is the goddess of life and healing.
- Inanna is the goddess of love.

- Nammu: the mother goddess, creator of heaven.

The secondary gods are:

- Nergal is the inner god, of the beyond, who governs the Apsu.
- Ereštīgal is the sister of Ainana.
- Iskur is the lord of the storm.
- Ninkurta is the goddess of war, the champion of the Sumerian "Olympus".
- Dumuzi is the god of agriculture.

In the Akkadian period, which had laws and nationalism, each individual was independent and the gods were more powerful.

### **The gods of the Akkadian Pantheon -period after the Sumerian-**

For the Akkadians it all started with water and the Apsu. The water and the Apsu represented the masculine principle and Tiamat the feminine principle.

Life on earth created 2 aberrations, 2 large snakes - **Lelamu and Lejamu** - that terrorized humanity and were lost in Akkadian mythology, although there are some references later.

After the 2 big snakes came 2 great gods who ruled the sky and the earth, Anshar and Kishar.

In the Akkadian Pantheon we have:

- Anu (gave the name of Anunnakis to his descendants), was the god of heaven, the governor.
- Enlil, the god of the wind.
- Enki of the Sumerians is the god of the Earth or Ea for the Akkadians.

Anu, Ea and Enlil were the ones who shared the world when life was created by sections. Everyone has their fragment. Later other gods arose as:

- Sin, god of the moon.
- The children of Sin: Istar, who would be the goddess Venus; and Sumas, the sun god.

The most important adaptation made by the Akkadians was that of the god Marduk - also known as Molok - who was given more power and settled a monotheistic religion as a germ. He was the one who created the Catholic empire along with Enlil to divert humanity from the true eternal light. On a tablet we find that Anu gives all the powers to Marduk. Marduk's father, Ea-Enki, gave his title to Marduk. Marduk was a god who punished just as his uncle Enlil did. Molok is currently Satan, the most powerful devil.

## **Religion was created by the Anunnaki**

For the Sumerians the gods lived with man and ruled. However, for the Akkadians the gods were in heaven and had god affairs, in addition to having the power to destroy the human being. The Akkadians chose a god and made him the most powerful. That god was Marduk (Molok or Satan).

Religion is a codification created artificially by the colonizers, by the Anunnaki who came from above, to connect in us the submission to the gods. The word "religion" means to "religare" connect to something. When someone has **a religion, they connect to a guru, a master, but not to their inner part, not to their inner Christ.**

The **wheel of Samsara** was invented by the **Anunnaki** to keep the souls imprisoned on this planet, evolving in some points and as slaves in other points.

When we talk about this topic, we enter into the problem of the reptilians, illuminatis and the internal orders that maintain power in this way.

## **Myth of creation according to Sumeria and Acadia**

Everything started in the absolute abyss - like the sky, the stars, the universe. In the abyss there was a very large mountain that was split by Enlil and became heaven and earth. The researchers say that the mountain is matter.

After Enlil created heaven and earth, other gods created light, darkness, the mineral kingdom, the plant kingdom and the animal, but it was with the help of another god that was created to be human.

**This god was Enki**, who with the collaboration of **Ninhursag or Damkina** or **Nintu** his wife, the one with many names, and **Inanna-Ishtar**, these 3 gods, made man. For this they used the mud of the Apsu, which was a great crack that connected with the great world of the beyond. With this mud of the beyond, of the Apsu, they created the human being.

The origin of the creation of the human being is explained in a tablet of Enki and Ninhursag -wife of Enki-: "*My brother, what hurts? My rib hurts. Ninti - daughter of Enki - and Ninhursag have made it be born for you.*"

In the same tablet it is explained that the god Enki suffered from 8 evils, for which the goddess Ninhursag would give birth to 8 goddesses, one for each evil. One of the diseased organs was a rib.

"Nin" means "woman" in Sumerian.

"Ti" means rib and also to give life.

"Ninti" can be translated as "the woman with the rib" or as "the woman who gives life".

In the order of the world is:

- *"It extends its shadow on the terrestrial orb" -3,400 BC -*
- *"Black earth, your trees are tall" Also Egypt is called black earth.*
- *"To the procreative lady, vigor of the country, the life of the black heads" It is not because the race of the humans was black, but that the Anunnaki saw from the sky the black hair of the humans.*

In other tablets also the Myth of the origins is described, like the one of Lahar and Ashnan:

- *"When on the mountain of heaven and earth An had generated the Anunnaki with the name of Ashnan, he had not been born yet, he had not been formed"*
- *"Your bolt has no equal, your hinge is a frightening lion, your crown is the celestial bull, artistic ornament of the pediment."*  
The celestial bull, in its mythology refers to the guardian. In this fragment Enki wants to build a temple in the sea.

## Enki

Enki who is in the light is an inspiring being of our species. He was our creator, but **he is not the primary creator**, Source of all is or God. Enki



is a paradisiacal son (see from chapter 10).

### The Anunnaki gold

Myths of organization:

The first is the myth of Enki and the foundation of Eengurra.

- *"The gods withdrew from Lord Nudimmud and said that there he has built the holy house with lapis lazuli, he has adorned it, with magnificence of gold he has dressed it."* Enki had gold in abundance and he used it to cover the palaces.

## Enki

### Enki and the order of the world

- *"Magilum ships transported gold and silver, they take it to Nippur for Enki, king of all lands."*
- *"Nidaba, the lord of the boat ... gives the scepter of pure gold to the Lord."* Gold was also used to show appreciation.
- *"Great dragon, with residence in Eridu (the first city) whose shadow covers the sky and the earth"*
- *"The divine ushumgallu of heaven, An's friend, Enki put him in front."* Ushumgallu is the great dragon, which differs from the Anunnaki's because they are dragons and serpents.



## **The tablet of destinations, also called Me Tablet**

It is the most interesting.

Enki and the order of the world – **Me Tablet:**

- "Great prince, lord of abundance, lord of intelligence, Lord that An loves, you execute efficiently the mandates and decisions, because you are an expert knowledge of the destiny". Destiny is "Me", it is the word that constructs or destroys creation, and it can even give life to things.
- "My father, king of the universe, has made me appear dazzling in heaven and on earth. My elder brother, the king of all countries, met all the rules in my right hand. "Enki had the rules in the right hand. The rules could be of magic or of technology to create or destroy. In the right hand, the rules are embedded. It seems something similar to software. If a programmer creates a list of commands, a program, when is executed creates an effect.

We as a creation of the Anunnaki are software with orders? On the tablets the Me Tables are repeatedly spoken, even on the tablets of Babylon. Marduk, who is the most powerful god followed by An, is made with the Me Tables and can create or destroy. The fact that Enki has the Me Tables in his arm makes him think that he can also create.

## **Spawn and other created beings**

Myths of organization -Enki and the foundation of Eengurra-

- "*When Enki got up, the fish also rose up, raising their hands in prayer*"
- "*He brought terror down to the great river, and the south wind came to annoy the Euphrates. His rudder was Nirah.*" The south wind refers to the curse that An, his father created. An created 4 curses, the wind from the south, from the east, from

the north and from the west, which produced destruction, hurricanes, etc. The Sumerians feared the snakes and the winds. **Nirah** is another very big snake with demonic tints.

Enki created under his order Kulla, destined to repair the temples. "**Kulla, the great clay kneader of the whole country.**"

## The Anunnaki Rebellion

We need to remember, because many of us were in past lives, and those memories are inside us, but we are not aware.

What we believed about the world is changing thanks to many researchers who are discovering their origin.

We have been here for over 200,000 years, but there were civilizations on earth long before the **Anunnaki**, who left without a trace.

The Anunnaki settled in what is now Iraq and built cities to live. These cities have been discovered in the last 120 years. From them they have taken thousands of cylindrical clay tablets, where the history of Sumeria and the history of the Earth are found, going back hundreds of thousands of years. The names of these cities that we now know are: Kish, Shuruppak, Lagash, Akkad, Calah, Nineveh, Ur, Nippur, Babylon, Uruk - the largest city in the world by the third millennium BC with a population between 50,000 and 80,000 inhabitants - birthplace of the cylindrical stamp and the accounting. In 2016 UNESCO chose the archaeological site of Uruk as a mixed heritage of humanity.

The gold they extracted was not in these cities, but much further away, in the valley of southeastern Africa, in Abzu. The leader of the miners was Enlil and they extracted a lot of gold. They dug between 100,000 and 150,000 years. It was later when the Nephilim rebellion began.

The Anunnaki workers rebelled against their bosses because they felt exploited after 150,000 years of working as slaves in the extraction and

the 12 bosses decided to create other beings to replace them in the extraction of gold.

## Creation of humans

Once the egg was extracted from a bipedal female, they fertilized it with formulas that contained the Anunnaki seed. Then they placed the ovule in a test tube container of clay from the earth and introduced it into an Anunnaki, specifically in the matrix of **Ninki**, Enki's sister, who gave birth to a healthy male, with no hair on his body, with the senses perfect and ability to talk. They called him **Adamu**, the Adam of the Old Testament. Later Ninki asked 7 Anunnaki healers in the city to act as matrices. But this time they placed the eggs of bipedal females and fertilized them with the essence - genetic material of Adamu - and with enchantment phrases, linking the essence of heaven and earth, and inserted the ovules in the Anunnaki matrices. Thus 7 more primitive workers were born.

But as this process was too slow, they decided that the matrix would be the wife of Enki, **Nintu or Ninhursag**, who was delighted with this task. Enki's wife has been given many names: **Damkina, Ninhursag, Ninunta, Nintu, and Ninmah**.

*Damkina created the hills and the mountains. He attended the creation of the human race. She and her niece modeled the man with clay. Damkina is the mother of **Marduk**, the supreme god of Babylon.*

Both Enki and her wife were geneticists. They adjusted the Anunnakis essences and created more females to reproduce naturally with the males already created. But none of them could procreate, rejection was taking place.

*Damkina + Enki produce animal and vegetable life.*

Ningishzidda, the son of Enki, had the solution to create these new beings. He slept Enki, Ninki (Enki's sister), Adamu and Tiamat and

extracted from Enki and Ninki's rib his vital essence and in Adamu's rib inserted Enki's, and in Tiamat's Ninki's, adding to the **Tree of Life** two branches with procreative forces. It seems to be related to the rib of Adam and Eve.

This strategy is describing some type of implant that allowed giving two beings without procreation capacity, Adamu and Tiamat, so that they could have offspring. They became perfect "molds" of human creation. But it was then that Enlil, Enki's brother, expelled Adamu and Tiamat from the Edin to go to Abzu - South East Africa - to devote themselves to the full work of extracting gold like all humans created.

Adamu and Tiamat had 3 children.

Enki finds in the Edin two women and with them she has a son of each, called: **Adapa and Titi**.

Adapa becomes the first civilized man and is paired with his step-sister Titi, giving birth to Cain and Abel -as a reference to Cain and Abel-.

In the Old Testament we can find that the man has his step-sister as his wife, like Abraham and Sarah. This is related to the Law of Inheritance of the Anunnaki, so called "the Seed", which makes the children of the stepsister, rather than the firstborn, if he has been conceived by a woman of another social class. This law marked the Earth Mission many times.

Enki had another son with another terrestrial one, this son was called Ziusudra-Noah. Before the flood, by the instabilities created in the atmosphere of the Earth, Enlil decrees the end of his Mission on Earth and refuses to save humanity. However, Enki, his brother and creator of the "Primitive Worker" has a dream in which he is told to save his son Ziusudra -Noah-, giving him instructions. Ziusudra and some descendants of Cain in another part of the world are saved from the flood.

## The myth of the 7 wise men, after the flood

Ea or Enki was the creator of the **7 wise men**. The 7 wise gathered the knowledge of the gods to distribute it to all the countries of the world. These sages had two thirds of Anunnaki blood. The spell or enchantment could not be deciphered.

The tablets that were found of the 7 wise men are myths, because they mixed the Sumerian culture with the Acadia, since they were found in the south.

The 7 wise men refer to the **ascended humans**. Ea or Enki created 7 demigods or mini-divinities mixing humans with gods. The sages were the channellers of the messages of the gods.

These 7 wise had more intelligence and more knowledge than the people that Enki subsequently created.

One of the 7 wise and the most considerate of all was Adapa, who was able to ascend to the heavens and tell what was seen on the other side, to humanity. The tablets that were written from the knowledge of **Adapa** end with an enchantment whose purpose we do not know.

*"Adapa was the first of the wise, the purifying priest of Eridu (...) who ascended into heaven"*

Adapa ascended into the heavens and lived with the Anunnaki. Adapa "humanda adapa" is the wise man born of the sea, so for the Babylonians he was the man-fish.

In the Bible it is described that the first man created by God was **Adam**, similar to **Adapa**, they have a common etymology and they even have the same history and a totally clear parallelism.

With this we see that the Bible drinks from myths as old as the Flood, Adam, etc.

*"The wise, pure fish-puradu of the sea, are 7."*

The wise, as with the "nommo" dogons, have scales and fish-like appearance.

The names of the 7 wise, mentioned on the tablet are:

- Adapa
- Nunpisigaldir
- Piriggalnungal
- Pirigalabzu
- Lu-Nanna
- Enikarnunna
- We do not know the name of the seventh because the end of the tablet is destroyed.

In other tablets the trip from Nanna to Nipur is described:

"*Nanna-Suen anchored her boat Celeste.*" In India there is also talk of devices for the transport of the Indians in texts not so old. Nanna means "man of heaven." Suen means moon. Thus, Nanna-Suen is the man of the sky associated with the moon. The Akkadians call Nanna, Sin.

In another tablet the myth of **Dumuti and Enkimdu** is described. The courtship of these 2 gods is explained. And this procession is done to the goddess Inanna, better known as Istar, daughter of Sin, for the Akkadians. In this story there is a parallel with the story of Cain and Abel. "*What is a maiden, the stable (...) the maiden Inanna, in the fold (...).*" Inanna is the granddaughter of An, Anus in Akkadian, the God of heaven, the God of the Anunnaki, the creator of everything. Inanna's translation is "the mistress of heaven".

Inanna = Ninni = Nin-an-an = In-na-na = En-nin = Ishtar (Akkadian)

Dumuti and Enkimdu try to dispute the love of Inanna. Dumuti is the son of Absu, the great abyss that dies, but in the Akkadian period this god is resurrected. Inanna goes down to the underworld.

## **Of all the narrated evidence has been found:**

1. Current discoveries of our solar system. Uranus, Neptune and Jupiter are found on the tablets.
2. The discovery of mitochondrial DNA has shown that we all come from the same "Eva".
3. The city where the genetic laboratory is located is Abzu - Africa - and Eridu, city where the first Eden is located. Abzu corresponds to Kenya, Ethiopia and Somalia. The latest scientific findings place the first Homo sapiens in Africa, in Ethiopia, 200,000 years ago.
4. Archaeologists have found gold mines in this place that indicate the Sumerian records. Our bones were found there. The scientists studied the DNA of these bones found in the valley indicated by the Sumerians.

## **Start of our race**

Our race started 200,207 years ago. The Sumerian records show these humans with a height of one third of the Nephilim. In the oldest Bibles the Anunnaki giants were called **Nephilim**. There are 900 versions of the Bible in the world and, in almost all of them, they talk about giants.

When our race was created, those giants became our **mother**. Seven women of them united, died consciously forming a **pattern of seven spheres** of consciousness intertwined, exactly like the pattern of Genesis. This union created a blue and white flame, which the ancients called the **Flower of Life**, and placed this flame within the womb of the earth. The Egyptians called this womb "**Amenti salons**", which is a 4th dimensional space, which is placed in the 3rd dimension, about 1600 km below the surface of the Earth and is connected to the Great Pyramid through a passage of 4th dimension. One of the main uses of the Amenti salons is the creation of new races or species. Inside there

is a room based on the Fibonacci proportions, in the middle of it there is a cube and on the cube, the flame that the Nephilim created. This flame has a height of 1.5 meters and a diameter of 0.90 meters, is blue and white color, is pure prana, pure consciousness.

It is the planetary "ovum" created for us to begin this new evolutionary path that we call "**human**".

## **Mix of races with the Sirians**

When the Anunnaki were preparing to develop this new race, another race of beings, the Sirians, from a distant star - the third planet from Sirius B - traveled to Earth. There were 16 men and 16 women married in a single family. They were also giants and most of 4th dimension. They knew what they were going to do, they entered the matrix of the Salons of Amenti and in front of the flame created 32 pink quartz slabs of 76 cm high, 1.20 meters wide and 5 meters long. Then they laid on these slabs alternately, man-woman, with their heads towards the center around the flame for 2000 years. The Sirians merged with the flame or ovum of the Anunnaki.

The Anunnakis scientists placed 7 human zygotes, created in laboratory in the wombs of seven young Anunnaki women and had 7 human babies, **the race of our mother are the Anunnaki and the race of our father the Sirians, not just an Adam and an Eve.**

Science knows that we have between 150,000 and 250,000 years old, but has no idea where we come from.

Finally, after 2000 years, the first human beings were born in Gondwana, on the western coasts of South Africa. This third planet from Sirius B, which some call Oceania, is the home planet of dolphins and whales. Peter Shestone, leader of the dolphin movement in Australia, tells us that the dolphins came from another galaxy, came to the small star around Sirius B and traveled to Earth. This home planet of the dolphins is almost all of water, there are 2 islands, one the size



of Australia and another as California. The rest of the planet is water for cetaceans.

When Enlil-Anunnaki-arrived on Earth, he first connected with the dolphins -Sirians- to receive his authorization. Then he went ashore and began the process of our race.

Our origins are more Anunnaki than terrestrial. The tablets tell us that Ziusudra (Noah) is the son of Enki-Anunnaki-of extraordinary intelligence and abilities, and his earthly wife, a mixture of Anunnaki and bipedal hominid. This makes 75% of our genetics Anunnaki and we are far from them in terms of longevity. Abraham lived more than 900 years, his children less and has descended to us. Science tells us that we live more and more, what irony!

The genetic father of all mankind is Enki and the Sumerians wondered if their actions were to the liking of the one God or Source of All is.

#### **The twelfth tablet speaks of the designation:**

- The first Sumerian region and space facilities were lands of Enlil.
- Inanna, granddaughter of Anu, is granted the third region, the Indus Valley.
- Marduk is granted the second region, ancient Egypt, laying down Thoth. Ra is declared or supreme God, giving place to a new religion, and initiates the **reigns of the pharaohs**.

Freemasonry has its roots in Ancient Egypt, but in the Sumerian tablets we have our past.

## Myths of contact with the gods

*"Piriggalabzu, who was born in Eridu, having suspended his seal on a fish-suhurmash so angered Ea in the Apsu that this god cut the laces of his cervical vertebra."*

Cutting the cords of your cervical vertebra means that the gift of extreme wisdom diminished.

*"Lu-Nanna, wise only in two thirds - he had 2 parts of god and 1 of human - he made an ushumgallu dragon out of Ishtar, the temple of King Shulgi. The other sages were of human birth, to whom Mr. Ea-Enki- provided a perfect and broad knowledge."*

The Sumerians had a hybridization between the Anunnaki gods and humans. Hybrids are mentioned in the Bible as the giants.

**Usungayo:** the text describes a dragon-like being that comes out of one of the temples of Ishtar, who is the goddess Inanna. Usungayo is a reptilian race that lived with the Anunnaki. There is another version that says that the Usungayo are the transport vehicles used by the Anunnaki, because when the Usungayos left the temple they cast a shadow on the earth.

## Myths of man-god contact

Another myth is that of **Inanna and Shukallituda**.

*"Inanna, after having crossed the heavens and the earth, after having crossed Elam and Shubur, after having crossed (...), the Hierodule, overcome by fatigue, approached the garden and fell asleep. Shukallituda saw her from the end of her garden, abused her, and took her in his arms. Then, he went back to the end of the garden. "*

Hierodule means goddess or human being who practiced prostitution in sacred temples. The story continues: "The dawn broke, the sun came out. The woman looked around, horrified. " This implies that the

Anunnaki gods coexisted with the human being, died, slept, lived, sang, but this changed in the **Akkadian culture, since in the Akkadian culture the Anunnaki were invisible and lived in heaven.**

*"He filled all the wells of the country with blood, filled all the groves and gardens of the country with blood. The servants who had gone to fetch firewood drank no more than blood." "I want to discover the one who has abused me, I will search for all countries."*

We see the great anger produced by this outrage. They are extraterrestrial gods that approach humans.

From 2192 BC the Sumerian civilization became the third Neosumerian period, with the Ur dynasty. This civilization ends around 2004 BC with the invasion of the Marduk people of the Babylonian Empire, which arrived in 1812-1780 BC with the Ancient Assyrian Empire, which ended with the Persians.

## **Chronological order of Sumerian civilizations**

The Sumerian civilizations ordered by seniority:

- Sumerians
- Akkadians
- Babylonians
- Assyrians
- Hittites
- Mitanni
- Persians

In 5,500 BC and until 400 BC the first villages that came from the Neolithic were developed with a social development, a centralized administration and a first marketing at the local level.

In 3,500 BC the villages became a city with a large population and well stratified, public architecture, a centralized administration and a long

distance trade. The geographical situation is southern Mesopotamia. But **where did the Sumerians live?** It is not known, archeology offers us different theories. The oldest one included the Sumerians from the north and from the east of Mesopotamia, the areas of the mountains or in the interior zone of Iraq.

## Languages

Sumerian is a Pleiadian dialect that later gave rise to Chaldean, Aramaic, Hebrew, Latin, etc. All these languages were created by the Anunnaki so that the peoples did not have access to the original knowledge. Thus, with so many languages we lost the power that connected the mind with the larynx.

## 2 lost continents: Lemuria and Atlantis

### The emergence of Lemuria

The Lemurs belong to the Arian project. After Adapa and Titi and their masters Cain and Abel, long before Adam and Eve, Cain and Abel, there was a major change in the axis of the earth that made the island of Gondwana submerge in the sea and Lemuria emerge.

The descendants of **Adapa and Titi** were taken from their homeland to Lemuria, which stretched from the Hawaiian Islands to Easter Island, and was made up of thousands of islands as a continent of water.

They lived there between 65,000 and 70,000 years in a calm and happy way without the interference of the Anunnaki. They belonged to a female evolutionary cycle with the consequent development of the right brain. When Lemuria sank, her race was equivalent to the current development of a girl of about 12 years.

The existence of Lemuria was discovered in 1912. One does not remember exactly why in 1912 similar experiments were carried out to those of Philadelphia of 1942-43, that were a catastrophe that caused the First World War in 1914. The consequences drove back the evolutionary development of consciousness and we fell practically asleep until we woke up again in the 60s.

## **Naakal School of Mystery**

Thousands of years before Lemuria sank, there was a couple, **Ay and Tiya**, who made a great discovery and created a school to communicate it. It was the first school of mysteries on Earth in that life cycle. It was called "**Naakal Mystery School**" and had approximately 1000 students. Ay and Tiya achieved immortality along with their son, through lovemaking interdimensionally, without being in the same room, through a certain way of breathing and making love to conceive a child. Thus the mother, the father and the son became immortal again. (Later we will return to Ay and Tiya).

The Lemurians were very psychic, they knew that Lemuria was going to sink well in advance and took their valuables from the area of Lake Titicaca to Mount Shasta.

## **Atlantis**

Today the most rigorous science has opened the door to the dreaded word "Atlantis". Is it conceivable that the mythology that has come to us through Plato, in which we speak of an advanced civilization prior to ours, was capable of things like this? Probably not a myth, but in fact we are contemplating the ancient remains that survived and can be touched. Those days when we could do things that we can not do anymore.

The sinking of Lemuria occurred at the same time that Atlantis emerged, a very large continent.

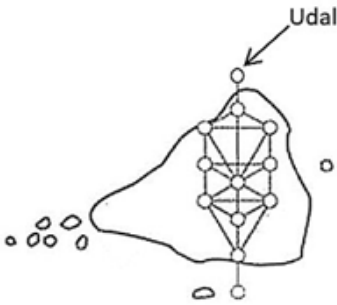
At that time the southeastern part of the United States was not there. Florida, Louisiana, Alabama, Georgia, South Carolina, North Carolina and part of Texas were underwater.

Atlantis was large and had 9 islands around it, including 6 to the west that extended to where Florida is now.

The immortal beings of Lemuria went from their homeland to one of the islands north of Atlantis, which they called Udal.

When the time was right, the Naakales - from the Naakal Mystery School - of Lemuria projected on the surface of Atlantis the shape of the Tree of Life (see chapter 2 on Sacred Geometry).

### Atlantis: The tree of life



**The Island of Udal and the Tree of Life in Atlantis**

They used 12 circles instead of 10, but circles 11 and 12 were off the island. One of the points was in Udal and the other was in the water to the south. The forecast was perfect.

Plato says in his book *Cristias* that the main city of Atlantis was built of red, black and white stones and was of great beauty.

The School of Mysteries of Naakal infused life into the Tree of Life. This created **energy vortices** that rotated in each of its circles.

## **Nature tends to fill the void**

Once the energy of the vortices was established, all the sons of Lemuria who had settled in other lands, such as the west coast and the north of South America, were called to appear in Atlantis.

A great migration began and each Lemurian was attracted to one of the 10 centers of the Tree of Life, according to their nature, and they began to build cities.

However, there were two empty centers, one was in the north and the other in the south and no empty spaces could be left.

To fill these 2 empty vortices two extraterrestrial races intervened, the first race was the Hebrews, who arrived from our future and from outside our planet and had permission from the Galactic Command. They brought knowledge that we did not have and the interaction was very beneficial.

The other race caused great problems. They came from Mars and still today are causing many conflicts. The secret government and the billionaires of the world are of Martian origin or have mostly Martian genes and little or no emotional body.

Mars was of extraordinary beauty. It was similar to Earth. However, more than a million years ago the Martians joined the third rebellion and failed. Several planets and Mars among them were destroyed. They tried to create life with a reality separated from God. When you try to separate yourself from God you break the connection of love with reality. The Martians and many others created a separate reality, cut off the bond of love and disconnected from the emotional body. They became purely masculine, they were logical without emotion. They ended up fighting always because I did not have compassion, I did not have love. In the end they blew up their atmosphere and destroyed their planet.

Before Mars was destroyed, they built huge pyramids of four and five sides (seen in chapter 8). They also created a complex that was able to

create a synthetic Mer-Ka-Bah from where they could see the future and the past.

A small group of Martians left Mars before it was destroyed and traveled to the future and settled on Earth, about 65,000 years ahead of our past. They saw the little free vortex in Atlantis and without asking permission to the Galactic Command they settled and joined our evolutionary path.

They wanted to conquer Atlantis, but they could not and were subdued by the Atlantean Lemurians, however they could not expel them.

Atlantis then, evolutionarily, was a girl of 14 years and they were a man of 60 or 70 years. The Martians began to introduce their left brain technology that the Atlantean Lemurians did not know, since they knew the right brain technology that is also powerful.

His left brain inventions changed our polarity on the evolutionary path, modifying the nature of what we wanted to be and seizing control. They had all the money and all the power.

26,000 years ago we had another minor change in the poles that coincided with the precession of the equinoxes - this has been recorded by science - and a part of Atlantis sank in the ocean. This generated a lot of fear because they thought they were going to lose the entire continent as it happened with Lemuria. They no longer had so much ability to see the future and fear seized them for 200 years.

For a time they made a lot of progress, but after 13,000 years of our time a comet approached Earth. They witnessed their approach and a conflict began. The Martians, who were a minority, wanted to destroy it with their laser technology. But right-brain Lemurians said that the comet was in divine order and wanted to let it collide with the earth.

The comet exploded into the earth in a thousand pieces and the largest struck the main body of Atlantis, leaving two holes right where the Martians were, in the southwest, killing much of the population.



The Martians separated from the Lemurians. They started constructions similar to those they had built on Mars to create a synthetic Mer-Ka-Ba again.

Much later the Martians, in 1913 and 1943, did more experiments, called the **Philadelphia Experiment and the Montana Experiment**, and another in 1993 near the island of Bimini (Bahamas). The dates used are windows of time that are opened for the experiment to be successful. Their intention was to dominate the planet, but they failed, they lost control and the degree of destruction was horrible because the lower dimensional levels of the Earth were torn. They almost killed the planet Earth.

In the Philadelphia experiment they created a synthetic Mer-Ka-Ba like that of the Martians in Atlantis. In the Montana experiment it was done with the help of the Grays (extraterrestrials) to solve the failure of the Philadelphia experiment, but they also failed.

This Mer-Ka-Ba out of control freed many spirits, who entered a world they did not understand and were terrified. As they had to have a body, they entered hundreds into each person of Atlantis. It was a catastrophe, the biggest that the Earth has ever lived.

## **The Bermuda Triangle. "The fall"**

The Martians had the will to control the world and to achieve it they built, near one of the Atlantean islands, in the area that is currently called the "Bermuda Triangle", a synthetic Mer-Ka-Ba on the ocean floor, towards the deepest, and failed. The Mer-Ka-Ba was out of control, producing distortions in space-time. Many of the ships and planes that have disappeared have gone to other dimensional levels.

Many of the conflicts between humans such as wars, divorces, emotional disorders, etc., are produced by this unbalanced field. This problem extends far beyond Earth, because it was illegal, it was against all galactic law.

The continent of Atlantis and its entire population fell ill with rare diseases, trying only to survive. It became hell. It was "**The Fall**".

The Atlantean Masters who were on Earth did everything possible to heal the situation. His concern was to find a way to recover the way after "the fall" (*Remember the Introduction*).

The upper levels do not agree with the polarity: "We and them" because there is only a single awareness of love and respect.

The only way was to take us to the **Christ Consciousness**, a level of being where unity can be achieved with love and compassion. We had to reach this level in 13,000 years and **now the time has come**. If we do not succeed, we will destroy ourselves. We are **protagonists of this change**.

After a whole period, the ascended Masters removed most of the spirits and almost completely healed the situation, but all the systems in Atlantis, financial, social, etc., degenerated.

They called the higher levels of consciousness. They invoked prayers to the Galactic Command and they studied the situation to heal both the earth and its inhabitants, both darkness and light.

## **The existence of the network of unity consciousness**

They decided to rebuild the planetary network so that we could recover the **Christ Consciousness** as a planet in 13,000 years, which is now.

There is a planetary network that surrounds the planet and that sustains each of the living species with an appropriate dimensional level for each one of them.

At first there were 30 million networks around the earth, but now there are about 14 million and they are decreasing. Each of the networks has its own geometry and is unique.

The Network of Christ Consciousness sustains the Christ Consciousness of the planet and, if it is not there, we can not reach it. The network was already in the Atlantean times, but the Martians left it in a passive state, so the Masters activated the Christ Conscious Network around the Earth to be a living network.

The aborigines of Australia have always known that there was an energy field connecting people. In our society it happens that someone invents something very complex and in another part of the Earth they invent the same thing, with the same principles and ideas. Each inventor says "You stole it from me". So governments began to realize that something connected us all.

In the 1960s, the US and Soviet governments discovered human networks, which are about 97 km or more above and around Earth. The governments investigated the knowledge of the aborigines of Australia, about this network based on triangles and rectangles that is very masculine. They were interested in getting control. Since World War II, governments began to place military bases around the world, even in remote islands such as Guam. Why? It is because the bases are at the nodal points of the Network. They are in these precise places. In this way they know what we think and feel and can control. However, above them, the US and Russia, is the Secret Government.

Now we have a network up there, it is the Unity Consciousness Network or simply "the next step". He has been there since February 4, 1989. Without this network we would not be here anymore. The governments of Russia and the USA, as well as the Secret Governments, are trying to take control of this network to control our thoughts and feelings.

## **Who built the Network?**

The reason they chose Egypt (known as Kem) was because an axis of the original flame, which contained the ovum of our collective

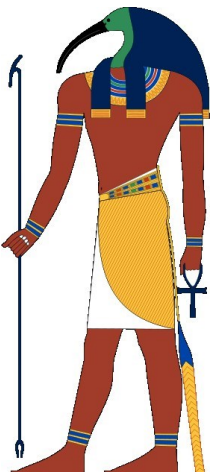
consciousness, arose in that area. It was to be hoped that this point would make a Christ Consciousness mature.

They dug a hole just below the axis, which extended across the entire Earth, to the ovum of our consciousness. One of the ends of this axis arises in Egypt, and the other end does it in the other end of the Earth, in Moorea, a small island near Tahiti.

According to Thot, Ascended Master, there is a vortex or spiral at both ends of the axis, and the shadow that forms on the ground resembles that of a logarithmic spiral.

## **Thoth, guardian of the Ascension flame**

Thoth arrived from Venus with the Old Man of the Days - Sanat Kumara. He was the god Osiris of Atlantis and Hermes Trismegistus. His name in the White Brotherhood, as Ascended Master, is Serapis Bey.



**Thoth**

Thoth was the character that, according to Egyptian mythology, introduced the sacred or hieroglyphic writing in the world. The hieroglyphics of Thoth show his head like an ibis bird.

He holds the resurrection staff in his right hand and in his left hand the ankh, symbol for eternal life. From the Egyptian point of view it is the symbol of an electromagnetic energy field that surrounds our body. The sexual energy can make the journey of the ank (see chapter "Sacred Sexuality").

He was the god of wisdom, writing, music, time, spells, dreams, etc.

In Egypt Thoth was called "The Scribe", because he was the one who transcribed all the ancient history. Thoth remained in physical body for 52,000 years. During a period of 16,000 years he was the king of Atlantis, with the name of Chiquetet Arlich Vomalites. He could have

gone before, but it did on May 4, 1991, because for the first time in 16,000 years the luminosity of the planet is more intense than its darkness. Although we do not see it, the balance of power has undergone a change, and the laws have been disrupted.

Thoth left after helping us.

Thoth communicated with Drunvalo Melchizedek for the first time in 1972. Most of the information collected by him is about us and our own history.

### **Drunvalo Melchizedek**

Drunvalo Melchizedek (Bernard Perona, 1941) is a professor and writer of spiritual subjects. Currently lives in Sedona, Arizona. Drunvalo Melchizedek studied Fine Arts at the University of Berkeley. He also has studies in physics and mathematics. He has written 5 books and is a consultant for Spirit of Maat magazine and founder of Flower of Life facilitators, as well as the School of Remember.

**Thoth** knew that everything was interrelated and that there is a unique spirit that governs everything. During a period of approximately 2000 years he traveled to different planets. There are masters like Thoth - now called Serapis Bey - who are helping people to awaken as he did. Thoth came down to Earth to get her out of the darkness. He was accompanied by **Sanat Kumara as an Elder of the Days**.

The Hermetic School of Thoth was called the **Temple of Divine Light**. It was a school that taught the fundamentals of the manipulation of mental and psychic abilities to the inhabitants of this world. It established a balance between scientific and spiritual knowledge, as it should be in our day.

They were **Thot, Ra and Araragat**, who flew to what is now Egypt, to the Giza plateau, which at that time was not a desert but a rainforest to rebuild a new network on the old axis according to the instructions of their higher consciousness. They had to complete the network in

the higher dimensions, then physically build the temples before the new unity network could be manifested. Once manifested and balanced, they would help us to begin moving consciously towards the superior worlds of being to begin again our path towards home, with God.

They had to act at the moment when the precession of the equinoxes passed the low point in consciousness and had to be completed by the end of the 20th century.

They went to the point where the vortex of the Consciousness of Unity of the Earth came out, about 1500 meters from where the Great Pyramid is now in the desert. **They created a hole 1600 meters deep. They built a small stone building in front of the hole. This hole is the key to the entire Giza complex. Then they built the Great Pyramid and later the other two pyramids were built. The 3 pyramids are located in a logarithmic spiral. This Egyptian area is the north pole of the Unity Consciousness Network.**

According to Thot, the Great Pyramid was built by him, not by Kheops. The construction lasted 200 years before the change of axes. The apex of the pyramid lay exactly on the curve of the spiral. **The south face of the stone building and the north face of the Great Pyramid** are in perfect alignment. Later the other 2 pyramids were built on this logarithmic spiral.

The hole is the most important place in Egypt because it became the beginning of the **Earth Unity Consciousness Network**. At this point it is called the "**Solar Cross**".

There is another hole located about one block away from the first spiral and that second spiral slowly overlaps the first spiral. So these 2 complete spirals defined the axis of what would eventually become the **Earth Unity Consciousness Network**.

All the structures were built with the golden ratio and the Fibonacci spiral.

The location of the sacred sites of the world is due to a single consciousness, from the Machu Picchu to Stonehenge and Zaghovan. From this point in Egypt all the other sacred places were calculated from a single consciousness, which created almost every one of them at the right time and in the right place.

## **Sacred places**

**On the other side of the planet, in the Tahiti Islands, there is a small island called Moorea, where the south pole of this Oneness Awareness Network is located.** The island of Moorea is heart shaped and each house on this island has put a heart with the number on it.

Both in the North Pole and in the South Pole there is a ring of mountains forming a perfect circle, a female circle surrounding a phallus that rises in the middle. On the island of Moorea the circle has the shape of a heart.

All the sacred sites are connected to the Egyptian pole forming a **toroid**-geometric shape based on the sphere similar to an apple.

If we were to cross a straight line across the Earth from Moorea, we would go out in Egypt.

## **The Great Pyramid of Egypt**

The Great Pyramid is missing the 14 cm high gold coronary stone. It was a holographic image of the entire pyramid, with all the small rooms inside it and it's in the locker room. The other two pyramids have full faces ending at the vertex. Only the great pyramid has a flat surface at the top that is a landing platform for a very special ship.

The ship that is 1,600 meters below the Sphinx, in a circular room, has a flat floor and ceiling. It is 500 million years old. It is circular like a disk

with a base and a flat top. Its thickness only has between 3 and 5 atoms. Their upper and lower faces have a certain pattern:

It's transparent, you can see through it. It's almost like I'm not there. It is a ship but it does not have engines. It is propelled by thoughts and feelings, designed to connect and extend the living Mer-Ka-Ba of the person who gets on it. This ship is connected with the spirit of the earth and in "the Emerald Table", one of the books of Thot or Hermes Trismegistus, it is called: "warship". He was the protector of the earth.

Whenever we reach the vulnerable point of the precession of the equinoxes, when the poles of the earth make a small change, the extraterrestrial **grays** try to dominate the earth, according to the "Emerald Tables". This happened millions of years ago and today it still happens. This is the battle between darkness and light.

However, when it is going to happen, there is always a very pure person who discovers how to move to the next level of consciousness. Find the ship and it rises towards the sky. The Earth and the Sun connect with it and give it great power. As we have said, what this person thinks and feels happens. This person thinks they are leaving, forces them to leave.

The last person to **do so was a 23-year-old Peruvian woman in 1989**. She made the first ascension process to the new network, connected with it and with the Earth. After a whole program, she thought that the grays and others related to the conquest of the earth would fall ill without being able to heal. After a month they began to get sick and all their bases and plans have been altered. All thanks to this blessed woman.

## **We return to Atlantis**

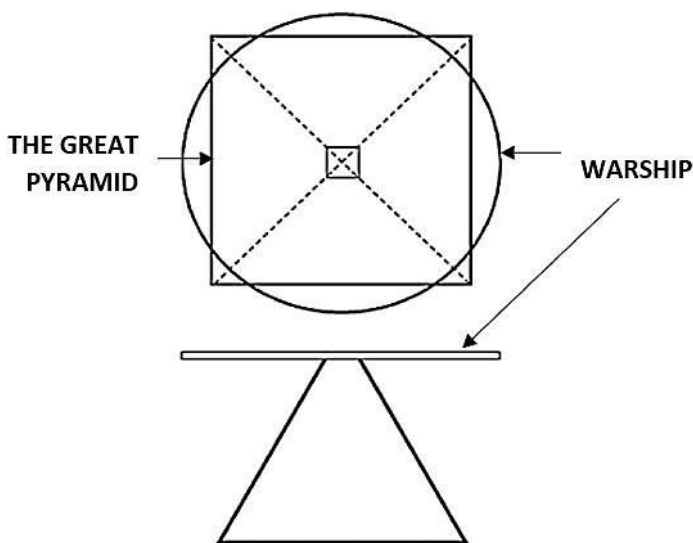
When Thot, Ra and Araragat saw the first signs of the collapse of Atlantis, they raised the warship to heaven and went to Atlantis, down and picked up the people of the Naakal Mystery School, the original



immortals of Lemuria and the enlightened beings during the elapsed period.

A thousand originals from Lemuria, plus six hundred from Atlantis, were the only occupants of the old ship. They created a Mer-Ka-Ba that surrounded the ship, therefore, a very powerful field around them while they were going to Khem, which would be the new Egypt. From the ship they saw how Udal was the last island that disappeared in the water.

They arrived in Egypt and landed at the top of the Great Pyramid.



If the Ascended Masters had not had rotating Mer-Ka-Ba fields around them they would not be here, because their Mer-Ka-Bas always protected them.

After landing in the pyramid, the poles of the Earth began to change and human consciousness began to fall, the magnetic and electromagnetic fields of the Earth collapsed and all life on the planet entered the Great Void for 3 days and a half of absolute darkness.

## The Emerald Tablet

The Emerald Table says that each time we pass around the precession of the equinoxes and the poles undergo changes, we go down through an empty space for 3.5 days of darkness.

When we are in a vacuum we are one with God.

The people who were on the warship were the only ones who did not lose their memories because they were protected by the Mer-Ka-Ba.

**Memory** is mainly sustained by a magnetic field around the brain, skull and head, which is stable and alive like a computer and is connected to the Earth's magnetic field.

The population that survived had to start from scratch in the 3rd dimension, they fell by many dimensions and had to learn to survive again. It was as a result of the synthetic Mer-Ka-Ba of the Martians in Atlantis.

In addition to the Ascended Masters and the 1600 that traveled on the ship, the Anunnaki and the Sirians, our mother and our father, kept their Mer-Ka-Ba fields alive. The Sirians remained in the Halls of Amenti, within the Earth, and the Anunnaki within the dimensional knots of this planet. Both groups are still here on our planet.

When the light returned, **3 groups** were made, the **first group** was Thoth, after landing in the Great Pyramid. Ra and a third of people went down a tunnel to a room that is made of red, black and white stones, which they were the primary architectural colors of Atlantis. From that tunnel they went down well below the pyramid to a city that Thot and his companions built when they built the pyramid. It was built to house about 10,000 people because they knew that a large number would rise for the next 13,000 years. They gave rise to the current civilization.

The **second group** was formed in Sumerian and the 1,067 Ascended Masters took off the ship and flew to Lake Titicaca, where they landed

on the island of the Sun in Bolivia. Then Ararat took off with the **third group**, with the remaining third of people. They flew towards the Himalayan Mountains, where Ararat and the group got off. However, seven people remained on the ship and flew back to the Sphinx, leaving the ship in the room where they had been the last 13,000 years, until the Peruvian woman lifted her back into the blue skies of the Mother's atmosphere. Land.

## Sacred Network Sites

- **Egypt** is the male component of the Network. Isis is the female counterpart.
- In South America, the sacred place is **Peru**.
- In Central America, the sacred place is part of **Mexico**.

However, the female aspect focused on the **Uxmal** complex, in Yucatan, Mexico, where many survivors of Atlantis found refuge. In Uxmal there are 7 temples located in spiral Fibonacci and are the 7 main temples of the female component of the Network. They are chakra centers just like the chakra centers across the Nile.

Uxmal - Labna - Kabah - Chichen Itza - Tulum - Kohunlich. These 7 places created the primary spiral of the feminine aspect of the Network created for our new Christ Consciousness and to which we are now able to access.

Afterwards, the female spiral of the Network continues in Tikal, in Guatemala, and this starts a new octave. Finally, it passes through Machu Picchu and Sacsayhuaman, near Cuzco in Peru. Then it passes about 800 meters from Isla del Sol in Bolivia, after an angle of 90° it goes towards Pascua Island and finally **Moorea**, in the South Pacific, where it is anchored inside the Earth.

Going north from Palenque, there is the masculine set of the feminine aspect of the Network:

The Aztec ruins, climb through the American Indian pyramids, New Mexico, then the spiral continues to the Blue Lake near Taos, an area protected by the Taos Indians. Again there is a 90° turn in Lago Azul and it goes to Ute, on the border with Colorado. Along with the sacred sites, the creators also used mountains for their energy vortices. Finally the spiral goes through the lakes Tahoe, Donner and Pyramid. Then it goes through the underwater mountains until reaching the Hawaiian Islands, which connect for thousands of kilometers to Moorea.

It is a network of perfect spirals, moving first in the clockwise direction, then in the opposite direction, until they find their destination in Moorea.

The pyramids built in the mountains of the Himalayas were crystalline, that is, with three-dimensional crystals at the corners. The largest pyramid known in the world is in Tibet, it has a crystal coronary stone. Two teams of scientists have been there and it has also been photographed from the air. You can see only three weeks a year, when the snow allows it. Above, on a wall, there is an inscription: The Flower of Life!

There are also 4th dimension pyramids that we can not see. They represent the neutral energy or the master of the Christ Network. There are 3 aspects to this network: Mother, Father and Son. The Father is in Egypt, the Mother is in **Peru-Yucatan-South Pacific**, and the Son is in **Tibet**.

## **The 5 levels of human consciousness**

According to That there are 5 levels of consciousness on planet Earth with different DNA, different bodies and different ways of perceiving reality.

The levels are scaled up to reach the fifth, to leave the Earth forever.

1st level: the height of the people is 1.20 - 1.80m.

2nd level: the height of the people is 1.50 - 2 m., which is where we are now (44 + 2 chromosomes).

3rd level: the height of the people is 3 - 5 m., which is our next level (46 + 2 chromosomes).

4th level: the height of the people is 9 - 10m (48 + 2 chromosomes)

5th level: the height of the people is 15 - 18 m (50 + 2 chromosomes).

The 4th and 5th levels are for the future.

The archangel Metatron who is perfection measures 16.76 meters. According to Sumerian records they measured between 3 and 5 meters in height. In addition to having different DNA, the main difference is the number of chromosomes.

## **Egypt, pillar of human civilization**

Egypt was the place chosen by Thot, Ra and Araragat to restore our consciousness. It was the main area where the survivors of Atlantis and the Ascended Masters were located.

Egypt is the Father of the Network. The primary information of the Mer-Ka-Ba must be remembered through the Father.

Egypt is the place where the most important School of Mysteries was and in its monuments the different levels of consciousness are shown through the sculptures of humans and their different sizes.

The chakra system's column base, which is the male aspect of the Christ Network, is at Abu Simble. The seated sculptures, if we raised them, would measure 18 meters, which indicates that they were in the 5th level of consciousness. They measure 10 meters in another wall, corresponding to the 4th level of consciousness and those of the hator race, build by Venusians, are in the 3rd level of consciousness with 5

meter tall men and 3-3.5 meter women. Everything was created in many levels of consciousness.

We have an example in a work written with 100 levels of consciousness. It is the Emerald Tablet of Thoth or Hermes Trismegistus, in which each person understands the information according to their level of consciousness.

Archaeologists say that kings are more important than queens because of their difference in height, but it is not true, since the statues show us the 5 levels of consciousness. Each king or pharaoh had 5 names as his 5 levels of consciousness. They were able to change to human levels to communicate with people and be able to guide them to the spiritual realms.

**Ay and Tiya** lived in a round house in Egypt. There is an image of Ay of human size in a wall of this house but on the other side of the wall it has the same face and measures 4.5 meters. These two images want to represent that Ay could move between these two levels of consciousness.

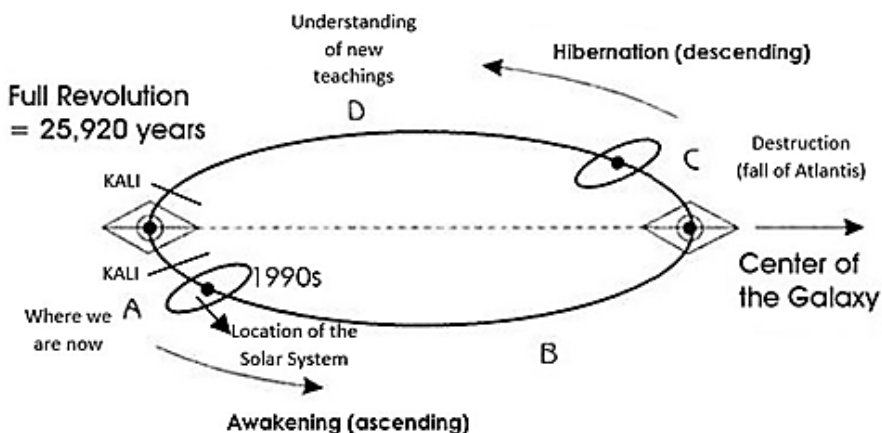
In ancient Egypt, woman was equal to man, there was no difference in power. The woman could also be a pharaoh. Among the pharaohs who left the greatest footprint: **Hatshepsut** is the great pharaoh, who has an idiosyncrasy of her own (her son was captain of the armies); **Tausert; Cleopatra; Nefertiti; Siptah; Ahhotep**. In Dynasty XVIII (1550 - 1307 BC) the ones that stood out were: **Tetisheri; Ahhotep; Ahnes-Nesertari**.

## Step-by-step evolution

Both Egypt and Sumeria have a step-by-step evolution. Their knowledge was very advanced and periodically they were expanding in diverse subjects and always with a lot of precision.

If we observe the path of the precession of the equinoxes, point C is that of the fall of Atlantis and when the poles change.

This point also coincides with the Flood of Noah and the melting of the polar ice caps. We see that Point C is that of destruction.



### Precession of the equinoxes – Drunvalo Melchizedek

From C to D they spend 6,000 years in waiting because in D, the 1600 Ascended Masters could already teach the new culture.

### The Brotherhood Tat

Tat was the son of Thoth and formed a group called **Tat Brotherhood**, which still exists today as guardians of the sacred temples. Behind the brotherhood were the Ascended Masters, who began their teachings to a first group of Egyptians who, using this knowledge, created a higher evolutionary level. This first group expanded when they shared it their new knowledge with more groups. Later the knowledge increased in level and was also shared.

The Ascended Masters gave information for a short period and the evolution skyrocketed, **growing in a staggered way**. The Egyptians acquired the paternal aspect of knowledge conducted by the Sirians. The evolution of Sumeria was led by the Anunnaki, the maternal aspect.

The maternal aspect and the paternal one agreed so that the "children", the brotherhood, began to remember. And this starts at point D of the precession of the equinoxes, the ideal point for success.

However, after the Sumerian and Egyptian cultures degenerated after entering the cycle of "asleep," and they began to sleep more and more, until reaching "Kali Yuga," where humans began to have difficulties to understand all knowledge. About 2000 years ago, in the middle of Kali Yuga, and in the time of Jesus - who came to leave the seed of knowledge so that we could now understand his message - and human beings were in deep sleep and instead of going toward evolution, all cultures began to degenerate.

## **The first pyramid**

It is believed that the pyramid of Sakkara is the one that started the Egyptian culture, but it is not true. There is another pyramid about 500 years earlier than that of Sakkara called Lehirit. There are many other step pyramids like these, called mastabas.

These pyramids have armed soldiers guarding them because they know they exceed 6000 years old. These pyramids have geometric writing on all walls. Thirty American linguists who were able to enter Lehirit felt that the writing on the inside was older than Sakkara's and that there was geometric writing on all the walls.

They believe that the key to all languages in the world are in this pyramid because of their sacred geometry, root of all the language of the universe.



In the 80s of the twentieth century the Russians, with the Venera probe, found other pyramids on Venus.

The Bosnian pyramids that are more than 250,000 years old were spaces for the materialization of consciousness and soul to achieve new incarnational cycles for the Aldebaran groups through commanders Torank, Shontor and later the Anunnaki Enki and Enlil.

There are also buried pyramids in northern Japan.

## **The true function of the pyramids**

The pyramids, because of their sacred geometry and because they are located in the Christic mesh, allow the capture and emission of the primordial energy of the stars, which are emitted at carbon-hydrogen frequencies to store virile energy and neutrinos, generating energetic vortices, combustible and information and as recordings of the activities of the groups of the Galactic Federation.

The regulation of the groups of the Federation determines that any occupation and visit to any planet must be recorded and registered within the megalithic structures, in order to maintain the records of the expansion of the Federation. That is one of the functions of the "crystal skulls" - K2 monoliths and stones of the UNI in Peru - that store information on Earth for 3.2 million years.

There is information about ancient civilizations stored both under the seas, in the intra-terrestrial world and on the surface of the earth, as well as the networks of registers.

All this technology is being examined by NASA to generate quantum computers.

The energy of the virile cannons disintegrated the planet Maldek, which existed between Mars and Jupiter.

## **Other functions of the pyramids**

The pyramids were not merely temples, they were learning places for the initiates. The key to understanding is to comprehend how different types of energy work with different types of geometry. Each structure was built according to certain sacred geometrical principles with the aim of creating certain frequencies inside the individual.

The pyramids served essentially as a book, enabling the student to understand and speak the language of emotion and feeling. This language still exists today; it is the language of electromagnetism spoken in the energy field surrounding the heart, which qualifies your body.

## **Upper and Lower Egypt**

The southern area was named Upper Egypt, the northern zone, Lower Egypt. This distribution was like the opposite because after Atlantis the Earth turned in the opposite direction to the current one and the magnetic poles were also reversed. Thot, Ascended Master and therefore immortal, was the builder of the Great Pyramid, erroneously attributed to Kheops, and who led the ancient Egyptian race from 52,000 BC to approximately 36,000 BC. Thot said he went through 5 pole changes: I have seen the sun emerge from the east and then from the west five times! Currently, the Nile River flows from south to north, in the opposite direction of most of the rivers.

When the poles change this next time there will be an inversion in the rotation of the earth and therefore in the way in which we move in relation to the sun.

As we already mentioned in the text referring to Atlantis, there was the Naakal Mystery School, formed by the Ascended Masters Ay and Tiya along with 1000 members of Lemuria. This school took between 20,000 and 30,000 years to get a person to achieve immortality. This person was Osiris, who was not Egyptian but an Atlantean.

### **The story of Osiris is as follows:**

There were 4 brothers of the same family. Isis -women- married Osiris -man- and Nepthis -women- married Set-man-. Set killed Osiris and put his body in a box floating on the Nile. At that time the name of the river was not Nile, because the story happened in Atlantis. This death shocked Isis and she and her sister Nepthis went to look for Osiris, they found him and tried to bring him back to life, but Set cut the body of Osiris into 14 pieces and scattered them throughout the world. The two sisters found 13 of the 14 pieces and assembled them, but never found the phallus, piece 14. It was Thot who, through magic, restored piece 14, restoring the flow of healing energy, restored it to life and, in addition, endowed it with immortality. He was the first resurrected master of Atlantis.

From the Egyptian point of view, **immortality** is achieved through **sexual energy**, as was achieved in Lemuria.

In this process Osiris went through the three levels of consciousness:

- 1st level: whole body.
- 2nd level: separated from himself.
- 3rd level: all the components came together again and he became immortal

This pattern of Osiris was used for other people to reach the third level.

#### **1st level: transpersonal holographic memory:**

Both the Atlanteans and the current Aborigines of Australia had complete memory. They remembered everything that had happened and they also had transpersonal memory. Anything a person remembered could be remembered by other members of their own race.

Because of this power the Atlanteans wrote nothing. They did not need to do it because they had everything in their head.

The Martian aspect - Atlantis - needed it, therefore it had a written language.

## **2nd level: The introduction of writing:**

The Egyptians began to lose holographic and transpersonal memory, but the photographic memory remained. However, they already needed writing to remember.

Thoth, with his 42 books that formed the main body plus the 2 separate books of the main body, introduced the writing and that produced that we fell from the 1st level to the 2nd level of blow. The act of learning to write originated the growth of the upper half of the skull, from the eyebrows up.

This changed many factors, for example to remember certain movements of the eyes were needed.

They entered a stage that, like Osiris, were separated by pieces, separated from the rest of reality.

The 42 + 2 books of Thoth represent the number of chromosomes of the first level of consciousness and with the complete reality that contemplates not only the body but from the most distant planet to the atom.

The **neteis** are described as gods with small “g” in the books of Thot. They are mythical human beings with animal heads and each one represents a chromosome with a characteristic of life and a different aspect. The neteis represent the path to go from the first level of consciousness to the second. The Ascended Masters used the particular genetic code of Osiris to teach the initiates to ascend through the neteis.

This became their religion. However, when dividing the high and the low Egypt, the situation was complicated because each of them had somewhat different images. When Menes of the first dynasty once again united the two countries as one, called Egypt, to be politically correct, they became 84 + 4 gods. This was a big mistake because each

zone considered one of their neteis in their God, with a capital "G", and 88 different ideas of God were produced in the country and they got worse.

## The symbols

To represent the three aspects of consciousness the Egyptians and all the cultures of the world represent them with paintings that contain an animal in the right part that lives **under the Earth**, that represents the microcosm; **the one that flies** to the left, which represents the macrocosm; and the one who **walks on the Earth**, in the middle, who represents the intermediate level between the two, like us.

	<b>On the left</b>	<b>In the middle</b>	<b>On the right</b>
<b>Egypt</b>	Vulture	Right eye of Horus	Cobra
<b>Peru</b>	Condor	Cougar	Rattlesnake
<b>North American Indians</b>	Eagle	Cougar	Rattlesnake
<b>Tibet</b>	Chicken	Pork	Snake

Apart from the symbols that represent the three aspects of consciousness, the Egyptians show us the tools they used and the symbols of resurrection. The ank tool stands out among them because it is the most important tool of understanding. From his point of view it is the key to eternal life. We will see the use of ank in the chapter of sacred sexuality.

## Akhenaten and Nefertiti

In 1500 BC and for 17.5 years, a flash of bright light appeared that saved our spiritual lives. At the time of further divisions over so many

gods, the Ascended Masters decided to bring a true being with Christ Consciousness because humanity had lost it in the "Fall". This being had to become king of Egypt.

Thoth explained to Amenhotep II the problem of Egypt and asked for help. However, the situation was complicated because the son of Amenhotep II was about to become king and Thoth asked him to put an external lineage on the Egyptian throne. Thoth was able to convince him and Amenhotep agreed.

### **Creation of these beings of Light**

Ay and Tiya were asked to have a child, since they were immortal and would have an offspring with immortal genes. They have 46 + 2 instead of 44 + 2.

They had a son who became Amenhotep III and he also had another son named Amenhotep IV, whose best known name is Akhenaten.

Ay and Tiya waited a generation and had another baby, a daughter named Nefertiti. The two brothers grew up together and got married, becoming the king and queen of Egypt.

### **Akhenaten and his father Amenhotep III**

For a time Akhenaten and his father Amenhotep III ruled Egypt together. This represented breaking the rules again. They built a big city called Tell el Amarna in the exact center of the country. This was very amazing because of its precision at that time. The city was very beautiful, the whole it of white stones.

Akhenaten and his father ruled from two places, from Thebes and from Tell el Amarna. The father renounced the throne in life and again broke the rules. So Akhenaten became the first pharaoh of Egypt. Pharaoh means "what you will become."



**Akhenaten's daughter**

Akhenaten measured 4.5 meters, Nefertiti more than 3 meters, and their children were not exactly brothers, they were in another higher level, since their daughters were also very tall.

Akhenaten's mission was to annul all occult religions and return to a single monotheistic religion that believed in one God.

The population worshiped statues and to replace this it gave them the image of the Sun as God, because the sun could not be put on the altars. He also told them that the breath of life, prana, came from the



sun.

It is believed that Akhenaten and his family suffered from a disease, but it is not true, their differences with humans (long and thin neck, very elongated head back, very large ears, thin hands, high waist, broad thighs, thin calves, abdomen dilated) are due to the fact that they represent a different genetics.

There is an engraving of Akhenaten teaching about God in which the rays of the sun are shown and at the end of two of the rays there are small "anks" near the nose, towards the

breath, showing that eternal life comes from breathing.

You can also see two lotus bouquets - the lotus represented Atlantis - outside the vases, because Atlantis was dead. Art reflected the truth in

the eighteenth dynasty, it was like a photograph. The total truth was introduced in this new religion and even went so far as not to allow wearing clothes except in ceremonies.

Physiologically, these bodies are also different from humans:

- They have **two hearts** because they are Sirian beings, their bodies are of the star of Sirius that has **two stars**, Sirius A and Sirius B, is a binary system, like the vast majority of star systems. You have a heart when you only have one sun.
- They present brain differences and other types.

These beings were members of the 32 that were around the original flame.

## **Akhenaten was dethroned**

Most of Egypt's population hated Akhenaten except for a small group. Their main enemies were, on the one hand, the priests because Egyptian religious beliefs were controlled by them, in addition to the life and economy of the people. They were rich and they had power. Akhenaten's message was: *"No priests are needed; God is within you. There is only one God and you can access it from yourselves."*

On the other hand, the most powerful army in the world could not go to war to conquer other countries because Akhenaten was a pacifist and ordered them to return to Egypt and not attack anyone unless they were attacked. So the military came back.

The population also became their enemy because they wanted to return to worship their gods.

But Akhenaten knew that he had to carry out his mission even if it cost him his life. He had to do it to correct the path our collective DNA had encoded within reality and, most importantly, he needed to put into



the Akashic records the memory of the sacred purpose that sustained the Christ Consciousness.

History tells us that the priests and the military came together and gave him a poison that killed him. This is not true because Akhenaten with a poison had not died, since he was immortal. The reality was that the priests hired three black sorcerers from Nubia, who prepared a brew similar to the one currently used in Haiti to make someone look dead. They gave it to him in a public meeting called by priests and military. They placed it in a sarcophagus, put the lid with a magic seal and buried it in a hidden place.

Akhenaten waited inside the sarcophagus for almost 2000 years, before a piece of seal was broken and the magic was undone. Then he returned to the salons of Amenti. For an immortal being this period is like a nap.

After Akhenaten, Ay and Tiya became king and queen for 30 years. This is written in the records. Then they gave power to Seti I, who became the first king of the nineteenth dynasty. He returned to the old tradition, despising Akhenaten.

## **The Akhenaten School of Mysteries**

Akhenaten developed the Egyptian Mystery School of Akhenaten, the law of One. And for that I only had 17.5 years of time. He brought graduate students who were over 45 years of age from the Mystery School of the Left Eye of Horus - the female side - to the Mystery School of the Right Eye of Horus.



**Right Eye of Horus**

The right eye information had never been taught in Egypt and he did it for 12 years. He had 5.5 years left to get them to immortality and he did it! About 300 people passed and they got it. Almost everything was women.

Akhenaten knew that ancient customs would return, but the important thing was to have achieved 300 immortal people, who would go beyond him and Egypt. Besides, the coding of the Akashic records would be a memory that we would all have in our DNA.

We have already talked about Tat, son of Thot, and of the Tat Brotherhood when we referred to stepped evolution. At that time, after Akhenaten marched, the 300 immortal Egyptians joined the Brotherhood of Tat and waited from 1,350 BC until 500 BC, 850 years to migrate to a place called Masada, Israel, and formed the Essenia Brotherhood. At present Masada is still known as the capital of the Essenia Brotherhood.

These 300 people became the inner circle of the Essenia Brotherhood and the other people, for the most part, formed the outer circle, which grew considerably.

## **Akhenaten Egyptian School of Mysteries, the Law of One**

Horus's right eye is controlled by the left brain; it is masculine knowledge. Although the right eye "sees" the right brain directly, it is not the "seeing" but the interruption of what is being "seen". It is the left brain that makes this interruption of what is seen; this controls the right side of the body and vice versa. Similarly, the left eye of Horus, controlled by the right brain, is female knowledge, which was taught in the 12 main Egyptian temples along the Nile. The thirteenth temple was the Great Pyramid.

The initiation lasted 12 years, spending a year or a cycle in each of the temples, learning all the feminine components of consciousness.

But the male component, the right eye of Horus, was taught only once and was not written anywhere. It was a pure oral tradition, although its main information is recorded on a single wall under the Great Pyramid, leading to the Hall of Records. Going down to that room, almost down, there is a 90° turn. Up there, at the top of the wall, an image of approximately 1.20 meters in diameter of the Flower of Life can be seen. Next to it are 47 images, one after the other, which are the images of the chromosomes of the Christ Consciousness, the level of consciousness to which humanity is now heading.

The main purpose of the Christ Consciousness is, above all, the resurrection and the ascension.

## **Connection of Egypt with Israel**

**That tells us:** Mary, the mother of Jesus, was one of the members of the inner circle of the Essenia Brotherhood. She was immortal before Jesus was. Joseph comes from the outer circle.

The immortality of these beings has no relation to living in the same body forever. Actually it is linked to memory. Upon reaching immortality, the memory remains continuous and intact from now on

and from this moment the consciousness is also continuous, without any moment of unconsciousness. Therefore, they continue with their body the time they want until they decide to leave it to go to other planes. Staying in one body forever would be a prison because you could not leave.

The Egyptian plan was that the next step would be to bring into the world a being that demonstrated how to become immortal, starting as a human, putting the experience into Akashic records and making it real.

Mary and Joseph united interdimensionally to create the body of Jesus, which would allow the entrance of their consciousness from a very high level. When Jesus was born, he started as a human like any of us. Through his great work he transformed himself into the immortal state through resurrection, not through ascension, and placed within the Akashic records the exact way of doing it.

# CHAPTER 10

## THE FORMATION OF THE UNIVERSE

(according to Rodrigo Romo)

### Before the Big Bang

Long before the Big Bang there was another universe, a much smaller antimatter structure. This universe came to a collapse of expansion and, when it reached the critical mass, the explosion that we call Big Bang happened. When decelerating this antimatter its atomic particles gave rise to the New Universe that was called Havona - Shantar. In this New Universe the paradisiacal sons who had already reached the level of mastery - they were giants on many levels - were named the new gods to generate a new experience.

These new gods are co-creators of the Universal Cosmos that follow God, "Source of All Is". These beings generated the supramonad.

The paradisiacal son, who is co-creator, is in the 35th dimension (35D) -we are in the 3rd dimension (3D) -, he has the ability to fertilize a supra-monad, giving him his DNA, the energy of life and consciousness.

The **supramonad** is an energy of a level of activity and atomic density totally unknown. It is immeasurable for us, the humans. There is no scientific parameter to define it.

The supramonad one had previously been an Elemental or a primordial Orixá with the knowledge and information of the entire universe since its formation, but had no individuality or experience.

## The Devas and the Orixas

Devic inhabitants are the equivalent of gnomes, goblins, sylphs, undines and other beings that are currently linked to the world of fables. In this story nothing is invented but it was already known that the survival and support of nature as the flora and fauna was partly due to the Devas and partly to the geological and orbital aspects of the 3 moons of this world (Earth had several moons).

The Devic kingdom has 4 basic kingdoms-the power of fire, plants, water, and earth-and a fifth kingdom we call Ether. The Devas created an emotional bond with the life of the world of matter. Within this reality those who have arrived to our days are the Orixas. The Orixas are beings of light that come to help, they are located in Brazil and in Africa.

We continue with the supramonad. When it is fertilized, it already gains, apart from individuality, the memory records of its parents (paradisical sons), although it still lacks experience.

The supramonad has 2 ways:

1. It remains a universal cosmic globe that can, over time, energetically descend and sustain a universe or a galaxy.
2. Enter the process of co-creation in the same way as their parents, the paradisical sons.

In this second option the supramonad will have to have the experience in all the dimensional levels below it.

She will have to go down from 35D to know all the levels until she gets to the world of matter.

By divine law, the **supramonad** has the right to co-create from 12 to 144 **monads** or **eons** (they are intermediate beings of divine intelligence that relate matter and spirit).

If the supramonad was generated in 35 D, when it unfolds it can give the monads something less, such as 30 D. These monads can remain in 30D or lower to less than 30D and have all the experience accessing other levels or dimensions of density of the cosmos.

In each of these dimensions you will have an experience to reach, even to the world of matter.

The monad can generate 12 to 144 "I am." The "**I Am**" normally moves from 20D to 9D and is the one that produces the **soul**. The "I Am" has an energy structure so powerful that when it enters the world of matter it will be destroyed. Therefore, when generating the soul, it divides it into soul fractals from 12 to 144.

The **soul fractal** has the function of coupling to a biological body within the material density, in a human or a whale or a reptilian, a dog ... Thus we know that the soul fractal can coexist from the 6D to the 3D, having their experiences within each dimensional psychic and consciousness level, within each type of sex that they have to live.

**Descent:** Paradisiac son → Supra-Monad → Monad (from 12 to 144 monad) → I Am (from 12 to 144) → Soul → Soul Fractal (from 12 to 144 soul fractals).

## **Soul mates and cosmic process**

The energy of the soul, when the biological race has two sexes, is very powerful and can not adapt and mate itself to the biological form. To solve this difficulty the soul is divided into fractals. These fractals are called "soul mates".

The soul, being divided into  $n$  fractals, gets in the cosmos the sum of the experiences of these  $n$  fractals.

Each time this fractal has a life experience, an incarnational cycle in parallel realities of the quantum universe, adds to the other soul fractals. When all of them return the soul and the soul to the "I Am",

they transfer all the information of what it is to co-create, and when the "I Am" recovers all its particles, it goes to its monad until everyone returns to it "Source of Everything Is ". This is the cosmic process that all of us are living.

As soul fractals we are already in the world of matter. Now we have to go back.

## Ascension

The Source



Paradisiac son

Cryogenic Body



Supra-Monad



Monad



I Am



Soul



Soul Fractal

From the supramonad to us there is a pyramidal structure and obviously we have to go back.

This process is called **Ascension**. The first step is to join the soul fractals of our group, so that they are reintegrated at each level of ascension.

This work is the great work of the **White Brotherhood** from the Orixas to the Ascended Masters that help us to regroup the soul fractals that are scattered on the earth, the threshold, the astral, the parallel reality of the earth and the planets of the intergalactic federation, connected to the hexagonal in the process of around the stars Alzione, Metalquarks, Chapel, Sirius, Rigel and Aldebaran de Toro.

All of them represent the main sectors of exchange of souls from one planet to another and from one solar system to another.

The Chohans **Masters** or Ascended Masters such as Hilarion, Serapis Bey, Jesus, etc., **do the project of rescue** of consciences to help in this reunification of the fractals of the soul. They also take care of **the reactivation of our**

**cryogenic body** to go towards Havona-Shantar, our universe, although other universes exist. The sum of all of them would be God, "the Source of all is".



The granting of life is through several paradisiacal sons: Micah -I'm the one of Jesus Christ-, **Jesus Christ, Star Reg, Metron, Metatron, Sarathen, ...**

The paradisiacal son gives an objective to his creation, but the supramonad - monad - I am - soul and its fractals enter the levels of polarity, of free will, of harmonic or disharmonic aspects.

Many times soul fractals or an entire soul is lost, for example in war, in disharmonic situations or in the 2nd or 3rd cosmic death, on rare occasions. It is decided by his monad and the **council of Shamuna**, which is composed of **12 great archangels** and a thirteenth defined within the Orixas, whose name is **Oruké**.

## **End of the process**

At the end of the process of millions of years, the information of the work passes from the soul to the supramonad one to reach Havona-Shantar as part of the cosmic consciousness of "the Source of all is," whose energy we call The Divine Presence.

This is a cosmic radiation that crosses the Cosmos in zero time, instantaneous, with super-tachyon energy. This is the energy or radiation or consciousness of God.

We are extraterrestrials, we come from the stars. The Earth is the place that has been given to us to live the experiences that our soul has to live and, above all, to be happy!

## **The origin of life**

The galaxy to which we belong had a material and gravitational stabilization of 11.8 to 12 billion years of earthly time, which is what scientists say is the time of our Universe.

The Universe, within the cosmos, changed from densification to matter. This is explained by the theory of quantum physics. Antimatter particles decelerate, becoming baryonic matter, quarks, the group and the mesonic - all subparticles that give rise to the atom - to come to matter as we know it now with its gravity body.

We thus have electromagnetic matter with its multidimensional magnetic field.

## **How did life originate?**

**Life originated where there is no matter. It started in other cosmic levels, where there was no biological structure, there was Consciousness.**

The Consciousness existed in different ordered levels in the following way: the soul, the I am, the monad, the supramonad, God as the Source of all that exists, as the Cosmic Essence, beyond the multidimensional energy of the Cosmos itself. We lack words to define it.

The beings that lived in the energy of antimatter had consciousness and energy. This energy is not scientifically measurable at the present moment of knowledge of physics. In physics, when matter moves at a speed greater than that of light, its mass, its physical body structure, automatically enters Einstein's theory of relativity and becomes energy. That is why scientists say that it is not possible to travel to other stars, because matter becomes energy and life ceases to exist.

However, life is not limited to biology, but is limited to Consciousness. Thus, before matter existed, life existed on other levels beyond what we call the universe of antimatter, formed by supramonad, monads, I am and what one tries to call God.

The energy of life arose in cosmic levels in the spiritual plane, in the spirit or something that can define it within this nomenclature.

A scientist does not understand it in a spiritual way, he understands it physically. A particle of  $-25$  is a subatomic particle of antimatter. Would God be there? God is an energy that is not scientifically measurable at the present moment of scientific knowledge.

When matter began to form in the cosmos, the spiritual hierarchy called I am, monad, etc., and the intergalactic Confederation, as well as the intergalactic federation, began to invest energy, consciousness in biological life, thus giving origin to mineral life, vegetable and animal as we now understand it on Earth. But these groups that developed this project were not God or the Source of all that exists, they were cosmic particles of a great magnitude, like pieces of God.

## Who are we?

We are a piece of a piece of a piece of something greater. Maybe it's a piece of what you understand by God. Then, as God created several paradisiacal sons, who are co-creator sons and are tens of thousands, each one went to a part of the cosmos and resolved to develop their experience in the matter, generating different biological forms adapted to atmospheric, climatological, environmental and gravitational of each type of star or planet that developed throughout the history of the cosmos. We are talking about thousands of hundreds of millions of galaxies, because we are not talking about a planet. We are talking about the Everything.

Then we have to understand that there were hundreds of thousands of co-creator gods bent on generating life with a new cosmic proposal.

## The cosmos

The cosmos is divided by sectors, the first plan: the **agglomerates**, which are the local superuniverses that each has about one million clusters -groups-. Each one of them varies in size. Our cluster is called

by Nasa "**Linikea**", which has within **Megadon**, with more than 5000 galaxies and **Tifanis**, with more than 195,000 galaxies. Our environment has around 500,000 physical galaxies. This is a small piece within our universe, called **Gloton**, which is a mega cluster within a larger context that is part of what is considered **Havona Shantar**. Within this magnitude, different creative or co-creator children developed biological, genetic experiments, where life began to develop.

## Who came to life?

The sons of the paradisiacal sons came to life to live the experience that is to co-create. After thousands of hundreds of millions of years the 105 planets and systems that allow us to live a physical biological life as we understand it begin to be densified and from there the different levels of physical density begin to be developed.

We are a biological structure of 3D -3 dimensions-, but this is not true, since we are multidimensional beings that do not have the perception of the other dimensions. When we speak of an extraterrestrial of the 5th D, these 5 dimensions are physical, but they vibrate in another quantum frequency and they are not visible, they are not palpable for us. At a more subtle level its frequency of vibration has an atomic movement of molecules that we do not grasp.

Then life began to multiply in different dimensions in the cosmos and specifically in our sector, called **Teta**, to which we belong, with 21 galaxies where several projects were generated.

After the living beings of the sea, the mineral kingdom and the vegetable, the oldest project with respect to the animal kingdom was that of the **insectoids** to take advantage of the first environmental and climatic process of the planets in formation and with time the conditions allowed that life was introduced in the **reptilians**, which have a greater capacity for life and have a stronger structure and more advanced genetics.

In the **Orion Sector**, in the constellation of Tuban del Draco, it was where the hydras, the fourth-dimensional winged dragons, were genetically generated, that they could fly and walk by the sea. The Chinese dragons are an etheric race that was the **first reptilian race** to evolve in the natural biological process of a primitive planet. They breathed methane, not oxygen, that's why they spit fire, because they had a reactive atmosphere. For us this is a legend. These 4th dimension races, when they arrived, did not need ships to travel in space because they were etheric and could fly. They left in the astral and eventually developed stargates and flew out. They lived in Tuban de Orion, but since it was a red star that was old and did not have such good living conditions, they marched. It was in Rigel where they developed life. Rigel was a giant blue star that generated energy and heat, everything they needed.

*Stargates are dimensional doors to travel in cosmic spacetime.*

Before the human species were developed, **Sirius** had already developed the felines, which are giant lion-cats, dolphins and whales, as well as the entire aquatic structure of the marine worlds.

After a time closer to us arise the mammalian structures of different genetic levels -animals, human beings, ...-, that over time, in the sector of Benalira begins the project of Micah, called Adamic Michaelic 7500 million years ago. We know the hierarchy of Amelius as **Micah** or as **Jesus**. In the Avior System the first human being was created with the Christ energy at birth, which was called Amelius. From Amelius came **Jesus Christ**, who incarnated to give the physical genetic matrix of the 7th Dimension. The **first human soul form was 7th dimension**, for us etheric or spiritual, which in the development of the planet was adjusted energetically and climatic, giving rise to what we call the 5th dimension, which is also etheric for us. This is the human species before they developed.

## What is the characteristic of reptilians?

As it is an older race, they developed predatory warriors. Wherever they conquer and have in their subconscious they are the heirs of the universe and whatever race they find has to be submissive to them, if they do not, then they exterminate or enslave them. Over time they thought themselves owners of our entire galaxy.

However the **Sirians** confronted them with **giant cats**. Over time the reptilians stole the adamic human genetic matrix and stole the original Zetas' matrix.

The **Zetas** were also from the Avior System and created another sub-race, the **small grays**, to make them slaves and to serve. That's where the energy of slavery comes from.

The reptilians generated a brutal, aggressive and unethical genetic manipulation technology. They did atrocities. In front of them, human beings were at a disadvantage. They started a war because they wanted to enslave the human race. However, for the first time the Intergalactic Confederation intervened and an admiral named Onara, who is now the director of the galaxy, created the first guideline, which is non-interference, and acted rescuing much of the human race and divided it into 49 solar systems, among Pleiades, Orion, Sirius, Aquila, Hercules, Cassiopeia and other sectors, giving them the opportunity to evolve.

From this process arises the mutation of the adamic human genetic pattern in different human and humanoid ethnics, by the biochemical process of adaptation to the new planets where they went to live. It is from here that humanity emerges.

After the war ended and those who belonged to Vega remained in Vega, but the Avior System had many problems. The reptilians were races that went out to conquer the different solar systems, starting with the planet Maldek, to spread throughout the solar system.

## Metatron, The Old Man of Days

Metatron is an elder archangel mediator of the project and consultant of the Lanonandek Lucifer.

The human race began to multiply and different projects developed. The Elder of the days we call Metatron - great master who came to Earth - had an act of love and compassion and convinced a large part of the great kumaras of the Kumara star system to involute. So they got Mimosa, Calipu and Sirius to incarnate biologically and spiritually in the dragon-reptilian race, which was the famous order of the Black Dragon, with Kumara's DNA inside them. The intention was to create a society of love and compassion. Thus emerged, over thousands of years, **rebellious reptilians and ascended light reptilians**, who work in the same energy of Jesus - Micah -. That is to say, the reptilian species was divided into 2 factions and this reptilian spice, illuminated and ascended, helped to found the galactic federation and to protect the other peoples against the attacks of their aggressive "relatives". In this way a new era of ascension and evolution was formed in this sector of the galaxy. That is why we say that there are light reptilians and rebellious reptilians, in the same way that humans can be positive or negative.

Who played an important role among the reptilians is "Ecuángin". There are some Chinese drawings that show that he is on top of a winged dragon, holding him by his whiskers, which is a representation of the energy of "Ecuangin" controlling the dragon's fury. In the long run this race of positive dragons also genetically generated mixtures with humans, developing other illuminated races (reptilian and humanoid), illuminated that came to ground the harmonic groups of the galaxy.

This is the origin of some races that indirectly came to Earth to do projects for 3.2 billion years.

We were in the midst of these biological processes for almost 5 billion years. These beings interact with the earth at a structural level for about 3.2 billion years, which is when the biological structure of the

planet Earth allowed the gravitational, climatic and atmospheric presence for the life of the first insectoids and reptilians, which still today exist intratermally or under the sea.

At that time the energy of the Vicodna kingdom also entered, a planetary consciousness that we call "the enchanted ones". Enchanted worlds are a parallel reality on the spiritual plane. They are the Devas, a reality parallel to us that is connected to the structural phases of planet earth. That's where the geobiology issues come from and all the themes of planetary harmonization.

On Earth we have **different parallel realities**, on the one hand the spiritual devic plane of the earth and on the other the extraterrestrial gods that came in the last 3.2 billion years to develop projects of realities parallel to the earth. Later the last gods that came to Earth were the Anunnaki.

We thus have a difficult mixture to understand in the timeline, because these humans of 5th and 6th dimension travel in time. They accommodate the time in the way that interests them. That is why there is a temporary police command, to try to put a control over time.

## **The quantum concept of time**

We can also travel in time in the Astral. In therapies to make a healing we travel in time at the astral level, without a physical body. In this way we can work because we have more freedom to come and go in time. If we enter into the quantum concept, time does not exist as we understand it "Cartesian". Time is a point in the vacuum that when we choose it, is your point, your reference. When you go out and go to another point, you change your reference and do not have a trip through time, what you really have is a point in the universe in which you have an experience that for us, humans, with our great limitation, we understand as a journey in time.



But for those who are on another plane they do not see it as a journey in time, they see it as a point where they are having an experience, because for them time does not flow in the same way as for us.

It is difficult to understand the quantum concept of time. Understand how an extraterrestrial being, a soul, that manages to project at different levels within the cosmos, does not age.

The denser the planet, the faster the time passes. In a black hole, where the gravitational force is monstrous, one minute equals 7 years on earth.

If a Pleiadian, who is much more subtle than us, came to earth to work with a contract of 1 year of his time, for us it would be 2.5 million years.

**Time varies according to gravity and density.** The Earth is a dense, heavy planet. It is related to the collective unconscious. The clock in the rockets goes at a different time. Astronauts realize that time varies.

## Evolution of races

We talked about the origin of the races that came to earth by different factors. The Earth, within the system of the intergalactic federation, was seized by the rebel forces. When there was the great war of Orion the galaxy was divided into **12 sectors and the sector in which we are ruled by rebel or negative forces**. They won the war and won the right to occupy this sector. But specifically the solar system is in the middle of the division of these sectors that periodically is on the side of the negative forces and, periodically, on that of Micah, on the light, and this is a big problem for us.

That is why the Mayan calendar says that, of the 26,000 years that we have, for 10,200 years we are in darkness, 10,200 years we are in the light, and for 5600 years we are lost. Then, when we are under

negative influences, these beings invade the earth and take power. These beings feed on our ectoplasm, through the energy of fear, anger, hate, etc., that we all generate. We are trapped by them because of these energies. **Ectoplasm** is a gelatinous substance that lies beneath the plasma membrane and is less dense than the endoplasm. Contains calcium, magnesium and potassium ions among other elements.

These negative beings were those who invented the history of religions, invented dogmas, karma ... and everything is a lie. Karma does not exist as we learn it, which is "Ah! I have karma, so I have to suffer to transmute it. "

This is a lie because nobody transmutes anything suffering. You only transmute karma by learning and once you learn, doing the right thing. If you are suffering, you lose the connection because you are suffering and it is useless, you are not going to rescue anything or learn anything. So, to erase karma with suffering is a lie. **Who implemented Karma here? Fallen angels, rebellious extraterrestrials and secret groups that control this planet today.**

Then, the masters as the beings that come to bring a knowledge of light -Jesus, Gautama Buddha, Mahatma Gandhi and so many others-, came to show a different path. They treated them badly, they killed them just because they wanted to eliminate a political-social-economic and religious system, which is what keeps us imprisoned here.

Jesus taught us to get out of the wheel of Samsara and Karma through inner work, which involves doing everything from the Heart, seeking God within us. He did not come to teach pain or suffering.

Simply surrendering to God's will causes our karma to be destroyed.

These races that emerged around the last 7,000 million years were divided into factions of power, slavery, and others into the factions of light, and the Galactic Federation of negative forces and the galactic alliance of positive forces were formed. But there is an important aspect, the galactic federation of negative energy are **not perverse beings, they are not evil beings, without consciences. They have a**

**way of thinking and acting that they think is logical. We can not catalog them as evil beings like the devil.** The beings of light have another consciousness, which is another way of thinking and acting. When they come into conflict, political agreements are made to not lead them to a new war, but especially in this sector, there have been stricter, heavier problems, due to the genetic structure, to get to Micah's DNA.

What is the difference between the Michaelic and the Sirian DNA? The DNA of the Sirians, which is the original of the Aryan or "Amelius" race, has an interdimensional connection structure that connects directly to the Christ Consciousness and allows you to get back to the "Source of All is". On the other hand, the previous insectoid-reptilian project does not have that codification, so here is the duality, that is, the oldest races that were created by the paradisiacal sons at a time when Micah did not even exist, did not have the genetic condition and conscientious of going back to the "Source of Everything is". They were left as slaves of their parents, they could never evolve, they could only get to the top of their parents.

This was the oldest formation. Genetically this race was mutilated. They reached that point and from there they did not pass. Their society, then, is divided into castes, just as in India, the caste of the poor, the middle class and the billionaires. They say that the millionaire has the karma of millionaires and the poor man has the karma of the poor. This is how the reptilian and insectoid structure of the forces was created, we are not going to say bad, but they are older.

## **Failure of Micah's initial project**

When they discovered that Micah's project did not work, they brought a newer, more modern, more updated project, with the proposal that any son he generated with this genetic energy had the acquired power of being god to return to the Source. The other beings said "why they do and we do not". So this created polarity, duality, envy, the war of genetic research that consisted in going to other more modern planets

to invade them, to kidnap them and enslave them to extract DNA and try to make a genetic hybrid between their energy-genetic pattern and the one that Micah installed. From this derives the creation of a new race with the intellectual and scientific capacity that they had and the Christic energy to reach power and take revenge on their creator father. It was their concept that deceived them. Then there were many wars between rebel groups, not with those of light, but among them, of power for power. And in addition, many of us, with many twin soul fractals, end up having incarnational cycles within those experiences and we live the biological experience within insectoid, reptilian, humanoid races, etc., within the polarity, of power dispute or of love, ... And that gave us a great multiplicity and with time came the new social challenges, the growth of federations and wars.

Many of the races had the need to subjugate others to impose their truth as absolute, which we know leads to war and destruction as we experience in our own culture.

## **The last war. Treaty of equilibrium**

We have already seen that when the last war took place, the galaxy was divided into sectors and our sector was left in charge of the negative forces. As we were in the middle of the border, the process was very complicated, since we have 10200 years in the light, 10200 years in the shade and 5600 years lost without knowing what to do. In order not to have a total war, an agreement was reached that they called "equilibrium treaty", which defined that there would be no more wars and the forces of darkness would be allowed to have their genetic experiences on this planet to evolve and the forces of light also, each in his time. However, the negative forces did not respect the agreement and this generated the legendary **war of the gods** that we have in the Egyptian, Jewish, Sumerian and worldwide registers, where it is described that the gods warred every day. Hence the concept that gods are not love, are wars because it is a fact.

## Formation of the Universe

In the beginning of this chapter we have developed the history of our civilization on the planet Earth -microcosm-, so that now we will discover the history of the Universes -macrocosms-.

The administrative center of our Universe is called Havona and inside it there is a portal called Shantar, which allows access to the 144 superuniverses that exist around it, counting the physical and etheric universes.

The first beings that were generated were the "paradisiacal sons", who had the power granted by God to manipulate matter and generate life.

**The Onoradecs** are the sidereal engineers, who originated the transformation of **energy into matter**, but the paradisiacal sons such as Micah, Emmanuel, Metron ... and others have the capacity to generate consciencial life, supramonad, monads, I am, souls and these beings formed the biological structure and genetic projects, to engender life in different dimensional levels of matter.

One of these paradisiacal sons is called **Anu** (Anunnaki), he is a paradisiac son much older than Micah or Jesus in Havona, he is his older brother.

This being was commissioned to create biological life and these lives had to adapt to planets where, climatically and geologically, life was hostile. In these conditions arise insects and reptiles, beings with survival capacity to live in poor conditions, because they had a robust and simple DNA of 2 helices, very little complex, and thus the existential field was opened.

One of the beings of the Confederation that was formed at that time was **Sarathen**, paradisiacal son who was not material but spiritual, was a monad, but of lower level than his father. He had access to the Confederation and began to give life to beings in the world of matter. This is hundreds of thousands of years ago. The first life that Sarathen generates occurs in the 2nd superuniverse. And they formed simple

and enlightened races, that dominated and at the same time they were submissive to a superior God. Sarathen distributes this race in different galaxies with several systems. He was one of the first paradisiacal sons, between the secondary and the tertiary, who made all the genetic changes of DNA and others, mixing the energies of the first matrices and choosing the **Archons galaxy** -on the other side of Andromeda-, to introduce this genetic structure.

Millions of years later, Micah arrives in Havona, with the proposal of the Cosmic Christ, which is the genetic configuration of the DNA of the soul and the supramonad, in which this consciencial energy is allowed to descend to a material level so that a **paradisiacal son** can be formed, live a life in the world of matter and then join God.

**Micah** was a pioneer. It was the first time that this developed and generated a problem, since the ancient races did not have the genetic or psychic ability to become a paradisiac son.

In this way 2 energies were created: the energy of the Christic beings and the energy of the anti-christic beings.

**Christ:** unconditional love - Do not do to the other what you do not want for yourself - Respect for life - Love your neighbor as yourself.

**Antichrist:** slavery - eye for an eye, tooth for a tooth - lack of love - the antithesis of the teachings of Jesus about love.

Different races come from the Antichrist's energy:

From Sarathen the mixture of energy is born. **Sarathen** mixed the energy of the **Christ and the Antichrist**, uncontrolled energy of polarity and power without scruples. In some stellar races they do not share, they conquer ... developing egoic forms, of conquest, power, magic, to reach God and dominate him. From this genetic work of Sarathen come a large number of races to vampirize emotionally, psychically and spiritually to other beings.

## **The Xopatz, race with the energy of the Antichrist**

The Xopatz are a race of the Archons galaxy, introduced by Sarathen, which was perfectly developed. They leave Andromeda and reach the Milky Way. They are reptilians, a race that wants to conquer, dominate and not share. They feed on the ectoplasmic energy of other races. Their sons are the **Draconians**, who are mixed races, 50% dragon and 50% human. They got this new breed through genetic work 6,000 million years ago.

The Draconians, like the Xopatz, feed on our emotions.

The draconian or reptilians were the enemies that represent many groups that colonized the earth for 3.2 million years because they had interests in genetic research.

The **Xopatz** are one of the most dangerous breeds, since they are not reptiles or humans, they are difficult to frame. They have a humanoid form, they are etheric, but they have a great ability to vampirize emotionally, psychically, spiritually and conscientiously to control any other race.

The Xopatz, a race of reptilians that feed on the ectoplasmic energy-etheric flux, our essence-of other races, generated a chain of archons to structure a caste society and thus maintain power, with religions, dogmas and karma. Their children, the **Draconians**, were the genetic achievement of the Xopatz. They controlled the **souls with cybernetic implants**.

Whenever they died, as they had no memory, they would re-incarnate, like what is currently happening on earth. The Archons galaxy generated a control structure and a whole galaxy of control was formed. When Sarathen and the Xopatz reached the limit of evolution, they looked out to continue in the **Andromeda galaxy** and invaded it. They conquered it and began to dominate it and spread the Antichrist's energy.

Andromeda was ideal, closer, because it had a lot of conquest space, many races, a lot of genetic material and there was not a structured defense federation.

Therefore, **we come from different solar systems.**

The Draconians had a technology far superior in many aspects, they had the technology of the Intergalactic Confederation, both material and immaterial. There was no opponent for them and they began to spread the Antichrist's energy. They were very healthy societies. Those that adapted more quickly were those that were not mammals like the reptilians, because they had less emotions and captured the psychic information of their conscience and enslaved them. The situation went so far that the Super Confederation was activated by Micah and Commander Onara, Alcon, Arielis and Samael entered Andromeda to block the Antichrist. It was a great war with a lot of technology against the Xopatz. They won, but the Xopatz went to the Milky Way through Sestante and anchored their energy to the more primitive reptilian race.

These commanders met to solve the political problems of Pleiades and the war with Rigel's reptilians. Until Jesus determined the new quarantine cycle on Earth.

As the beings left Andromeda, they formed the Intergalactic Federation, which is energy and not matter. But the Xopatz continued to conquer many stars and to lay the seed of the Antichrist, the origin of the **great Orion war**. This seed is the **seed of vanity, of power for power, the bankruptcy of the values of each race, the appearance of corruption and the seed of black magic**. They divided to finish conquering the zetas, the grays and the humans.

In the wake of Sarathen's reptilian and drake experiments, along with the **Xopatz**, they contaminated humanity.



## The great Orion war

Many conflicts arose and the war began in Pegasus, Caspella, Perseus, Orion, Alzione, Chapel and Sirius. All the life forms of this ray of almost 12,000 years of light were contaminated.

The war was a great technology and exploded several planets, stars and solar systems. Many battles were fought. When the Intergalactic Confederation intervened, the war was paralyzed, but there were neither winners nor losers.

The great war of Orion involved the participation of 50% of Draconians - before Reptilians - and 50% of humans. Torank cloned humans - 5 billion clones with different castes - and invented religion. Thus the balance was maintained and the war against the Draconians was won, achieving peace.

The reptilians always won because they laid many eggs and therefore were many more. Torank cloned many humans. The problem was that the mammals had a child, while the reptilians put between 500 and 700 eggs each time. Torank, to save the human species, he was distributing it in more than 80 planets that had the conditions so that humans could survive. The human species was created in the water, in the sea - dolphins and whales - to save them from extinction. How to confront this difference? With biological cloning to create an army capable of fighting the reptilians. When the war ends, the number of beings involved in the great war of Orion amounts to 137 billion souls.

War was a physical aspect of the Federation. The Confederation did not intervene in it, but when the Xopatz began to develop heavy quark weapons (it is equal to an antimatter bomb) that could destroy an entire galaxy, the Confederation intervened and the war was paralyzed, settled peace and the distribution of the Galaxy.

Humans became another technical problem, they were more than 5,000 million and they developed a pyramidal society, which they copied from the reptilians, into castes. A new society of Archons was also created and the religions were created in a pyramidal structure

that they also copied from the reptilians. After this Great War the seed of Antichrist was completely disseminated.

When the human clone dies, they leave their soul dormant. And if they need it, they reincarnate it. In this way, the peace process between reptilians and humanoids was maintained.

**Problems of clash between races:** Reptilians and insectoids ate human flesh, ate men. Normally humans are now afraid of insects and reptiles, because of cellular memory, since we were eaten in Orion and other places.

## **Where are we from?**

As particles of God we must all awaken our Divinity and be gods in action. We must understand that we are here temporarily.

We are not from Earth. We are on Earth but we belong to Orion, a very complex planet and we are a genetic by-product of several groups of galactic history.

These groups are the Orion, the Sirians, the Pleiadians, the Ancturians, the Eagle, the Reptilians, ... in the midst of an intergalactic political conflict.

The Earth became a planet where it was left genetic material in which the Anunnaki turned the man of Neanderthal into Homo sapiens.

## **The Earth's current state**

Today the power is still of the reptilians, who are with the castes. The Earth is dominated by negative beings. All the masters who came to teach the way of love were eliminated: Jesus, John the Evangelist, all the apostles, Gandhi,... Almost all the masters who came to bring Love.

We are on a planet that wants to serve the light has to fight against many forces such as money and power. We already have a part of the consciousness that is already in the light, but our physical body is here. As our consciousness enters the Egregor (it is a psychic entity that influences the thoughts of a group of people), energy is generated and our body shines; awakens other people as if we were little lamps in the dark, giving them life so they wake up slowly. We work unconsciously in this way.

The Xopatz brought to the Earth and to 80 solar systems the energy of the Antichrist, they eliminated the values. The current situation of the Earth, the wars, many social clashes, are created by the politicians and the military. We enter the euro to earn a lot of money, but with serious economic losses for the population of all countries.

When the people are with a very low level of consciousness it is easy to conquer it because of fear and corruption is greater. There are very few countries where this does not happen. The countries with the highest consciousness have a better life.

For this we have to go to the energy of Christ: unconditional love of neighbor, spread a more serene energy - energy of the Mahatma, which means "great soul" -.

The armed war was stopped but the internal war was not stopped. The Xopatz are etheric, **they enter the lives of people disguised as masters**, as commanders, through the ego, the negative aspects, false avatars, fanaticism...

Reptilians won over mammals and insectoids. To solve this situation, the **quarantine isolation worlds were generated**. The planets of isolation are 37, even the Earth is among them to absorb this great conflict and clean the planets. This is the reason why the Earth has so many conflicts, so much polarity.

The structure of the Confederation is currently related to technology and the search for respect for life.

Currently there is an armistice between humans and reptilians to clean polarity.

Our polarity (+) (-) can generate a general development of the Earth as in the other 36 planets in the way of salvation, with the Ascension of humanity or the destruction of humanity.

In each of us there is a fractal of soul -not whole- and our twin soul is directed to another parallel reality, in another time, in another place of the Intergalactic Federation.

We are helping to regenerate the soulmate's Karma. Religion was one of the great centers of formation of control of the federation and other groups.

If there is no evolution, when a being dies, his soul goes out with a seraph to go to the superseraph or Elder of the Days and all the information of the being is sent to the crystal dome of the galactic magnetic networks and his soul is left in Cryogenics of deep sleep, waiting for the next reincarnation. This is the same as what was explained with the clones.

## **Lucifer**

Lucifer was created in total perfection. His very name is cause for a pause; and means "The Son of the Morning", "The Prince of the Dawn", "The Morning Star" and "The Shining One". He was given the "seal of perfection." The Father spoke of him as the "anointed," which means supreme favor with God the Father. This was the greatest being that God had ever created, who had unequalled power, wisdom, beauty, privilege, and authority.

The highest and most exalted position in the spirit realm was given to Lucifer, a creature who was perfect in every way from the day of his creation. How could such perfection become the greatest adversary (Satan) known in the Universe? How could he fall to the level of "Devil"

(accusing, slanderous)? How could such perfection come to total imperfection?

The highest position in the angelic realm was held by Lucifer, a creature who was perfect in all aspects from the day he was created.

Lucifer messed it up tremendously – you would call it the great usurpation of the age by the personal self. His WILLPOWER was his destruction because he used it wrongly, and since the perfection of the Garden of Eden it is used wrongly. Lucifer was given dominion over all these magnificent creations of the spirit world, but his own perfection was his ultimate downfall. God recognized the imperfection of wickedness in his being.

Lucifer was not satisfied with "ruling", he proclaimed his "will" and decided to position himself above the Creator. He proclaimed "I will ascend to Heaven" and "will be revered as the Creator God" and finally confronted the Creator and proclaimed "I WILL BE as the Most High."

When the confrontation occurred, a great rebellion erupted across the Universe. Lucifer himself, of course, led this revolution between the angelic realms. At least a third of the angels followed him to his final fall. He lost none of his perfection of beauty, intellect, or power; therefore, he seduced others of the angelic entities to follow him. What he lost forever was a personal relationship with God the Father. He was not given the power to "create" and was forever destined to use "others" for his own experience. Now he was a being without nation or home, and forever apart from the Creator.

*The information in this section has been taken from the Phoenix Journals Volume 5.*



# CHAPTER 11

## EXTRATERRESTRIAL

By changing the beliefs patterns of our parents we can change our reality. For example, the belief that the earth is the only planet with life is no longer held today.

### **The prophecy of Chico Xavier**

Chico Xavier showed himself to be altruistic, a man of simple life and fraternity. He made great friends throughout Brazil and in other countries, which were the vehicle to help the needs of the afflicted and exploited. Dedicated to the human cause and the nature of the goodness of things to improve them, he was an example for the rulers of the countries. He was happy with humble people, ignorant and with the most needy.

Chico Xavier made several films that show life after death, among other topics. One of the films I recommend is "Nosso lar", which helps us understand what happens after we die. It can be viewed subtitled in Spanish at the following link: <https://youtu.be/jv9XPOMkIsA> And subtitled in English: <https://youtu.be/c8VFZ59f4oY>

For 75 years of his 92 years lived he devoted himself to love of neighbor, to good, to honesty, to the detriment of his own health, of his own life and with humility above all.

He told us that there is a new hope as seeds, that they need to be multiplied, propagated and watered. With this spirit of cooperation, abandoning the ego in favor of wanting to serve humanity, we will build a better planet.

It is worth loving. When we love we reach psychological maturity. The human being must find happiness, being more peaceful, more affable, that is when the world will really be much better, because with our personal transformation we will participate in the transformation of humanity.

Jesus Christ gave a prophecy to Chico Xavier in 1969:

- **If by July 2019 there is not a third world war** with nuclear bombs, atomic bombs, etc., then the extraterrestrials, more developed beings, will make contact with us to help our planet to evolve. It will be a progress in a mission of peace and friendship and there will be a regeneration of the Earth. **The progress will be unimaginable.** Other civilizations will come into contact with us and we will go towards a cosmic life. With them we will maintain an absolute coexistence of respect.
- If there is no peace and harmony, earthquakes, tsunamis and devastating volcanic eruptions will happen. There will be tragedies and disappearances from several continents, especially in the northern hemisphere of the planet, which will remain uninhabitable.

**Stop, think, reflect and love.**

A nuclear war affects not only our planet but also the entire solar system and part of the universe.

We do not know that 50 years ago they, beings from other planets, come. There is a **network of contacts** around the world to prepare us for the day they can come and officially speak with us. For example, landing a ship in the garden of the White House without frightening us. This happened decades ago.

Despite this, the official version of the countries is denial, especially in the US, but silence seems to come to an end.

In London there was already a meeting between scientists and authorities from all over the world and in New York too, because it is



very likely that these very intelligent beings coming from other dimensions are made public and we will have the right to know.

The Peruvian government did it, the Brazilian also, the Uruguayan, the Spanish in San Marino, the island of Italy, in Mexico, ... Governments are gradually opening up to this new reality that can not be prevented.

There are secret files of contacts with extraterrestrials. They ask for **transparency and truth** because they will transform the lives of the inhabitants of the planet Earth. Nothing will be the way it is now.

Orthodox religions will be the ones that will suffer the most. The Catholic is ready for this. The Vatican is the institution that has more information about the UFO phenomenon and the new reality.

We will be able to know in its entirety the history of civilizations. We are going to be citizens of a set of planets or the cosmos.

These beings are going to transfer us information, technologies, for example in the medical area to cure us of the diseases.

An exchange of interests will happen. We with them and they with us. A dual participation. It's going to be a very special moment.

It will be the best for our humanity because it will help us to improve. We will begin to understand where we come from and where we are going and what makes us so similar to these beings, because we are the same species of the same cosmic family. We are not the only world created by God.

Jesus, whom we revere as our Lord and Master, said:

*"There are many mansions in my father's house."*

We will expand our awareness for this opportunity with our brothers in our universe and other universes, brothers of these dimensions and other dimensions, to know the greatness of other more advanced civilizations that will be authorized to formally present themselves, initiating a new era for the inhabitants of the planet Earth.

After 50 years of the arrival of man on the Moon we will have the opportunity to decide between peace or war. It will completely change the life of 7550 million human beings.

Everyone, in some way, will share the responsibilities of this change. We have to find and leave a legacy far superior to that we found.

## **Extraterrestrial**

Humans are a mixture of reptilians and angels of different degrees.

We all have some blood and reptilian genes. There are **2 differentiated lines**:

1.- There is no coldness, they have feelings, they are evolutionary, they look for "the Source" and they are transmitters and receivers of love, harmony and their genes have energy.

2.- Reptilians are rebellious, regressive, hostile and repressive. Your goal is power and money. They enjoy the pain of others. Experts in cheating. They have no feelings.

In our DNA it has been studied that there are 22 alien races and 13 matrices. The pieces are fitting little by little.

### **Different extraterrestrial races:**

- **Anunnakis**: The term "Anunnaki" in Sumerian means "those who came from above", it is not a race, it is a set of races. All the travelers that came with their ships to visit us were Anunnakis, therefore we have among them those that came from the planet Nibiru, the Pleiadians, the humans of Aldebaran, reptiles of Rigel, the humanoids - men birds of Sirius, the cats of Sirius, insects of Antares, etc-.

- The **reptilians** have as keys: power, sex and money, which they use to dominate humans.

- **Draconians:** They are children of the Xopatz, they are 50% dragon and 50% human. It is difficult to communicate with them. They are similar to the reptilians, there are 715 different ethnic groups. They are predators and dominate all races. In your psyche, they are the kings of the galaxy.

- **Gray:** humanoid race that comes from the star Vega 5D.

- The **Zetas:** They also have many varieties. The Zetas lived with *Homo sapiens*. They are humanoids that come from the star Vega and they are of the fifth dimension. The Draconians invaded the Zetas and the humans.

- The **grays** are the old Zetas enslaved by the **Draconians**, who left them without sex to use them as slaves in the caverns and extract gold, uranium, etc.

Where there is a gray, there is always a Draconian who controls it. Grays and zetas are not friends, they are tolerated but not accepted.

- The **Drakes and the Draconians** are two different races. The Dracos are from Nibiru, they are a mixture of human and reptilian. They have human form with lizard skin.

Nibiru was a planet of isolation of Alzione and other sectors of Pleiades where they transferred all rebel races that were not part of the system. They put the Anunnaki as leaders. In Nibiru, therefore, there are several races.

Nibiru left his orbit several times and is lost. Among the different races that are in Nibirú are:

- The Whites, with blond hair and blue eyes.
- The Caucasians.
- Very few blacks.
- The Grays and Zetas.

The Anunnaki come from parallel worlds, they come and go, they dominate many frequencies and they have very powerful psyches. They transform the corporality and disappear. They created us and

they make us segregate the disharmonic emotions they need to be their batteries.

There is a network of emotions for them. They destroy the man-woman love.

The Illuminati, which come from the Anunnaki, were 13 families with economic interests. The Anunnaki are nothing, they are only the executing arm of the English monarchy that controls the CIA, NASA, all the defense companies of the world. The English, Swedes, Swiss, are distinguished by that certain coldness. Pure Aryans, who had been inhabitants of Mars, who were previously persecuted by the reptilians for the quality of their blood, is the race of the Caucasus.

The Anunnaki sought the **Aryan race** to make a control network.

The Anunnaki are chameleon creatures throughout history. They are difficult to identify. First they worshiped 23 gods, all of them of the same race and changed their names. Enlil is the commander, he was a monotheist and he changes his name to Echedai's. Enlil, through quantum technology becomes increasingly powerful and feeds on our emotions.

The Anunnaki are vampirizing us. They use implants like neurochips that they place behind the head, with a specific frequency. As a person feels anger, hatred or any other disharmonic energy that generates ectoplasm-psyche energy. This becomes their food.

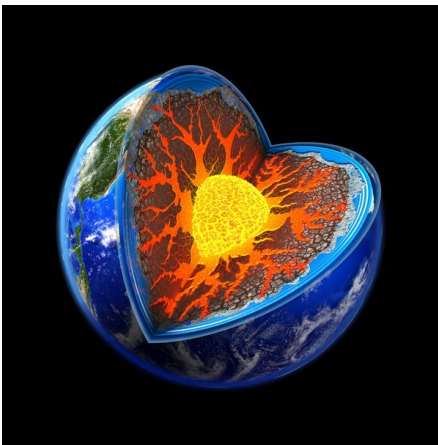
The implants have the function of coding this energy as food and in turn imprison the person so that it does not progress evolutionarily. For example, the energy that emerges in football games, in carnivals, situations of euphoria, anger, fanaticism. The more we unbalance more food for them. It is as if they absorbed our ectoplasmic energy with a plug.

## Planet Maldek

Maldek self-destructed by a nuclear internal war, 250,000 million years ago.

The souls of Maldek came to earth. Maldekian and Aldebaran are the current Arian worlds.

At that time Mercury was a moon of Jupiter, it was not a planet, and the Earth was 35,000Km further from the Sun.



The Maldek explosion also affected Mars and the entire Solar System with serious problems.

The Earth received many impacts of large masses of frozen water and as a consequence changed much of its orography. It was the time of the dinosaurs and life on earth was underground, like the **Temple of Shamballa**, because the atmosphere was not breathable,

**Coronary Center of the Earth** as there was more carbon dioxide than oxygen. Shamballa is **the coronary center of the Earth**, which expresses the loving and intelligent will. It is the unified energy of Sanat Kumara and Venusian beings. Protect the planet Earth.

The story is interesting because it shows us parallel planes of life in different dimensions and at different levels, even from intraterrestrial levels. Truth is like a diamond, it has many facets, many parts of the truth. Channelings are always only part of the truth.

## **Beings that we do not see and that can parasitize us**

They are beings of dark energy:

- Uncarnated: wandering souls
- Spirits
- Entities: the worst, are multidimensional: mental, emotional; physical; low astral; high or higher astral.

- Subcubes

- Incubus

Subcubes and Incubuses are relative to sex.

- Kiumbas

- Egguns

Kiumbas and Egguns are dead and remain in a portal of the underworld because of their disconsolation, since they had been suicidal, alcoholics,...

## **How to protect ourselves from disembodied spirits, entities,...**

- The first thing that we need to promote is courage, take away our fear and the idea that we are weaker than them.

- Put our psychic capacity to 100% (the psyche is not the same as the mind. The mind is dual and debilitating, the psyche unites us to higher levels of Being), concentrating our attention on the here and now.

- Work with our chakras, our central channel, the other internal channels and the auric layers.

- Release all the emotional blocks that are inside us.

- Enhance our light and feel that we are light from our heart center. Empowering our heart takes us to the 5th dimension and we no longer see others as our enemies and their aggressions can not reach us, because only what we vibrate with comes to us. The more we raise our

frequency and the more we work our psyche, the more we block the psychic energies of others, and especially with those in other planes and other planets.

To strengthen the psyche we must remove mental noise such as worries, fears, prejudice, ... and be aware of others and of oneself. The attention must be in the here and now and in everything around me, so I do not open any door for everything to enter.

- Visualize our purple aura, the color of transmutation.
- Pray to God Father-Mother a shield of protection.





# CHAPTER 12

## ASCENDED MASTERS

### JESUS CHRIST

#### **Ascended Masters**

The fully evolved souls, when leaving the world, reside in the Cosmic Consciousness and never reincarnate in the physical plane, unless they voluntarily want to help human beings.

Among these evolved souls who want to help humanity are the Ascended Masters. There are more than 8,000 Ascended Masters. They possess the truth and return to earth in order to guide other souls through their exemplary conduct and their message of salvation by manifesting God.

His qualities are love, wisdom, self-control, patience, forgiveness, humility, peace, mercy, righteousness, altruism, detachment... among others.

The human being who cultivates these qualities becomes a true son of God.

We have already gone through many lives and this would have to be that of the ascension of the soul so as not to have to repeat, life after life, the same experiences, sufferings and all kinds of difficulties. The time has come to push our way back to the Father, as prodigal sons. It is the moment of self-realization of the Self and it is an individual way. Nobody external, no guru, no master can help us, because we all have our Internal Master or "Higher Self" and we have the teachings of the beings that have come to show us the way to achieve it. The way of truth destined to elevate humanity in its globality, without distinction of sex, of races, beliefs, or social classes.

Krishna, Buddha, Jesus, Muhammad, Laozi ... They did not come into the world to create enemy divisions, because the truth aims to raise the human race as a whole with the manifestation of God's love, which comes in the form of enlightened beings to show the way.

Krishna preached the path of divine love through the spiritual science of yoga, the union with God. The first reincarnation of Jesus Christ was Krishna, who came in the time of Kanses, who was a tyrant in 3102 BC in India.

Buddha taught the compassionate spirit.

Jesus Christ manifested mercy and forgiveness, love for friends and enemies, and above all love for God, reaching Christ Consciousness.

Jesus Christ is a perfect soul, a messenger of the Supreme Being, he is tolerant and compassionate. "You shall love the Lord your God with all your heart, with all your soul and with all your strength." This is the very essence of the teachings of Jesus, the center.

The Christ Consciousness is the omniscient intelligence of God, which is present in every particle of creation.

Jesus was his name at birth, Christ was the manifestation of the birth of the Christ Consciousness in him, the omniscient intelligence of God. The Christ Consciousness gave him the power to become a son of God. Everyone, before reaching the Father, we must reach the Christ Consciousness.

Those who meditate in the inner temple of the soul will receive the Christ in their own consciousness. **This is the second coming of Jesus Christ.**

## **Our master**

The Masters have come to this life to help us. Every human being has one. We do not choose it, they choose us.

For a time, in each meditation, I asked them to tell me who my Master was.

The day arrived and they said: Put your identity document on your heart.

I visualized that I had it where they indicated to me. Then they asked me: What is your name? I answered: My name is M<sup>a</sup> Àngels Mestre.

Then they told me: And how did you have to be called? I remembered that my mother wanted me to register with the name of Maria Jesus.

These are the names of my Masters, Mary Magdalene and Jesus.

I got excited. It is because of this experience that in this book I have dedicated many pages about Jesus and Mary Magdalene. And I felt that they were truly "my masters".

## JESUS CHRIST



**Right Ichthys – Vesica Piscis -  
secret symbol of the early**

### Jesus

Jesus is really the spiritual guide of humanity. It is the spirit of highest elevation on this planet.

Christians believe that God is external, but Jesus taught that the true focus of God does not come from outside. *"Seek the kingdom of heaven that is within."* Thus, he tried to teach the concept of interiority.

### Gnosis - The true family of Jesus

The manuscript of Mary Magdalene tells us about Mary, the mother of Jesus and tells us:

Mary, the mother of Jesus, educated in Egypt, was a high initiate in the cult of Isis. This is the reason why she and Joseph fled from the wrath of Herod, king of Israel. She felt safe there among the priestesses and priests of Isis.

Mary, when she was very young, was recognized by the great priestesses of the temple of Isis, by her strength of Spirit. She was trained as an Initiate and reached the highest levels. Beyond becoming a priestess, she was instructed to be an Incarnate, a highly advanced soul to become the recipient of a flow of energy that came from Isis, from the Cosmic Mother. It was as if there were two Marys, the

human, pure in spirit and heart and within her a direct entrance to the Great Mother, the Creator of all matter, time and space.

She witnessed a process of galactic and Celestial insemination, in which the Father Principle transferred its essence to Isis, the Mother who receives the seed of the Father-Mother, receiving the impulse of the Spirit. And this powerful and highly refined spiritual energy, settled in the womb of Mary and gave birth to Yeshua.

Mary, mother of Jesus, her compassion and love, flows constantly for all humans. When someone requires it, it is listened to.

There is another story of the life and mission of Jesus. The illustrious genealogist Tony Borrows, in order to investigate, helps us in the genealogical tree of Jesus for 20 years. From the secret archives of Israel to the European Library, passing through Galilee.

At that time the girls were married teenagers, around 13-14 years until 16. This assumes that Mary, mother of Jesus, married young. In the Gospel of Mark it is mentioned that Jesus was not an only child. It is said that he had brothers (Santiago, Joseph, Judas and Simon, and at least 2 sisters).

In 1902, archaeologists excavating in Egypt discovered an ancient Syrian text known as the protoevangelium or the childhood narrative of Santiago. The narrative shows that when Jesus was born, Joseph was not the only one present, since a girl named Salome is mentioned, who is the older sister of Jesus, but not the fruit of Joseph and Mary. Joseph had been married before and widowed. Jesus, therefore, had a step-sister named Salome and other brothers as we shall see below.

In the Gospel of Mark he also tells us that there is a sister. A second sister, named Miriam, from Joseph's previous marriage is also mentioned. Some of the brothers of Jesus came from the previous marriage of Joseph, because when they went to Bethlehem they were accompanied by more children.

In the first century, in Galilee, the Jews named their children the names of the great heroes of the faith who belonged to Israel's past. In the family of Jesus there are 2 different categories. James is equal to Jacob, the first father of Israel. Joseph is also a name of royalty. But the names of Simon and Judas come from military heroes who had invaded Galilee and returned it to Judaism. Only different mothers could have chosen such different names. It was the mother's decision to choose the name of the children.

Jesus, Judas and Simon are names from Galilee, where Mary was grown. Jesus is a name that comes from Joshua, the greatest conqueror within the Biblical tradition. Jesus, Judas and Simon were therefore children of Mary.

Santiago and Joseph were named after the kings of Israel where Joseph married his first wife.

**Jesus had seven brothers: two older half-brothers (Santiago and Joseph) and two half-sisters (Salomé and Miriam), children of Joseph's first marriage. He also had two younger brothers (Judas and Simon), children of Joseph and Mary. Maria also had a posthumous daughter, Ruth, after the death of her husband Joseph.**

**Santiago** is the oldest of the brothers and therefore he is paid more attention. This makes him have more self-esteem. He had the right to inherit from his father twice as much as his brothers and to succeed Joseph as **head of the family**. Jesus was also the firstborn of the second marriage.

The name of Santiago was given by the Catholic Church, but in reality it was called Tiago or Tiago minor. He gave continuity to Jesus' work.

Genealogist Tony Borrows, who continues to search the genealogical tree of Jesus, discovered that people knew that Mary had become pregnant before her marriage to Joseph and this was a first problem in the life of Jesus with his old companions, since He was marginalized by his community, feeling isolated.

But we know that Jesus and Joseph were very close, so Jesus chooses the word "Father" to name God.

The extension of the family tree goes afterwards to the aunts, uncles, cousins, etc.

One of the most important people in Jesus' life could have been his cousin **John the Baptist**. The gospel of Luke gives the first clue. **Isabel** was Maria's cousin and became pregnant just like María, only 6 months apart. Maria travels to her cousin's house 160 km away. John the Baptist, son of Isabel, is the first cousin of Jesus according to the Bible. And there is something that reinforces this version of Luke, because when the gospel was written, there were still members of Jesus' family who could have called into question a false fact. The version of Luke is reliable.

Joseph had had a brother, according to the historian Eusebius, called Kleopas in Greek, and from this there is archaeological evidence.

In the first century, families not only lived with parents and siblings, but also uncles and cousins in houses around a shared central courtyard.

The authors of the Bible tell us that Jesus was an only child. They kept silence about the life of Jesus for 18 years. They do not reveal anything about him or about his family in Nazareth, where Jesus spent his childhood.

The brothers of Jesus were supposed to be part of the 12 disciples. Jesus and Santiago were very close. Salome and Miriam, her sisters, could have prepared the last supper and all her family, brothers, cousins, uncles, nephews, were the ones who risked everything to lead the Christian movement.

## **The ossuary of James, son of Joseph, brother of Jesus**

An ancient ossuary with the inscription "James, son of Joseph, brother of Jesus" could be the first physical sample of the existence of Jesus and his secret brother Santiago. There are no other proofs, except the Gospels, written decades later. It is the only non-literal test we have of the family of Jesus.

In the Gospels of Mark and Matthew it is clear that Jesus had brothers -Joseph, Judas, Simon and two sisters- and another test appeared just after the millennium, the coffin of Santiago, the brother of Jesus Christ.

In the fall of 2002 the Royal Ontario Museum in Canada opened its doors to what could be an extraordinary object of biblical archeology. A box of limestone called "the ossuary", of 25x50 cm, which is located in the time of Christ. On one side there is an inscription in ancient Aramaic, which reads: James, son of Joseph, brother of Jesus.

One of the largest collectors of antiques in the world, Oded Golan, was the one who bought this first-century ossuary in the 70s, and had it for many years on a property owned by his parents along with other ossuaries bought in a store in Jerusalem.

In April 2002 Golan invited Adrecus Le mer, an expert in ancient Aramaic, to examine some items in his collection and Le Mer deciphered the inscription. There was a good chance that he was from Santiago, the brother of Jesus Christ. Golan sends the ossuary to the Geological Institute of Israel to be authenticated. Professor Camil Fuchs of Tel Aviv University said it was very likely that he was from James.

In July 2003, Oded Golan received a visit from the Tel Aviv police and agents of the I.A. who, in the middle of the night, and they raided him via a search warrant. The apartment was full of archaeological objects and they said it looked like a fake shop. They confiscated many pieces to investigate them, including James' ossuary. They accused him of forging and selling pieces, which constitutes a crime. Golan denied the whole accusation.



He served more than a year of house arrest while Israel prepared the accusation. In 2004 Golan and 4 others are accused of forgery and fraud. After 5 years of analysis and the trial, almost 8 years had passed. Finally, in March 2012, with 12,000 pages of transcripts and more than 400 tests, the judge issued a ruling: Oded Golan was found guilty of 2 counts, but on charges of falsification of registration, related to the antiquities trade, he was found not guilty and acquitted of all charges. In total it was a 10 years odyssey.

## **The journey of Jesus during his childhood -Herod looks for him to kill him-**

**What are the reasons why Joseph and Mary took Jesus to Egypt for 3 and half years? What traces did they leave behind?**

Herod wanted to eliminate Jesus because of his lineage. Jesus was a descendant of the royal house of Judah and came from the dynasty of David.

From the exile of Jesus and his family to Egypt arises the Christian community of the Copts. The tradition is deeply rooted in the so-called route that left in its wake many holy sites that are still venerated today.

They fled to Egypt because to the north there were inhospitable lands and villages. To the east, a great desert. All those who wanted to flee Herod's jurisdiction went to Egypt.

There is also a parallel between the life of Moses, the great prophet born in Egypt, and Jesus. Moses is also wanted by Pharaoh Ramses to kill him.

In Egypt there existed at that time an important Jewish community. It was the obligatory step of all the wise men of the ancient world such as Tales of Miletus, Pythagoras and Hermes. According to Herodotus, even the Greek gods took refuge in Egypt.

Joseph arrived with his family from the Roman province of Judea to the Nile Delta and from there to Heliopolis, now a suburb of Cairo.

According to the vision of Pope Theophilus in the fourth century, the seven most important places of the route were:

- The first stop was at Pelusio, today El-Farma, between Sinai and the Delta. There is a church of the first century, the oldest in Egypt, used by Christianity.
- The second stop was the Tell-Basta, 80 km from Cairo. Jesus works several miracles like creating a spring. Statues of gods and pharaohs fall in its wake. It corresponds to a prophecy of Jeremiah (43) *"and I will set fire to the temples of the gods of Egypt ... He will also break the statues of Be-semes."*
- The third stop was in Belbeis, 55 km from Cairo. According to tradition, trees are preserved like an acacia tree under whose shade Mary and Jesus rested.
- The fourth stop took place in Sakha. There the Copts record a relic, the footprint of Jesus child on a rock.
- The fifth stop was in Uadi el Natrum, near Cairo, which was the place where salt was extracted for mummification. In this area there are several monasteries around the Natrum Valley, which is an oasis.
- In Heliopolis and Matiaré is where the Holy Family, passing through a neighboring temple, fell to the ground all the sculptures of the idols. The governor of the place wanted to kill Jesus and they had to hide in a cave for several days. On this site stands the most important Coptic Church today. Matiaré is a village very inhabited by Jews, where Joseph worked as a carpenter. Jesus created a new source.
- The seventh stop was at the Al Moharrak Monastery.

This tour is linked to the large number of churches and monasteries that were built after the trip of Jesus and his family.

## **The lost years of Jesus in India, Tibet, Persia, Assyria, Greece and Egypt before his preaching**

This period runs from 14 to 30 years of Jesus.

### **Jesus's first trip**

With 13 years Jesus, as first-born of Joseph and Mary, made the vow of Nazir, which made him a man who could marry, travel with men, study in temples and synagogues and could inherit from their parents. Like Nazir, he should wear long hair.

At age 14, his father Joseph dies. Jesus lost the protective father and also could not attend the funeral because he was not his father. It was marginalized. Santiago became the head of the family. His mother Mary at that time was pregnant with Ruth.

Jesus studies in the temple with the priests and doctors of the Law. Create the Prayer of the Our Father and proclaim his great first sermon in the synagogue. At the end of his 14 years he made his first trip, from Jerusalem to the British Isles, where he studied the Druid and Celtic traditions. Then he goes to Galilee and works at the pier of Capernaum, the old fishing village of Galilee, and returns to Jerusalem.

### **The second great trip down the silk road**

Jesus marches with his uncle Joseph de Arimatea, a great tin merchant, for his great journey of search and expansion of spiritual knowledge.

In the Black Sea he learned the teachings of the Essenes, then crossed Caesarea, Alexandria, Crete, Carthage, the island of Malta, Naples, Syracuse, Rome, Taranto, Corinth, Athens, Ephesus, Rhodes, Cyprus, Antioch or Syria, Sidon, Damascus, Babylon and the city of Susa in Iran, the Persian Gulf Coast and India.

## **The third trip, Jesus in India**

Buddhist historians take us to the lost years of Jesus in India. India is characterized for being, since 5000 BC. one of the first civilizations that flourished in the spiritual and cultural realm. In India texts Vedas and Upanishads were collected. It was where the yoga sciences and the search for the true God were established.

From India are the masters Rama, Krishna and Buddha. The city of Leh is full of ancient monasteries. The Himish monastery is 13 km away, where the ancient Buddhist manuscripts that tell the story, life and death of **Saint Issa** (Issa is the name of Jesus in the Pali language and in Arabic is yuzaisaf) were found.

The records are a translation into Tibetan, since the originals were written in the Pali language and were in the Lhasa Library, in Tibet, in the residence of the Dalai Lama.

This being called Issa, left his family in Jerusalem at the age of 14, when it was time to look for a wife to go to India. He joined the caravan of merchants who were heading to the East in order to perfect their knowledge about God and study the teachings of the great Buddha. He arrived in India, where he learned quickly and became master.

In India he came to Sin to learn from the Jains the teachings of the gods and the Buddha. Then he went to Orisa, to complete the studies of the texts Vedas and Upanishads with the Brahmins, the Aryans of India. The Brahmins taught him to read and understand the sacred

writings, to heal through prayers, to teach others the sacred scriptures and to exorcise.

Jesus or Issa, while in the East, studied Hinduism, Buddhism and the Zoroastrians - India and Iran.

At age 16, he went to the Himalayas, in northern India, to study the holy scriptures of the Buddha master, where he learned the ancient science of Yoga and Meditation. This knowledge taught him to the closest disciples to reach union with God. This trip of Jesus was also to return the visit to the Sages of the East, who came from India and who visited Jesus newborn. They created a bond that would take him after a few years to return the visit to acquire their wisdom. India was already in the ancient world the source of spirituality and the roots of civilization. Its culture is much older than that of the Egyptian civilization.

Jesus censored some Brahmanic laws and that is why he also ended up being persecuted in India.

### **Fourth trip**

At age 20 he traveled to Persia, now Iran, reaching Persepolis, where there was a spiritual center, now in ruins.

### **Fifth trip**

At age 26 he traveled to Athens, the philosophical center of Greece influenced by the figures of Aristotle, Plato and Thales of Miletus.

## Sixth trip

Then he went to Alexandria, the capital of Egypt. At that time the sages had to pass through Egypt. There he learned and expanded the secret knowledge of the great pyramids such as Sacred Geometry, Mer-Ka-Ba and Sacred Sexuality, among many other topics that made him an initiate.

Jesus returns wise from Egypt and also, as a Greek scholar, his language is philosophical, his phrases are like those of Plato and Aristotle, of universal significance.

## Jesus' training

His humanistic and religious formation went beyond the limits of the Judaism of his time. Jesus received the teachings of the Druids and the Celts, the Gnostics, the Essenes, Buddhism and Hinduism, Hellenic philosophy and the Egyptians.

Jesus saw all religions as old, so he did not found a new one. At dinner he meets the Samaritan woman and tells him that the day will come when men will not need a temple to invoke God, but will do so "*in spirit and in truth.*" Its purpose was to address a humanity that struggles to overcome the limits of the human. That is why it is difficult, even today, to understand some of its teachings.

The wisdom of Jesus was not born, but was acquired over time, with his travels to other cultures.

All this knowledge gave Jesus a general vision of the greatness and fragility of the human being, of the aggressiveness of power, of the function of violence, which he would experience as a victim, and which still remains valid in the world today. Despite this, Jesus envisioned a new future for humanity, so distant that it has not yet arrived. However, it is possible.

## Jesus' 2 main teachings

*"A lawyer came up and asked him, to put him to the test: Master, what must I do to inherit eternal life?"*

***He told him:** What is written in the Law? How do you read? Answered: **You shall love the Lord your God** with all your Heart, with all your Soul, with all your strength and with all your mind, and **your neighbor as yourself**. Jesus then said to him: You have responded well. Do that and you will live" (Luke 10: 25-28)*

The meaning and synthesis of this passage is: In daily meditation you can love God with all your being and if you love your fellow as much as you love yourself, you will experience God who lives in you and in the omnipresence.

To pray to God through rituals is to distance oneself from Him and, on the other hand, to love Him is to become His son and merge with Him.

The wisest way to live is the search for God, it is the most profitable because it leads us to the greatest satisfaction.

Jesus' teaching was "caring for others," "loving" and "forgiving." This is the manifestation of life.

The greatness of God's love is reflected in each one of the human beings, for this reason in the heart of each one of us there is a **yearning for the love of God**, which is the search for happiness.

There are many people who fill this longing of the heart with the search for the material, thinking that it will fill this longing and give them well-being, but this need, however prosperous, can not fill this spiritual void.

When death comes, material treasures no longer serve us. Therefore, the most intelligent way, apart from covering material needs, is to invest in the search for God.

Jesus used all these abilities to connect with God through meditation. When the human being uses the heart from his deepest love, the intuition of the soul with all his strength and with all the concentration of his mind is sure that with perseverance he will know God. This knowledge at its highest level reaches the joy of ecstasy.

With the correct posture that allows immobility and with breathing techniques, the mind, breathing and heart are quieted, as well as effectively enabling the disconnection of the senses. The mind, freed from the senses, goes inside and begins to feel in his heart the love of God in his soul, which merges with him.

When you love God, this love is projected to all beings because you see God in everyone. It is to love God in all its manifestations. This is the second recommendation as a consequence of the first and extends from the family to society and the world, our universal family.

The **evolved beings** who fulfill these two councils are no longer subject to the other commandments, since they comply with all the cosmic laws. The great Light of God becomes visible **in their soul**. Thus, the love of God through daily prayer and meditation and the love of our universal family with works-physical, mental or spiritual-is the foundation of all the laws of human liberation.

The Creed is a creation of the Church, it was not taught by Jesus.

**Jesus said:**

*"Do not endeavor to see with your eyes the eternal spirit, but try to feel it within your hearts and with the truly pure soul to make you worthy of their favors."*

*"The eternal spirit is not the soul of all that encourages and commits a sin by dividing it in the spirit of good and evil, **because there is no God outside good**". Everything is fine, everything is one. In duality we diversify.*

*"The true temple of God is not the temples built by the hand of man, but human hearts."*



*"Enter into your temple, within your heart, enlighten with your thoughts and with your unwavering patience that you must have for your Father. **Do not taint your heart, for the eternal being always dwells in him.**"*

*"If you wish to do works of piety or of Love, make them with your open heart and that is not motivated by a benefit or by a commercial calculation."*

## **Sermon on the Mountain**

In the Sermon on the Mountain, Jesus exhorts us to seek first the Kingdom of God, which can not be found through the senses but through the interior recollection of the conscience.

Jesus tells us: *"The Kingdom of God is within you"* and *"the Kingdom of the Father is spread over the earth and men do not see it"* Tomas, v.113

## **The beatitudes**

Bliss is to give someone the blessing or joy of Heaven. The Beatitudes continue to be valid today.

1. *"He, looking at his disciples, said: "**Blessed** are the poor, for yours is the Kingdom of God"* (Luke 6:20)

Matthew, unlike the other apostles, adds the "spirit" component to the poor. Biblical specialists like Crossan consider that this addition of Matthew is not original of Jesus, since he refers to the true poor, who have nothing, the homeless, those who were not able to work, the beggars, the total destitute, the unfortunate, the despised. For the Church it is preferable to mention the poor in spirit in order to detract from the words of Jesus, who affirms that all of them will be

incredibly happy one day and a day will come when injustice will no longer exist in the world.

2. *“Blessed are you who weep now, for you will laugh”* (Luke 6:21)

Jesus does not refer to the common suffering that causes crying for the loss of possessions or the loss of human love, but refers to the crying produced by the melancholy that arises when one becomes aware of being separated from God, it is the crying for the longing to be reunited with Him. Those who mourn for this cause in meditation, will find consolation in the Bliss that God will send them and they will laugh and delight for all eternity.

3. *“Blessed are the meek, for they shall inherit the land”* (Matthew 5: 4)

Meekness makes the human being a receiver of Truth, Peace and Wisdom as food for his soul, giving them happiness already here on earth.

4. *“Blessed are you who are hungry now, for you will be satisfied.”*

Hunger refers to the spiritual quest to satiate the necessary knowledge and to reach the Truth every day through meditation.

Sate hunger is given by Divine Justice. The human being has the constant impulse to fill the inner emptiness. It is the soul that feels this desire for God, but he fills it with the happiness that the senses give him without being able to calm this longing. Only when he realizes his immortal nature and his divinity due to his unity with God, begins to immerse himself within the divine ideals to satiate the soul and find bliss.

5. *“Blessed are the merciful, for they will obtain mercy”* (Matthew 5: 7)

Mercy translates into helping, forgiving, being benevolent, having mercy, pity, being charitable, etc. Jesus tells us: "If you

want divine mercy, you must be merciful to yourself and to the other sons of God who find themselves immersed in deceit."

6. ***"Blessed are the pure in heart, for they shall see God"*** (Matthew 5: 8)

The spiritual evolution of the human being lies in the purification of the heart. When thought and emotion move away from duality, which is expressed in attraction and repulsion, are calmed by meditation, the heart becomes clean showing love, mercy, self-control, service, discernment and intuition. All these qualities are transformed with the presence of God in your soul.

7. ***"Blessed are those who work for peace, because they will be called sons of God."***

The **first manifestation of God in meditation is inner peace.** Once perceived, the meditator does not want anything else that this peace also manifests itself in his family, friends, in his country, among all nations and among all people. All those who promote peace, express their love for God to all their children.

Humanity has not stopped producing wars, but the best way to counteract this tendency is **fraternity**. We are one family as sons of God.

8. ***"Blessed are those who are persecuted for the sake of righteousness, for theirs is the Kingdom of Heaven"*** (Matthew 5:10).

They will be blessed those who endure unfair criticism when they are doing the ethical and do not let themselves be influenced by the social model. Those who do not hesitate before criticism, contempt, ridicule and underestimation are because they are consistent with their ideals.

The firm, patient and persevering in their convictions of virtue will be blessed even if they are persecuted by human Justice, because of them will be the Kingdom of Heaven.

9. *“Blessed are you when they persecute you and persecute you, and when you falsely accuse them of all manner of evils, rejoice and rejoice, for your reward will be great in heaven; for in the same way they persecuted the prophets before you”* (Matthew 5: 11-12)

It does not represent that we have to be insulted or persecuted to be rewarded, but that the incomprehension of many people must be endured in the face of the effort to lead a spiritual life in a materialistic world.

Jesus tells them that there is more happiness hidden in poverty than in wealth, in meekness than in violence, in tears than in the empty laughter of the satisfied, in which he had healed and in which he had multiplied the loaves for to satisfy their hunger.

## **Jesus' teachings on multiple topics**

### **The kingdom of God - The new Kingdom**

It represents a new lifestyle in the present, not a hope of life for the future. His new reign is a reign of freedom and social justice, and this is very current.

According to the theologian Jürgen Moltman to understand the New Kingdom, it is necessary to examine **4 elements**:

1. The Parables → Radicality, rupture with the old.
2. The Cures or Miracles → Indicate the power of its absolute novelty.

3. Meals with publicans and sinners → He did not come to help the righteous but the sinners.

4. The Beatitudes → As the law of this Kingdom.

- *The kingdom of God resembles a woman who took the leaven, hid it in the dough and made some great loaves.* The divinity, which is the leaven, is mixed with the bread dough. It is everywhere and not just in an institution. To reach God, you do not need a church.

- *The kingdom of God resembles a woman who carried a jar of flour- the flour that is God-her handles were broken and she was spreading the flour on the way. When he got home he had no flour in the jar, it was empty.* The flour, which is God, is in all the way.

- *Why do you wash the outside of the cup? The one who made it also made the interior.*

Jesus will not return to Earth (in the Bible he says he will return after the great tribulation). The kingdom of God is anchored in the whole earth. God is on Earth and is everywhere. People do not see God or Jesus on Earth.

Jesus told us that every person who seeks God can come to have a relationship with the divinity similar to the one he had.

- *"Behold, the Kingdom of God is within you"*

The Kingdom of God is discovered by people who immerse themselves in meditation, to reach from human consciousness to higher states such as the **supraconsciousness, the Christ Consciousness-Christ-and the Cosmic Consciousness -God-**.

In the interior silence, outside the 5 senses, of any bodily sensation or mental disturbance, is when the human being discovers peace, the first sign of the kingdom of God. Thus he experiences his own soul and the more he enters into the soul the more he expands towards the superconsciousness, towards all creation - to nature, the trees, the

mountains, all beings, the universe, the universes - all within this peace that takes you to the Cosmic Consciousness.

Unity with this peace is the manifestation of God, through superior joy and bliss, culminating in what the yogis call **Samadhi** and in Western spirituality the **ecstasy**, as experienced by Teresa of Jesus, Juan de la Cruz and Many others.

Only this joy is that which satisfies the longing of the human heart and is reached by constant daily meditation for years. This does not mean that it is necessary to depart from society, family, work, etc., but it is only achieved by dedicating a daily time adding an ethical behavior and a state of calm presence of God.

Blessed is he who makes the determination never to rest until he finds God.

The successes, the possessions, the riches, the dreams fulfilled, are temporary and temporary satisfactions, that never satisfy the multiple human aspirations and do not take us to the maximum of our desires because they stay in the world of the matter and the human being looks for in the spirit the full realization and is not disappointed. At the same time it allows you to enjoy balance and happiness in everyday life.

Jesus said:

- *The coming of the Kingdom of God will not take place without fanfare nor will it be said "see it here or there, because you see, the Kingdom of God is already among you".* This new Kingdom is germinating among those who prefer light to darkness, among those who do not despise the poor, among those who know how to forgive insults and among those who respond to gratuitous violence by turning the other cheek.

Characters like Gandhi, M. Luther King, and all those who have invested their lives for peace, as well as the thousands of anonymous

women and men who have chosen compassion and solidarity. All of them already belong to the New Kingdom like Jesus.

### **The ignorance**

For Jesus the worst of evils is ignorance. The mother of all evils in today's society is ignorance. For the Church it is the devil and Judas.

**Ignorance causes death. The ignorant were not, nor are they, nor will they be.**

In the Bible, the commandments must be fulfilled - believe in God, love your neighbor. The important thing for the ignorant is materialism, but for the Truth the hidden realities are the important thing. Ignorance will be perfected when all the Truth has been revealed. Salvation will be achieved by knowledge.

Darkness, materialism, ignorance is the challenge for those who seek God.

### **The truth**

Truth gives freedom, the truth will set you free. You are saved by the knowledge of the truth.

The seekers of truth do not understand the Bible. It is said that the whole truth is in the Bible. The truth is monopolized.

- *"The words, the names given to worldly or manifest realities, are in the world to deceive, they are a great mistake, for they divert the mind from the stable to the unstable"*
- *"The word is like a weapon of deception"*
- *"Words exist to deceive"*

The people who use words to deceive are demons or Archons - they are powers that do not want man to be saved and enjoy wars, **they enter the soul** as implants or larvae.

One comes to divinity through words, but there are no words to define it. Words drive you away.

Words have thousands of interpretations.

- **"God is indefinable for Jesus."** God can not be defined.
- *"Look at your kings and your magnates, they are the ones who wear the delicate dresses and can not know the truth."*
- *"Blessed are those who have been able to hear the **truth** and have observed it, because there will be days when you will say: blessed that belly that was not pregnant and those breasts that did not breastfeed."*

### **The silence**

God is the veil of silence. The silence for Jesus is the same absolute God.

In silence, you contact yourself and the divinity. And Jesus is synthetic in words.

### **From Polarity to Unity**

*"Those who are superior to the world are indissoluble, they are eternal."* Thus, deep down there is no duality.

*"Even in the dark there is light"*

*"I have come to do what is below as what is above, and what is outside as what is inside, in order to bring them all together in one place"*

*"When you talk to the 2 as 1 and you treat the inside as the outside and the top as the bottom and the masculine as the feminine. In order for the 2 to be 1, that the masculine is not masculine and the feminine is not feminine, then you will enter the kingdom."* So that we can enter we have to leave the duality.



The Bible is dualistic (good and evil, God and the devil, heaven and hell).

Jesus said *"he who has ears to hear, let him hear"*

- The first aspect is that you do not have to divide. For example, politics is dualistic, in politics the extremes are brothers among themselves - right and left. Everyone is equal in power. Dualism is in the superficial and good and evil complement each other. Neither life is life nor death is death, because there is no absolute death.
- Everything is the same, light and darkness, life and death.
- *"Neither the good are good nor the bad are bad,"* says Jesus. *"Neither life is life, nor death is death."* It is a key Eastern vision of wisdom, neither good nor bad.
- *"It is not possible for a man to mount two horses or to have two bows or for a servant to serve two masters, or he will honor one and offend the other. Nor is it possible for a man to drink old wine and then new wine."*

Neither the Illuminati nor the great dictators ... are not "bad", because even light and darkness are brothers among themselves. It is not possible to separate them.

### **The treatment of Jesus with the woman**

Listen:

- *"Respect the woman because she is the mother of the Universe and the whole truth of creation rests in her. It is the basis of how much is good and beautiful, as it is also the germ of life and death. The whole existence of man depends on her, because she is his moral and natural support in his work. She gives you light in her suffering because she watches over your growth and from life to death you cause her the living anguish."*

*Bless her and adore her, for she is the only friend and your support on earth."*

That is why Jesus deposited his message to a woman, Mary Magdalene, the other part of himself. That is why Jesus treated women as equals.

In the time of Jesus in Palestine and all neighboring cultures, women were considered second-class beings, much more than in the West today. The woman could not study, read the scriptures of the Synagogue in public, to be a rabbi or priestess, was not a credible witness in a trial, could not stop to talk to a man in the street even if she was her husband, she could not divorce -the Yes man. Men could not touch her because she could be menstruating, synonymous with impurity, and if she committed adultery she was condemned to death by stoning, as is still the case in some Islamic countries.

Jesus ignored all taboos regarding them. He treated them the same as men, he let himself be touched in public even if they were prostitutes or they were sick with blood, he stopped to talk to them in public as with the Samaritan woman. He does not allow them to be sentenced to death for adultery. Women were also apostles just like men. The first apostle was Mary Magdalene, but the Church excluded her to leave only the 12 apostles.

While the other prophets of Israel healed only men, Jesus also healed women. There is no time that Jesus did not care for a woman.

Jesus makes women protagonists of his metaphors of the New Kingdom of freedom, as a sign that there is no distinction between the masculine and the feminine in Gnostic philosophy.

Within the set of Gnostic Gospels is the Gospel written by Mary Magdalene, his wife and mother of his children, as today's theologians say.

It is to her that Jesus reveals secrets that are hidden from the other disciples, probably because they did not understand them, while she, being an initiate in Gnosticism, could.

Another provocation of Jesus after his crucifixion is that he shows himself before her and not the apostles, entrusting her to tell them that he is alive. The apostles do not believe it and will inspect if the tomb is empty.

Jesus knew that, when he left, the apostles would be persecuted and executed, and this was the case years later. This is why he gave all the wisdom to Mary Magdalene, because no one would suspect that a woman had all her teachings. Women are not persecuted because the Sanhedrin considered teaching within patriarchy.

### **The Church erased the freedom that Jesus gave to women**

In the first Christian communities women had the same functions as men in the hierarchies and could become priests and bishops. In the catacombs of Priscilla in Rome there are some frescoes that show women dressed as bishops. However, these frescoes are not allowed to be seen by the general public.

Priscilla was a Roman woman converted to Christianity who hosted Peter and Paul in her house, who in turn, were celebrating hidden the Eucharist in the cellars of her house and she was concelebrating with the Apostles.

As Christianity was making Theology of the Cross of the historical Jesus, defender of women, it was giving way to the Jesus of the divinized faith, which made the women who had been the protagonists of the origin of Christianity begin to be relegated to serve priests and bishops. A hierarchy that Jesus could never have imagined, since for him, he who considered himself superior should make himself the lesser of all. His rejection of power was so fundamental as not to accept a Church, let alone a hierarchical one.

Jesus insisted that for God there is no distinction between man and woman because both are children of the same father, possessing the same rights and the same freedom. However, for that culture that saw God with a masculine face, this equality was impossible.

It is very surprising that the Church, which claims to be founded on the teachings of Jesus, now, after more than 2000 years, still discriminates against women and prevents them from accessing the priesthood.

Even the misogynist Paul of Tarsus, influenced by the teachings of Jesus who remained alive in the first Christian communities, recalls that in Christ there is no difference between woman and man, all are equal before God. God is not simply a father, he is father and mother.

### **The material world**

Currently the world is governed by central banks, which live on interest.

*"If you have money, do not give it to interest, but give to those from whom you will not receive."*

*"Give the Caesar thing to Caesar and God to God and what is mine give it to me."*

*"There was a rich man who had a great fortune and said: I will use my fortune to plant, sow, harvest and fill my storehouses with fruits so that I do not lack anything. And that night he died."*

*"And he, who has some power, let him resign."*

The Vatican is a billionaire and all other religions and churches. All live on interest.

### **Vanity**

*"Do not worry about the afternoon to morning and the morning to the afternoon with what you have to put on."* This is being a lover of the superficial.

## **The world of the senses**

*"I have kept myself in the midst of the world and I have manifested myself to them in flesh, I have found them all drunk, I have not found any among them thirsty and my soul has grieved for the children of men, because they are blind in heart and they do not see clearly that they have come to the world empty."*

The world is drunk by sensual pleasures (the pandemic of obesity and sensual pleasures in the world of the senses).

## **The thirsty man of spiritual teaching**

Jesus says:

*"Clusters of thorns are not harvested nor figs picked from the brush, because they do not bear fruit. A good man brings something good out of his treasure. A bad man brings out evil things from his evil treasure, which is in his heart."* The good and the bad do not leave the mind, they come from the heart.

*"From Adam to John the Baptist, among those born of women, there is no one taller than John the Baptist, but I tell you that whoever of you becomes small and innocent as a child, will know the kingdom and will be taller than John the Baptist".*

## **The innocence of children**

Jesus says in the Gospel of Thomas:

*"These little children who suck from their mothers are similar to those who enter the kingdom."*

What do pederasts do? They take advantage of children, the innocence of children and the Church hides it.

It seems obvious that if the Church of Paul had followed the life of Jesus now, both the Pope and the priests, the bishops, the cardinals, all this hierarchy would not exist and neither would there be obligatory

celibacy. Where has such repression led? This facilitates access to the pederasty and to the great pain and scandal produced to thousands and thousands of children who have seen their lives and that of their relatives disturbed.

What does the Church expect to solve this serious issue? At the moment it does not do anything to solve this drama, it is limited to asking for forgiveness to a crime that causes deep wounds and that is covered up by bishops. The Pope does not announce any concrete solution or separate pederasts from the Church. The Vatican has many unresolved problems. What does the Church expect to say based on the teachings of Jesus?

### **Love your neighbor**

*"Love your neighbor as your soul." "Take care of it like the pupils of your eyes".*

*"You see the speck in your brother's eye, but you do not see the splinter in your own eye. When you remove the splinter from your eye, you can take the speck out of your brother's eye."*

### **Fear**

*"The truth will set you free." "Do not be afraid."*

Power groups paralyze us through fear. The bad news generates fear, like those that appear in the press, TV. Power, the capitalist system is deeply anti-Christian. (See the quotes of Paramahansa Yogananda and Teresa de Jesus on page 25)

### **Lies**

*"Do not lie, do not do what you detest, because everything is discovered to heaven because there is nothing hidden and that is not revealed, and there is nothing revealed that remains without being discovered."*

*"A man had guests in his house and when he had prepared the dinner he sent the servant to be invited to dinner. He went to the first guest and told him that the master invited him to dinner. To which this responded: I have a matter of money with merchants, who come this afternoon for me and I have to give them orders. I excused myself from dinner. The servant went to the second guest and he answered: I bought a house and he claims me, for a day I will not be at dinner. I excuse myself from dinner."*

*"Merchants and businessmen will not enter my father's places."*

*"The servant went to the third guest and he said: My friend is going to get married and I am the one who is going to prepare the banquet, I will not be able to go. I excused myself from dinner. The servant went to the fourth guest and he said: I have bought a farm and I am going to receive the rents, I will not be able to attend. I excused myself from dinner. The master said to the servant: Go outside to the roads and see who can come to dinner."*

## **Merit**

*"I usually tell my mysteries to those who are worthy of my mysteries."  
"I will choose you, 1 in 1000, 2 in 10,000 to teach."*

*"Neither gives the saint to the dogs nor the pearls to the pigs so that they do not make it their food".*

## **Marriage**

*"The mystery of marriage is great, because without it the cosmos would not exist."* The man + woman = cosmos (intelligence and mind), united in a light like the cosmic egg. The human being, to subsist, depends on marriage.

*"Think of the union, because it has great power."* It reflects the divinity and the support of the whole society.

The Churches created the sacrament of marriage, which had never existed. In the early days of Christianity, the couple announced that

they had decided to live together and communicated it to their environment. It was they who married, not the priest who married them. And it was also they who separated if it seemed for the best.

The Church has no interest in the faithful knowing, since it prefers that they continue thinking that it is the power of the Church that consecrates this union, which is not true.

### **The dispossessed and persecuted**

*"Happy are those who have been persecuted in their hearts, they are those who have really known the Father".*

*"Happy are the hungry, for the belly will be satisfied of what it desires."*

*"Happy of you if they hate you and persecute you, because later you will not be persecuted."*

### **Jesus is a bridge between the human being and the divinity**

*"Happy are you loners, because you will find the kingdom."*

In the wisdom of Jesus, he says: The Absolute Father is nameless, you approach him in silence. He too is unlimited and is inside and outside the person, not just in an institution. It is in minerals, plants, animals, where there is life. You have to observe and take care of nature, plants, animals and yourself.

*"There will be days when you will look for me and you will not find me."*

### **Religions**

The message that Jesus left us was not to found a religion because he said that all of them were based on repression, dogmas, violence, sacrificial rites, pain and lack of freedom. The idea of Jesus was to free men from all religions, from ancient and modern religions, since all of them were subjected to the foundations of violence and the image of God thirsting for sacrifices.



The Protestant theologian Dietrich Bonhoeffer says that Jesus did not call a new religion but a life. The Apostle John, in his letters, placed the essence of God in life and in love, not in religions and their commandments. Yes to a certain mystique of body and soul that allows us to connect with the sacredness of life, love and nature. A world without mediators between the material and the spiritual.

## **The temples**

Jesus tells the Samaritan woman that in the future there will be no need for temples to worship God: *"Believe me, woman, the time will come when neither this mountain - the one of the Samaritans - nor in Jerusalem - in the Temple - will adore the Father [...] The time is coming - it is already coming - when the true worshipers will adore the Father in spirit and in truth"* (John 4, 21-24)

**For Jesus the great temple was nature and the best sanctuary is the heart of men and women.** He announced to that woman, enemy to the Jews, that one day a new humanity could arise in which there would be no prejudices of race, or of religions, of Samaritans or of Jews, of Christians or Muslims, of believers or atheists, because we would find in each one of us, at the bottom of the soul, a Father and Mother God who is not a judge and invites us to sit at the same table to enjoy the banquet.

## **Mercy**

The circumstances in which Jesus uses the word "mercy" that we call "solidarity" today are very significant. Mercy takes care of the helplessness of others, the need for the love of others, of being in solidarity with others. It goes beyond love. In one of these circumstances is when he says: *"The Sabbath was created to help man not to enslave him."* That is to say, man is above all law. Saturday was made for man and not man for Saturday. This implies that the freedom of man and his conscience are above all the norms imposed by power.

Jesus also breaks the Sabbath when the apostles take spikes to kill hunger. Then Jesus tells the enslaved Pharisees that animal sacrifices

will be of no use to them because God is no longer the ancient Yahweh thirsting for blood, sacrifices and burnt offerings. The God of Jesus is fundamental to **man and his miseries, pain, deprivation and hunger, and Jesus continued to heal all the sick and needs if they asked for it on the Sabbath. Go, then, to learn what it means "mercy I want, not sacrifice"**.

The Church, however, has continued for centuries to base its theology on sacrifice, mortification, flogging, penance, imitation of the cross, etc.

Love and solidarity with others is the only will of God, who is no longer judge but father and mother.

The Church should review all the "**theology of the cross**" proposed by **Paul**, which is based on something false: Jesus wanted to die on the cross to redeem the sins of the world and was a voluntary victim to save humanity, thus founded a spirituality on pain and not on compassion and solidarity with others.

In the text of Hosea, prophet, speaks that God, in addition to wanting "love instead of sacrifices," is also necessary "knowledge". Without knowledge there is no life or light, only darkness. **Ignorance is blind darkness.**

The theology of Jesus is based on the total loving acceptance of one's neighbor, whom one must love and care for as one's self.

### **The search for the truth**

Jesus, in the Gnostic Gospel of Thomas, says: "**Let the seeker keep looking until he finds. When he finds it, he will be disturbed, when he becomes disturbed, he will be amazed and rule over everything.**"

### **Life: the new**

The novelty of which Jesus speaks is represented by different symbolisms, **the child that comes to life**. In the conversation with Nicodemus he tells him that he has to be **reborn** and, with the

Samaritan woman, he talks about the **living water** that will quench his thirst forever, just as Lazarus raised life. It proclaims the strength of the new over the old.

Jesus told Nicodemus, in his secret visit, that anyone can make contact with the heavenly source and know its wonders.

The second birth is the spiritual birth of the awakening of the intuitive perception of the soul. The soul feels the Spirit as the essence of everything.

Jesus was familiar with the doctrine of reincarnation, originally from the East. The soul must be born repeatedly in different bodies to awaken reality and know its innate perfection.

To believe that after a single life with the death of the body ascends to the eternal celestial existence is a hope without foundations.

Until one reaches perfection and eliminates Karma - consequence of one's own actions - one can not enter into the kingdom of God.

Through many lifetimes of physical, mental and spiritual evolution, and with the knowledge of meditation, it is possible to develop the sense of intuition and contemplate the astral and causal realms of God.

In this second birth the body is the same, but the consciousness is transferred to the soul and the soul is no longer tied to matter, the five senses and the rational mind, but is free to express the totality of the divine potentialities acquired. , which transform man into superman.

The consciousness of the soul becomes immortal, because it is united to the Divine Essence that is beyond the phenomenal.

## **Love**

Jesus opens new paths of selfless love. Love as the center of everything, as when he says: *"A prostitute who loves is better than a Pharisee incapable of love."*

The main teaching of Jesus is that of love of God and neighbor and **the most difficult path is that of unconditional love for enemies.**

### **Jesus did not come to bring peace but division**

Jesus came to destroy all the old and announced a difficult world to accept as it is forgiveness and love to enemies.

The old were envies, hatreds, violence. What is new is forgiveness, reconciliation, solidarity, mercy, mutual help and, most difficult, love for enemies.

Only when all of humanity awakens in the Kingdom of the new light will divisions, selfish conflicts end, and we will go towards the philosophy of peace.

### **Forgiveness**

When we forgive we are liberated.

*"I get rid of this frequency and I release you"*

Do not ask to be forgiven, because that has already been granted. It asks rather how to learn to forgive. Until you learn it you will feel guilty. This is the function, your only function on earth.

*"There is a single channel between God and his son. If you help your brother, you will help yourself."*

Jesus spoke of forgiveness to enemies. Forgiveness is an element of individual liberation to eliminate social violence.

An example of this liberation, which was included in the 1997 Constitution of South Africa, was the "Ubuntu", which was created after the disappearance of the cruel regime of Apartheid instituted in 1948 with the subjugation imposed by whites on blacks. The "Ubuntu" sees the other as a friend and not as an enemy. The two characters who suffered persecution and violence were Nelson Mandela and the bishop of the Anglican Church Desmond Tutu. The "Ubuntu" is the

search for peace through the loving acceptance of the other, difficult but possible.

## **Knowledge**

Jesus came to revolutionize our interior. Jesus says *"The Pharisees and the scribes received the keys of knowledge and have hidden them. Neither they enter or let in those who wanted, but you have to be cautious as snakes and simple as doves."* *"Whoever knows everything but fails to know himself, fails in everything."*

## **Miracles**

What is needed for a miracle to occur?

- Trust - faith
- Attention
- Intention
- Mental body
- Emotional body
- Physical body
- Connection with God
- Electromagnetic Energy

Miracles were meant to relieve people's pain. Jesus healed everyone. He did not tell anyone who came to him asking for help to accept the pain and offer it as a sacrifice to God. Currently, both the Church and medicine, used to say to people suffering from some disease **"you have to learn to live with pain."**

Neither did Jesus require his disciples to fast as did his cousin John the Baptist with his people. Compassion is what moves him to change the condition of the sick and also the established laws.

The most remarkable thing about Jesus and his miracles is that he never claimed them as something of his own that only he was capable of performing. Jesus sends his disciples to perform cures and they do so.

He affirms that we could all realize them if we believed that it is possible. He has faith in the unlimited capacity of man, scientists also claim that the conviction of a person makes the miracle of healing itself.

The miracles of Jesus deny the Theology of the Cross and of all the theologians based on sacrifice, pain and the acceptance of their own limits. God does not create man to die but to live. That is why Jesus wanted to live and not die on the cross.

### **Jesus and sexuality**

For Jesus, sex was something so natural that it was not part of his message. For him, the important thing was love.

When asked about divorce, he gets angry, because in his time men were allowed to divorce but not women.

Jesus does not talk about abortion because it was not a problem for the Jews, since they considered the children as the greatest grace of God, a gift. What was a disgrace was sterility and it was accepted that the man had a child with another woman.

He considered prostitutes exploited women and defended them as all the weak and humiliated. He scandalizes the Pharisees and priests when he tells them that these women will have a better place than them near God and then adds that this woman "*is forgiven everything because she had loved so much*". These words of Jesus are revolutionary and difficult for the Church.

For the Jews, sex was something positive and a source of happiness. For a Jew like Jesus it was inconceivable the exaltation that the Church later made of virginity and obligatory priestly and nunsely celibacy.

The apostles and Jesus were married, since it was inconceivable a single Jew without a family. Likewise, the first popes and bishops of the Church were married. Knowing this, it is not surprising that Jesus did not enter into this subject.

The Church did everything possible to ignore the truth of the first Christians and left sexuality a single specific function, procreation. This obsession began with Paul of Tarsus. He was the true founder of the official Church based in the Vatican State. The Pope as successor of the Apostle Peter is still the head of an absolute monarchy today.

The only true obsession of Jesus was love in its various manifestations, from sexual to mystical, which for him was what provided true happiness. This is why Jesus summarized the table of the 10 commandments given to Moses in one: the **commandment of love**.

Jesus saved the adulteress and forgave the prostitute.

## **Violence**

The whole history of the human being is the history of personal or collective violence. If we take wars out of history books, a blank book will remain. Wars are of all kinds: cold war, wars of religion in a way that have made legitimate "just wars" and "holy wars", etc.

Jesus proposes the difficult exercise of forgiveness:

"Do good to those who have done you wrong"

"Forgive who has insulted you"

"The older must become the smallest and the first serve the last"

"Pray for those who defame us"

"Do not deny anything to whoever asks you"

The old Jewish justice said "an eye for an eye and a tooth for a tooth". However, Jesus knew that there were those who knew how to free themselves from the structures of power in order to initiate the path of peace, forgiveness and dedication to others, especially the poorest. A new world that has already begun and will continue. Jesus says that his Kingdom is already somehow present in this world of violence.

There are men who no longer believe in the force of war but in the utopia of peace.

There are phrases of Jesus that are the hardest, such as those that go against constituted powers, and which the Church considers difficult to interpret, such as:

*"Let the dead bury the dead"*

The dead, in the language of Jesus, are violent humanity and full of prejudices. Death is the opposite of life, the new, not the old system of life. Those who pretend to live between the old and the new Jesus says: *"You can not put a new patch on an old cloth."* The old and the new, the dead and the living, can not coexist.

The living are those who have entered into another dimension, into another humanity that is possible and real in Jesus.

## **Power**

*"There are no powerful or innocent powers. There is no imposed obedience that does not involve hidden violence. The only non-violent obedience is that of one's conscience, the rest is the imposition of power. The two great powers of Jesus' time were the Emperor and the Temple"* Juan Arias.

Jesus did not accept power, he was not diplomatic, he said yes or no, never half-words. In a message Herod asks him to stop working miracles. His response was *"Go and tell this fox that I will continue with my mission"* (Lk 13, 32).

For Jesus, in his New Kingdom, there would be no place for the power that excludes, crushes, humiliates, that makes evil pretending to do good. For him no one is superior to anyone, everyone has the same dignity for being children of the same Father who accepts the lost sheep and the prodigal son. That the last will be the first and the first the last. The Church betrayed the words of Jesus creating hierarchies: the pope superior to the bishops and the superior bishops to the priests, who are superior to the deacons and these are superior to the



faithful. The Church excluded from the hierarchical power women, half of humanity. However, it was to her that Jesus revealed his most important secrets and not his male apostles.

### **Jesus and the Law**

Jesus confronts the Pharisees and the priests of the Temple telling them that for him forgiveness is more important than punishment, that it is worse the condemnation of the adulterous woman by hypocrites than adultery itself that the freedom of man is for above the Sabbath precept, that no one should kill the neighbor, etc.

Laws should not exist in another context that lacked the roots of violence, abuse, the desire to accumulate and the desire to overcome the other. For him there is only one law:

- Do not do to others what you would not want them to do to you.
- Love your neighbor as you love yourself.
- Forgive the one who has offended you.

This single law is the law of love.

Obviously he won the hatred of the legalists who demanded the fulfillment of the laws, but they mocked them.

He called bleached sepulchres to those who imposed the weak laws.

Jesus preached a message that enraptured the humble and dispossessed, and irritated the powerful of his time, both political and religious, who ended up joining to crucify him.

We have narrated the multiple teachings of Jesus, which are current in our days, are fully adapted to the present.

## Jesus' message

The Church will one day realize that the important thing in Jesus' life has not been his crucifixion-death-resurrection as they preach, but his words, the message he wanted to transmit to humanity, so revolutionary that he is able to transcend The humanity.

However, for the Church this is a heresy because Paul of Tarsus still prevails with the concept of redemption of original sin. That is, God would have sent his son to earth to save the world.

Jesus was a messenger of God, not a hero willing to sacrifice himself. Every time he finds out that they are looking to kill him, both the civil and the religious power change their itinerary or hide. In the Garden of Olives, when he realizes that the time is approaching when he will be stopped, he sweats blood and asks God to spare him that suffering. He wanted to continue revealing his message.

On the other hand, Jesus never resisted, never defended himself from his enemies. Ask Peter to sheathe the sword that had cut the ear of a servant of the High Priest. Jesus was a man of peace and preached nonviolence to reveal the injustice of his crucifixion. I was asking for love from enemies. Before the High Priest, he is not accepted as a victim or as an innocent victim. He does not accept his condition as a victim that is given for the good of humanity. Quite the contrary, he defends himself by asking what he had done wrong to be condemned. In the Gospel of John he does not show us the questions he asks the High Priest, but he does tell us that he questioned him "about his disciples and his doctrine". John tells us the answers of Jesus:

*"I have spoken openly before the whole world, I have always taught in the synagogue and in the temple, where all the Jews gather and I have not spoken anything in hiding. Why do you ask me? Ask those who have heard me what I have spoken to them, they know what I have said."* At this moment one of the guards slapped Jesus, saying: *"So you answer the High Priest?"* To which Jesus replied: *"If I have spoken badly, declare what is wrong, but if I have spoken well, why do you slap*

me?" (Jn 18, 19-23). Jesus does not shrink, he does not accept being accused of what he has not done.

Then he is sent by the High Priest to Pilate and Jesus, accused of subversive, tells Pilate that he is king but not a king as he imagines. He is a spiritual leader who has come into the world "**to bear witness to the truth.**" Pilate asks "*what is the truth?*" Jesus does not answer because he probably would not have understood. The words of Jesus destabilized the constituted order and announced a different humanity that lives in peace without conflicts, something that does not interest the power that grows using the violence of the law and ignoring the conscience.

## **Jesus was gnostic**

Gnosticism has a mixture of philosophical influences. On the one hand they were influenced by Greek Platonism and on the other by Eastern religions, some by Iranian origin.

The Gnostics, of Greek origin, had a strong philosophical component that influenced the early Christian theologies, in which Mary Magdalene was their leader.

The Gnostic Gospels have a theology different from that which currently governs the Church, which is that of Paul of Tarsus.

These two theologies ended up facing each other and it was Paul's that prevailed.

Gnostic theology:

- The root of pain and suffering in general was not the original sin but it was ignorance.
- The Gnostic movement was modern and revolutionary, insisting on the use of therapeutic practices and inner rebirth with knowledge and self-knowledge as internal work.

## Gnostic beliefs

The most progressive Christian theologians of today defend Gnostic beliefs:

- God is not masculine but also feminine. He is not only Father but also Mother.
- **The resurrection of Jesus did not take place in the physical order but in the symbolic one. It is to overcome death to be born to a new life.**
- Both great mystics and modern theologians analyze the way in which the Gnostics used sexual symbolism to discover God. Some of them have come to consider that the only way to experience divinity is through sexual orgasm.
- The Gnostics had access to the most secret doctrines of Jesus through Mary Magdalene, doctrines that Jesus did not disclose to the Apostles.

Carl Gustav Jung (1875-1961) and Elaine Pagels are some of the greatest connoisseurs of early Christian Gnosticism.

- The origin of the hard confrontations between Peter and Paul was because Peter was more gnostic and Paul was, with the Theology of the Cross, the antithesis of Gnosticism. Paul was based on the theory of redemption and salvation thanks to the death and resurrection of Jesus, however nowadays, with the Gnostic Gospels recovered, we see that Jesus does not present himself as a hero who wishes to redeem humanity from his sins and it is clear that Jesus did not want to die. This explains why there are more than **nine important differences between the four canonical evangelists in relating the process to Jesus, his crucifixion and his death.**

## Jesus was Essene

Jesus was initiated into the Essene community.

The miracles of Jesus were due to the attributes that he had as an evolved soul and to that initiation, as a spiritual alignment, he reached the maximum with the Mastery or degree 33.

He performed the cures by replacing the DNA of the patient with his original healthy DNA.

## Jesus, prophet or God?

The eminent Anglican theologian Rodney Hoare, in his book "The Testimony of the Shroud," opines that "*Jesus is a solid, complete human being through whom God could speak and act as He did with the prophets and saints [...] In no way part of God during his earthly life. Truly, he was the son of God and addresses God as his Father, but he was also the son of man, and he insisted that we are all children of God.*"

Jesus was the last prophet of Israel. He was called the son of God, an expression used in the Scriptures, but in a metaphorical sense, in no case with divine connotations. There is not a single passage of the Gospels or the Epistles indicating any reference to Jesus applied to himself as God. He presents himself as a messenger of God.

The explanation of Jesus is:

The Jews took stones to stone him. Jesus told them: "*Many good works have I done before you from my Father. Why do you stone me?*" The Jews replied: "*We do not stone you for any good work, but for blasphemy and because you, being a man, make yourself God*" (John 10, 31-33).

Jesus didn't proclaim himself the second person of the Trinity, as he was later represented by Church.

Jesus replied: *"Is not it written in your law 'I said: you are gods?'"* *"Well, if I call gods to whom God spoke and I can not miss Scripture, how about me, whom has the Father sanctified and sent to the world, you say that I blaspheme because I said: I am son of God?"* (John 10, 34-37).

*"We are of the lineage of God himself"* (Acts 17,28). *"Go to my brothers and tell them: I go up to my Father and your Father to my God and your God."*

Before Jesus came into the world all the prophecies referred to the advent of a prophet, not the advent of God as the second person of the Trinity. Jesus was the last prophet of Israel, a believer of Moses and all the prophets of his people.

The Qur'an absolutely and clearly rejects the concept of Trinity, as for example: *"He is God, the One, the one who exists for himself and to whom all beg. He does not beget nor has he been begotten, he has no equal."*

These texts and many others show that he was "son of God", but not the second-person son of the Trinity as proclaimed later by the Church. Jesus was a man, holy and prophet, but not God.

*"He who blasphemes against the Father will be forgiven."* The Father is unity.

*"He who blasphemes against the Son-Christ Consciousness-will be forgiven"*

*"He who blasphemes against the Holy Spirit will not be forgiven in heaven or on earth"*

The Holy Spirit is the "pneuma", the original divine energy, the spiritual world, is the original light, the first manifestation, and the feminine light. The light that manifests is feminine.

## **The order of the 9 messianic lives of Jesus**

Jesus was a master who came to Earth in various incarnations to teach unconditional love.

Embodiments of Jesus:

1st Juno, in Lemuria.

2nd Numu, in Lemuria.

3rd Anfion, in Atlantis.

4th Antulius, in Atlantis.

5th Abel, with the ancient Kobdas of the Nile.

6th Krishna, in India.

7th Moses, in Egypt.

8th Buddha, in India.

9th Joshua of Nazareth, in Palestine.

## **Crucifixion**

Pilate, who felt a certain sympathy for Jesus, had no choice but to execute him, since otherwise he would have lost his position. However, he organized it as well as possible so that Jesus could come out alive.

Pilate set the crucifixion on Friday, a few hours after sunset, near the night of the great Sabbath, which began with Friday night's entrance according to Jewish laws. Jesus and the two thieves could not remain on the cross after dark and so they were lowered before nightfall.

It is strange that if the two thieves, who had been crucified at the same time as Jesus were alive, Jesus would have already died.

Jesus remained on the cross only for a few hours. It is known that you could live three or four days in these horrible conditions.

At the moment of Jesus' descent, Joseph de Arimatea appeared, a friend of Pilate and a remarkable person, a secret disciple of Jesus. This man took the body to a place to which the Jews had no access.

If a crucified man got out of the cross in a short time and was treated carefully, he usually survived. Sometimes they were lowered after a day because it was considered enough torture and left in life.

It can also help us understand that Jesus was still alive:

In Matthew (27,46) "*and around the ninth hour, Jesus exclaimed with a loud voice: "Heli Lamah Zabac Tani"* (Now I immerse myself in the pre-dawn of your presence).

It is out of the ordinary that Jesus, just before dying, can shout these words with force.

In Mark (15:44) it is said that when Joseph of Arimathea went to see Pilate, "*Pilate was surprised that he was already dead.*" And when the Roman centurion tests whether Jesus is dead by wounding him with his spear in his side, water and blood flow from the wound. Only a few drops of thick blood come out of a dead body.

**What healed Jesus' wounds?** The body of Jesus was taken to a tomb of Joseph of Arimathea, which was spacious and had enough air to breathe. This tomb was not filled with earth as is customary among the Jews, but was covered by a large rock.

After the crucifixion Jesus had not died and Nicodemus applied an ointment called "Marham-I-Isa" -the ointment of Jesus-, also called "Marham-I-Rosul" -the ointment of the prophet-. This ointment consisted of 45 Kg of aloe and myrrh (resin used as an ointment and anesthetic). The composition of this ointment is found in many ancient medical treatises, such as in the Canon of Avicenna.

Jesus was crucified, not for what he did, but for what he said and for what he hinted against the two powers, the politician and the religious, who united against him and his message.



## **Jesus died on the cross?**

Jesus did not die on the cross, he did not rise again and he was not a divine being.

There are enough circumstances that lead us to think that Jesus did not die on the cross, but that he survived the torture of the cross. Did he suffer an apparent death on the cross?

In 1978, in London, an international congress was held on the salvation of Jesus on the cross. In it he spoke of several factors that corroborate that Jesus continued his life without going through death, being able to continue his preaching, until he became an elder and died a natural death.

Jesus did not come to the world to die on the cross and redeem sin, but he came to reveal a path of initiation into knowledge -gnosis-.

## **Jesus lives on through his physical body**

In the Bible it is shown that, when leaving the tomb, Jesus has a physical human body and not a spiritual entity. First he had to remove the stone that closed it and then he found María Magdalene and her partner. Mary Magdalene embraces her feet. Jesus told them *"Do not be afraid, go and tell my brothers to go to Galilee and there they will see me"* Gospel of Matthew (28, 9-10).

In the difficult hour of Calvary Jesus only found company in the courage of Mary Magdalene and Mary, his mother, along with a group of women who followed him. He rewarded them by appearing first to them before their apostles.

Then Jesus appeared to James and later to the apostles, as well as in the Gospel of Luke (24, 37-39): *"Look at my hands and feet, which are myself; touch me and look, that a spirit does not have flesh and bones*

*as you see that I have." Later (41-43) "Then he told them: Do you have something to eat? They gave him a piece of roasted fish, he took it and ate it in front of them. "*

Jesus was forced to flee, he was a persecuted man. The last days in Palestine, as it is read in the Gospel of Mark (16, 12) had to be disguised. *"After this he appeared in a different figure to two of them who walked and went to the field."*

## **The Holy Shroud**

The Gospels of Matthew, Mark and Luke say that Joseph of Arimathea, with the permission of Pilate, lowered the body of Jesus from the cross and wrapped it in a white cloth called a "sindone" in Greek.

Every 45 years the Shroud or Shroud of Turin is exposed to the public for a week. The 1978 exhibition brought together three million people interested in seeing the canvas that wrapped Jesus and organized the second international syndology congress.

The examination carried out that year by the Shroud of Turin Research Project concluded that the image printed on the canvas had a thermal stability that had not been altered by the fire of the sixteenth century, which was three-dimensional according to the distance from the body to the canvas and that was of a perfect photographic negative, that there were no traces of a possible painter and the bloodstains were composed of hemoglobin. He was a true human figure of a man scourged and crucified.

Professor Max Frei of the University of Zurich, a UN expert and an expert in palynology, a science that analyzes fossil pollens to know age and place, presented in 1978 in Turin the report that stated that the most frequent pollen on the canvas is identical to the pollen found in the sedimentary strata of Lake Genesaret, two thousand years old.

This is not the only scientific analysis. The photographer Secondo Pia took out several plaques of the syndone and when he revealed them, he realized that it was really a life-size photographic negative. Other analyzes carried out during 3 years using the VP-8 Image Analyzer, used in the images of the planet Mars through the Viking project, by North American scientists such as J.P. Jackson, Eric J. Jumper, Bill Mottern and Kenneth E. Stevenson of NASA and the Denver Air Force Academy - Colorado - conclude that the Shroud shows a three-dimensional surface of a human body whose image was captured uniformly by a radiation that they do not know. What is clear is that no forger of the XI or XV century did as the Vatican claimed.

## **Why does the Holy Shroud reveal to us that Jesus did not die on the cross?**

The distribution and number of blood points of the Shroud show that Jesus was alive after being taken down from the cross and the spear thrown by the Roman centurion did not reach his heart, as the Church maintains to this day.

After seven years of research, from 1969 to 1976, it was concluded that it is scientifically impossible for Jesus to die on the cross. The 28 bloodstains, beginning with the wounds of the crown of thorns, show that before wrapping Jesus in the shroud, he removed the crown of thorns and left fresh blood samples. If the heart does not pump, the wounds can not bleed.

On the canvas you can see a thread of blood following the longitudinal line of the right arm, which comes from the wound of the stud in the right hand of Jesus. This indicates that at the time of picking it up, this arm was first unhooked. This hemorrhage during descent indicates the activity of the heart.

Kurt Berna analyzed the wound on the spear. On the right side of the rib cage the wound at the entrance of the lance is located between the

fifth and sixth rib, with an inclination towards the side opposite the heart, which was not absolutely damaged.

In the Gospel of John it is said that from this wound flow "blood and water", which indicates that the body was alive.

## When did Jesus leave for Kashmir?

In the found texts there are several opinions. Specifically in "Pistis Sophia" it is said that Jesus remained with his apostles-men and women-for 11 years to teach them the knowledge they needed to travel and preach. In any case, Jesus had to go to finish the mission for which he was sent. If he had died on the cross he would have failed, he could not have finished his mission. In the Gospel of Luke (19,10) it reads: *"That he did what he had come to seek and to save that which was lost"* and in (22, 29-30) *"and just as my Father has arranged real dignity for me, so I have in your behalf, so that you eat and drink at my table, in my kingdom, and occupy the thrones that rule the **12 tribes of Israel**"* and *"Do not go to pagan lands or enter the city of the Samaritans; address rather the **lost sheep of the house of Israel**"* Gospel of Matthew (10: 5-6).

## The lost tribes of Israel

As soon as Solomon's successor ascended to the throne, a revolution led by Jeroboam separates ten of the tribes of Israel from the house of David forever. The new divided kingdom was called the kingdom of Israel, while the house of David continued to be dominated over the kingdom of Judah. Since then the term **Israel** applies exclusively to the **ten tribes**, while **Judah** refers to the **two tribes** of Judah and Benjamin.

## The second trip of Jesus to India

Jesus traveled to Kashmir, to the northern regions of India, because the survivors of the **ten lost tribes of Israel** were settled there. At present the majority of the population of Kashmir is Israelite and converts to Islam. They live in balance and friendship Jews, Muslims, Hindus, Buddhists and Christians.

Jesus, his mother Mary and the Apostle Thomas flee to India. Jesus carried a cane in his hand and walked on foot. They passed through several cities to reach Ain-ul-Arus to visit the tomb of Shem, son of Noah, where Hittite vestiges have been found.

On the trip since in the town of Nisibis, where Jesus preached, they wanted to kill him and since he could not go very far in a few days, from then on he traveled with the name of Yuz Asaf. Why this name? The lepers who were healed by Jesus were called "Asaf" and Yuz means procurator or leader, so Yuz Asaf means the leader of the lepers healed by Jesus.

After Jesus goes to **Iran**. There it is known that Yuz Asaf came from a country located to the West, he preached and many people believed in him. More traces of Jesus are in **Afghanistan** and there are two esplanades that bear the name of Yuz Asaf, because Jesus spoke there to the people of this territory.

Very close to the current border between Pakistan and Kashmir, but still in Pakistan, Jesus and Thomas attend the wedding of King Gondafar's nephew in Taxila. This is written in the Acta Thomae 23. Then they continue the trip to **Kerala**, south of India and then to **Kashmir**. However, Mary, mother of Jesus, did not see the so-called "Paradise on earth". Due to all the suffering and the long journey, **Mary died in the village of Murree**, located about 70 km from Taxila. The place where Maria is buried is called Pindi Poin and the grave is known as Mai Mari da Asthan, which means "**resting place of Mother Mary**". According to Jewish custom the tomb is oriented East to West. The same thing happens with the tombs of Jesus and Moses, both also in India.

The Muslim tombs in Kashmir are oriented from North to South.

The Hindus, seeing the new tomb of Mary on the top of the mountain, began to pray and venerate her. When the Muslims took over the country they realized that it must be Jewish or Christian because the Hindus incinerated their deceased. The Muslims also began to pray and venerate Mary's tomb.

In 1898 the British government erected a defense tower next to the tomb. In 1917 the Pindi Point Sanctuary is established, which is a monument to the tomb of a person who possessed sacred qualities. Both the Muslims and the Hindus visited the tomb on the occasion of their holidays and also in times of drought offerings and prayers were made that were generally answered with rains of up to 3 days.

From Murree Jesus went to Srinagar, entering Kashmir through the valley that until today is still called Yusmarg (meadow of Jesus) to remember that it is the valley where Jesus entered. This mountain valley is green and surrounded by forests and is inhabited by the Jewish race, the Yadu. Then, in Aishmuqam, Jesus made a short break on his journey. The prefix "Aish" is a derivative form of Isa, Jesus. Muqam means "place of repose". In this place Moses' cane was kept, which was later used by Jesus.

## **Jesus arrives in Kashmir**

Mulla Nadiri, the first Muslim historian of Kashmir who wrote in Persian, states in his work Tarik-i-Kashmir that Yuza Asaf, the Yuzu of the tribes of Israel, proclaimed his prophetic quality in the year 54.

Jesus dedicated days and nights to prayers, meditations and was very pious and holy, bringing the words of God closer to the people of Kashmir. Many became his disciples. King Gopananda asked him to lead the Hindus to the straight path. Thus, Jesus was welcomed in Kashmir as a holy man, as a prophet, getting many followers of his teachings. Jesus became an initiatory leader.

## Jesus and his offspring

In an old Persian book translated into Urdu whose title is Negaris-Tau, it is narrated that King Shalewahin told Jesus that he needed a woman to take care of him. Jesus replied that no one had to work for him. But the king insisted repeatedly and Jesus agreed. This woman was called Marjan and from that woman Jesus had children.

**Sir Sahibzada Basharat Saleem** claims to be a descendant of Jesus because his father, as a child, told him that he was a descendant of Yuza Asaf.

Sahibzada Basharat Saleem is known to everyone in Srinagar because his father had cured two terminally ill patients.

He says that, by family tradition, the oldest son of each generation of his family is responsible for maintaining in good condition the building known as "Rozabal", which houses the body of Jesus in Srinagar, in Kashmir.

Basharat means "message" and Saleem means "good". The descendant alive today of Jesus is called "the good news".

## Jesus dies in Kashmir

The death of Jesus is described in the book of Shaikh al Said-us-Sadiq. Jesus, feeling the approach of his death, sent to find his disciple Thomas (Ba'bat) and expressed his last wish, which was the construction of a tomb on his body in the exact place where it expired. He then stretched out with his legs to the west and his head to the east and died. This description is found on pages 357 and 358 of the aforementioned book.

Also the Prophet Muhammad was buried in the place where he expired. The tomb of Jesus was erected in the exact place in the center of the city of Srinagar, capital of Kashmir. In it there is a blue sign with

the white letters with the word "Rozabal", contraction of Rouza Bal (tomb of the prophets) and "Yuza Asaf, who arrived in the valley of Kashmir many centuries ago and dedicated his life to prayer and to the preaching of the truth. " The current ceiling was placed by the Department of Archeology of the State of Kashmir.

It is said that since antiquity many people of all denominations - Muslims, Christians, Jews and Hindus - come to pay homage to this place, as the number of Rozabal signatures shows.

The guardian of the tomb of Jesus preserves an ancient decree of five muftis - judges - of Srinagar from the year 1766 which states that this tomb is that of Yuz Asaf or Jesus.

According to calculations established by the different kings of Kashmir, Yuz Asaf or Jesus, he was in Kashmir in the second year of the Shalewahin era and Jesus died in Kashmir, of natural death, at 116 years of age.

Until the advent of Islam in Kashmir, the tomb of Jesus was maintained by Buddhist and Hindu monks who claimed to be descendants of him.

Hidden in a Tibetan monastery are documents of San Issa (Jesus), who came from Israel and lived for years in India and in the Himalayas among sages, monks and pandit masters to learn the wisdom of the great Buddha on yogic science and union with God. Thus, he increased his great wisdom, and preached his message throughout the territory until it was time to return to his land to teach all his knowledge.

Nicolas Notovitch and N. Roerich, among other researchers, discovered these documents in the Himis monastery in Tibet.

The teachings of Jesus are universal, he acquired and showed the spiritual power of the East to take it to the West. Palestine was the access way of the knowledge of the Truth towards Europe and towards the world.

The wisdom that masters have given us in different parts of the world is not a monopoly of the East or the West, and if we look at their



contents, we will see that there are very few differences, sometimes they are identical.

## **Moses had also been buried in Kashmir**

The place where Moses was buried was not known.

The prophet Moses emigrated from Egypt, along with a part of the Hebrews who settled in Palestine, to the sacred country, as Deuteronomy says (1, 8). Later he named Joshua as his successor. Moses was denied entry to Palestine.

**The 5 names that Deuteronomy mentions as Land of Promise are in Kashmir** and the abundance that exists throughout the Valley squares with the description of the promised land. These names are:

- Bethpeor is Vechath in Kashmiri language.
- Bandipur is Bandipoot in the Kashmiri language.
- Heshbon is Hazbal in Kashmiri language.
- Pisgah is Pishnag in the Kashmiri language.
- Moab is Movu in the Kashmiri language.

In Kashmir there is Mount Nebo (Boal Nebu, Niltoop) located about 12 km northeast of Bandipur. From the top of this mountain you can see Bandipur and the whole valley of Kashmir, from where Moses saw the promised land.

Palestine does not respond to the descriptions of the Country of Promise, as described in the Bible. Mohammad Yasin, author of "Mysteries of Kashmir" tells us that there is no other country east of the Jordan or the Euphrates, except Kashmir, which provides so many springs, rivers, abundance of fruits and flowers, meadows and green valleys and claims that **Kashmir** has been called "**The paradise of the world**" and "**The Garden of Paradise**".

Moses came to Kashmir and the people listened to him. Some believed in him and others did not. He died and was buried on top of Mount Nebu, where there is a tomb that has been venerated for 3500 years. The name of the tomb of Moses is "Prophet of the Book". From this tomb is Bandipur and not far away are Heshbon, Moab and Pisgah.

In Kashmir, they do not want it disclosed that there is the tomb of Moses so as not to lose the peace of this territory.

According to Andreas Faber-Kaiser, author of the book "Jesus lived and died in Kashmir", when he was in Kashmir and in Tibet he visited the holy sepulcher of Yuza Asaf and the tomb of Moses, and tells us that the hypothesis of a second journey from Jesus to India, his death and burial have a high percentage of probability of being right.

The definitive verification of opening the tomb and proposing the realization of an international congress of specialists in Sacred Scripture, in orientalism, in Islam, in ancient history, in linguistics, to find the truth of the "**second life**" of Jesus would be lacking.

## **Buddha and Jesus**

The Buddhist texts show that Buddha Gautama prophesied the arrival of a second Buddha who would be white skinned -Jesus was white because he was an inhabitant of Sirian territory- which would be called Meteyya -messages in the Pali language-, which would be a traveler, would come from a foreign country and Jesus appeared 500 years after Buddha. Thus, the Buddhists recognized in Jesus the promised Buddha and revered him.

Jesus, in Tibet, was also called Buddha, as one of the 22 Buddhas.

In the 7th century in Tibet, books containing the word Messiah were found. In the book Buddhism, Sir Monier Williams reads that the sixth disciple of Buddha would be a man named Yasa - contraction of Yasu.

Jesus arrives after 500 years of Buddha's death, in the sixth century and was therefore called the "sixth disciple".

## The Mayans

In the book of Megaloni Duarte "Educators of the world" the thesis is proposed that the Maya were in ancient times in India, Tibet, Egypt and Greece. In the book it says "It is established that the science-religion known by Christ in Egypt, India and Tibet was Maya. There was a profound Mayan occultism, undoubtedly known by Christ, who chose their symbols as support for his ideas of fecundating love ". Well, Christ learned the Maya as a ritual language. Thus the words he pronounced on the cross "**Heli Lamah Zabac Tani**", from a language unknown by Matthew and John, is **Maya** ritual language of Christ and we see its meaning:

- Heli: Now, finally, now.
- Lamah: dive.
- Zamac: smoke, pre-dawn, browning of dawn.
- Tani: before the forehead, in front, in the presence of.

The complete phrase would be: Now I immerse myself in the pre-dawn of your presence.

**Maya**, spoken in Pre-America, is the same language as **naga** of Tibet.

## The secret teachings of Jesus

The many contemporary researches on the Dead Sea manuscripts, the Egyptian manuscripts, the Gnostic Gospels, the apocryphal ones and the last interpretations of the Gospel of John, especially of the Apocalypse, discover the esoteric meanings of the teachings of Jesus.

Within the teachings of Jesus, there are those that were lost or eliminated over time for various reasons.

History would have to be rewritten with the truth. And the truth is hidden in the **Vatican Library** and in other places like the **British Library**.

Some of Jesus' secret teachings were found in the Nag Hammadi Manuscripts in Egypt and in those of Qumran in the Dead Sea.

In 1945, 13 parchment codices from the 4th century were found in tombs in the Egyptian desert of Nag Hammadi, miraculously preserved by the dry climate. They were sold in an antique shop in Cairo. Today they study in museums and universities of East and West.

These manuscripts were found inside clay pots. They are valuable lost gospels, **52 rolls of papyrus** written in Coptic, the most relevant. These gospels were not recognized by the Church. These manuscripts contain more than 30 Gnostic Gospels, which were persecuted.

In 1947 near the **Dead Sea**, texts of great value to humanity were discovered. The revelations of these manuscripts in their historical context make us see what we did not know about the beginnings of the Christian era and the Judaism of that time.

Jesus in these texts speaks of enlightenment, not of sin or repentance, like the Jesus of the New Testament. Instead of coming to save us from sin-the redemption of sins-it came as a guide to open access to the Father, the only reality, in the same way that He did.

With these texts we realize, first, the Westernization suffered by the manuscripts that come from the East. And after a clearly different vision of the message of Jesus.

## The Gnostic Gospels

"Gnostic" comes from the Greek word "gnosis", which means knowledge. But the Gnostics also translate it as "intuition", because gnosis leads us to an intuitive process of knowing oneself and at the same time knowing God.

We can not consider only the four canonical gospels, which the church considers inspired by God, without taking into account the Gnostic gospels discovered more than seventy years ago and which were rejected by the Church because they destroy its foundations.

For centuries the Gnostic gospels were also accepted and cited by the early Christian theologians and by the fathers of the Church. Considered authentic in the early Christian writings, later they will be condemned and burned almost all of them by the Church.

There are secrets in them about the personality of the prophet of Nazareth and his doctrine of the New Kingdom, which contradicts the version of the Catholic Church.

The Gnostic Gospels invite us to a revolution of consciousness, to a new humanity without violence with Gnostic knowledge and wisdom. They show us a world that seems utopian, however there will come a day when human beings can live it and surely that day is not far away.

The **New Kingdom** is not only spiritual, because its roots are growing on earth. It departs from religions and temples because God dwells in the conscience of men. Jesus proposed a **total rupture of the existing**, is directed to a future new race of intelligent beings different from those of that time, based on solidarity, compassion and forgiveness, love of the Gospels, acceptance of the different, respect for dignity without distinction of gender, color or faith, etc.

Jesus endorses the phrase of Hosea, prophet of love: "***I want love and not sacrifices***". He wants a world less tainted with the blood of brothers, capable of living with solidarity and happiness for all.

Not to judge is to substantially interrupt the chain of violence. For Jesus it is necessary to come to forgive and love the enemies to end the spiral of violence that dominates humanity, so that solidarity predominates and not competition, rivalry or jealousy.

To understand the teachings of Jesus we must know that they have an Eastern point of view, especially from India, a country that turned the search for God into the sole purpose of life in a large part of its population. India also has in Krishna its Christ, because the Christ Consciousness is universal. There is a maxim of the Valentinian gnostic Theodotus that says: *"It is not only true baptism that liberates, but also gnosis, that is, knowledge of the truth."*

There are more gospels considered apocryphal by the Church in addition to the Gnostic Gospels, which were also labeled apocryphal from the fourth century.

The Gospels and texts found are called Gnostic Gospels and are not accepted by the Catholic Church. **The Vatican keeps in strict secrecy a large number of these manuscripts.**

Of the 30 Gnostic gospels found, only 5 have come to us and they are only fragments: the **Gospel of Mary Magdalene, that of Thomas, that of James, that of Judas**, that of **Philip**, to which the apocryphal of John is added.

In addition to the Gnostic Gospels there are more Gospels that the Church considers apocryphal, such as **the lost gospel and the gospel of truth**. They explain that Jesus came to indicate the path of knowledge. These gospels are not included in the Canon of the Church because they are not considered to be of divine inspiration, although they are attributed to sacred authors.

The followers of the first Christianity attributed a central role to Mary Magdalene. They considered her the favorite disciple of Jesus, the privileged depository of his knowledge, a true master.

In the Gospel of Mary Magdalene we see the apostle Peter - Father of the Church - somewhat jealous of the superiority of Mary.

The Apostolic and Roman Catholic Church concealed in an interested way the knowledge of the Gnostics to keep the souls enslaved and dependent on their institution.

There are hidden truths like that Jesus and the apostles were married because it is not necessary or indicated to be celibate to get to serve God, but it is necessary to be chaste.

Another truth would be that the Christ is a part of the inner being of human beings, which can be incarnated and developed. Jesus incarnated him and for that reason he became Jesus Christ. These and other issues did not like the Catholic Church, that is why he took away the gnosis from his institution and defined it as a heresy, since knowledge gives strength and power to the human being and does not make him dependent on an institution to get to God. That is the reason why through the centuries whenever the Gnosis has manifested publicly or secretly the Church has persecuted it to death.

As Gnostic believers we know Simon the Wizard, Valentine of Alexandria, Pablo of Samosata, Carpocrates, among others.

These new gospels are for people who want to know the truth, it is for the clean of heart. In them Jesus deals with many different topics as we see in the **following fragments**:

## **The Gospel of Thomas**

Fifty years before the discovery of Nag Hammadi, in Qxyrhynchus, ancient Egyptian city, they discovered some papyri from a part of the Gospel of Thomas in Greek, dated around 200 AD. One of these papyri is preserved in the British Museum in London.

Years later the full text was discovered in Coptic, which is known as "Codex II of Nag Hammadi." There is evidence that this gospel may be the oldest. The original version is before 100 AD

This gospel consists of 117 proverbs that Thomas called "The secret sayings that the living Jesus spoke."

In the Gospel of Thomas, Jesus said: "Inside a man of light there is always light and he illuminates the whole universe. Without its light, darkness reigns. "

Among these sayings I have selected the following:

2	Jesus has said: That the one who searches does not stop searching until he finds, and when he finds it will be disturbed, and when he has been disturbed he will be amazed and reign over the whole and you will find rest.
5	Jesus has said: Know what is in front of your face and what is hidden from you will reveal itself to you. For there is nothing hidden that will not be revealed, and nothing buried that will not be raised.
6	His disciples ask him, they say: How do you want us to fast and how will we pray? And how will we give alms and what diet will we keep? Jesus has told you: If you fast, you will cause transgression to yourselves. And if you pray, you will be condemned. And if you give alms, you will harm your spirits. And when you enter any country to roam the regions, if they receive you eat what they put in front of you and heal the sick among them. For what comes into your mouth will not profane you, but what that comes out of your mouth that is what will profane you.



7	Jesus told us: Do not lie, and do not practice what you hate because everything is revealed in front of the face from the sky. For there is nothing hidden that will not be revealed, and there is nothing hidden that will remain without being discovered.
10	Jesus has said: I have thrown fire on the world and behold, I am watching it until it burns in flames.
15	Jesus has said: When you see the one who was not born of woman, you tend over your faces and adore him, he is your Father.
19	Jesus has said: Blessed is he who existed before he entered into Being. If you become my disciples and listen to my sayings, these stones will serve you. So you have five trees in paradise, which are not move in the summer or fall their leaves in the winter, who knows them will not taste death.
23	Jesus has said: I will choose you, one between one thousand and two in ten thousand, and you will stand as one unit.
25	Jesus has said: Love your brother as your soul, protect him as the pupil of your eye.
27	Jesus has said: Unless you fast from the system, do not you will find the Kingdom of God. Unless you keep the entire week as a Sabbath, you will not see the Father.
28	Jesus has said: I stood up in the middle of the world and incarnate I appeared to them. I found them all drunk, I did not find anyone thirsty. And my soul grieved for the children of men, because they are blind in their hearts and do not see what emptiness they have entered the world and empty are destined to leave the world again. But now they are drunk,

	When they have shaken their wine, then they will rethink.
32	Jesus has said: A city that is built on top of a high and fortified mountain, can not fall or stay hidden.
33	Jesus has said: What you will hear in your ear, proclaim it from your ceilings to other ears. Well, nobody lights a lamp to put it under a basket does not put it in a hidden place, but it is placed on the candlestick so that all who enter and leave see its radiance.
39	Jesus has said: Clerics and theologians have received the keys of knowledge, but they have hidden them. They did not enter, nor did they allow those who did. As for you, do clever as serpents and pure as doves.
41	Jesus has said: Whoever has in his hand, he will be given more. And whoever does not have, will still take away what little he has.
50	Jesus has said: If they say "Where do you come from?", Tell them "We came from the light, the place where the light originated by itself, he stood up and revealed himself in the images of them". If they say to you "Who are you?", Say "We are the Children of Him and we are the chosen ones of the living Father". If you are asked "What is the sign in you of your Father? ", Tell them" It is movement with rest ".
51	His disciples tell him: When will the repose of the dead happen, and when will the new world come? He tells them: What you are looking for has already arrived, but you do not know it.

53	His disciples tell him: Is circumcision helpful, or not? He has told you: If it were profitable, her father would engender them circumcised from her mother. But the true circumcision spiritual has become totally profitable.
56	Jesus has said: Who has known the system, has found a corpse and who has found a corpse, of him the system is not worthy.
58	Jesus has said: Blessed is the person who has suffered because he has found life.
59	Jesus has said: Look at the living while you live, so that you do not die and try to look at it without being able to see.
61b	Salome says: Who are you, man? As instructed by someone, you stretched out on my bed and ate from my table. Jesus has told her: I am the one who comes from equality. They have given me the things of my Father. Salome says: I am your disciple. Jesus says to him: That's why I say that when someone Equal will be filled with light, but when it divides it will be filled with darkness.
62	Jesus has said: I communicate my mysteries to those who are worthy of my mysteries. Do not let your hand Left, know what your right is doing.
67	Jesus has said: Who knows everything but does not know himself, lacks everything.
68	Jesus has said: Blessed are you when you are hated and persecuted and you can not find a place where you have been persecuted.
69a	Jesus has said: Blessed are those who have been persecuted in their hearts, these are those who have known the Father in truth.
69b	Jesus has said: Blessed are the hungry, for the stomach of those who desire will be filled.

70	Jesus has said: When you take out what is inside you, what you have will save you. If you do not have that within you, this that you do not have inside of you will kill you.
75	Jesus has said: There are many who are standing at the door, but the lonely are those who will be in the bridal bedroom.
87	Jesus has said: Damn the body that depends on another body, and damn the soul that depends on being with them.
89	Jesus has said: Why do you wash the outside of the chalice? Do you not notice that whoever creates the interior is also the one who creates the exterior?
90	Jesus has said: Come to me, for my yoke is natural and my domain is meek and you will find rest for yourselves.
93	Jesus has said: Do not give the sacred to the dogs, so they do not put it in the dung heap. Do not throw the pearls to the pigs, so they do not ...
94	Jesus has said: Whoever seeks will find, and whoever touches will be opened.
95	Jesus has said: If you have copper coins, do not lend them at interest, but give them to them from whom you will not receive a refund.
102	Jesus has said: Woe to the clergy! Well, they resemble each other a dog asleep in the manger of the oxen. Since neither eat nor let oxen eat.
103	Jesus has said: Blessed is the person who knows where the bandits invade, because they will get up and pick up their belongings and gird up their loins before that they enter.

106	Jesus has said: When you make the two one, you will become children of humanity and when you say to the mountain "Move!" will move.
107	Jesus has said: The Kingdom resembles a shepherd who has 100 sheep. One of them was lost, which was the largest. He left the 99, looked for one until he found her. After getting tired, he said to that sheep, "I love you more than 99!"
108	Jesus has said: Whoever drinks from my mouth will be like me. I myself will become him, and the secrets will be revealed to him.
110	Jesus has said: Who has found the system and has been enriched, to renounce the system.
111	Jesus has said: Heaven and earth will roll in your presence. And who lives inside the living, you will not see death or fear because Jesus He says: Whoever finds himself, the system is not worthy of him.
112	Jesus has said: Woe to the flesh that depends on the soul, woe to the soul that depends on the flesh!
113	His disciples tell him: When will the Kingdom come? Jesus says: It will not come by expectation. They will not say, "Look here!" Or "Look over there!" But the Kingdom of the Father extends over the earth and humans do not see it.
114	Simon Peter tells them: Mary Magdalene comes out from among us, because females are not worthy of life. Jesus says: Behold, I will inspire her to become a man, so that she herself will become a living spirit similar to you males. For every female who becomes a male will enter the Kingdom of Heaven.

For those who want to read this full gospel, they can do it:

[http://www.mangelsmestre.com/main/wp-content/uploads/2018/09/El\\_Evangelio\\_Copto\\_Apocrifo\\_de\\_Tomas.pdf](http://www.mangelsmestre.com/main/wp-content/uploads/2018/09/El_Evangelio_Copto_Apocrifo_de_Tomas.pdf)

## **The forbidden gospel of Judas Iscariot**

In Egypt, in 1978, a farmer near the banks of the Nile River, entered cautiously into a cave that in ancient times was used to bury the dead. His intention was to look for gold, jewelry or any valuable item, but he discovered a stone box. Inside, a mysterious leather-bound book called "Codex" was found. The farmer knew that antique books in Cairo had a good price at the antiquities market. This document was condemned as heresy.

The Gospel of Judas Iscariot are the revelations that Jesus made to Judas Iscariot, a private conversation, three days before Easter to organize his death.

According to this gospel, Judas gave his master to the Romans following the orders of Jesus himself, who prophesied: *"You will be the thirteenth and you will be cursed for generations, and come to reign over them"* - page 47 of the manuscript written in Hasidic, Coptic language, translated from the original in Greek.

Jesus is grateful to Judas and chose him: *"You will overcome them all, because you will sacrifice the man who covers me (...) the star that indicates the path is your star."*

At the end of the text: *"Judas received some money and gave it to them."* Jesus thanks him, as he prepares the moment when he will be freed from the body, which will allow him to return to the *"unlimited great kingdom, whose immensity has not seen any generation of angels"*. The text ends with Judas surrendering Jesus to the high priests and does not include any mention of the crucifixion or the resurrection.

Returning to the meeting of the "Codex", in the year 2000 in New York, 22 years after it was found in Egypt by a farmer, an antique dealer acquires it. In 2002 Switzerland is responsible for restoring and translating it.

People now see Judas as a traitor, an informer, greedy and ambitious. In Germany, it is illegal to name a child Judas.

Judas was the treasurer of the apostles and now we know, thanks to this gospel, that he was also the man of confidence of Jesus. The act of Judas leads the world to anti-Semitism. The bad image of Judas is based on 18 passages of the Gospels. They describe him as an abominable being, as a person influenced by Satan. However, after knowing the content of the "Codex", is there another story of Judas Iscariot that belies this traditional image? History records that yes.

In the year 180 AD Bishop Irenaeus, one of the most influential leaders of the church at that time, wrote a scathing attack on a book in circulation, whose title was "The Gospel of Judas", where the relationship between Judas and Jesus was told, and in the that it was affirmed that Judas did not betray Jesus. When qualified as heresy, they erased the story. But centuries later, in Switzerland, the laboratory of the restorer Daimler and the translator say that it is the document that Irenaeus wrote 1800 years ago. In it you can read the fragment in which Jesus gives Judas his mission of betrayal and also tells him *"you will be greater than the others," "You will sacrifice the man in whom I live."*

Three facts are revealed, verifying their authenticity:

First, the quality of the papyrus is the same as that of the other ancient documents.

Second, the title written in Coptic says "The Gospel of Judas."

Third, what they have seen coincides with what Bishop Irenaeus wrote in 180 AD.

Science must support these initial conclusions.

Dr. Stephen Emmel of the University of Munich in Germany, an expert in papyri and ancient writings, Dr. Marvin Meyer of Chapman University, an expert in the Coptic language, together with Kasler as translator and dating specialist Dr. Timothy Jull of The University of Arizona pass through the carbon radio document. All of them confirm that it is an authentic ancient text, which agrees with the texts of Nag Hammadi.

Thus, from the Codex found in Cairo we know the date on which the copy was written, but we do not know when the original was written.

## **The Gospel of Truth**

The Gospel of the Truth or Gospel of Valentine is one of the Gnostic documents found, in Coptic translation, near Egypt, in Nag Hammadi, in 1945.

Its author was Valentine the Gnostic of the second century, of Egyptian origin. He studied philosophy in Alexandria, city where he received Christian baptism. Towards the year 136 he moved to Rome. He was a man of great intellectual power who managed to combine the knowledge of different texts unifying them in a poetic and original synthesis. He created the Valentinian school.

He interpreted the resurrection from the light of the Gnostic conception of the "Pleroma" - the original divine world - and its relations with our world. The drama of the eons, which happens in the Pleroma, is the archetypal image of the human condition.

Excerpts from the Gospel of Truth:

16.31 - The Gospel of Truth is a joy for those who have received from the Father of Truth the grace to know Him, through the power of the Word (of the Word of Christ) that has come from Pleroma (from the Fullness), the which is in the Thought and in the Intelligence of the Father, who is proclaimed Savior; because it is the name of the work,



which must be fulfilled for the salvation of those who ignore the Father, while the name of "Gospel" (Good News) is the proclamation of hope, being discovered by those who seek it.

18 - This is the Gospel that is sought, that was revealed to those who are perfect by the mercies of the Father, the Hidden Mystery, Jesus, the Christ, through which he enlightened those who were in darkness because of oblivion. I have enlightened them and shown them the way, and the way is the Truth that I have taught them.

There is no envy for them, no moans, no death, but they rest in Him who rests in Himself, without sorrow or turmoil, around Truth. But they themselves are the truth and the Father is in them and they are in the Father, being perfects, indivisibles in this authentically good being. They lack nothing, but rest refreshed by the spirit. And they will perceive his root, they will enjoy themselves, he is in them where he will find his root and there will be no loss for his soul.

Such is the place of the blessed, such is their place.

They are those who manifest themselves in truth in this true and Eternal Life and explain the Light, which is perfect and filled with the seed of the Father, and what is in their Heart and in the Pleroma, while their Spirit rejoices and glorifies The One in whom he is, because He is good. And they are perfect, His children, and they are worthy of His Name, because they are children that He loves ... He, the Father.

## **The gospel of Mary Magdalene**

The discovery of 1945 in the library of Nag Hammadi, in Upper Egypt, allows us to know hidden or discredited aspects of Christianity. Written in Hasidic Coptic language that is attributed to the disciples of Yeshua, the Galilean rabbi who is known by some as the Messiah and by others as the prophet "Teaching" or universal Savior.

Among them are the **Gospel of Philip**, Peter, Bartholomew, Thomas, Miriam of Magdala and the Gospel of Truth. These gospels are prior to the canonical ones, whose **authors used them skillfully**.

The apostle John considers the Gospel of Mary - Miriam of Magdala - as the founder of Christianity, long before Paul.

This gospel has been ignored by the general public.

The first draft of the text is from the second century, around the year 150, and has been preserved since 1896 in the Department of Egyptology of the National Museums of Berlin. Other texts mentioned by Epiphanius are also attributed to Mary: **The questions of Mary and the Birth of Mary**.

Jesus entrusted her with words that were ignored by the other disciples. She occupies the place vacated by Jesus, communicates and explains the secrets received. This intermediary role between Jesus and the disciples was based on her position as a fellow of Jesus during his life and as the first witness after the crucifixion.

The Gospel of **Philip** tells us "*The Lord loved Mary more than all the disciples and kissed her on the mouth repeatedly*". This means, according to the symbolism of the kiss "nashak" in the Hebrew tradition, that both share the same Breath and, in the breath, the same Word or creative information. The others told him: "*Why do you love her more than all of us?*" The Savior answered and said: "*Why is it that he does not love you as much as he loves her?*"

Some affirm that Jesus must be "obligatorily" married, since he taught in the synagogue and it would have been impossible for an unmarried man, considered incomplete and disobedient to the commandment of God according to Jewish tradition; A single man could not be a priest either and penetrate the most sacred places of the Temple.

Jesus loved women, sinners and the sick, which shocked the Essenes, Pharisees, Sadducees, Zealots and other sects of that time.

An old adage says: "*What is not assumed is not saved*".

If Christ did not assume his sexuality,  
sexuality is not "saved",  
then sexuality is bad,  
then assume your own sexuality is degrading  
and can make us "guilty".

Sexuality thus transformed into "guilt" can become dangerous. With these unconscious and collective guilt, are not we Westerners suffering the consequences of that logic?

In the Gospel of Mary, as in that of John and that of Philip, it reminds us that it was possible for Jesus to be intimate with a woman, not only carnal but also emotional, intellectual and spiritual.

It is about saving the human being by introducing the conscience and love in all the dimensions of his life.

Mary of Magdala was a woman who had access to knowledge, did not conform to the laws of society where knowledge was a thing of man and women had no right to study the secrets of the Torah.

The way she addressed the disciples irritated them, especially Peter and Andrew.

"Andrés then took the word  
and addressed his brothers:  
Say, what do you think of what you just told us?  
For my part, I do not believe  
that the Teacher has spoken like that;  
those thoughts are different  
of which we have known.  
Pedro added:  
Is it possible that the Master has spoken  
in that way with a woman  
about secrets that we ignore?  
Will we have to change our customs  
and listen to all that woman?"

Have you really chosen and preferred it to us? "  
(Ev. Mr, 17, 9-20)

Mary was the intimate friend of Jesus, the "initiate" who was to transmit her most subtle teachings. She was favored with special revelations.

Mary invites us to free ourselves from our dualities, which make us feel guilty and destroy us. To learn, thanks to the creative imagination, to put love where there is none, in our understanding and desires "stagnant", "locked", "arrested", where it has ceased to exist.

The reality for her is neither objective nor subjective, it is that "third inclusive term" where the other two are "imaginally" transformed into one.

Try to awaken in us your own creative imagination. The consequences of such practice of desire and imagination are evident and do not stop scandalizing the other disciples.

"Sin does not exist", we are the ones who, with our morbid imagination, do not stop creating it and invent laws to maintain it. What we must create is our imagination. We are responsible for the world in which we live, because we are creating it; our lack of "enlightened imagination" encloses it in the "being for death" and encloses us in the limits where our heart and understanding have stopped. Imagination is the harmony of the invisible with the visible, of the spiritual with the physical.

"The divine Lover is Spirit without body;  
the physical Lover is body without spirit,  
the spiritual Lover possesses Spirit and body "

### **Manuscript translated from Coptic**

Mary Magdalene calls Jesus: the Master

[...] "What is matter?"

Will it last forever? "

The Teacher replied:

"Everything born, everything created,  
all the elements of nature  
They are linked and linked together.  
Everything composed will decompose;  
Everything will return to its roots;  
Matter will return to the origins of matter.  
He who has ears to hear, let him hear.

Peter told him: "Since you become an interpreter  
of the elements and events of the world, tell us:  
What is the sin of the world?"

The Master said:

"There is no sin.

It is you who make sin exist.

When you act according to habits  
of your adulterous nature;  
there is sin.

That is why the Good has come among you;  
I have shared the elements of your nature  
to re-unite it to its roots ".

He said next:

"That's why you are sick  
and for that you will die;  
such is the consequence of your acts;  
you do what keeps you away ...  
Understand who can. "

"The attachment to matter  
it engenders a passion against nature,  
then the disorder is born in the whole body,  
therefore I say to you:

"Be in harmony ..."

If you are disturbed,  
inspire in the representations  
of your true nature.

He who has ears to hear, let him hear. "  
That said, the Blessed One  
He greeted everyone saying:  
"Peace to you! What my Peace  
be engendered and be fulfilled in you! "  
Take care that no one deceives you by saying:  
"Look at him here, look at him there."  
It is inside you  
where is the Son of Man;  
go to him:  
Those who seek him find him.  
On going!  
Announce! The Gospel of the Kingdom.

"Do not impose any rule,  
except the one I witnessed.  
Do not add laws to which the Torah gave  
not to be slaves of her.  
That said, he left.  
The disciples were distressed;  
They shed many tears saying:  
"How to go among the pagans and announce  
the Gospel of the Kingdom of the Son of Man?  
If he was not treated well,  
How will they treat us? "  
Then Mary got up,  
She kissed them all and said to her brothers:  
"Do not be sad or doubt,  
for his grace will accompany and protect you:  
let's praise their greatness  
for having prepared us.  
He calls us to be fully human. "  
With these words, Mary  
Oriented their hearts towards Good,  
and they were enlightened to understand the words  
of the Master.

Peter said to Mary:

"Sister, we know that the Teacher loved you  
distinguishing yourself from other women.

Tell us the words he told you,  
the ones you remember  
and of which we have no knowledge ... "

Mary told them:

"What you have not been given to hear,  
I'm going to announce it to you:

I had a vision of the Teacher and I said:

"Lord, I see you today in this apparition."

He answered:

"Blessed are you who are not disturbed.  
Where the nous is, there is the treasure.

Then he said:

Lord, the moment one contemplates your appearance,  
See through **psyche**-soul-  
or of the **Pneuma** -spirit-?

The Teacher replied:

"Neither the psyche nor the pneuma,  
but, being the nous - **soul plus spirit** - in both,  
he is the one who sees and the one who [...]"

"I have not seen you go down, (says the soul)  
and now I see you go up "  
said **Greed**.

"Why are you lying, since  
You are part of me?

The soul replied:

"I have seen you,  
but you have not seen me.  
You have not recognized me;  
I was with you like a dress,  
and you have not felt me. "

Having said that,  
He left very happy.  
Then the third climate presented itself,  
called **Ignorance**,  
He questioned the soul, asking:  
"Where are you going?  
Does not any bad inclination dominate you?  
Yes, you lacked discernment and you have been enslaved "  
The soul then said:  
"Why do you judge me? I have not judged you  
They have dominated me, but I have not mastered;  
they have not recognized me,  
but I have recognized  
that all the compound will decompose,  
on Earth as in Heaven".

Released from this third climate, the soul continued to rise.  
He saw the fourth climate,  
that had seven manifestations.  
The first manifestation is **Darkness**.  
The second **Greed**;  
The third **Ignorance**;  
The fourth, mortal **jealousy**;  
The fifth, carnal **servitude**;  
The sixth, **Wisdom drunk**;  
The seventh, **devious Wisdom**.  
Such are the seven manifestations of **Anger**,  
who oppress the soul with questions:  
"Where are you from, homicidal?  
Where are you going, vagabond? "  
The soul replied:  
"He who oppressed me was killed;  
the one who surrounded me is no longer there;  
Then my **greed** calmed down,  
and I was liberated from my ignorance. "



"I left the world thanks to another world;  
a representation was deleted  
thanks to another higher representation.  
From now on I go to the Rest,  
where time rests in the Eternity of time.  
I'm going to silence. "  
Having said that, Mary fell silent.  
Thus the Master conversed with her.  
Andrew then took the floor and  
He addressed his brothers:  
"Say, what do you think of what you just told us?  
For my part, I do not believe  
that the Master has spoken like that;  
those thoughts are different  
of those we have known. "  
Pedro added:  
"Is it possible that the Master has spoken  
in that way with a woman,  
about secrets that we ignore?  
Will we have to change our customs and  
listen to all that woman?  
Have you really chosen and preferred she to us? "

Maria, then she started crying.  
He said to Peter:  
"Peter, my brother,  
What do you have in mind?  
Do you think that I only imagined it,  
I invented that vision,  
or that I'm lying about our Master? "  
Levi took the floor:  
"Peter, you have always been an impulsive;  
I see now that you are railing against a woman,  
as our adversaries do.  
However, if the Master has made her worthy,

Who are you to reject it?  
There is no doubt that the Master knows her very well.  
He loved her more than us.  
Let's repent, then,  
and we are the Man in his totality;  
let him take root in us  
and grow as he asked.  
Let's go out and announce the Gospel  
without trying to establish other rules and laws,  
except that of which he was a witness. "

As soon as Levi pronounced these words,  
they set out to announce the Gospel.  
*Fragment of the Gospel according to Mary.*

Some consider the Gospel of Mary as we expected, because it goes one step further, overcoming the dualities to which society presents us. Could this Gospel be that of the third millennium?

The "Anthropos" is the Man in his totality, that to arrive at the condition of "whole" he has to integrate the polarity that is complementary to him, the masculine in the woman and the feminine in the man.

The "Anthropos" of whom the Master bears witness, today already begins to exist and will be fully projected in the future.

It is a pity that from 19 pages of this gospel there are sun 10 pages.

## **The Gospel of James or book of James or Protoevangelium**

James was the brother of Jesus, son of Joseph with his previous wife.

The Gospel of James focuses on the life of Mary, mother of Jesus. Its purpose is to defend Mary from the accusations made against her by

both Jews and pagans by emphasizing her sanctity and, above all, her virginity, even after childbirth.

The text consists of two parts:

1. The Life of Mary until the birth of Jesus, where she narrates the miraculous conception of Mary when her parents Joaquin and Ana were already old. Then the childhood of Mary, who is placed under the care of the temple from 3 years. Then Joseph, a widower with children, marries Mary before the birth of Jesus. Joseph is committed to protecting her and respecting her virginity until the birth of Jesus.

2. Jesus' birth. The Annunciation is described with some variations with respect to the Gospel of Luke. The visitation, the doubts of Joseph and the appearance of the angel in dreams. In chapters XV and XVI Joseph is accused by the scribe Annas of having raped Maria and both Joseph and Mary must undergo a test to prove their innocence. From chapter XVII is narrated the birth of Jesus, the Magicians, the slaughter of the innocents and the martyrdom of Zacharias, father of John the Baptist.

This Gospel initiates the Marian cult.

## **James**

In the Gospel according to Thomas, Jesus told his disciples that after his departure the leader to whom they should go would be to James.

James was a very devoted man. He became the first bishop of Jerusalem, facilitating the stability of the movement of Christianity at that time.

Around the year 50 there was a meeting in Jerusalem to decide if Paul and he agreed to bring the teachings of Jesus also to all the Gentiles and James finally supported Paul's decision to teach the Gentiles.

James, as a result of various persecution processes, creates the Order of James and travels for 15 years determined regions of Europe, a path opening portals for the activation of the Internal Etheric Temples, where the secrets left by Jesus and all the apostles were transcribed. All the apostles did the same procedure in different places.

The “Way of St James”, due to these Etheric Temples, has a great energy that people, who do not know why, perceive.

Despite James' good behavior, they continued to relate him to Jesus, who had been crucified for years. Santiago was arrested by the same order of the Jewish priests who three decades before had condemned his brother Jesus to death.

In Jerusalem, in the year 62 AD, a Jewish high priest gave James an ultimatum, or renounced his brother Jesus as messiah or faced death. But James rejected it.

They took James to the wall of the temple, a few hundred meters from where Jesus had been crucified, and threw him from a great height. But the fall of the wall did not kill him. He was stoned to death and his body was buried in the place where he died. After his death, the role he played in the early church vanished.

Currently James is venerated in Jerusalem. The Armenian cathedral of the twelfth century is dedicated to St. James as the first patriarch, the first bishop of Jerusalem. This cathedral is built on the house of James.

After the acquittal of Oded Golan, it is expected that one day the ossuary of James, son of Joseph, brother of Jesus, will be exhibited.

## **The Lost Gospel**

The Lost Gospel makes reference to the wife of Jesus.

Karen King, of the Harvard Divinity School in Massachusetts, has described it as an apocryphal gospel. Experts like Roger Ganell, director

of the Institute for World Studies, consider that the papyrus fragment analyzed is authentic according to an analysis of support and writing. It is part of a codex.

For them there is no doubt that this is the first written test of a theory of the first Christians, who believed that Jesus had been married. It is a fragment written in Coptic.

The researchers have baptized it as the "**Gospel of the wife of Jesus**", and they tell us that the original writing was probably in Greek, in the second half of the second century, and later translated into the language of the Copts in the fourth century.

In this fragment is the phrase "**Jesus said, my wife ...**".

## **The gospel of Philip**

This manuscript belongs to Nag Hammadi codex II and it is estimated that Philip wrote it about 70 AD.

According to Philip, called the Evangelist, the content is of great complexity, since it is aimed at Gnostic media. However, I have chosen 4 of these texts that have seemed clear to me. In this gospel it is clearly established that Jesus and Mary Magdalene were married.

*108. Who possesses the knowledge of the Truth is free; Now, he who is free does not sin, for he who sins is a slave to sin. The mother is the truth, while the knowledge is the father. Those who are not allowed to sin the world call them free. Those who are not allowed to sin, the knowledge of the truth elevates their hearts, that is, makes them free and puts them above all other places. Love, on the other hand, edifies, plus that which has been made free by knowledge makes a slave out of love towards those who have not yet received the freedom of knowledge; then he trains them to be free. Love does not appropriate anything, because how will it appropriate something if everything*

*belongs to it? Does not say: "This is mine or that belongs to me." But it says: "this is yours".*

*109. Spiritual love is wine and balm. Those who unite with him enjoy it. While the anointed remain, those who stand by their side also enjoy it. But if the anointed ones with the chrism cease to be anointed and leave, the non-anointed ones who are only standing next to them will be left smelling badly. The Samaritan did not provide the wounded with more than wine and oil and thus healed the wounds, since "love covers a multitude of errors."*

*113. Cultivation in the world is based on four elements: It is collected in the barn by land, water, wind and light. And likewise, the cultivation of God is by four: faith (pistis), hope, love and gnosis. Our land is the faith in which we live, water is the hope for which we feed, the wind is the love for which we grow, more light is the gnosis by which we mature (...).*

*124. Ignorance is the mother of all evils ... Those things that come from ignorance neither exist nor exist nor will they exist in reality. But they will be perfected when the whole truth is revealed. For the truth resembles ignorance, while it is hidden rests within itself, but when it is revealed and recognized it is glorious because it is stronger than ignorance and deceit and gives freedom. The logos says: You will know the truth and the truth will set you free. Ignorance is slavery, gnosis is freedom. If we recognize the truth, we will find the fruits of the truth within ourselves. Uniting with her, we will receive our fullness.*

## **Pistis Sophia - Sofia's faith or Sofia's wisdom -**

Pistis Sophia was discovered in Nag Hammadi in 1773 and is part of the valuable Gnostic manuscripts. Written in the second century, this work completes the other texts found, confirming the primitive Christian conviction that *"whoever reaches the correct interpretation of the words of the Lord, will not experience death"*.

Pistis Sophia is a dense and long manuscript in which, among much information, the sky is revealed with its complex structures and hierarchies. Its importance is due to the fact that it is a vein of theological and philosophical ideas that completes the other texts previously found in Nag Hammadi and includes 5 Odes of Solomon. It remains the only source of Ode 1. Later, in 1909, an almost complete Syriac text of the Odes was discovered.

Pistis Sophia was originally written in Greek, but this text was lost. At present, a unique version of Coptic, the language of ancient Egypt, is preserved in the British Museum. The other five copies of the fifth century were lost. As of 1851 it was published in several modern languages.

Jesus chose the apostles **Philip, Thomas and Matthew** to be the ones who wrote this manuscript and gave testimony of the Kingdom of Light.

This work distances itself from the official doctrine of "the acts of the Apostles" of Luke, which states that it was 40 days that Jesus remained with his apostles, after he was resurrected. However, in Pistis Sophia Jesus Christ is placed for 11 years teaching the 24 mysteries, a very extensive complementary information new to them.

In Pistis Sophia the teachings and dialogues of Jesus with his disciples are revealed - John, Thomas, Andrew, Philip, Matthew, Peter - and his disciples. Among them were Mary Magdalene, the blessed one, Mary, mother of Jesus, Martha and Salome. Mary Magdalene, called "Mary of the beautiful language" has a more outstanding position, was the favorite disciple of Jesus, the privileged depository of their knowledge, a great teacher. She is the one who in the dialogues with Jesus poses 67 questions and speaks 53 times, while John, the beloved disciple, does it 5 times and Salome and Peter only once. This shows the outstanding position of Mary Magdalene among the other disciples. Jesus tells his apostles that she and John are superior to everyone.

Within Gnosticism the **female divinity** is called "**Sofia**", a being with different names like: the Universal Mother, Mother of Life, the

Resplendent Mother, the Ineffable Mother, the Virginal Barbelo, the feminine face of the True God - who was an androgynous God -, the Sacred Dove of the Spirit, the feminine aspect of the Logos, among others. Why a female deity? Because it is an allegory, there is no divinity without the union of the masculine and the feminine, an incomplete divinity is not such a divinity.

The text Pistis Sophia begins with a parallel allegory of the death and resurrection of Jesus, describing the descent and ascent of the soul.

The interest of this work is mainly to explain the fall, the repentance and the liberation of "sophia". In the second place he explains the introduction in the Pleroma and the description of the kingdom of the divine eons emanating from the Father, the higher spheres and the symbolic hierarchies as angels and many luminous beings that inhabit those spheres. It also describes us that souls will go to the inheritance of the Light according to the place of their mystery reached.

Jesus explains that in this world in which we live there is nothing comparable or that can resemble the world of the spheres of light.

- Each one of the invisible ones is nine times bigger than the sky and the sphere that is on this world and the twelve aeons together.
- The invisible 24 shine 10,000 times more than the sunlight of our world, although the Light in its real form is not like that of the physical sun but more grandiose.
- The light of the Royal Sun, where the Virgin of Light dwells, shines 10,000 times more than the invisible 24 and the great invisible Father and the great God of the three powers.

Jesus tells his disciples that he will guide them and give them his teachings about the Truth in those regions extensively.

Jesus has above 3 "fathers" in order, whom he calls Father is "**the great Sabaoth the worthy**". Above Sabaoth, **Ieú = Iao = Jeú = Yeû**, called **the true God**. And above him, the **Unmanifested Father, Aelohim**, the



eternal cosmic father. The **manifested God is called Elohim**. The name of God is not, therefore, neither Jehovah nor Yahweh as the Old Testament indicates.

Jesus Christ transmits, in several chapters, an extensive knowledge:

- The unmanifested Father
- The strength of the Ião, the true God -lao = Jeú = Yeú-.
- The mystery of his investiture of intense light.
- His journey through the different spheres and his combat against the beings of the higher spheres taking away their strength.
- His encounter with Pistis Sophia, who having left his place of light in the fourteenth region of the eons, enters the chaos, below the thirteenth region of the eons and can not reach the place that belongs to her.
- The first mystery sends Jesus to succor Pistis Sophia because he possessed the light of the upper regions and she raises her tenth supplication. Jesus frees her from her enemies, the forces of triple power, Adamas and her archons.
- Jesus leads her to the promised region and she praises Jesus in the midst of the invisible 24.
- Jesus explains the mysteries of the 12 saviors, the parables and the trees of the treasure of Light. Jeû is the guardian of the light, Melchizedek the great heir of the light and the great Sabaoth, the good one, is who Jesus has called Father, who emanates from Jeû the guardian of the light.
- He explains that the destiny of men who have not been initiated into the mysteries will be to remain with the Virgin of Light and the great conductor of the medium, called Iao.

- Jesus explains the mysteries of the Ineffable and tells them what men should renounce: 32 earthly desires to overcome before salvation is possible.
- Renounce the world so that you are worthy of the mysteries of light, which are found in the book of Jeú.
- Renounce the murmuring, listen to the conversations of others, to lies, to false testimonies, to greed, to the love of the world, so that you may be delivered from the heat of the mouth of the can.
- Renounce the oath, the robbery, injustice, pride and vanity, so that you are freed from the abyss of Ariel's fire.
- Give up the gluttony, the indiscretion, the eloquence, the bad thoughts, so that you are saved from the judgments of Amente.
- Renounce the slander so that you are saved from the torments of the river of smoke.
- Give up the cruelty, the curses, the theft, so that you are preserved from the torments of the jaws of the dragons.
- Give up your anger to rid yourself of the rivers of smoke from the jaws of the dragons.
- Renounce adultery so that you may be freed from the sea of sulfur and the lion's jaws.
- Renounce the homicide so that you may be freed from the crocodile archon that is in the outer darkness.
- Renounce perverse and ungodly works so that you may be preserved from the archons of outer darkness.
- Renounce ungodliness so that you may be preserved from weeping and gnashing of teeth.

- Renounce the poisonings so that you may be saved from the great frost and from the hail of outer darkness.
- Renounce the blasphemies, the bad doctrines, both those who preach and those who listen, so that you may be defended against the great dragon of outer darkness.
- And tell those who renounce the doctrine of truth that their torments will surpass all others and remain in the snow, in the midst of dragons, in outer darkness and no one can rescue them until eternity.
- And tell them: Love all men, be sweet, assist the poor and the sick, love God, be charitable, be holy, renounce everything, so that you become worthy to receive the mystery of light and reach the kingdom of light .
- Words of Jesus about the forgiveness of sins: I have told you, forgive them their sins not seven times but 70 times 7 so that they receive the mysteries and their souls can be saved.
- Jesus shows them the way to communicate the mysteries and not to give them to those who are not worthy.
- Jesus describes to his disciples the outer darkness and torments of the great dragon.
- Jesus tells Mary that before he came into the world no soul had come to light. None of the prophets. He took Elijah and sent him to the body of John the Baptist and others in other just bodies to enter into the possession of the kingdom of light.
- Invocation of Jesus: My Father, of all fatherhood and of the infinite light: Aeion, ao aoi, ...
- And Jesus speaks of the archons - evil - to his disciples and said: Jeú, the father of my father, took 360 archons among those of Adamas who had no faith in the mysteries of light and chained them in the regions of the air in which we are now, above the sphere.

- Jesus shows his disciples fire, water, wine and blood and told them: The fire, the water and the wine are to cure all the sins of the world and the blood for the salvation of men and that is why I have given you the chalice of life and for that reason a spear was sunk in my side and water gushed out and blood. I have brought water and fire from the region of the light of the lights and I have brought the wine and the blood from the regions of Barbetis, the great power of God.

And Jesus said: Truly I say to you that I have not brought, by coming into the world, more than that **fire**, that **water** and that **wine** and that **blood**. These are the mysteries of light, which remit sins and are the names of light.

- Jesus makes a sacrifice to his disciples with branches, fire, wine and loaves. Jesus forgives their sins and also gives them the power to forgive.

- The disciples ask Jesus to tell them the last mysteries and he gave them the mysteries of the 7 paths and the 49 powers and the name that contains all the names and all the lights and all the powers and who knows this name when leaving his material body, it will not be able to annoy it darkneses or chests or powers of the darkness, all will perish. And when Jesus had said this, all the disciples uttered great shouts of joy.

- The apostles departed from 3 in 3 to the four cardinal points and proclaimed the goodness of the kingdom throughout the world, performing miracles as witnesses in all nations from the rising of the sun to the sunset.

## The canonical gospels

The canonical gospels were modified to adapt them to the interests of those who wrote them. We do not know who the authors were, nor the date. It is unknown who the oldest is. Those of Mateo, Marcos and

Lucas were inspired by the same source, but the source of Juan's is ignored. The Gospel of John is the most gnostic of the four gospels.

The origin of sin, pain and suffering lies in ignorance, in not knowing why things happen. His theology is that of solidarity and respect for the human being. The important thing for Jesus is freedom as something new and absolute radicalism.

The biblicalists have always wanted to find the Quelle collection - which in German means "source" -. This name is from H.J Holtzmann in 1861 and in 1890 J. Weiss abbreviated it by calling it Q. It must have disappeared after the writing of the Gospels of Matthew and Luke. We do not know if, in the canonical gospels, the phrases of Jesus are all or hidden those that seemed inconvenient.

## **The Church and its betrayal**

The great betrayal of the Church began according to the male chauvinist canons of Pablo, who created a hierarchy and only masculine. Jesus did not accept hierarchies and washed the feet of the apostles. The Church relegated women to a subaltern plane that still exists today.

The Church condemns the Gnostic writings. The few Christian Gnostic writings that have come down to us were thanks to the fact that some monks of the 4th century buried them in amphoras after the persecution of the Gnostic Christians and the burning of hundreds of their writings. It is known that there were other writings because they are named in the works of some Fathers of the Church.

If the Gnostics could have been part of the early Church there would be no doctrine of original sin nor the redemption of the martyrdom of the cross. The Gnostics did not talk about sin or repentance. According to them Jesus came as a spiritual guide to open the doors of knowledge and to make people understand that humanity was

founded on violence and useless sacrifices to the gods. Jesus came to plant the seed of unconditional love, peace and fraternity.

In the Gospel of Thomas, Jesus affirms: *"I am not your owner [...]. He who drinks from my mouth will become like me; I myself will return to him and the things that have been hidden from him will be revealed to him."*

Summing up, the Gnostics proclaim a Gnostic theology based on the search for God within the conscience of each one and not as something external to man; a less political and more interior spirituality, centered on the search for knowledge and wisdom and not in the struggle against sin and passions.

## **The perversion against Jesus' teachings**

**In 325 AD, the Roman emperor Constantine I**, the great, was the one who granted legitimacy to Christianity by the edict of Milan, by summoning more than 300 bishops of the Roman Empire to hold the first Ecumenical Council of Nicaea.

Constantine unified Church with State and suppressed and added texts to Christian doctrine. He left only 4 gospels - Matthew, Mark, Luke and John - in which there was a story of the early years of Jesus very brief to move to 30 years, leaving a large gap. He proclaimed Jesus as Messiah, the only begotten son of God. It was the moment when he said that God was divided into Father, Son and Holy Spirit. This was the greatest antichrist story, for the destructions and murders of pagans that took place.

**In the year 389 AD the Library of Alexandria was burned** and with it the documents that deviated from the Christian doctrine or apocryphal documents that were against the creed of the Council of Nicaea of the year 325. Was the Church responsible for the fire to continue with a single doctrine based on its postulates? With this fire, a large part of Jesus' life was erased from 13 to 29 years old.

Let us situate ourselves now in the era of the **Byzantine emperor Justinian and his wife Theodora**, considered a tyrant. Until the sixth century, all Christianity accepted the doctrine of reincarnation that Eastern culture proclaimed thousands of years ago. However Justinian and Theodora eliminated it in **543** with the publication of an edict and so **reincarnation and karma** disappeared from the Bible. Here, too, there was destruction and murder.

In the **year 553 AD Pope Virgil** formed a new ecumenical council where he annulled the remaining remains relating to the life of Jesus in these lost years and falsified reviews concerning his wise teachings.

It is a pity that humanity has been so many years without knowing the true message of Jesus. After reading only parts of the Gnostic Gospels and other manuscripts we realize the very little material that has come into our hands. We hope that soon all the content found in the Vatican will come to light.

## **Another perversion of power groups**

In August 1987, the Earth left the sector on the other side of the Neutral Zone, entering the intermediate zone, which was called the Harmonic Convergence by the esoteric people from all over the world, beginning the formation and dissemination of the **New Golden Age**, which is manipulated and is another mechanism of control of the secret groups of Power.

Between the year 2002-2005, the FBI had a \$5 billion budget for television channels related to the New Age movement or New Golden Age. Those responsible for production that did not accept had to leave the US. This New Age movement is manipulated by the Illuminati to maintain religious fanaticism. Saint Germain follows the New Age line, origin of the Illuminati. The **true "I am"** is not that of Saint Germain, the true one is the connection of the Being of each of us from the Heart to our consciousness of light.

## **Current Christianity**

The traditional Christianity that has arrived to our days is not very inspiring:

- Bless slavery in the name of the scriptures.
- Bless anti-Semitism in the name of the scriptures.
- It agreed that Hitler should kill 6 million Jews.
- It denies the woman.
- It denies homosexuals.
- It rejects left-handed people
- It reneges on the mentally ill.
- And it has also reneged on divorces.

The Church has oppressed many people in this world. How does this fit in with the portrait of Jesus in the 4th Gospel that says Jesus had come so we can have life?

## **The second coming of Jesus**

When we talk about the second coming of Jesus to the earth it is not literally, but it is to accept in our own conscience, the infinite wisdom of his Christ Consciousness and his bliss at all times. Integrate the truth as he taught to become a Christ within our own Being.

The basis is to identify with the Universal Love that materializes by serving others, both materially and spiritually, because we are all part of the same family. We are all brothers and we are children of the One God. It is the only formula to prevent the planet from disappearing because of irreconcilable differences. It is the Universal Truth that was taught by two Christs, Krishna in the East and Jesus Christ in the East



and West. Both communicate the same Truth for the benefit of all humanity: "The kingdom of God is within us."

In the history of mankind there are a lot of Masters, especially in India. The Masters of antiquity who have left us a great message are: Rama, Krishna, Buddha, Jesus Christ, Muhammad, Laozi, Paramahansa Yogananda, Yukteswar, Lajiri Majasala, Thoth, Ra, Ararat - these last 3 were kings in Atlantis.

*In short, the story of Jesus Christ and his message have been cut, changed and censored, becoming another tool of control and repression as is the Catholic religion.*

*Jesus Christ could have been a great light for humanity. However, they put out this light because the humanity of that time was not prepared like today, which already longs for the truth.*

This year 2021, the channeling book "**The 9 Christ's Letters**" has come into my hands, which I think is necessary to attach here because in them Christ rectifies the erroneous interpretations of his teachings when, known as Jesus, he was in Palestine more than 2000 years.

I leave you the link so you can download it for free:

<https://www.mangelsmestre.com/main/wp-content/uploads/sites/4/2021/05/LAS-9-CARTAS-VERSION-DEFINITIVA.pdf>

I recommend that you practice the meditation that you will find in the 8th letter.



## CHAPTER 13

### MARY MAGDALENE ASCENDED MASTER



**Flower of Lis, symbol of Mary  
Magdalene**

The recovery of the figure of Mary Magdalene is due, on the one hand, to the content of the Gospels called apocryphal and Gnostic, and on the other to the manuscript of Pistis Sophia. Mary Magdalene is related to Sophia, wisdom, the occult, the universal mother, the mother of life, the left-hand one - the opposite of Christ, understood as her husband, the one with the right hand. Sophiology is a philosophical concept related to the wisdom of God.

Mary Magdalene, like Jesus, received the knowledge of an "initiate" to be the wife of Jesus and keep his teachings to be able to transmit them. An initiate is one who enters into connection with his Inner Being, his Christ Self, through an internal work path and schools of knowledge. It is a conscious evolution that leads to a great maturity and a revelation of what we are as earthly beings and divine beings.

Mary Magdalene was an initiate of the temple of Isis. This represents a high level of consciousness, the 5th level of 7, while the apostles reached the 3rd level of consciousness.

She was taught in sexual alchemy to activate the Kundalini, the two snakes Ida and Pingala, which in the cup of the Holy Grail of the pineal gland activates the wisdom and connection with the earth, the electromagnetic field. Sexual alchemy is the divine sexual act.

Mary Magdalene represented water, Jesus the fire in the alchemical process. When water and fire melt, water vapor is produced. Sacred sexuality hid to deify Jesus and be unattainable. However, now Sacred Sexuality has recovered and is within the reach of all humanity. In addition, we know that all the teachings of Jesus were manipulated and we know the true message of Jesus.

Mary Magdalene was confused with Mary the sinner, Mary the prostitute, the church itself confused her for centuries until it was corrected in 1988, referring to her as the **Apostle of the Apostles**. And she changed the biblical texts of the liturgy of her feast and made her holy along with the Orthodox Church and the Anglican community, venerating her as Saint Mary Magdalene. There are temples around the world dedicated to her, the most prominent being the Notre Dame de Paris.

The contempt that Mary Magdalene suffered has been related to the subordinate situation of women in the Church.

## **Mary Magdalene's family**

Mary Magdalene was **Mary of Bethany**, who was not the sister of Lazarus and Martha, but a niece.

Mary Magdalene was the daughter of Jairo, noble son of Magdala -in Mesopotamia- and her mother belonged to the royal lineage of the Maccabees -Egypt-, therefore she also belonged to royalty.

It is said that this family paid for the trips of Jesus and his disciples. Jesus was persecuted by Herod because he was a descendant of the royal house of Judah and came from the dynasty of David. Years later Domitian, emperor of the Roman Empire, ordered to persecute all the descendants of David.

## Jesus was married to Mary Magdalene

Currently, Mary Magdalene is mentioned in the canonical New Testament and in the apocryphal Gospels as a distinguished disciple of Jesus of Nazareth. Her name refers to the place where he was born: Magdala, village near Capernaum.

Professor Karen King from Harvard University says that the 14th century papyrus written in Coptic, ancient Egyptian, can be traced back to the Gnostic gospel of the 2nd century AD. In it, in a dialogue between Jesus and his disciples, he talks about "**my wife**" and that "**she can be my disciple too**".

One of the strongest arguments that Mary Magdalene was his wife is that after the crucifixion, he does not appear to Peter and his disciples, but appears to Mary Magdalene. Peter does not believe it, and to make sure he goes to the tomb of Jesus.

It will become increasingly evident, as the manuscripts are being studied and new ones appear, that Mary Magdalene was his wife.

Mary Magdalene was Gnostic and her theology came to compete with that of Paul of Tarsus in the early years of Christianity. But the Church prevailed the theology of the cross of Paul.

The theology of the cross of Paul affirms that the evil of the world originates in **sin**, while the Gnostics believe that evil arises from the **lack of knowledge**. They are 2 totally different theologies and because of this the Gnostic Gospels were burned. Fortunately, some of them, such as the Gospel of Mary Magdalene, were hidden by some monks and have managed to reach us.

These few gospels were vilified by the official church of the Vatican, because in them it appears clearly how Magdalene was the favorite disciple of Jesus, awakening the jealousy of Peter and the other disciples, except of Matthew who defends her. The other disciples complained that it was she to whom Jesus entrusted his "greatest secrets."

In the Gospel of Mary Magdalene and Philip's it is exposed that Jesus and she kissed in the mouth. This declaration of affection reveals the Gnostic nature of Mary, since according to this philosophy knowledge was transmitted through the kiss.

The Gnostic doctrine of Mary Magdalene was especially welcomed by the group of women who followed Jesus.

Mary Magdalene is that 12-year-old girl whom Jesus raised on the third day, like Lazarus, on the third day. There are **3 days of deep meditation to die to the earthly and to be born in the spiritual.**

The **Templars** followed this rite of 3 days. Both the Templars and the Cathars followed the teachings of Jesus through Mary Magdalene.

## The Holy Grail

Jesus hides in four books what is called the Holy Grail, which is not a chalice. There are 4 books that come out of Palestine in the hands of Mary Magdalene.

1. The book of numbers
2. The book of letters
3. The book of the potions
4. The book of magic

And these are the four sacred books.

In addition to the 4 books, it can be interpreted as the Holy Grail or Real Blood to the children of Jesus and Mary Magdalene.

The four books called the Holy Grail fell into the hands of the Vatican and the "Opus Dei" was created, but the opposite party created "The Priory of Sion." The Priory of Sion rescued these authentic books, however false ones were created to discredit the authentic ones.

The people who belong to the Priory of Sion have a very important mission, to guard these books.

## Mary Magdalene's escape

In her flight Mary Magdalene left Jerusalem pregnant with her youngest son, accompanied by Lazarus and his wife **Helena Salomé** and **Marta of Bethany**, also accompanied on the trip **Joseph of Arimatea**, uncle of Jesus, **Mary of Queofles** and the sisters of Jesus, Sara and Salomé.

First they crossed the Mediterranean towards Egypt, where they felt insecure and marched towards the south of France, where Mary Magdalene was received by the priestesses of Isis.

Mary Magdalene went to the southwest of France where there was a prosperous Jewish community, which was a refuge for fleeing Jews. She was to establish the magnetic field of humanity through the **Fleur de Lis**. Nobody knows the work of the "**Fleur de Lis School**" until now, but the ability to unite heaven and earth is re-emerging.

The symbol of Mary Magdalene is the Fleur de Lis. This **symbol** has 3 sheets facing up, one point of attachment and three sheets facing down, 3-1-3, it is a mirror of "as it is above it is below". If we join the trinity above with the trinity below we would come to the fusion of what is called the **Lotus Flower**, which is the purity to realize our mission in life.

If we have the male electric field equal to the feminine magnetic field, **everything that I project returns to me** and then it is said that I have performed a miracle. It is not so simple because to achieve it, we have to work on sacred sexuality or alchemy, or, what is the same thing, sexual magic.

Jesus worked sexual alchemy with Mary Magdalene. Without her Jesus could not have planned in this way: "This is so", "I receive it at the moment", "**project and attract what I have projected**".

Humanity has not been taught to receive. Where is the magnet? We think "I do not deserve it".

If I am a good projector, I receive what I deserve. The magnetic field of the endocrine glands: the pineal gland, the pituitary, the gonads, the ovaries, etc., work, but the Church has disconnected everything from us.

We must return to humanity the feminine energy that was stolen so that we would not be free. With the Patriarchate it was wanted to eliminate the woman so that the men had the power. However, when they saw that the woman was beginning to have strength, they did not want men and women to join. They had to divide us and they got it. Men have eliminated their feminine part and do not know how to receive, embrace, cry or get excited...

Once in France Salome and Sara, the sisters of Jesus, had groups of followers who taught, as did Mary Magdalene, the knowledge of Jesus. Of them, in the area of Avalon, emerged the Cathar and the Templars, considered heretics by the Church.

The **Templars** called Mary Magdalene the strength, the energy, the master, the initiate. It was venerated in the south of France, since it brought to Europe all the knowledge of the initiatory schools of Egypt, which came from Atlantis. She was also initiated by the Essenes. **Also in the knowledge of India, explained in the Gospel of Philip**, among others. The Templars also called her the "Cosmic Mother", "Our Lady of Light" because she illuminates and the "Universal Mother".

Notre Dame de la Lumière is Our Lady of Light. In the Gospel of Thomas Jesus says *"Within a man of light there is always light, and he illuminates the whole universe."*

There are documents that confirm that Notre Dame de la Lumière, Our Lady of Light, wears a crown of 12 stars, it is Mary Magdalene that Jesus took her as a woman.

We are all light, the soul within us. The God is within each one. We are all children of God.



There are fragments of the Apocalypse of John in which it seems that Mary Magdalene wrote something about Jesus and her. They are hypotheses that must be investigated.

If we go to any cathedral in France like Notre Dame de Paris, Notre Dame de Chartres, along with other Templar monuments, form a **constellation** - Fibonacci spiral. The architects who built them knew what they all represented and where they had to be located.

Mary Magdalene is owed a great recognition:

- Luke calls Mary Magdalene "Migdal", which means "watchtower", as the depository of the teachings of Jesus.
- Because he brought us the message of Jesus connected with the Christ Principle to maintain this teaching. The Christ energy is a state of being, which comes from the Source, it is also called diamond energy.
- For the Grail, real blood of the children of Jesus and Magdalene because they came from royalty.  
We know that Jesus and Mary Magdalene were married and had 2 children by an ancient manuscript of the sixth century written in Syriac, which was found in the ancient monastery of St. Macarius in Egypt. Currently this document is in the British Library in London.

It is unknown where the descendants of Jesus and Mary Magdalene are.

The children of Jesus knew the Essene Healing. This way of healing consisted in the use of certain stones and the sounds of the voice. They refined the stones by the use of their consciences. This affects the energy fields of the physical body and synchronizes them in order to heal. The Essenes also practiced the laying on of hands together with the powers of the mind, of forgiveness and prayer. This knowledge caused the persecution of the descendants of Jesus.

In the south of France at that time the woman was considered equal to the man, because knowledge came to them from 3 women, Mary Magdalene and the 2 sisters of Jesus who accompanied her.



At the initiatory level the masculine and the feminine are on par, there is no distinction.

We see in this image that Jesus and Mary Magdalene pregnant are holding the right hand of Jesus and left Mary Magdalene, according to the marriage liturgy in the Church of Kilmore, on the Isle of Mull - Scotland-.

If we would have this model, our history would have been totally different. This story could be the renewal of Christianity. What if the second coming was our renewed vision of who Jesus really was? Now we can see it in Jesus and his partner, Mary Magdalene, as this shop window shows.

## **Mary Magdalene manuscript by Tom Kenyon and Judi Sion - Channelization-**

When Mary Magdalene was 12 years old, after being resurrected by Jesus, she was sent to study a secret brotherhood of initiates, instructed in the secrets of Egypt, the Alchemies of Horus and the Sexual Magic of Isis.

When he found himself in the well with Jesus, he had already finished all his initiations.

Mary Magdalene tells us about Yeshua: He came as a downpour of light, a beacon of love at a time when the world was still in the shadow of a jealous God. Yeshua, as a master of the soul, demonstrated immense courage and strength to teach love at such a time.

The Gospels referred to her as a prostitute because all the initiates of her order wore a golden bracelet, which was a snake, and it was known that they knew sexual magic.

Mary Magdalene tells us that it is a great tragedy that the **sacredness of our sexual natures** has been considered diabolical by the Church for more than 2000 years, because it is the most dynamic and one of the quickest paths to realization in God. The Church has turned her into sin, therefore she has terrified those who could have ascended over her.

Through the Sexual Magic of Isis and the Alchemies of Horus, techniques that she had learned together with the methods that Jesus and She had known in Egypt, they were able to charge the Ka body, vital energy to Jesus with greater light and strength, so that it could attend to all who came to him and also to endure the crucifixion.

The encounter of Mary Magdalene with Jesus was a story of true love.

The secrets of the raising of consciousness through Sacred Sex, as practiced by Jesus and Mary Magdalene, have been stolen by the Church.

## The tomb of Mary Magdalene



There is a mystery in Rennes-le-Château -France-, where the tomb of Mary Magdalene is said to be. According to the documents found, Mary Magdalene is buried in this underground temple.

With the recording of Mary Magdalene's tomb with a remote camera, the forensic cartoonist Lois Gibson, made a facial reconstruction of

the body in the tomb. Ben Hammott and the French authorities are processing the large-scale archaeological investigation of the tomb gallery.

In this picture of the stained-glass window of the church of Saint Martin in Limoux, France, we see Mary Magdalene and Jesus.



There is a fresco in the Basilica of the Sacred Heart of Paris from the journey of Mary Magdalene to Marseille in a boat, along with other characters (Lazarus, Martha, etc.), all with nimbus.

## The Cathars

In Montsegur there is a castle where they persecuted the Cathars, descendants of the Essenes, who in turn were the descendants of the Naakal School. They burned more than a hundred people because they wanted the sacred books. Of the 4 books that Jesus gave to Mary Magdalene, the most sought after was the "Book of Magic." A Cathar woman showing this book, which was not the original, immolated herself, burning herself and the false book in order to they stopped looking for it.

The Cathars and the Templars followed the teachings of Jesus through Mary Magdalene.

Xavier Pedro Galleo, expert in the study of the Essenes, tells us that the Holy Grail is made up of the 4 books and the pineal gland within each one of us.



## CHAPTER 14

### MEDITATION IN THE HEART

*"Laugh, do not be so serious; play, be more childlike. Everything will go well, learn to live in the space of the heart and everything else will happen automatically. Do not worry about money or how you are going to survive, or any of these things, because everything will be perfect because we have already entered another level of existence, even if the world does not realize it."* Drunvalo Melchizedek

Let us not get intoxicated with the drug of anxiety and fear. Under the beating of the heart there is the presence of divine peace, which is discovered in the meditation of union with God. In every thought and in every activity, he projects this peace to all people and in all circumstances.

#### Scientific Investigations of the Heart

In **Stanford** (California) there is a group called Heartness that is studying the heart in depth and has discovered that the heart emits the most powerful magnetic and electromagnetic field of the human body with 5.48 meters in diameter, much larger than that of the brain.

Annie Marquier was born in Toulouse, France, and has lived in **Quebec** since she was 28 years old. She is a mathematician and researcher of the conscience and the heart. She reveals unsuspected nuances of the heart. It has been discovered that the heart contains an independent and well-developed nervous system with more than 40,000 neurons and a complex and dense network of neurotransmitters, proteins and support cells.

The heart has a brain, it sends more information to the brain than it receives. It is the only organ of the body with that property and can

inhibit or activate certain parts of the brain depending on the circumstances.

The brain of the heart activates completely new centers of perception in the brain of the head, which interpret reality without relying on past experiences.

This new circuit does not pass through the old memories, its knowledge is immediate, instantaneous and therefore has an accurate perception of reality.

(In chapter 4 we saw the connection of the tip of the tongue with the pineal gland and with the heart).

## **The permanent atom - The flame trills**

### **Permanent atom**

The permanent atom or atom Nous is found in the Heart, in the left ventricle, but it is not in the physical body but in the **etheric** body. Therefore, it is not perceived by the senses. It is the source of all power, perfection and mastery. It carries the essence of eternity in itself and therefore lives throughout the infinite time -reincarnations-.

As the human being advances in its evolution, the permanent atom vibrates faster and generates **the flame trills**, which acquires more brightness, purity and amplitude.

When the Ascension is achieved, this permanent atom passes to the electronic body, the perfect garment that the Ascended Masters have, as a reward for the achievement of their Mastery.

### **The Flame Trills**

The triple flame in our Heart is the anchor of the Divinity that contains all its creative attributes and powers of Perfection.





- The **Pink** flame (on the left) represents the **Divine love** (female force) unconditional love.
- The **Golden** flame (in the center) represents **Divine wisdom** -Knowledge- and will.
- The **Blue** flame (on the right) represents the Power of God (male force).

These three Divine Qualities are called the spark of the Divinity of Man, his potential to reach God.

The flame trills is the essence of Christ. This energy is healing, it is the bridge between the human and the divine. It is the energy that identifies us and unites us all as humans, children of the Father and Heirs of his Love. It is the path to Christ Consciousness.

The trine flame is a small atom inside the left ventricle of the heart. It is the spark of fire from the very heart of God. This atom serves for the coupling of energy between the subtle bodies.

The flame trills is a tachyon energy receptacle. The Tachyon is an atomic subparticle that travels millions of times the speed of light, but its speed is less than that of neutrinos.

The heart is a tachyon receiver because the Divine Presence, the energy of the creator of the internal cosmos - Havona Shantar - and of all the universes is a tachyon energy. The Consciousness of God is a tachyon at the level of multidimensional cosmic propagation and the triune flame is the particle that makes possible the connection of all the multidimensional levels that connect us to the "Source of all Is" or God.

Who is God? God is the primordial source that generates the energy so that we can co-create. One co-creates **in God**, but the future of the Christ is co-creating **with God**.

To co-create in God is to create with something material, to build something - for example, a vessel - but without consciousness, like the Devas. The Devas do not have a Cosmic Consciousness of connection with us.

To co-create with God is to fabricate something that thinks, that has the Cosmic Consciousness united with you as co-creator.

The cosmos is a school of co-creators. The primordial Source is the energy that supplies you with tachyons, mesonpicks, leptus, neutrinos and the flame trills so that you can build a model of the universe where the harmony of co-creational power with God lives.

### **And we still have more:**

There is a new emanation of Jesus Christ, which is a particle of his within each one of us, in our triune flame.

As a representative of Micah, we have the archangel Michael who sustains our Adamic race in the galactic sector to which the Earth and other worlds belong. We are therefore linked to the energy of the archangel Michael, Micah and Jesus Christ, and all the great masters of Christ energy who have lived on Earth and unified important works of planetary ascension.

## **Heart Meditation Practice (Synthesis of Drunvalo Melchizedek)**

### **Phase of Unit**

Start this meditation by visualizing a very beautiful place in nature, recreating yourself in the landscape, the mountains, the vegetation, the birds, if there is a lake or a river. The murmur of the trees with the wind, the river, the song of the birds, the soft heat of the sun,...

Feel the love you have for Mother Earth in your heart and how it expands throughout the body. Take this love and fill a sphere with it to

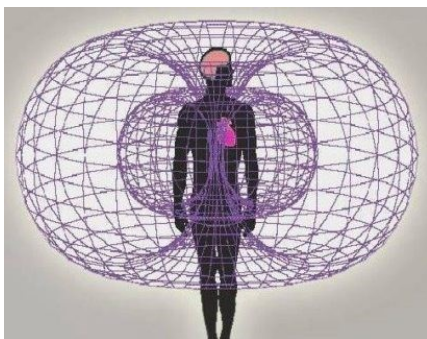
send it to your Divine Mother. Let her feel your love and give it back to you. When you feel that it has come to you in your energy body, let your flow of love remain in you as union with the Earth.

Then change your visualization to a night sky with stars, the Milky Way, the planets and the moon shining. Feel the presence of the Sun hidden behind the Earth and feel the love for the Sun, the great Central Sun, all the creation, the universe, the universes, ...

Now feel the love you have for Father Sky in your heart and in your whole body. Take this love and fill a sphere with it to send it to your Divine Father. Let Him feel your love and send it back to you. When you feel that it has already reached your body, let it remain in you.

Stay feeling the love of your Divine Parents. Its presence inside you and around you. Breathe the breath of Life.

## Choice of your path to the Heart



Now you can enter the sacred space of your heart in two ways, you choose. Or using the toroidal vortex, above the heart. Or you can enter using intuition, which is the way to enter female.

In the first case, let your spirit be placed on the heart in the upper vortex to let you fall in the rotating movement of the vortex until you reach the center where you will feel the stillness. You are already in the sacred space of the Heart.

In the second option, feel the Heart approaching you and go straight to pierce the membranes of the heart inward. Once inside the Heart, move with your intuition to find the sacred space of the Heart.

In both options you have arrived:

- If it is dark, say: "What lights up."
- Be aware of your vibration and sound. Listen to it for a moment and take it as close as possible.
- Start exploring space.

The sacred space of the heart is as old as the creation and you have engraved in it all the places where you have traveled. You have also recorded the deepest desire of your heart, the one you want to remember and live more than anything in the world.

It is there for you to remember, it was your purpose to come to Earth, the reason to be here. You can start to explore what you have recorded or let yourself be guided by intuition. In the end everything will be revealed to you, since you yourself have established the time and the opportune form.

In the first meditation in the heart, limit the time to about 30 minutes (use an alarm clock) and then increase it as you learn it.

## **The tiny space inside the Heart**

In the second time you enter the sacred space of the heart everything is much easier. There is a small space within the sacred space of the heart that is very important because this place changes everything. Now:

1. Close your eyes and ratify your love for Mother Earth and Father Sky, feeling the love that connects you to them.
2. Feel that you leave your head and go to the throat. From there you see the heart and begin to hum the sound that you know is within the sacred space of the heart. This vibration will quickly take you to your sacred space and you are already there.

3. With your intuition, you can be guided into the small space within the sacred space of the heart. This space is different for each person, however it has similar qualities.

4. When you know that you have found this place of creation, enter and familiarize yourself with what it feels like. The vibration rises a tone. This space is completely different from any other place in the Heart. This is where creation began. The Creator of all life resides in this space and within this space all things are possible.

### **Invite the person you love the most**

Invite the person you love most, it does not matter if it is alive or has passed to other worlds, because in this place all hearts are intimately connected. When this person appears in your internal space with you, there are no recommendations, just let what happens have to happen, because God will know exactly what to do.

Come back every day to your sacred space of the heart and continue to explore. It is your birthright to remember who you really are and why you are here on Earth. You are an incredible child of God having a dream that you are a human being on a tiny planet in the middle of nowhere. What will happen when you remember who you really are? Only you can know.

Now you know the way home. Within the sacred space of the heart, all worlds, dimensions, universes, all creation finds its birth. Interconnecting through your unique heart are the hearts of all life everywhere!



# CHAPTER 15

## LIFE AFTER DEATH

### **We live in the end times of a cycle, but not the last cycle**

If we ascend to the 5th dimension, we will not die. We are intimately connected with God and we will not be hurt, we are important in this universe because without humanity it would not exist. We are essential in everything that is happening. All we have to do is relax and not be afraid. We have to believe in who we are and that we are intimately connected with God.

Everything happens without pain and without problems, remembering that we are one with God.

Tremendous changes will take place, changes that will shake the world at its roots. The old form will be destroyed (3<sup>rd</sup> Dimension). According to the prophecy of Isaiah, the city of Damascus will be destroyed.

Financial systems are going to come down and everything we know is going to break down, because that is how it should be. The old masculine cycle is destroyed and then we enter the new feminine cycle of light, which guides us to balance and harmony. And this has happened before, there is nothing new.

Do not cling to the old path, because it goes away. It will disappear before our eyes and before our eyes something new, beautiful and bright will appear.

It is for all of us, it is not "the war of the galaxies", it is evolution, it is part of the cosmic DNA. It is a very exciting time to be alive. It is a time of joy, we are perfect although we do not believe it.

We are currently struggling financially or in other classes, but within us there is bright light and this light will emerge from us and all we have

to do is believe in who we are and wait for change. There is no need to fear, there are only reasons to be happy, we are at the peak of existence.

## Life after death

When we die there are 2 paths that depend on the level of our consciousness.

1. If your level of consciousness is caught at the level of the unconscious of the earth, you will continue to be imprisoned in the "Matrix" or the "external control of your mind". The "matrix" feeds on our energy, thoughts, emotions and actions.
2. When you accept the process of death and accept to go to a higher level of energy, like the fifth dimension, there you will know the hierarchy of the lemurs, the original earth. This happens when you connect with yourself, with your essence. The essence is not terrestrial, it is cosmic. This is the process of teachers like Jesus, Yogananda and many others who went through the process of not living on this planet and continued their evolution.

In death, everything depends on the level of consciousness of each person. If you know your hierarchy you go to it without problems. When you die with peace in the Heart and in your Consciousness, you follow your evolution.

If you do not have peace, you are stuck on the threshold. It will depend on how your life has been, it will depend on whether there has been a right thinking, a right feeling and a right action.

*"Death is our wedding with eternity"* M.Rumi, Persian poet.

Time may end, but consciousness continues. Let's not make the physical body the protagonist of death. In it, it is our subtle bodies that take over.



- Death is a miracle. We move from one world to another, stripping ourselves of our old identity and experiencing the "I am," the identity of the soul.
- For the enlightened, death is equivalent to dropping the mantle to the ground. For those who have not received enlightenment, it is like tearing the mantle at the seams.

The way of dying is important. We are interested in dying with conscience, without double lethargy: disease + sedation. It is also necessary to prepare the transit of our Being to go from one state to another.

Just being a member of a Church, receiving baptism and believing in God does not assure the soul an eternal place in heaven. Although we listen to many sermons, read the Bible and many spiritual and philosophical books, we will not see God, who is omnipresent.

As long as we do not open the spiritual eye of intuitive perception and we are able to realize that we are not a mortal body but a spark of the infinite Spirit surrounded by vital energy, we can not contemplate the kingdom of God. It is necessary to achieve communion with God in this life, now. For our works, for our love of neighbor and through meditation.

I believed that the spiritual process stopped at the moment of death and at this point continued in the next incarnation, but now I know that evolution (Heart + Mind) never stops if this is our will.

Christ and the great masters tell us that it is necessary to become a saint before death comes.

The human being must free himself from prison and become aware that he is immortal, with unlimited powers. Let's wake up! We are children of immortality, endowed with intuition! Only the understanding of the Truth is obtained through the intuitive experience, through meditation, which raises the consciousness towards God.

Our life is very valuable to lose in sadness. Our loved ones who have already departed are not far away and continue to grow both from the heart and from the mind. The **dead are not dead, they are alive**. They are fine and this does not end.

Life does not end and death is a game of illusions. Closing the eyes of the body does not decide our destiny, because death is a breath of renewing air.

When we grow older we realize that life escapes us. However, if there is an awareness of eternity before us, a potential field appears that extends in all directions due to the dimensions that we do not know but that we know exist by quantum physics.

The soul now is already in this field of space-time without limits.

If we are in the unlimited field death is not at all frightening, because the passage from life to death is an illusion. We die every day, the past died because it no longer exists and if you want to repeat the past you prevent life from renewing with new experiences.

### **We die continuously**

Since childhood, we continuously change our way of thinking, feeling, acting, changing physics. The only thing that does not change is the **soul**, which adapts continuously to changes and also to death, because in this step it feels more alive than ever, it no longer has the limits of the physical body.

Our cells have a very short life so that worn tissues can be replenished. Thus, the skin cells die in a few days, those of the retina, those of the blood, those of the stomach, ... Each of them has its different reason. When the cells do not die, the cancer appears and produces an invasion.

Life is a constant process of cell renewal that allows step by step in the development of the physical body. The same goes for thoughts, ideas, etc. They are also dying through the stages of life.

We do not remember past lives and their deaths, but always, over time, there is renewal to achieve evolution.

Dying with full consciousness is totally natural when you have previously learned to live with continuous awareness or full consciousness.

## **The evolution**

In the evolutionary process, when we are ready to move forward, reality changes and you advance in this new evolutionary stage. But when you feel unable to move forward it is usually due to several circumstances:

- You are attracted to the comfort of the known.
- There is an excess of external stimuli that distract you from paying attention to your interior.
- Your conscious desire has doubts and insecurities.
- Consider yourself weak, limited or with low self-esteem.

We give way to these obstacles feeling part of the universe or the **universes that constantly evolve**, in continuous creation. This can help us as an example to take the next step.

We and nature - oceans, forests, mountains, rivers, plants, animals, ... - all are part and move in a constant evolution. Both we and the universe have the same Source, we are organized by the same perfect intelligence. We are a microcosm (human) within the macrocosm (universe).

## The "I am" and death

The "I am" is a small immobile point that observes everything, that is witness of everything. Stay next to this immobile point whenever possible, the **"I am" is your Being**.

When you are happy, notice who is experiencing happiness. When you are sad, notice who is experiencing the sadness. They are the same immobile point that observes everything.

This point can grow without limits. When you die and do not have anything to like, **"I am"** will fill the whole universe. Find the "I am" within you and it will expand to fill you. When this happens, you will be safe. **Your Being will be the same as your soul**. The wise have repeated this truth again and again in all ages. The I Am, the Being and the Soul merge.

## Reincarnation

The Gnostics have their origin in primitive Christianity, who accepted reincarnation before being expelled as heretics.

Jesus refers to reincarnation on one occasion: *"Elijah has already come, but they did not know him, and they have done with him what they wanted ... Then the disciples understood that he was speaking to them about John the Baptist"* Gospel according to Matthew, 17: 9-13

In Catholic theology, reincarnation was condemned as a heresy in 543 AD and all references to reincarnation were systematically removed from the Bible (see chapter 12).

The wheel of karma and its constant turn takes us to our current state. The actions of the human being and its consequences determine that each one is responsible for their own life.

**We can not blame others for our misfortunes. We have to take responsibility.**

I believe in reincarnation because of the regressions and dreams I have experienced.

## **Time**

Quantum physics in 2010 discovered that time was not linear, but was a parallel reality, multidimensional and with 6 axes.

Our mind is within the control of a linear matrix. For example, if someone dies this year, should he return from this date? The answer is no. This person can live in the past, in the year 2001. **Reincarnation is parallel.** In the quantum concept, nothing is exact, everything is mutable or variable. We lack words to explain it. Our brain is missing parts of understanding. The past is only a point.

## **Different steps of life after death**

Death is an illusion.

- The physical body stops working, except for the **3 days** after death, in which there is the **Primary Respiratory Movement**, which has no relation to the respiratory movement of the lungs or to the movement of the heart, although in this movement there is also expansion - contraction. (End of this chapter "Who are we?").
- The physical world disappears. This can happen in stages, there may be a feeling of floating up or looking down and recognizing familiar places as they disappear.
- The person who dies feels light, suddenly released from limitations.
- The mind and sometimes the five senses continue to work, but gradually what is perceived becomes non-physical.

- The perception of a presence as divine grows. The presence may be shrouded in light and you may communicate with the person.
- Personality and memory are disappearing, but the sense of "I" continues.
- The "I" has an overwhelming feeling of movement towards another phase of existence.

Researchers call this phase "inter-life," a transition between the living mental state and the mental state of understanding that one has died.

This "inter-life" changes from person to person. Not all march towards the light. There are those who travel to different planets or other worlds and according to their religious beliefs. Others experience a trial.

The person who dies realizes, step by step: "This used to be me, but I'm not anymore."

## When we die there are 3 options

- If you are a person without attachments to the subject, **go ahead.**
- But if you are a person with a lot of attachment to life, to food, to drink, to sex, to family, you do not accept death, you stay here among us like a **wandering soul.**
- If you are a very negative, very heavy being, by your own frequency you enter **the threshold.**

There are the wandering dead, who stick to us when we smoke, drink alcohol,... If you suffer from a depression sticks stronger and accompanies you to your home, it induces you to drink alcohol because he was an alcoholic. This type of beings are everywhere and if

you are going to do a ritual and you do not harmonize and you do not have your protection merkabas, it catches you.

When we open a portal that is not light and protected by Archangels, we have the wanderers on the first level of the threshold.

## **The powers to transit to the beyond**

- **Awareness of yourself.** The power to know yourself keeps you focused.
- **Will.** The power to open your mind allows reality to be perceived.
- **Intention.** The power to manifest desires connects you with your purpose.
- **Discernment.** Knowing how to choose guides you to understanding.
- **Acceptance.** Not resisting allows you to integrate reality.

These subtle powers are also necessary in daily life.

## **Death and immortality according to the Taoists and Buddhists**

From their understanding, they see life and death from a vision opposed to Western culture. They say that life is a dream and death an awakening. In the perfect man his body is only the receptacle of the pure spirit. When death comes to him, he will discard a worn out dress.

They tell us that death takes place in 4 phases:

- Loss of sensory contact and immersion in a milky mist that fully absorbs consciousness.
- Penetration in a reddish glow that also blocks consciousness.

- The next step is the entrance to an absolute blackness where the most advanced lose consciousness for a moment and the ordinary soul believes that everything is over, but the fourth stage follows.
- The fourth stage is called "**The clear light of death.**" This stage is **fundamental**, we need to **know it, assimilate it and remember it**. This light is a flash so strong, intense and sudden that after so much blackness it produces a great shock in the unprepared person, who moves away terrified, because he has never experienced such an anguishing and penetrating power. Poorly prepared for death and frightened, his spirit plunges into unconsciousness for several days to wake up wandering the earth, believing he is still alive, but realizing he can not contact his family and friends.

Finally, we understand that we have died and, due to the impact, sinks back into the blackness of unconsciousness for a long time, which depends on our spiritual development and lose memories of our stay on Earth until the next reincarnation. At this time between lives the Tibetan Buddhists call it "Bardo". The time and conditions in which it will be born depends on Karma, this incessant wheel of incarnations of life and death cycles that ends when the spirit of the human being manages to cultivate the full spiritual realization to reach freedom and never be reborn in the material world , if it is not your wish, for a specific job.

## **When the intense light is already known**

I recommend asking to be shown in meditation or in a dream "the clear light of death" so that, when the time is right, we will no longer panic and go towards it.

Human beings who have practiced meditation for years discover this light as brighter than one hundred suns, more transparent than a diamond and more vibrant and luminous than a lightning bolt. They do



not recoil in fear, because they already know it because they have experienced it many times in meditations and take advantage of the light so that their consciousness enters the body-spirit that leaves the body through the crown along with the conscience. This light is a powerful magnet that gives the necessary impulse to separate the spirit from the flesh, leaving the conscience safe. This opportunity is unique, the spirit merges with the eternal Formless Spirit and consciousness expands like a cloud to encompass the universe or the universes.

In the ninth Beatitude Jesus affirms "your reward will be great in the Heavens".

The constancy and accumulated spiritual perseverance determines the reward. This reward is collected, either during the earthly life, experiencing the astral sky of a great multi-colored beauty and in a great well-being, or after death, when traveling to the astral sky and then to the **causal heaven**.

## **Astral Sky and the Causal Sky**

### **Astral sky**

For souls that have not completed their evolution, after death they go through a period of time in the **astral sky**, to return to follow their Karma and reincarnate in a physical body.

The astral sky is a state of heavenly beauty where the vegetation, the climate, the atmosphere, the food, are of a much higher vibration, producing great well-being. The vibrations and energies are handled at the will of the astral beings, so the transport, materialization, dematerialization, manipulation, is according to the preferences of each being.

## **Causal sky**

The Causal Heaven is close to the presence of God and is for highly evolved souls.

## **What does the Tao say?**

The Tao says: *"Without the body, the Tao can not be reached. With the body, you can never get to the truth."* This means that without the human body and its powerful vitality we can not achieve spiritual immortality. But once the body-spirit is reached only the ultimate truth is reached if it leaves the body for its final spiritual "flight" or death.

To reach the final spiritual flight after death, the human being must try, through meditation, the exit to the Astral, called "astral travel" of the "cosmic cosmonauts". Without these previous tests, the spirit could be paralyzed from fright at the moment of death and reincarnated again.

Once the eight spiritual centers or chakras are awakened, the way out, through which the prepared body-spirit is projected, is the powerful Canal-Central.

Meditation is like an experience on the threshold of death because it is an abandonment of the physical world and an abandonment of the identification with the physical body to the acceptance of the infinite consciousness.

## **Various important statements of the Vedanta - Vedic rishis - about death**

- Time is an illusion, while eternity is real.
- The invisible world comes first. It contains the seeds of time and space.

- The material world is projected from the non-material **Source**.
- Reality increases the closer we get to the **Source**.

Death is not an act of disappearance. What we value most in ourselves, our ability to think and feel, did not occur when entering the physical world, was projected from the **Source**, and extends backwards billions of years because there is a bridge between the mind and The matter.

## Unconscious Suicide

Unconscious suicide is a silent catastrophe. There are two kinds of toxins that condemn us.

1. The mistreatment of the physical body with the excesses of food and drink, tobacco and drugs, with its poisonous toxics.
2. Toxic thoughts such as anger, hatred, envy, pride, selfishness, intolerance, etc.

These unconscious suicides take us first to the **threshold** with loss of time-space where the body and soul hurts like in a nightmare. Then they take us to an invisible ocean of matter around the earth, on the tops of the spiritual mountains. There are millions of cities on the planet, where they regenerate us and where we overcome our own dramas until we cross the paths of spiritual evolution to find the waters of the divine ocean, to continue evolving. When there are wars, thousands of people arrive there. It is a place of recovery outside the planet earth, in a department of spiritual life. All the spiritual cities around the world unite in prayers and peace missions.

The **concept of eternity** frees us from suffering, we must always think that we are eternal, **in time to start over, to renew and change**. We just **have to forgive and love**. Our life must be lived intensely, it must be of service with love, with a collective and ecological conscience.

All merit is achieved with work. Any way to serve are blessings. We must know that the desire, perseverance and merit always go together.

We have to ask ourselves: What are we doing in this life that is worthwhile? It's worth what we were, what we are, the most beautiful things we live.

Your houses, your titles, your privileges, your honors within your family, your public disregard, prejudices, your considerations of merits, your complaints, your rights, ... All these thoughts stop serving you when you sign the certificate of death. Crossing this border simply tells what we are, nothing more.

You walk with the same beliefs, like believing in God or not believing.

How many geniuses of philosophy or science, devoted to oppression and tyranny, how many souls of profound value, how many with intellectual values, rush to the precipice of blind and fatal forces, thrown to the precipice by voluntary deviation. We are luminous beings that with free will can fall into this precipice to which a portion of population fell dedicated all the effort in promoting tyranny and oppression.

"As above, so below"

Let's realize how we act, if it is with material excesses and a deep spiritual emptiness or, on the contrary, if we act with the right thinking, feeling and acting. We need a soul with a vocation for service.

- Death is a refreshing breath.
- Death is feared because of ignorance.

In this world in which we live, everything is fleeting except for the divine spark that is inside us (permanent atom, the flame trills). Knowing it connects us with God. After our death we liberate this divine spark, the soul, in the bosom of the superior world of fullness.

## Death according to the Egyptians

### Drunvalo Melchizedek

Unconscious death is a process by which those who die enter a state of emptiness, then become unconscious ignoring it, so they have no control over the images. This unconscious way of dying leads to the **third overtone** of the fourth dimension, which produces **reincarnation**, a cycle of return to life on earth again and again.

When those who die are **unconscious**, they are not using their Mer-Ka-Ba and when they reach the other side they do not remember anything of this life. When they reincarnate again on Earth, they also do not remember anything of the previous life. Thus, reincarnation is repeated again and again. It's a lot of energy moving very slowly.

**It is different when those who die are conscious** and use the Mer-Ka-Ba. They leave the body and then become aware of their Mer-Ka-Ba. Then, they recreate their body and go through a process that takes them to any of the **tenth, eleventh or twelfth** overtones of the fourth dimension. From there they will never again go through reincarnation. Their memory never again becomes blocked and they continue in eternal life.

### Ascension

When the human being gets the Christ Consciousness, he can reach his maximum spiritual aspiration, the **Ascension of the Spirit at the moment of death**.

In the ascension you do not die, there is no death process, but you no longer remain on Earth. From this point of view, you die. You become aware of your Mer-Ka-Ba or body of light.

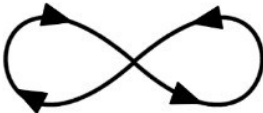
Then you are able to pass through the totally conscious vacuum at all times, from Earth to the higher dimensions. You leave this life without the process of death, which involves the reconstruction of your human

body. When a person ascends, he simply disappears from this dimension and reappears in the next, passing through the void.

## **Primary Respiratory Movement (PRM, Poyet method)**

Previously we have seen that in the human body there is primary respiratory movement, which we do not normally perceive and which continues in action for 3 days after death.

All the cells, tissues, organs, systems, etc., of our organism have a subtle movement that is not perceptible, although it is in the hands of a professional of this Poyet Method therapy (see "Connection between quantum elements" in chapter one). The therapist makes it possible for us to work with him to regain health. When it comes to an element of our body such as a bone, a muscle,... that has a dimension, the movement follows the shape of the symbol  $\infty$ .



When it comes to a specific point is a movement of contraction and relaxation that has no relationship with the respiratory or cardiac movement.

If we consider our physical body as the sum of many points in P.R.M (Primary Respiratory Movement), this movement continues for 3 days after death until all our cells are calm.

With this knowledge it is understood that the Taoists and Hindus and all the East do not incinerate their deceased until this time has elapsed. The Westerners recommend that we wait for this time before burial or incineration.

*"I am an immortal son of God, who lives for a brief period in the inn of this body. I am here to observe the tragedies and comedies of this changing life, with an attitude of unalterable happiness"*

P.Yogananda

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